



St. Timothy's Episcopal Church

# The WORD

for March 2004

Herndon, Virginia

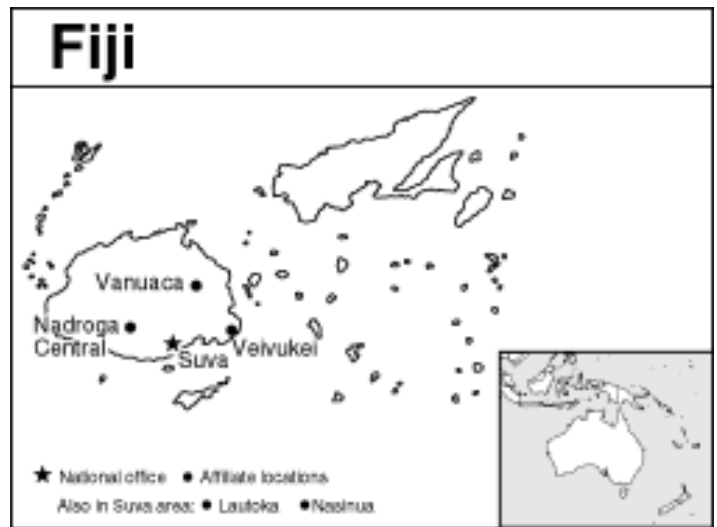
Our 136th Year



## Want to go to Fiji?

This is what I heard when I picked up the phone one afternoon a few weeks ago. Yes! I said while my heart was beating so loudly I could barely hear myself speak. In July, I will join twelve others from around the globe on a mission trip to Fiji. We will be participating in a project called **Global Village** supported by **Habitat for Humanity**. While building a home in Fiji, we will travel, live, work, pray, share and eat together with the locals. We are offered a "backdoor" welcome to their community and encouraged to visit local cultural treasures and really get to know the people. My trip leader told me the first commandment for every team member is: *Be a blessing.*

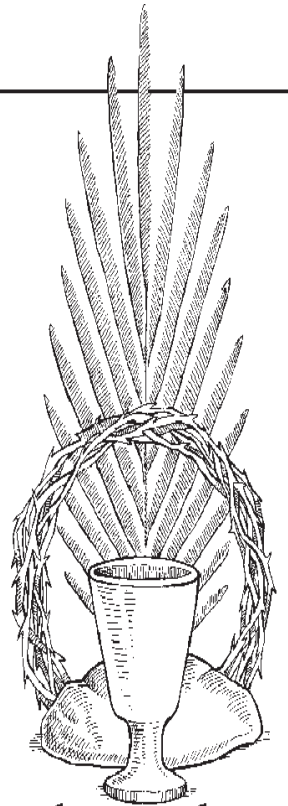
Why now? Why Fiji? I have wanted to do this for a long time and I feel settled enough to try. Fiji...well, Fiji because their way of life is totally different from ours and because this trip was one that specifically spoke about spirituality and worshiping with the locals.



The cost is \$1,600 to go on this trip plus a plane ticket from Dulles to Fiji (about \$2,000) and I need your help raising it. This is what your money could buy: a box of nails—\$10, a concrete block—\$15, a window for \$75, a front door—\$150. Or consider sponsoring me for one day—\$100.

St. Timothy's has set up a fund "The Habitat Fund" for donations and I would appreciate any help you could give. You may make checks payable to St. Timothy's with the note line designating "Habitat".

See On To Fiji page 2



## Thoughts ON LENT

—Fr. Brad

I love the season of Lent, and Holy Week, first because our Scripture readings are more than anything else about God's love for us, and second because this part of the liturgical year belongs only to the Church. There are none of the distractions of Christmas or Easter. There is no pressure from our culture to send "Have a blessed fast" cards, buy repentance gifts, or put up Good Friday decorations. Without interruption we can acknowledge our failure to be the people God would like us to be. We can focus on God's mercy. We can remember God's love in the passion of Jesus.

Of course this is a time of penitence and fasting, neither of which is much in vogue these days, probably because they are greatly misunderstood. More than grievous sorrow for sins of omission or commission, penitence is coming to terms with the ways we have offended God and other people, and making amends when we can. It is based on repentance, turning or returning to God. Making amends can

mean halting behaviors that are destructive as well as beginning new behaviors that are constructive. Fasting is abstinence, not necessarily from all food; it can be refraining from food or drink that is not good for us, especially when ingested to excess. The season can also involve taking on new disciplines and activities – regular Bible reading, moments of silence and solitude with God, greater attention to our health, more time with the people we love, and better stewardship of our gifts. Thus in Lent and Holy Week we are called to disciplines of mental, physical, and spiritual health, patterns we would do well to adopt year round, perpetually.

I wish you a very blessed season!

Fr. Brad

## Alleluia! Christ is Risen!

These words may seem out of place for Lent, but by the time we get to Shrine Mont, it will be the Sunday after Easter. How do we as believers hold on to that “alleluia” mindset? How can we make the celebration of Christ’s resurrection last beyond Easter?

Join us at St. Timothy’s 2004 parish retreat at Shrine Mont April 16-18 in Orkney Springs, Virginia as we explore “alleluia living”. Our guest speaker for the weekend is the Rev. Dr. Carl P. Daw, Jr. Dr. Daw is an Episcopal priest, writer, composer, the executive director of The Hymn Society in the U.S. and Canada, a professor at Boston University’s School of Theology, and a seminary classmate of Father Brad’s.



The Diocesan Conference Center at Shrine Mont is located about two hours away, in the beautiful mountains of Virginia. Accommodations for two nights and six home-cooked meals are provided. Activities are planned for all ages throughout the weekend, and child care will be available during the adult sessions. There will also be plenty of opportunity for rest, relaxation and renewal, we promise!

Shrine Mont has altered its price structure this year. The cost for the weekend is \$114 for adults. Children 0-3 years of age are still free of charge. Children Ages 4-7 are now \$22, and children ages 8-12 are \$72. Registration brochures can be found in Henry Hall on the Shrine Mont display. Be sure to sign up as soon as possible, as space is limited.

Plan to join us for this popular parish event! If money is an issue, there are scholarships available (see Father Brad). If you can’t come but would like to help make the opportunity available to others, please consider contributing to the scholarship fund.

Questions? Suggestions? Want to volunteer to help organize activities? Please contact Donna McGrath at 703-437-3514 or [jdksmcgrath@starpower.net](mailto:jdksmcgrath@starpower.net).

## On To Fiji *from page 1*

Habitat Fiji has been in operation since 1992 on Fiji’s major island of Veti Levu. Habitat Fiji houses are constructed with concrete block or timber, replacing the traditional bamboo, woven mat and dirt floor homes that do not withstand the rainy season. Local affiliates spend much of their time on land acquisition and advocacy issues and are slowly making a difference in the community.

The Fiji archipelago includes 332 islands — approximately 110 of them inhabited. The island’s population consists of almost 50 percent ethnic Fijians and 46 percent Indian.

Fiji’s mountainous terrain and climate make it conducive for producing sugar, bananas and coconuts for export. Land zoning laws make it illegal for any of the non-ethnic Fijians to own high-yield-producing agricultural lands. As a result, almost 70 percent of the population — Indians and impoverished Fijians — rely on subsistence agriculture for survival.

### COUNTRY FACTS

Location: south Pacific, 2,500 km north of New Zealand

Climate: tropical

Population: 782,381

Economy: industries include sugar refining, light industry, tourism, mining

Government: republic

Religion: Christian 52 percent, Hindu 38 percent, Muslim 8 percent

Literacy: 92 percent

Language: English, Fijian, Hindustani

If you’d like to read more about Habitat or our trip, log onto my web page: <http://www.habitat.org/gv/participant/participant.asp?pid=9015-2882>. *Kedmont*

## THE MISSION OF ST. TIMOTHY’S

As people of God

*adopted 03/09/02*

we joyfully worship God,  
spread the WORD of God’s love,  
treasure all people, and  
serve others everywhere  
in the name of Jesus Christ.

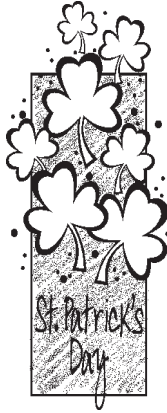
Therefore, with God’s help, we will:

open our doors,  
enhance our worship,  
and increase our involvement  
through all of our ministries.

## The Loric of St. Patrick

Patrick, the patron saint of Ireland, was a unique servant of God who led thousands into Christianity. He was born in 387 and died in 493. Here is a small portion of St. Patrick's statement of devotion to God:

I bind to myself today  
 God's Power to guide me,  
 God's Might to uphold me,  
 God's Wisdom to teach me,  
 God's Eye to watch over me,  
 God's Ear to hear me,  
 God's Word to give me speech,  
 God's Hand to guide me,  
 God's Way to lie before me,  
 God's Shield to shelter me,  
 God's Host to secure me,  
 Against the snares of demons,  
 Against the seductions of vices,  
 Against the lusts of nature,  
 Against everyone who meditates injury to me,  
 Whether far or near,  
 Whether few or with many.



## HOLY WEEK



## WORSHIP SCHEDULE

Holy Week this year is April 4-10. Palm Sunday services (April 4) are at the usual times of 8:00 am, 9:30 am, and 11:00 am. If weather permits we will gather outside in the chapel, take up our palm branches, and process into the sanctuary. If it is too wet or cold we will gather in the parish hall (Henry Hall), take up our palm branches and process to the sanctuary from there. We will have a Maundy Thursday service (April 8) at 7:30 pm. The word "Maundy" comes from the Latin *mandatum* which means "command" as in Jesus commanded his disciples to love one another. There will be a footwashing at this service, Holy Communion, and stripping of the Altar. We have Good Friday services (April 9) at 12:15 pm and 7:30 pm. In observance of the crucifixion we do not have Holy Communion on Good Friday. And for the first time at St. Timothy's there will also be an Easter Vigil this year (Saturday, April 10) at the home of Jeanne and Roger Rick, 1340 Grant Street in Herndon. They will host a potluck dinner (please sign-up on the bulletin board in Henry Hall) at 7:00 pm. The service will begin at 8:00 pm. Easter services (April 11) will be at 8:00 am, 9:30 am, and 11:00 am.

## Mel Gibson's THE PASSION OF THE CHRIST

Movie Discussion  
 March 28<sup>th</sup> 1:00pm  
 Narthex

This month, instead of our regular book group discussing a book, we will discuss this new movie.

Gibson's self-financed \$30 million re-enactment of the final 12 hours in the life of Jesus, which opened in 2,800 theaters on Ash Wednesday, depicts the Jewish high priests as bejeweled schemers bent on killing the carpenter-turned-preacher from Nazareth.

The men labored over the script for nearly two years, cutting and pasting passages from the Gospels of Matthew, Mark, Luke and John, and incorporating accounts and interpretations by other saints, nuns and religious scholars. In Rome, they attended Mass in Latin, daily, before going to the set.

If you see the movie, come and talk about it on Sunday, March 28<sup>th</sup>. Goodies provided.

## Easter Vigil New to St. Tims

The Easter Vigil is the first service of Easter—it begins by telling the story of the Exodus and brings us all the way to the Resurrection. This year we will have the service at the home of Roger & Jeanne Rick on Saturday April 10<sup>th</sup>. We will begin with a pot luck dinner at 7:00. The service will start with the lighting of the 1<sup>st</sup> light of Easter at 8:00pm. Please sign up in Henry Hall. A direction sheet will be available. With your covered dish, bring car keys, bells, or anything that will help us "ring-in" the Easter Season. Please join us; there will be plenty of room.

## Planned Giving Luncheon & Seminar

Sunday, March 21 at 1:00pm, St. Timothy's will host members from the Diocese of Virginia (Boyd Spencer, Evelyn Sutton and Mary Watt) who will address vestry, endowment and stewardship committees for developing the ministry for Planned Giving at St. Tim's. We invite and encourage parishioners to participate in this opportunity. If you wish to attend the seminar session and luncheon, please contact the church office to enable us to plan for your attendance.

## COMING EVENTS

- 03/19 - ECW Retreat at Algonkian Park
- 03/20 - Pre-School Board Meeting
- 03/21 - Planned Giving Luncheon & Seminar
- 03/28 - "Passion" Movie Discussion
- 04/03 - Church Clean-Up Day
- 04/04 - PALM SUNDAY - Daylight Savings Time Begins
- 04/10 - Easter Vigil at the Rick's home
- 04/16 - Parish Retreat at Shrine Mont begins
- 04/29 - Life Line Screening in Henry Hall
- 05/01 - "Stations of The Resurrection" Series begins

# pasta Dinner



On Sunday, February 8, 2004 the Youth Group sponsored a Spaghetti/Pasta dinner fund raiser to support the Mission Trip this summer. We would like to recognize and thank Marcia Andere and Cecile Rundlett and the other parents and teenagers who helped with this event. We were able to raise approximately \$680.00 thanks to the continuing support of St. Timothy's parishioners, families and friends.

Master Chef, Marcia Andere, brings out yet another tray of pasta sauce alongside Youth Group Servers Samantha Kodama and Alex Quagliata while Emma Leeth moves on in the line in the top left photo. At the top right Jennifer and her mother Terry Jones followed by Harvey & Betty Kodama head the line of anxious professional eaters. Below left, Cecile Rundlett is very much in charge of that tray of sauce. Below right, Shirley Ratliff is in command of the range.



## ANNUAL WOMEN'S RETREAT

**WHO:** All women are invited to attend

**WHEN:** Friday, March 19 — Sunday, March 21

**WHERE:** The Cabins at Algonkian Park

**LEADER:** Pat Grace, Sr. Seminarian

**TOPIC:** The Cups of Our Lives

**COST:** \$50 (2 nights lodging, delicious food, and priceless memories)  
 \$40 (1 night lodging, delicious food, and priceless memories)  
 \$30 (delicious food and priceless memories)

**R.S.V.P.:** Sign-up sheet located on the ECW Easel in Henry Hall

We invite all the women of the church to attend this wonderful weekend – you're guaranteed to have a weekend full of fun, food, and fellowship. The cabins at Algonkian are located in the woods along the banks of the Potomac River and they have all the modern conveniences. Please consider joining us for the weekend or just the day – you deserve it!

For more information, please contact Carol Sinclair at 703-437-4713 or at [Ksincl1009@aol.com](mailto:Ksincl1009@aol.com).

## Raffle Sale

They're special, they're quality, they connect us to the First Americans. Three quilted wall hangings made by Robin Her Many Horses of Pine Ridge Indian Reservation are to be raffled as a fund raiser for St. Timothy's Lakota Ministry.

This year your support is helping to send another mission team to Pine Ridge Indian Reservation in South Dakota. The proceeds from the raffle sales will also help purchase needed items for the Lakota Nation.

Please visit our tables in Henry Hall each Sunday through March 28 in conjunction with all the services.

The drawings will be held on March 28 following the 11am service.

## The Artistry of Flowers

Come See "The Artistry of Flowers" by Nationally Recognized Flower Arranger Linda Roeckelein

On Saturday, May 1, Linda Roeckelein, head of the Flower Guild at Washington National Cathedral, will demonstrate her artistry with flowers at St. John's Episcopal Church, McLean (6715 Georgetown Pike, McLean, one mile east of I-495 at exit 44). The event opens at 9:00 a.m. with registration and a light reception, followed by the flower demonstration from 10 to noon. All are welcome to attend this program, sponsored by the Northeastern Virginia committee of the National Cathedral Association. Some of Ms. Roeckelein's flower arrangements will be offered as door prizes at the end of this exciting morning. A special selection of items from the Cathedral's Museum Store will also be available for purchase. Proceeds will benefit the ministries and programs of the National Cathedral.

Ms. Roeckelein is a much sought after floral designer and instructor, with over 40 years of experience at the Cathedral, and has captured many prizes and awards for her displays. In 1999, she designed the Cathedral exhibit for the prestigious Philadelphia Flower Show, which won Best Achievement Award, and will return by invitation to the Flower Show in March 2005, when the Cathedral will be the main exhibit. Her mentors have included Sheila MacQueen, George Smith, and Jane Packer, well-known English floral designers, and Sandra Hynson, former head of Washington National Cathedral Flower Guild. Ms. Roeckelein's airy, English style of arranging is suitable for use in the home, business, churches and museums.

Seating for the May 1 program is limited and advance reservations are encouraged. Admission is \$50 (NCA members) or \$60 (non-NCA members) per person. Group discounts are available: each group of six names *registering together* may deduct \$10 per person from their total. For reservations, please mail your check (payable to "NCA- NE Virginia") to Joyce Aument, 7024 Vagabond Dr., Falls Church, Va 22042 (please include your *email address* and *telephone number*). A reservation list will be held at the door. Email questions to [roeckflowerdemo@earthlink.net](mailto:roeckflowerdemo@earthlink.net) and a committee member will get back to you shortly.

—Craig Dubishatr

## March/April Agape Offerings

We are excited that the Current Agape Offerings are going to benefit our own youth mission team's misintry this summer. They are off to Dungannon, Virginia in the Appalachians to help the very needy there restore their homes to more acceptable living conditions.

Watch for the Agape envelopes and consider the help your donations will be to the folks in Appalachia.

*Good Stewardship of Your Food Dollars*

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Look For Our Table in Henry Hall



# The **WORD** for March 2004

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HERNDON, VA  
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*St. Timothy's Word* is published monthly and mailed to members and friends during the last week of each month.

The deadline for submission of material for the **April** issue is **Monday, March 22 at 7am.**

Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. Photos will be used only if everyone in the photo is identified. You may also send material as an attachment to an e-mail message to [office@saint-timothys.org](mailto:office@saint-timothys.org).

Questions or ideas for *The Word* are always welcome as are your comments!

*The Word* is open to receiving letters from all people expressing opinions and feelings. We recognize that letters express personal opinions and are not representative of the whole body. What a wonderful gift to live in a community where we differ in many ways and yet come together faithfully to worship, learn, and carry out the Gospel.

*St. Timothy's Episcopal Church*  
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Herndon, Virginia 20170-5199  
*Address Service Requested*



## 2004 Vestry

Terms expire January 2005:

Ms. Rose Berberich  
*Liaison to Service*  
703-471-4988  
[roseberberich@aol.com](mailto:roseberberich@aol.com)

Mr. Matt Maginniss  
*Liaison to Communications*  
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[matthew.maginniss@us.ibm.com](mailto:matthew.maginniss@us.ibm.com)

**Ms. Tina Pinkard**  
**SENIOR WARDEN**  
703-758-2583  
[p12817@erols.com](mailto:p12817@erols.com)

Mr. Rick Wilson  
*Liaison to Finance*  
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[Rwilson20@aol.com](mailto:Rwilson20@aol.com)

Terms expire January 2006:

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**Mr. Tom McLenigan**  
**JUNIOR WARDEN**  
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### Registrar

Ms. Wendy Budd  
703-476-8856  
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## Church Information

**Rector:** The Reverend Brad Rundlett  
[bradr@saint-timothys.org](mailto:bradr@saint-timothys.org) 703-437-3790 Ext 11

**Associate Rector:** The Reverend Kedron Jarvis  
[kedronj@saint-timothys.org](mailto:kedronj@saint-timothys.org) 703-437-3790 Ext 12

### Regular Services

- 8:00 am Sunday - Holy Eucharist Rite I
- 9:30 am Sunday - Holy Eucharist Rite II (nursery care available)
- 11:00 am Sunday - Holy Eucharist Rite II (nursery care available)
- 9:15 and 10:45am Sunday - Sunday School
- 12:15pm Wednesday - Holy Eucharist & Healing Service

### Office Hours

Monday-Friday 9am to 3pm (and by appointment)  
Telephone: 703-437-3790  
Facsimile: 703-787-9781

### Web Address:

<http://www.saint-timothys.org>

### Parish Administrator & Newsletter Editor:

Bob McConahy Ext 10

### Administrative Assistant

Regina Mason Ext 13