

WV O R D

Our 136th Year

for February 2005 Herndon, Virginia



What Will I Give Up or Take On?—Fr. Brad

As the days grow longer, the nights shorter, the Church moves from the season of Epiphany (which means "manifest", as in God is manifest in Jesus) to Lent (from the Anglo-Saxon word "lencten" which acknowledges that days lengthen this time of year). We shift our spiritual focus from how we make God manifest to what Christ has done in suffering, dying for us. I like the season of Lent (and Holy Week), not only for its focus and the music we have to commemorate it, but also because this period of time belongs more to the Church than any other. There are no Lenten decorations to put up, no Lenten cards to send, no Lenten goodies to bake or Lenten parties to attend. Hallmark has no claim upon these forty days.

There is however the notion of Lenten discipline, giving something up. This usually has to do with things that aren't good for us in the first place – candy, cussing, aggressive driving, excessive caffeine or alcohol, "adult" internet sites, and the like. It can also be a time of taking something on, something good - like spending more time with family or friends, spending more silent time with God, doing more to help other people, giving more (time, talent, treasure) to spread the love of God. All of us need to make adjustments, clean out our spiritual closets, practice better health of body, mind, and spirit. So we should be asking ourselves, "What will I give up or take on? What do I need to do to improve my most important relationships, with myself, with other people, with God?

Lent is a time of giving up, and taking on, behaviors and attitudes that will help us be more the people God wants us to be.

Jr. Brad

Dear Sisters and Brothers in Christ, I ask your prayers for our Bishop, Peter James Lee, and his family. He was discovered to have significant blockage in three areas. He underwent triple by-pass surgery on Monday, 1/31/05. He will not attend our Diocesan Council this year and he will be on leave until April 1st.

Thank you,

Fr. Brad

Make your Lent Meaningful —Rev. Kedron

Lent is one of the oldest observances in the annual Christian calendar. Like all Christian celebrations, Lent has changed over the years, but its purpose has stayed the same. It is a time of self-examination and penitence, demonstrated by acts of compassion and prayer in preparation for the celebration of Easter.

Lent is a holy time in the church year. Here are some suggestions for making Lent a holy observance in your year.

*Put Lent on your daily calendar. This year Lent begins on Feb. 9th (Ash Wednesday) and ends on March 26th.

*Set a firm goal to spend 5 minutes a day in prayer for your family, St. Timothy's, and the world around us. Reflect on your life and the choices you make every day. Pick a specific time each day, say at 8:00 am every morning before you take the kids to school or before you leave for work.

* Use a daily devotional. St. Tim's is offering every member a copy of *The Call of the Cross*, a pamphlet with short scripture readings and reflections for each day in Lent. Try using this book to guide you through the Lenten season and prepare you for Easter. This pamphlet is appropriate for all ages. Encourage your teens to try this with you.

*For Children: St. Tim's is also making copies of a Children's Calendar for Lent available to each child in the parish. Please take a copy and mark the days of Lent with your children. Have them read the brief sentences, scripture or reflection question that is printed on the calendar. Spend a few minutes listening to your kid's answers.

It is traditional to "**give up**" something that you enjoy (like chocolate or French fries) so that when you want that thing, you think of the sacrifice that Jesus made for us. This year try "**taking on**" something like praying for 5 minutes each day or writing one letter a day to someone special in your life. Take on saying one nice thing to your brother or mom each day of Lent. And I encourage you to pick up a copy of *The Call of the Cross.* Read the scripture and think about the reflection questions it asks. Hang the *Children's Calendar* on you fridge or wall and read what it says each morning before school.

February 2005

Who Are We and Where Are We Going?

-Fr. Brad

Some years ago the Episcopal Church devised a program called "SWEEP." The name was an acronym for Service, Worship, Education, Evangelism, and Pastoral Care. Some people added an S on the end of SWEEP for Stewardship. Of course there are other essential ministries in the Church (we have some 30 coordinated activities in St. Timothy's). But the program presented a way for Church members to examine our call, to readjust direction and emphasis according to our resources and challenges. It was a helpful self-assessment tool.



We currently have a number of ways to determining "where we are" and to "what we are called", including some very sophisticated demographic services. From these we learn, for instance, that the population in the 20170 zip code will continue to grow by 8.7% over the next five years. The Anglo population will

increase by 2.8%, the African-American population by 9.9%, the Native American population by 13.8%, the Asian population by 16.2%, and the Latino population by 17.8%. Non-Anglos" are now 46%, less than half of the population. 32% of the resident population has no faith involvement. But among Christians in this community 77% prefer traditional worship.

We also know that the average annual household income in our St. Timothy's neighborhood is \$109,704. Single parent households number 17%. People 81 or older are only 1% of the population, people 63-80 are 5%, 45-62 year olds are 25%, 24-44 year olds are 34%, 4-23 year olds are 32%. And in the next five years 0-4 year olds will be 12%. The average age is 32.3.

In our area the non-Caucasian population is shrinking proportionately, and the largest portion of Church goers also carries the heaviest family financial burden. Demographics for other surrounding zip codes are very similar.

These statistics suggest to me that we should make evangelism and stewardship much stronger priorities. St. Timothy's has been growing with the Herndon community but we remain much less diverse than the general population. We need to be more inviting and welcoming of all people. We also need to reconsider how wealthy we are, our priorities, and how



much we give to God's mission in the Church. Stewardship is not a burden or sacrifice supported by a few, it is a privilege and joy to be shared by all.

The next five years will be interesting for us. It is very important at this time in St. Timothy's history to reexamine our stewardship of time, talent, and treasure, and our call to invite and welcome other people into the family of God.

Accessibility Assistance

Anyone needing accommodations for a disability in order to attend or participate in any St. Timothy's activity should call Chrissa Mankin of the Accessibility Ministry at 703-476-7251. Calls should be made seven days prior to the activity so that appropriate arrangements can be made.

Keep Those Envelopes Coming!

We are all receiving our offering envelopes a month at a time now, at no additional cost to the Church. Spacing them out this way reduces the possibility of their being misplaced, and helps Envelopes us remember how important it



is to support the Church. Thanks for your pledges and gifts!

Make your Lent Meaningful cont. from page 1, col. 2

We all lead busy lives. Lent calls us not to stop them, but to pause in the midst of our lives and remember we are loved by God. Spend a few minutes focused on God each day and it will transform you.

Look for the *Call of the Cross* and the *Children's* **Calendar** in the narthex!

Blessings,

Kedfint

Do You Have a Dollar?

As you know we are in a serious budget crunch. We have reduced our office staff, cut funding of all our ministries, and dropped most of our maintenance contracts (i.e., heating and air conditioning systems, elevator, organ, office computers, snow removal and lawn mowing). However, we can restore all of these if each of us increases our giving to St. Timothy's by just one dollar per day! Please let your Church know if you can help by using the return envelope mailed to your home. With a one time gift of \$360, or a monthly increase in giving of \$30, we can restore our ministries, maintenance contracts, and half-time office help. Thanks you for your prayers and consideration.

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Have We Heard From You?—Terry Jones

Last year several members of the Communications Ministry contacted everyone listed in the St. Timothy's monthly telephone directory. We sent all the changes and



updates to the office and all the changes were made that we had been given. In an effort to make sure that this type of information is always 100% current, we ask that every member please take a moment and please verify that the church has all the correct information on file. Have you changed your phone number lately?

Moved? Changed or added a new email? Please contact either the Communications Ministry or submit your updates/changes to the church office. There are two forms you can complete to submit this information, the Directory Update Request form and the Parishioner Information Collection form. They can be located in the bottom slots of the mail cabinet in the hallway outside the church office for everyones convenient access.

When contacting members last February and March we asked what would you like to see done to increase communications within St. Timothy's. We got some suggestions but would like to ask that question again. What do you need to have all the information you need about all the events etc. going on at St. Timothy's? What can we do to improve how we get the information to our members and all of our surround communities. Your opinions and input is VERY valuable to the Communications Ministry. Please feel free to submit any ideas you may have to Communications@saint-timothys.org

Our ministry wants to expand to meet our greater communications needs, if you or anyone you know wants to join our group please feel free to come to any of our meetings. Our meetings are open to everyone! The more the merrier. Help us get the word out about St. Timothy's Episcopal Church to all your friends and neighbors.

St. Timothy's will celebrate the beginning of Lent

on Wednesday, February 9. The imposition of ashes will be performed at all three services. Times for the services are at 6:30am, 12:15pm and 7:30pm.



Lent continues through Holy Saturday, March 26th. Other than our usual Wednesday and Sunday services we will have a **Maundy Thursday** service at **7:30 pm** (Foot Washing, Holy Eucharist, Stripping of the Altar); and **Good Friday** services at **12:15 pm** (Stations of the Cross) and **7:30 pm** (Solemn Liturgy). We will celebrate the resurrection of Jesus on **Easter Sunday at 8:00 am, 9:30 am, and 11:00 am.**

An Open Letter to the Men of Saint Timothy's

During this season of giving, my thoughts have turned to the needy in Herndon who may be going hun-

gry while I am always full. To this end, I would like to mobilize the Men of Saint Timothy's to provide a onceamonth breakfast to the needy in our community as a mission/service of this church. There are still some issues to be resolved but I am confident this can become a reality here at Saint Timothy's.



At this point, I am not asking for a firm commitment but would like to know if this is something that men in the congregation would be interested in doing. Once established, I envision the time commitment to be a few hours once a month, on a given Saturday morning. Tasks would include set-up, food preparation and service, greeting and clean-up.

I have spoken with Father Brad, the Vestry, the Service Ministry and many individuals within the congregation who are also active in the local community. All have blessed the concept and believe it is a service that is missing in the community. There are still some issues to be resolved but I would hope to get past these things in the next month or so and possibly open for "business" in March.

If this is something you may be interested in please let me know. I will post an actual call for help when I know that this is a viable concept. If you have any questions or would like to comment, please do so by email p12817@erols.com or you may call me at 703-675-4549 during the day or in the evenings at 703-758-2583.

Thank you for your time and considerations and God bless.

Keith Pinkard

The Mission of St. Timothy's

adopted 03/09/02

As people of God we joyfully worship God, spread the WORD of God's love, treasure all people, and serve others everywhere in the name of Jesus Christ.

Therefore, with God's help, we will:
open our doors,
enhance our worship,
and increase our involvement
through all of our ministries.

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When was the last time you got to go out to dinner or a movie without worrying about finding a reliable, inexpensive babysitter? When was the last time your children got to stay out with friends on a Saturday night, having dinner, making cookies and crafts and watching movies



in their sleeping bags? Set aside **Saturday night, February 12** (Valentine's plans, anyone?) for Parent's Night Out. Experienced Moms (your own ECW) will be on hand to host a great evening for your children aged four and up – including supper, Valentine's cookie-

decorating, arts and crafts, puzzles, movies and activities tailored for many ages. Invite your neighborhood friends to join you...fees are very reasonable and used for a good cause!

You may pay in advance or at the door, but please sign up in Henry Hall so we can plan for enough adults and enough food. Questions? Call Carol Sinclair at 703-437-4713 or Joanne Rehm at 703-425-9299.

Easter Food Baskets

Easter will surprise us a little earlier this year...Ash Wednesday is right around the corner on February 9, and Easter falls on March 27. The ECW is sponsoring a



drive to fill ten Easter
dinner food baskets this
year for those in our
community who could
use a little help. Look for
the Easter basket display,
and grab an egg on your
SKETS way out. Inside the egg
will be a specific food

item that you can easily pick up when you do your regular grocery shopping. If you prefer to make a monetary donation of any amount, it will go to buy needed items for the baskets. For example, ten dollars will buy a grocery certificate for a ham or another main dish and twenty-five dollars will fill an entire basket...but rest assured your nickels and dimes will be put to equally good use! If you'd like to help assemble the baskets, look for updates in your bulletin and in Henry Hall for dates and times.

Thank you for your generosity in thinking of others in our community who could use a blessed holiday meal together with their family.

ECW Women's Retreat April 22-24

Dinner out with friends: \$25.00

Breakfast by the river on a Spring morning: \$15 A slumber party by the fire watching chick flicks: \$20.00

A weekend away from the job, the husband and kids: priceless

Each Spring, the women of the ECW steal a day or two from their busy lives to rejuvenate at a place that's near, but so far away. We rent cabins on the river at Algonkian Park and share fellowship, good food and wine, and great conversation about our lives. There's always something relevant to your life in the theme of our conversations. Come for a day, a night, or the whole weekend.

More information is available on the sign-up list in Henry Hall. We'll need deposits by March 6 for anyone wishing to spend the night, as we have to make non-refundable deposits on the cabins. The cabins have all the comforts of home, and we can let you know what else you might like to bring. If you have never



attended one of the ECW Women's Retreats, ask one of the women below what to expect and why you'll have a great time – we'd love to have a record number of newcomers! The costs are very reasonable for an all-expenses-paid get-away – including lovely surroundings, great company, and three meals a day.

Save the date - hope to see you there!

ECW Members who can tell you all about it:

Carol Sinclair 703-437-4713 Kim Savage 703-435-1952 Marcia Andere 703-834-1163 Betsy Knoizen 703-318-9514 Melissa Randolph 703-787-9993 February 2005 Page 5

EVANGELism: Breaking the Ice

The Rev. David Schlafer, who fills in when Brad and Kedron are away, will facilitate a workshop here on **Saturday, March 12 from 9 to 11 a.m.** We are all called

at baptism to proclaim the Good News, but that's not always easy to do! Come get in out of the cold and spend a few hours learning how to break the ice and talk about God. Sign up in Henry



Hall or contact Gayle Rippe (703-471-0763) to reserve



5th and 6th Graders Present "Moses and the Ten Plagues" on Sunday, February 13

Saint Timothy's 5th and 6th Grade Sunday School class are presenting an original play on GIFT **Sunday**, **February 13**. Their interactive play, "Moses and the Ten Plagues," contains roles for attending Pre-Kindergarten through 4th Grade Sunday School children. It will be presented during the regular Sunday School class time.

This play continues the 5^{th} and 6^{th} graders' study of the books of Genesis and Exodus. This year they learned about the following people: Adam and Eve, Cain and Abel, Noah and his family, Abraham and Sarah, Jacob and Joseph, and Moses. They discussed the importance of owning good farmland and sheep. They tackled the hard realities of the time, such as the firstborn son's responsibilities to his family and life as a slave under the Egyptians. They also poured through maps tracing the routes of Abraham and Moses.

Rehearsal for Pre-K through 4th Grade children is scheduled for the first 15 minutes of Sunday School on February 6. The 5th and 6th graders must be at Saint Timothy's at 9:45AM on February 13 for 10AM rehearsal. -Kate Masters

Pre-school Corner

—Lydia Gough

Polar bears and penguins found a home in the preschool in January as the children learned about winter animals and created colorful art projects to complement the winter theme. Other units of study included icicles and snowballs, the author Jan Brett, and famous Americans.

On February 7th Chick Fil-A in Reston will host a "Family Night" to benefit the pre-school. The restaurant will give 15 percent of the total profits made from 5:00 – 8:00 p.m. that evening. To support the school, all you have to do is show up and eat – no special coupons are needed. Even drive-thru sales are included in the profits given to St. Tim's. So take a break from cooking and bring your family and friends to Chick Fil-A on February 7th to support St. Timothy's Pre-school!

Pre-school registration for the 2005-2006 school year begins for parishioners on February 16th. The school has been in existence for over 25 years and has a talented, dedicated staff as well as an excellent reputation in the community. Please see the notice below for more information about registration.

Pre-School Registration

Registration for fall classes at our pre-school begins on Febrary 16 for members who are recorded in the church register by virtue of formal transfer, confirmation or reception.

Registration for the public will be held on February 26. the Pre-School offers a part-day program for children three, four, and five years old.

Please call Helen Guest at 703-437-4767 for more information.

Recycling at St. Timothy's?

Do you recycle at home? Odds are the answer is a resounding "yes!" Do you recycle at St. Timothy's? Odds are the answer is "not really." We have the ability to recycle but not yet the same focus as our "at home" recycling efforts. Interested in helping kick-start, and

sustaining, a recycling program here at your place of worship. Let **Kedron and Craig** (Dubishar) know of personally, or drop a



note in the Steward of Creation slot in the hallway by the office) and we'll start formulating the planning session soon (maybe to coincide with Earth Day on April 22, 2005). Thanks for your interest. —Craig Dubishar Steward

of Creation

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Parish Retreat at Shrinemont

Plans are moving along for St. Timothy's annual parish retreat at Shrine Mont. This year's weekend in the lovely mountain town of Orkney Springs, Virginia will be **April 15-17**. All are welcome — families and singles, young and not-so-young, loners and social butterflies.

There is something for everyone at Shrine Mont. This year we will explore the subject of "Sabbath" and our need for rest and re-creation. In keeping with the theme, there will be plenty of time to do just that — rest and recreate. There will also be a variety of other activities, from fun and fellowship to prayer and worship. Registration brochures with more infor-



mation on cost, accommodations etc. will be available later this month. As you know, funds are tight right now in our parish. At this time, there is no money set aside for scholarships. Whether or not you plan to attend Shrine Mont, please consider a donation toward providing scholarships for those who would like to come but may find it financially difficult. Questions? Suggestions? Want to volunteer? Please contact Donna McGrath at 703-437-3514 or jdksmcgrath@starpower.net.

Habitat for Humanity® International

International Mission Trip

St. Tim's is going to Botswana **July 15-29, 2005** to build a Habitat for Humanity house in the Chadibe area for a family that needs a home. Want to join us? This promises to be a spiritually enriching experience for all. Our next meeting is **Feb. 6th at 12:30** downstairs in B1. Please join us! Questions? Call Rev. Kedron or kedronj@saint-timothys.org

Our New Kneelers

We would like to remind the congregation to make sure their children **do not stand on the kneelers with their shoes on**. During the last few weeks several children have been observed standing on the kneelers. If the child needs to stand, please take their shoes off.

Twelve people worked over 500 hours each stitching these kneelers. Each kit cost \$ 650 and each kneeler cost \$342 to upholster. In other words, that is a cost of about \$1000 each! With care, we should be able to have the use of these beautiful cushions for more than 85 years. A dedication ceremony honoring our stitchers is tentatively scheduled for April 3.





MISSION PROJECT

Shrove Tuesday Pancake Supper February 6

On Shrove Tuesday, February 8 from 6 to 7:30pm, the Youth Group will be hosting a pancake supper. Mark your calendar; advance tickets are available in Henry Hall. Tickets will also be sold at the door. The price of admission is \$10/family, or \$5/adult and \$3/child. the menu consists of pancakes, Fench toast sticks, ham, apple sauce, coffee, apple juice, and milk. This is a fund raiser benefitting the youth of the parish and will help to defray the cost of activities. Parishioner support is greatly appreciated (plus you won't have to cook that night). As entertainment, we will show a video of highlights from our August 2004 Appalachian Mission Trip.



Souper Bowl of Caring - February 6

This year will be the sixth year that Saint Timothy's will participate in the Souper Bowl of Caring scheduled for Super Bowl Sunday. Following each service, youths will be holding large soup pots to collect donations from worshipers as they leave. Each year our teenagers work with the Service Ministry to determine which local charity would best serve the needs of the community with the proceeds we collect.



In The Beginning— (Genesis as seen by a physician in Texas)

In the beginning God covered the earth with broccoli, cauliflower, and spinach, green, yellow, and red vegetables of all kinds; so Man and Woman would live long and healthy lives. Then using God's bountiful gifts, Satan created Ben and Jerry's and Krispy Kremes. And Satan said, "You want hot fudge with your ice cream?" And Man said, "Yes!" and Woman said, "I'll have another with sprinkles." And lo and behold they gained 10 pounds.

And God created the healthful yogurt that Woman might keep the figure that Man found so fair. And Satan brought forth white flour from the wheat, and sugar from the cane, and combined them. And Woman went from size 2 to size 10. So God said, "Try my fresh green salad." And Satan presented crumbled Bleu Cheese dressing and buttered garlic toast on the side. And Man and Woman unfastened their belts following the repast.

God then said, "I have sent you hearty healthy vegetables and olive oil in which to cook them." And Satan brought forth deep fried coconut shrimp, butter dipped lobster chunks and chicken-fried steak so big it needed its own platter. And Man's cholesterol went soaring over 250.

God then brought forth running shoes so that his Children might lose those extra pounds. And Satan came forth with a cable TV with remote control so Man would not have to toil changing the channels. And man and woman laughed and cried before the flickering light and started wearing stretch jogging suits.

Then God brought forth the potato, naturally low in fat and brimming with potassium and good nutrition. Then Satan peeled off the healthful skin and sliced the starchy center into chips and deep-fried them in animal fats and added copious quantities of salt. And Man put on more pounds.

God then gave lean beef so that Man might consume fewer calories and still satisfy his appetite. And Satan created McDonald's and the 99-cent double cheeseburger. Then Lucifer said, "You want fries with that?" and Man replied, "Yes! And super size' em!" And Satan said, "It is good." And Man went into cardiac arrest. God sighed and created quadruple bypass surgery.

What's the point? We, too, are God's Creation and our choices do have an impact on ourselves and on our environment. The higher "up" we eat on the food chain the greater the amount of overall resources it takes to produce the particular food item. The more calories we eat, the more we have to burn off and the more waste we create. Being aware of your choices and your actions, and how they might impact God's Creation is the first step in living more simply and consciously caring for God's Creation. Future articles will focus on what we as a Parish could be doing in the way of recycling within our own church home.

—Craig Dubishar

Scouting News

The area's unseasonably warm temperatures were stopped COLD just in time for scouts from troop 159 to attend their annual January campout at Big Mac. But the weather couldn't frost the spirits at this historically favorite camping trip, perhaps because the scouts sleep in cabins stoked warm by their own wood fires. This year's trip featured scout-created menus that would spark envy in the eyes of Emeril. The highlight: venison stew brewed by the youngest scouts, known affectionately as the "bacon squad."

At the end of the month, venture-age scouts age 13 and older, tackled another tradition — Timberline Mountain in West Virginia. As usual scouts showed skiing skills to rival Johnny Mosely.

January saw the arrival of a new scout, Chris Orozco. And St. Timothy's own Matt Markee made a mark of his own — earning his first scout badge as well as his totin' chip. Matt is now skilled in the use and safety of knives and sharp tools!

Do you want to get in on the action? We've got many mountains and valleys and trails and waterways in our future. Contact Scoutmaster Rob Carter at 703-471-9069 to find out how you can be a part of the fun and adventure.

Lenten Class on Prayer

As Episcopalians, we are well grounded in a life of prayer. From an early age, most of us learned to pray for ourselves and for others. This four-week class will be an opportunity to share wisdom about prayer. We will also experiment with some contemplative forms of prayer that put the focus on "listening" and being "open" to the message God might have for us. The class will meet **February 20 through March 13 after the 11:00am service**. A sign-up sheet will be available in Henry Hall.

Facilitator: Michael Hinson



News from Our Presiding Bishop

For an inspiring Epiphany message from our presiding bishop, Frank Griswold, please visit the Episcopal website at www.episcopalchurch.org/life.htm.

Response from The House of Bishops to The Windsor Report

The House of Bishops has responded in a letter to the Windsor Report addressing the issues with the Episcopal Church of America. Please see this letter at www.episcopalchurch.org/3577_56787_ENG_HTM.htm



St. Timothy's Word is published monthly and mailed to members and friends during the last week of each month. It also appears on the website under "See All Events" beginning the day it is ready for mailing.

The deadline for submission of material for the **March** issue is **Monday, February 21 at 9am.**

Questions or ideas for *The Word* are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: chasclat@adelphia.net. The message subject line must mention Word. Photos will be used only if key people in the photo are identified. Articles or letters may be edited for brevity or appropriateness.

See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. Weekly Bulletins appear on the website no later than Friday for the coming Sunday.



WOR D

for February 2005

St. Timothy's Episcopal Church 432 Van Buren Street Herndon, Virginia 20170-5199

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2005 Vestry

Terms expire January 2006:

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703-860-1568

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Mr. Chris Brock Liaison to Accessibility 703-437-3968 christopher brock2@verizon.net

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Registrar

Ms. Wendy Budd 703-476-8856 wbudd@ixnetoom.com member(only man on this choir), computer fixer, former parish administrator, grandfather and Jackie's husband are some of my hats. As the new editor of the Word, I will try to keep up the great work Bob has done these last 6 years. I ask that you now send your articles to chasclat@adelphia.net. This will take some pressure off of Bob's duties.

Editor's Comments: Most of you know me as Charlie. I have worn

many hats at St. Tim's. Vestry member, Altar Guild director, 9:30 choir

Church Information

Rector: The Reverend Brad Rundlett bradr@saint-timothys.org 703-437-3790 Ext 11 Associate Rector: The Reverend Kedron Jarvis kedronj@saint-timothys.org 703-437-3790 Ext 12

Music Director: Mr. Peter Waggoner peter@saint-timothys.org 703-437-3790 Ext 16

Seminarian: Mr. Michael Hinson

Regular Services

8:00 am Sunday- Holy Eucharist Rite I 9:30 am Sunday - Holy Eucharist Rite II (nursery care available)

11:00 am Sunday - Holy Eucharist Rite II (nursery care available)

10:00 - Children's Chapel 10:45am Sunday - Sunday School

12:15pmWednesday - Holy Eucharist & Healing Service

Office Hours

Monday-Friday 9am to 3pm (and by appointment)
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