

## From the Rector: Looking Ahead

Thanks to the generosity of one of our members a professional survey was recently conducted to help us maintain our facility. Rather than being surprised (e.g.) by the failure of an air conditioning unit, the deterioration of our driveway and parking lot, or having to put a fresh coat of paint on the Sanctuary ceiling and walls, we should anticipate these inevitable expenses and be financially prepared. The Vestry therefore voted to establish a Reserve Fund to which we will contribute every year. We understand that no study can be perfectly accurate, but failure to prepare will create a crisis. It is, therefore, wise to plan, and doing so is good stewardship. But planning ahead involves more than caring for Church finances and property; planning ahead also means helping the generations that come after us prepare for the challenges they will inherit. We must realize their view of almost everything is very different. Their beliefs, values, and approaches aren't like mine.

In generational parlance I am a "Baby Boomer" (people

born 1946-1960). We tend to be idealistic, optimistic, competitive, and we question authority. People born between 1961 and 1980 are called Generation X. They tend to be eclectic, resourceful, self-reliant, skeptical, distrusting of institutions (for good reason), and adaptive. Millennials (people born 1981 – 2000) tend to be realistic and cyber-savvy. Many of them have been labeled "ADD" (Attention Deficit Disorder) and "Remote control kids." They have a global concern but are also viewed as being self-centered (do not read that as pejorative). The uniqueness of each generation is significant to the Church and its mission, and must be appreciated.

The two generations behind Boomers are not as likely to "join" the Church or even share our faith. They are suspicious of organized religion. However, they might come in the Church door if we are genuinely serious about mission (i.e., committed to eliminating poverty, bigotry, and tyranny).

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## Welcoming Members and Visitors Alike ... with Open Arms

**by John Perkinson**

St. Timothy's is an inclusive organization, so it's only fitting that the church actively promotes parish events and activities among both its members and the local community. Traditionally charged with welcoming newcomers, the Open Arms Ministry acknowledges church visitors by delivering loaves of bread along with a personal welcome. However, thanks to a dynamic and creative cadre of volunteers, the ministry has become so much more.

Open Arms now boasts a variety of functions, spread throughout the year,

to bring members and visitors closer together with fun and engaging functions. Open Arms coordinates the Ministry Fair the first Sunday in February to showcase the talents and good works of the many St. Timothy's ministries. This event also provides these organizations with an opportunity to recruit new volunteers. The Fair typically coincides with "Super Sunday," sponsored by the Service Ministry, which coordinates meals for underprivileged area children.

The popular chili cook-off follows sometime during March or April, and "Welcome Home" Sunday, the second

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# Meet the Candidates: Vestry Elections January 13

Each year the congregations votes to elect four members to the Vestry, the governing body of our Church. The Vestry is responsible for decisions relating to the church's finances, upkeep, and employment of personnel. Terms last for three years. Please carefully review the candidates bios below before voting during all three services on January 13.



## **Hector Coronado**

I am a cradle Anglican/Episcopalian and the church has figured prominently in my life because of family and my early upbringing. In grade school through high school, chapel service was required attendance. Mem-

bership at the Canterbury Club was one of the highpoints of my college experience. After college, I continued to serve the churches I belonged to as an acolyte, a reader, and an occasional designer.

I have been attending St Timothy's since 1992. Shortly thereafter, the Rev Brad Rundlett was called to become the rector and my ties with St Timothy's were further strengthened because of him. Over the years, St Timothy's has

played an essential role in my family's spiritual journey. I currently serve as a member of the Seminarian Lay Committee and am a LEM at the 8:00 am Sunday service.

As a Vestry member I believe I bring a number of talents and tools to the service of the church. There is that my life-long connection to the church. I desire to further the vision that draws people to St Timothy's as it witnesses to God's Word. I am a collateral-duty EEO Counselor at the SEC and trained in alternative dispute resolution, mediation, diversity, inclusion, and disability accommodation. My interest and experience in music give me a special concern with pipe organ situation. I also have a passion for design, specifically the visual aspect of it, is something that has given me immense pleasure.

I hope to bring into the Vestry some of my past experiences as we witness together the Good News that is in Christ Jesus.



## **Courtney King**

I would like to be more involved in different areas at St. Timothy's. I have been involved in helping with the youth group and the youth group activities, and I would like to further

my involvement in additional areas. I would also like to become more knowledgeable regarding all of St. Timothy's

activities. I have also really enjoyed getting to know the youth and families through the youth group and would enjoy getting to know more people.

I believe I would bring the following to the service of the Vestry. I am very dedicated to my activities, and I work very hard and am willing to help out. I am also a very analytical person, and I am able to help solve problems in a logical manner. I also have a background in math and accounting, and I am able to understand fund accounting and budgeting.



## **Ugo Nwachukwu** (Pronounced Wa-Chu-quou)

I am a cradle Anglican. I joined the Episcopal church when I emigrated to the United States from Nigeria. St Timothy's has been my church family since my family and I

moved to Virginia in late 2008. My wife Adaku and I have been married for almost 11 years and are blessed with three wonderful children - Peter, James and Olivia. Recently, Father Brad baptized our two youngest children.

I am a licensed pharmacist. I earned my Doctor of Pharmacy degree from Howard University in Washington DC and subsequently underwent an Executive training program at the American Society of Consultant Pharmacist where I served as an Executive Resident. As a Senior Manager for Clinical Programs, I oversee the design and implementation of all the programs including the planning, developing, recruiting, and budgeting for a pharmacy staffed Call Center. As a Vestry member I hope to apply my executive experience in ensuring that St. Timothy's is operationally and fiscally sound while balancing my family and professional obligations.



**Nikki Lanza O'Malley**

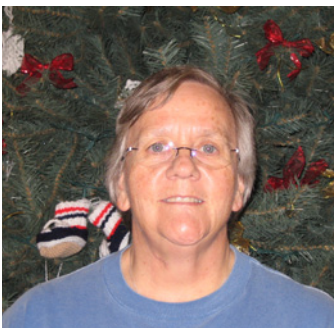
A baptized Methodist, I have been an active Episcopalian since I was 8; choir member, VBS teacher, I worked with a non-denominational group assisting the underprivileged, and helped

create a church radio station. I have been attending St. Timothy's for over fifteen years, prior to that and I attended Church of the Epiphany in Herndon for 10 years. I am married with two children. I am a graduate of the University of Maryland, and taken graduate training at George Washington University, NYU and Dept. of Agriculture Graduate School. I have been employed as the Registrar of the D.C. Academy of Veterinary Medicine (DCAVM) for 10 years.

I love the nurturing and inclusionary nature of St. Tim's

members. I have volunteered in the office on Wednesdays for over seven years and observe first-hand many of the functions that St. Timothy's performs for the needy in the community.

I am extremely proud to be a member of our congregation and I would be honored to be considered to serve the congregants as a member of St. Timothy's Vestry. The ability to communicate and work well with others is the key to success in accomplishing any goal, skills I have honed as a professional writer with the Smithsonian and other organizations, and in my present employment. I have always felt it was important to "pay it forward". Towards that end, I always try to be involved in anything in which I participate. Thus I combine my full time employment with volunteering a day a week at St Timothy's, handling Letters of Transfer, maintaining the computerized address data base and other member / visitor related activities. Last--but certainly not least—I coordinate the Wednesday Morning Bible Study ten months a year.



**Sheri Simpson Riedl**

I am a lifelong Episcopalian and have been a member of St. Timothy's since 1979, with occasional absences for overseas assignments with the US Government. I have been a member of the adult

choir for all that time and several years ago also joined the hand bell choir. My children and grandchildren were baptized and have done much of their growing up at St. Tim's. I've also watched the church grow and evolve through the

decades, and under the magnificent stewardship of Father Brad. St. Tim's has done a great deal for me and I would like to pay some of that forward by serving on the Vestry.

I love music and would help support the fine program we have presently, as well as work hard to assure the success of the ongoing campaign to replace the ailing organ and upgrade the sanctuary acoustically. I'm a good listener and would work hard to make people feel that their concerns and ideas have been heard. I have good organizational skills and the ability to focus until the task at hand is accomplished. Finally, I am at a stage in my life when I have more time to offer in service to the church.



**Keith Sinclair**

I would like to serve on the Vestry in order to support the mission and ministries of Saint Timothy's by offering my time and talent in addition to my financial support. My life has been immeasurably

enriched through my association with Saint Timothy's and it's truly special congregation and by serving on the Vestry I hope to do for others that which has been done for me.

I have over 37 years of experience as a civil engineer. This experience consists primarily of the preparation of plans and specifications for the construction of site improvements associated with new commercial buildings and subdivisions as well as public infrastructure such as roads, drainage systems and sewer and water systems. In order to bring any construction project to a successful conclusion, a team effort and spirit of cooperation is required between the design team (architects and engineers), the contractor and the end user in order to meet budget and schedule requirements as well as produce a product that will comply with the end user requirements. This experience has given me valuable insights into working with diverse groups of people as well as an appreciation of what is required to develop and main-

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tain budgets and schedules.

In addition, I have been a lifelong Episcopalian and have had the privilege to serve on the Vestry of Saint Timothy's in the past. Being a lifelong Episcopalian has made me a witness to and participant in many challenges and changes associated with the larger church. As a past member (and Senior Warden) of the Vestry of St. Timothy's, I have been able to gain an insight into just how much our church does to support those in need locally, nationally and internationally. With this insight has come a sincere appreciation of just how special our St. Timothy's family truly is. It would be my distinct pleasure to serve this church family as we move forward to carry out God's work. +

### *Open Arms, continued from p1*

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Sunday in September, helps everyone reconnect after the summer months. Open Arms also sponsors a reception for newcomers twice a year.

However, the most obvious example of Open Arms may be the ministry's greeters, who welcome those who attend Sunday morning services. And if you wondered who sends birthday cards to St. Tim's church goers, look no further.

Open Arms includes a planning committee made up of chair Jill Cox, Joyce Eanes, Genevieve Zetlan, Gayle Rippe, Alison Dodd, and Lael Lyons. They meet a half dozen times a year, mostly as the occasion arises. However, numerous parishioners participate in the various jobs the ministry performs, and new volunteers are always welcome. Interested parties should call Jill at 703-963-8251. And at the rate this ministry has been expanded, Jill will likely welcome your offer to help with . . . open arms. +

### *From the Rector, continued from p1*

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Most of them won't give or pledge to "The Church." But they will support particular programs of interest to them. And they will use the most current technology to transfer their financial gift to the Church mission. The Church must be authentic; accept doubts, questions, other religions and philosophies. The Church must embrace all races, cultures, and lifestyles. Leadership must be shared, and they will jettison much of what we consider essential.

This generational shift has begun and boomers will not make "Xers" or "Millennials" do things our way.

Based on what I've read and observed, I believe St. Timothy's needs to continue making mission our highest priority, invite and welcome everyone, offer the highest quality of worship, admit that even though our beliefs are solid we do not know everything, and incorporate the latest (fastest and easiest) technology for people who want to make donations to our missions.

## Submit Your Prayers, Prayer Flag Project

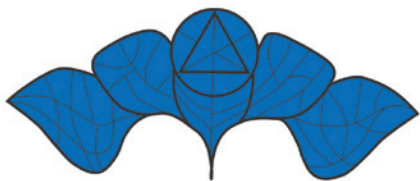
Prayer flags trace their origins to Tibet, more than 2,000 years ago. They are part of an ancient Buddhist tradition that involved writing intentions on fabric "flags" and hanging them outdoors in a series. When the wind blew, it was believed that the energy of the prayers and sacred mantras written on the flags would spread, fostering peace, compassion, and wisdom throughout the world.

This ancient tradition is still relevant in today's fractured world. After the anticipation and joy of the Advent and Christmas seasons, many view winter as a time to slow down, take stock, and reflect. We don't live in a vacuum, and are not immune to tragedy, whether we hear of it on the news or experience it in our daily lives. More than ever, our world needs to be lifted up in prayer.

Throughout the winter, the youth of J2A and Rite 13 will be participating in a Prayer Flag Project at St. Timothy's. We invite the congregation to submit their prayers or positive intentions to be included in the project; a box in the Narthex will serve as a collection point. (To preserve privacy, please submit all prayers anonymously.) J2A and Rite 13 will create a flag for each prayer, using the same art techniques that they used to create art quilts for congregations in Haiti.

In the spring, we will string our prayer flags together and lift them up to the Lord by displaying them outside. It is our hope that all will be touched by these prayers, and come together as a faith community to spread God's love, hope, and healing. Please join us!

Most of this we already do, and must continue. And while some of the changes that occur with the transfer of leadership will cause discomfort studies show that younger people expect the church to be The Church. We exist to worship and serve; this will continue to be the foundation of God's ecclesia, the community of faith. And the generations now growing up are more than able to assume leadership, and make the world better for all of God's people. +



## St. Timothy's Episcopal Church

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The Word is published monthly and emailed to members and friends on the first weekday of each month. It also appears on the website ([www.saint-timothys.org](http://www.saint-timothys.org)). If you wish to receive a copy by mail, please notify Keith Nelson Stroud in the church office ([keith@saint-timothys.org](mailto:keith@saint-timothys.org)). Copies of The Word are also available in the office.

### Submission deadline for the next issue: Friday, January 25, 2012

Questions, articles, or ideas, and comments for The Word are always welcome. Send materials via email to [wordeditor@saint-timothys.org](mailto:wordeditor@saint-timothys.org) and put "The Word" in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

## Welcome, New Registered Members

Welcome to those who have joined, been confirmed, or transferred their membership in the past month:

*Lucy Caroline Schrock*  
*Margaret Krick Curley*  
*Barbara Connelly Kimmel*  
*Robert Lee Kimmel*

We have *many* active congregants who have been attending St. Timothy's for many years who are not officially registered members. If you requested a membership transfer prior to 2005, the request might not have been processed. Non-registered members can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has on record, the more delegates we can send to the conventions (thus giving us a stronger vote in Diocese matters). To transfer your membership to St. Tim's, or to find out if you are a registered member, contact Nikki O'Malley ([nikki.omalley@gmail.com](mailto:nikki.omalley@gmail.com)) or fill out the Parishioner Information Form: [www.saint-timothys.org/uploads/docs/info-form.pdf](http://www.saint-timothys.org/uploads/docs/info-form.pdf)

## 2012 Vestry

**Rick Wilson, Treasurer**  
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*Terms expire January 2013*

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**Liz Ward, Junior Warden**  
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*Terms expire 2014*

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**Mike Colie, Buildings & Grounds**  
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**Eugene Nkomba, Stewardship**  
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**Donna Cornwell**  
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*Terms expire 2015*

**Carolyn Hamm, Education & Youth**  
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**Keith Pinkard, Service**  
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**Marty Brady, Worship & Music**  
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[mbrady@brooksideinc.com](mailto:mbrady@brooksideinc.com)

**Jeanne Bennett, Communications**  
703-442-8542

*Alternate (1 year term)*

**Beth Lumnitzer**  
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## Church Information

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*Music Director*  
**Mr. Peter Waggoner**  
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*Director of Parish Operations*  
**Ms. Keith Nelson Stroud**  
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**Office Hours**  
Monday-Thursday,  
9 a.m. – 5 p.m.  
For appointments, please call  
703-437-3790

## Service Times

**Sundays**  
8:00 a.m.  
Eucharist, Rite I  
  
9:30 a.m.  
Eucharist, Rite II  
Godly Play, ages 3-9  
Nursery Care

11:00 a.m.  
Eucharist, Rite II  
Sunday School  
Godly Play, ages 3-9  
Nursery Care

**Wednesday**  
12:15 P.M.  
Eucharist and  
Healing Service

**Saturday**  
7:00 P.M.  
Latino Prayer Service