



St. Timothy's Episcopal Church

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Our 136th Year

For March 2005

Hamden, Virginia



Expressing Your Thanks to God —Fr. Brad

Stewardship has always been one of the "growing edges" of God's people. In ancient times when people lived more directly off the land it was customary for God's people to offer fruits, vegetables, and grains to the Temple in thanksgiving for the harvest. These offerings were distributed to the Temple servants (priests and Levites) and to the community's poor. Shepherds likewise offered lambs and goats.

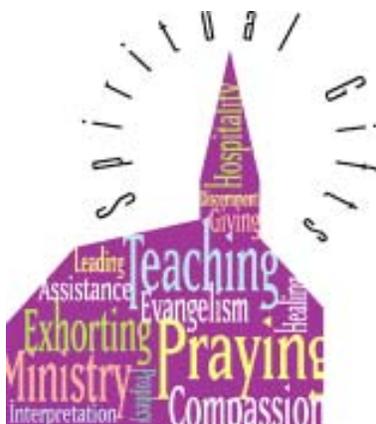


People who made their living in other ways made monetary offerings. The standard was set at ten percent (a "tithe").

As societies developed, and we move farther and farther away from subsistence farming or shepherding, monetary offerings became more normative. But the Biblical standard of ten percent continued. However, the average giving in modern times has actually been only two percent per person or household. This barely maintains the Church (i.e., pays utilities, funds occasional repair of buildings, provides substandard salaries for clergy and lay employees). In fact at St. Timothy's clergy are paid considerably less than our Diocesan minimum (\$12k/year under for our rector and \$6k/year under for our associate), we do not provide pensions for either of our two other full-time employees (parish administrator, music director), and we offer no benefits for our part-time employees (sexton, sexton's assistant, nurse's attendants). We have some catching up to do.

The notion underlying the tithe is God's generosity and our gratitude. God has given us all that we have (all that we are too). We are allowed to keep ninety percent, and asked to devote ten percent of our time, talent, and treasure to the building of God's kingdom, to the extension of God's love in this world. Please consider your blessings and priorities, and how you can express thanks to God.

Fr. Brad



Sound the Trumpets

—Rev. Kedron



There is a Swahili adage which says "You are what you make of yourself, and not what others make you." I came across this line while reading an article on why we need Black History month. The writer's point was that a positive identity or enhanced self-concept is critical for the academic, social, and personal success of Black students everywhere. And this is where, the author noted, that Black history becomes important. No race or group of people should let themselves be defined by culture or the world. We teach our kids geography, history and art so that they learn the world is full of different viewpoints, different ways of seeing the world.

As I write this we are smack in the middle of Lent. The quote above is exactly what Lent is about. Why do we give up or take on something? Why do we spend time in prayer or fasting as the liturgy says? Answer: To make ourselves better people. We do these things so that we participate with God in creation. You and I are constantly being created. You didn't stop being formed when you were born. Each day, each month, each year brings new things to learn, new ideas and new challenges. For Christians, this striving to be better isn't done alone. We work to make ourselves better people and we ask God to come help us on this journey.

I hope that you have found time this Lent to ask God to help you on your journey. Say a little prayer when you need help or when things are going really well. God likes to hear the good stuff too! And as we look towards Holy Week, think about coming to the services to hear and see what God did for us. It is in knowing God's love that we are able to love another (Mundy Thursday invites us to love one another as He loved us.) It is in knowing how much God sacrificed for us that we are willing to sacrifice for others (Good Friday we see how Jesus willingly suffered on the cross). It is in celebrating the resurrection that we know the joy of eternal life. Easter Morning we will ring the bells and sound the trumpets so that all the world knows we are grateful for God in our lives and in this world. Invite your friends and family to join in the celebration of the Resurrection.

Blessings, Kedron

Walk for Breast Cancer

— Joanne Rehm

Many of you know that I am a survivor of breast cancer. But did you know that a new case of breast cancer is diagnosed every three minutes? There is a 97% five-year survival rate when breast cancer is caught before it spreads to other parts of the body. In my case, the spread and amount of the disease reduced that survival rate to 50% – but I'm happy to say that I've recently celebrated my five year anniversary in excellent health.



I can attribute that to great insurance and medical care, wonderful care from family and friends, a little bit of luck – and God's will. Many of those I have met on this journey have not been so lucky. Three of my former work colleagues have died of the disease during the same years. Another acquaintance who made the five year mark, recently found out that her disease has metastasized and the outlook is not good.

For these reasons, I have decided once again to spend a weekend walking to raise funds for the cause – to help those affected by breast cancer, and to increase awareness of the disease and the amazing strides made in research and care just in the few years since my diagnosis. I walked once to celebrate the end of my surgeries, chemotherapy and radiation, and once again with my sister who took care of me during the worst of it.

Hundreds of us will walk 40 miles to Washington DC on April 30-May 1 to show our strength and commitment to fighting breast cancer. Most importantly, we will walk because every three minutes there's a new reason to join us in the fight against breast cancer. The walk motto is "One weekend, a world of good." I hope you'll help make this true.

Please support this fight by contributing what you can. I will pay my own expenses, and every dollar you give will go directly to the foundation for distribution to breast cancer research, treatment and outreach programs. Let me know who in your life has been affected by this disease, and I will walk in their honor. Contributions can be made online at www.avonwalk.org (find me in the list of Washington participants) or see me if you'd like me to send it in for you. Please look for information on the Service Ministry Board and call me if I can tell you more.

Blessings to you, Joanne Rehm 703-425-9299 (home) 202-969-4197 (work)

Accessibility Assistance

Anyone needing accommodations for a disability in order to attend or participate in any St. Timothy's activity should call John Lerch of the Accessibility Ministry at 703-742-6061. Calls should be made seven days prior to the activity so that appropriate arrangements can be made.

We Wish You Well, Bob

Bob McConahy has been our Parish Administrator for almost seven years. To serve our growing congregation he frequently labored way beyond the usual work day, well into the night. We noticed occasional errors in the bulletin and delays in the newsletter, but didn't have to give a moment's thought to all the other things for which he was responsible. Our Parish Administrator oversees the facilities, all the groups that meet in St. Timothy's, the Church calendar, payroll and finances, office equipment, the purchase of supplies, all publications, while attending personally to phone calls, assisting the vestry and of ficers, parishioners, and people who come to the Church for various reasons. It is a ministry that never shrinks, always grows. Bob has kept a lot of things running smoothly for us.

Bob will retire on April 15th. So we have launched a search for a new Parish Administrator (see our website for details www.saint-timothy.org). Please convey our appreciation to Bob.



Your clergy and Vestry wish to thank all of our Church family who have recently increased giving and pledges for the mission and ministries of St. Timothy's. Your generosity is greatly appreciated. All our service contracts (HVAC, elevator, office computers, lawn care and snow removal) have been or are in the process of being reinstated. Additional funds will be applied to our ministries. And eventually we hope to fill our vacant office assistant position. A weekly summary of giving is in our Sunday bulletin.

Do you live outside the Herndon/Reston area? Read this newsletter online at www.saint-timothy.org by the first of each month to avoid snail-mail time lag.

Coming Soon to St. Timothy's...
Via Media...

Where asking
Questions of Faith
doesn't have to be a
Game of Solitaire



An 8 week program for adults beginning
Wednesday, April 20, 2005, 7:30-9:00 P M

With insightful, short videos featuring well-known theologians and open discussion Via Media is a unique way to keep members of the Church talking about their faith and give seekers the opportunity to learn about the Episcopal tradition. Bring a friend! Look for the sign up sheet coming to the narthex soon. For more info call Rev. Kedron Jarvis, 703-437-3790 (kedronj@saint-timothys.org)

Mid-Week e-mail

Do you need a little pick me up in the middle of the week? Do you want to know what's happening at St. Tim's this week? Need reminder of when stuff starts around the church?

Then sign up for our mid-week e-mail. We will take names and e-mails for the month of March then get started with a short weekly e-mail Wednesday. Look for the sign up sheet in the narthex. Questions? Call Rev. Kedron at 703-437-3790.



Last Chance -

Last chance to join this year's Lakota team! It's a unique opportunity to live and work for a week among the Oglala Lakota people on the Pine Ridge Indian Reservation, South Dakota. We depart on May 14 and return on May 21. The \$500 fee includes airfare and most accommodation and meal costs, including our stay on the reservation at the Lutheran Pine Ridge Retreat Center. For information contact Janet Koch, JanKoch@aol.com (703-620-1578) or Chuck Allison, crallison@aol.com.



Chief Crazy Horse Memorial

Easter Flower Dedications

Please use the envelope found in the bulletin to place your gift to the Easter flower fund and note on the envelope your dedication information in memory of friends and loved ones, or in thanksgiving for someone or something special to you. The list of donors and dedications will be included in the Easter bulletins. Your gift envelopes must be received in the office by Wednesday, March 23 to be included.



Easter Decorating

The Altar Guild also needs your help to decorate the church on Saturday, March 26 from 9am to 3pm. If you could come by for only a couple of hours your help would be greatly appreciated. Come join us and have some fun decorating the church for Easter. A sign-up sheet is available on the Altar Guild bulletin board in Henry Hall. Call Jackie Claerbergen at 703-450-6493 with any questions.

The Mission of St. Timothy's

As people of God
we joyfully worship God,
spread the WORD of God's love,
treasure all people, and
serve others everywhere
in the name of Jesus Christ.

adapted 03/09/02

Therefore, with God's help, we will:
open our doors,
enhance our worship,
and increase our involvement
through all of our ministries.

SPirit- ED CONVERSATION: Seeing Spooks, Sketching Visions, Celebrating Call

-Gayle Rippe

Many Episcopalians approach the prospect of evangelism with as much enthusiasm as a visit to the dentist for a root canal—"We probably should, but we really don't wanna!"

Why is that so? What (with good reason!) might we be concerned about? What makes it seem so hard? What would make it easier—maybe even a delight? More important—what would make it feel "right"—and how, individually and together, might we find our way to such a place?

On Saturday morning, March 12th, from 10:00-12:00, those of us who are piqued by such questions will convene for a Spirit-ed Conversation on the Subject. Our Facilitator (based on planning with the EVANGELISM Committee of St. Timothy's Church) will be The Rev. Dr. David J. Schläfer (who pops up now and again as Designated Supply Priest and Honorary Parish Uncle).

David has taught philosophy, theology, and homiletics at seminaries of several denominations in the United States (four of them Episcopalian). He has served on the professional staff of the (former) College of Preachers at Washington National Cathedral, and the D.Min. in Preaching Program of the Association of Chicago Theological Schools. He currently invests primary professional energy as a preaching consultant and conference leader in the US, Canada, and England. He has authored:

Surviving the Sermon: A Guide to Preaching for Those Who Have to Listen

Your Way with God's Word: Discovering Your Distinctive Preaching Voice

What Makes This Day Different?: Preaching Grace on Special Occasions

Playing with FIRE: Preaching Work as Kindling Art

He is currently at work with Dr. Timothy Sedgwick on *Preaching What We Practice: Pulpit Speech and Moral Discernment*. He edits *Sermons that Work*, an annual anthology of Anglican preaching, and contributes to a variety of journals, popular and professional. When at home, he serves as Priest Associate at the Church of the Redeemer, Bethesda, Maryland. A philosophy professor in a previous (vocational) life, he now teaches preaching (and enters the pulpit himself) in the cheerful conviction that preaching need not be either *bad* or *long* philosophy.

WITNESS TO OTHERS



Activities For Holy Week

This year "Holy week" (the week we observe the Last Supper, arrest and Crucifixion of Jesus) is March 20-26. We will have services at our usual times on Palm Sunday (March 20) - 8:00 am, 9:30 am, and 11:00 am. Each of these services will begin in our parish hall. The palm branches will be blessed and we will process into the Sanctuary for the Passion Gospel and Holy Eucharist.



We will have our usual service of Healing and Holy Eucharist at 12:15 pm on Wednesday (March 23).

We will have a service at 7:30 pm on Maundy Thursday (with footwashing, stripping of the Altar, placement of the cross).



We will also have services on Good Friday at 12:15 pm (Stations of the Cross) and 7:30 pm (solemn prayers).

We will celebrate the Resurrection on Easter Sunday (March 27) at 8:00 am, 9:30 am, and 11:00 am. Children will be invited to place flowers on the cross at all three of these services. Please join us for these very important observances, and bring your neighbors.



ECW Reminder: Easter Food Baskets

If you haven't done so, please see the Easter basket(s) in the narthex - food is needed to fill ten baskets for needy families. If you don't want to pick up extra groceries, we will gladly use cash donations to get any other needed items.





Pre-School Corner

-Lydia Gough

Thank you to the parishioners who joined pre-school families at Chick Fil-A for "Family Night" in February. The restaurant donated over \$400, 15

percent of the night's profits, to the school. The money will go toward classroom supplies. Church members will have another opportunity to support St. Tim's pre-school when the school holds its first flea market later this spring. Please watch this space for further information.

The pre-school will celebrate its 30th anniversary this year. In light of that we thought you might be interested in seeing the names of the church members who serve on the board and their length of service.

Anne Crocker - 30 years

Jack Hauslein - 30 years

Sandy Hoybach - 27 years

Olga Marinenko - 18 years

Dorothy Outerbridge - 15 years

Bill Outerbridge - 15 years

Dave Parker - Liaison to Building and Grounds since 2004

Shirley Ratliff - Liaison to Christian Education in 2005

Father Brad Rundlett - Chairman since 1994

Thank you to everyone who contributes time and talent to help make the pre-school a vital part of our community!

Women's Retreat

Don't forget the women's weekend get-away April 23-24. Anyone who has attended has enjoyed the respite from daily hectic life and obligations. You may choose to attend any or all of the activities - from supper Friday evening to the wrap-up Sunday morning. Please ask any of the ECW about it if you haven't been before. And please see the sign-up sheet if you want to stay overnight - the deadline for cottage deposits is March 13.

Hope to see you there!



Christian Education Corner

Calling all youth 6th through 12th grade and parents - join us Sunday, March 6th at 6:30 pm for a pot luck dessert and organizational meeting. We'll talk about the exciting things planned for this year! Youth will break out for their regular meeting while adults talk over coffee and dessert! In other Youth Group news... our Youth Group did another wonderful job of preparing and serving pancakes with all the fixings on Shrine Tuesday, February 8th. Thanks to all the Youth Group and their leaders (and other adult volunteers) for a fabulous job. The Youth Group is currently getting ready for the Youth Tobacco Education program, which will run through April, and the annual Easter Egg Hunt, to be held after the 11 A.M. service on Easter Sunday (March 27th).

On Sunday, February 13th, the 5th and 6th graders produced a fabulous pageant of "Moses and the Plagues" during the GIFT Sunday School program. Each of the younger classes took part in the pageant (as frogs, locusts, cattle and much more), and the 5th and 6th graders narrated and held speaking parts. Special thanks to Kate Masters, David Dopsovic, Donna Cornwall and John McGrath for putting the script together and helping to make the idea a reality.

Children's Chapel continues at the 9:30 service, and we want to thank all of our volunteers who help make this program possible for the children, especially Bonnie Bunting and Jill Norcross!

In Adult Education, we are getting ready for another Movie Discussion on Sunday, March 6th from 12:30 - 1:30 P.M. in Room B1. If you have seen (or want to see) *Hotel Rwanda*, please join us for this discussion. Questions? Call Rev. Keaton at 703-437-3790.

We want to thank all of you who take part in our Christian Education programs and especially those of you who take time to volunteer! We are getting ready to start planning the Vacation Bible School program for this summer, and we would love to have you participate. Any questions or great ideas, please call Marybeth Henry (703-742-6694).

The Verdict Is In

As a lawyer, I have made a prolonged study of the evidence of the events of the Resurrection. To me the evidence is conclusive, and over and over again in the High Court, I have secured a verdict on evidence not nearly so compelling.

-Sir Edward Clarke

We're Saving You a Seat!



Whether it's the seasons, the tides, or your very own heartbeat, there is a rhythm to all of God's creation, a rhythm that is essential to life and health – a rhythm of rest. Do you remember how to rest and relax? St. Timothy's annual parish retreat at Shrine Mont this year will be focusing on just that – rediscovering Sabbath, and restoring the sacred rhythm of rest. Activities will be available for all ages and of all sorts, from silly to

spiritual, frivolous to fulfilling. Father Brad will be leading the adult forum, Peter Waggoner will provide music, and Susan Gearhart will run the children's program. Join us for this popular weekend, taking place April 15-17 in the beautiful Virginia mountain village of Orkney Springs, home to the diocesan conference center known as Shrine Mont. Two nights' lodging and six wonderful meals are included. The cost for adults this year will be \$121; children ages 8 through 12 are \$77; ages 4 through 7 are \$27; and children 3 and below are free of charge. Registration brochures will be available in Henry Hall beginning March 6. Sign up now. We're saving you a seat. Questions? Suggestions? Contact Donna McGrath at 703-437-3514 or jdksmcgrath@starpower.net.

Ready For Some Deep KNEE(ler) Bends?

Have you noticed that there's something more comfortable about being a St. Timothy's? Enjoying that feeling of support while kneeling at the altar rail? Wondering what's different? Then, you've noticed the new kneelers!

Wondering when they showed up? Where they came from? Why they're there? Mark your calendar—the official dedication ceremony for the new kneelers will be April 3rd.

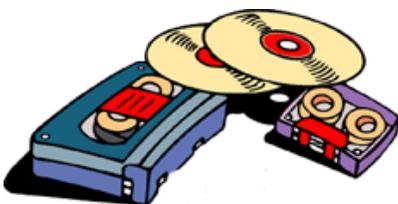
Twelve members of the St. Timothy's family labored over a period of ten years to create these gifts of love. April 3rd is a day of many thanks—thanks that the work is done, thanks for the God-given time, talent, and treasure to bring this project to fruition, thanks for the beauty they add to our sanctuary and our lives. Join us on April 3rd as we dedicate the kneelers to the glory of God.



Multi-Media Sale

Starting Sunday Feb. 27th, the Habitat for Humanity Group will be holding a used Book/CD/DVD/VHS sale at Coffee Hour after each service to support our mission trip to Botswana this July. This is your chance to clean out your closets and bring in your old paperbacks, discs and tapes (and 8 Tracks!). Then stop by our table

and for a small donation you can fill the closets up again. Questions? Call Nancy Gow 703-620-3162.



Save your Stuff! BIG Yard Sale

The Habitat Mission team will be holding a huge yard sale on Saturday, May 7th from 8am - 2 pm here on the church lawn. And we need your STUFF. Please save anything that might be good for a yard sale and donate it to us the week of May 2nd-6th. We have a truck and can come get things from you that are too big for you to bring. We need everyone's help to raise enough money to build a house in Botswana for a deserving family. Thank you!



Recycling at St. Timothy's: Part 2

Do you recycle at home? Of course you do. Why do you recycle? There could be many reasons including "I care about the environment," "Herndon picks up my recycling from the curb," "It's a good thing to do," and on and on. The important point is that you are recycling. So, what's up with St. Timothy's



efforts? My observations have been that we may be too focused on other matters to remember that recycling should really start right here at St. Timothy's. Imagine God's surprise that we care so much for His Creation when we are at home, but do not really give it much effort when we are at His place of worship. Hmm?

Starting in March or April, a group of parishioners will gather to brainstorm about how we here at St. Timothy's could do better in our recycling efforts (and general caring for His Creation). The solution will likely require education and more education, and then a plan that makes it obvious, and easy for parishioner store cycle. Please drop a note in Craig Dubishar's box (Steward of Creation) near the office, or email him at wcdubi@earthlink.net and he will coordinate a time and place for all who are interested to get together and draft our "going forward" plans. Thanks be to God for all of St. Timothy's Stewards of Creation (hint: that would be everyone!).

Spring Parish Cleanup

Come in your jeans and T-shirts to your regular worship service, then stay for an hour or two afterwards to help shine up the church grounds and building. There will be lists of things to do and people to help point you in the right direction.

Please place Spring Parish cleanup day on your calendar for Sunday March 13th 12:30 P. M. with a backup date of Saturday March 26th 9:00 A. M.



St. Timothy's Scout Troop 159



A family affair – boy scout style. The boys and their families from St. Timothy's Troop 159 hit the slopes of Ski Liberty last month, and it was all downhill after that. A lot of the action was caught on tape, and became the highlight of the annual Boy Scout birthday dinner, held on February 27th. Scout advancements and merit badge awards were also presented at the dinner. Contrary to rumor, the troop 159 ski video will NOT be seen on ABC's Wide World of Sports or America's Funniest Home Videos.

This month brings more exciting events, and our scouts bridging over from Webelos will be joining the troop.

Do you want to get in on the action? Contact Scoutmaster Rob Carter at 703-471-9069 to find out how you can join the fun and adventure.

Ministry Chairs

Your Ministry could have filled this space with news of your actions and plans.

Deadline next month is Wednesday, March 23



W O R D

for February 2005

St. Timothy's Word is published monthly and mailed to members and friends during the last week of each month. It also appears on the website under "See All Events" beginning the day it is ready for mailing. The deadline for submission of material for the April issue is Wednesday, March 23 at 9am. Questions or ideas for The Word are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hall way mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: chasclat@adelphia.net. The message subject line must mention Word. Photos will be used only if key people in the photo are identified. Articles or letters may be edited for brevity or appropriateness. See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. Weekly Bulletins appear on the website no later than Friday or the coming Sunday.

St. Timothy's Episcopal Church
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Editor's Comments: It seems that the month just started and here we are working on the March 'WORD'! We didn't get as many submissions this time and the look is loose. Newspaper people like tight. Please allow me to request that all ministry chairs appoint a member to write articles for this publication. What happened at your last meeting? What are your planned activities? Do you need members? I ask that you now send your articles to chasclat@adelphia.net.

2005 Vestry

Terms expire January 2006:

Mr. Pat McGibbon Liaison to Finance 571-434-6891 taterchi@aol.com	Mr. Tom McLenigan SENIOR WARDEN 703-758-9104 tmmhokie@comcast.net
Mr. Dave Parker Liaison to Buildings & Grounds 703-860-1568 david.parker@nlrb.gov	Ms. Lidia (Lili) Soto-Harmon Liaison to Hospitality 703-378-4309 sotoharmon@aol.com

Terms expire January 2007:

Mr. Chris Brock Liaison to Accessibility 703-437-3968 christopher_brock2@verizon.net	Ms. Shirley Ratliff Liaison to Education/Youth 703-444-1071 SRatliff@earthlink.net
Mr. Bill Sanger JUNIOR WARDEN Liaison to Ad Hoc 703-860-0378 wss@att.net	Mr. Ralph Tildon Liaison to Stewardship 703-464-9377 rtildon@aol.com

Terms expire January 2008:

Ms. Vee Bemo Liaison to Pastoral Care 703-620-0170 VeeBee@aol.com	Ms Janet Koch Liaison to Communications 703-620-1578 JanKoch@aol.com
Ms. Melissa Randolph Liaison to Evangelism 703-787-9993 melissa@acr.org	Mr. Keith Sinclair Liaison to Service 703-437-4713 ksinclair1009@aol.com

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Church Information

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keithon@saint-timothy.org 703-437-3790 Ext 12
Music Director : Mr. Peter Waggoner
peter@saint-timothy.org 703-437-3790 Ext 16
Seminararian : Mr. Michael Hinson

Regular Services

8:00 am Sunday - Holy Eucharist Rite I
9:30 am Sunday - Holy Eucharist Rite II
(nurseries available)
11:00 am Sunday - Holy Eucharist Rite II
(nurseries available)
10:00 - Children's Chapel
10:45am Sunday - Sunday School
12:15pm Wednesday - Holy Eucharist & Healing Service

Office Hours

Monday-Friday 9am to 3pm (and by appointment)
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Facsimile: 703-787-9781

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