



The WORD

March 2008

St. Timothy's Episcopal Church

I was recently asked by an unchurched acquaintance why I give (pledge) to the Church. It's quite evident that a lot of people who don't go to Church have a stilted view of "us." They believe we Christians foment animosity toward people of other faiths, provoke wars, reject science, and preach lies. I readily admit that the history of the Church is not very pretty (hmmm, just like the rest of the world). But I insist that the fault is with humanity, not faith. People who are desperate, full of rage, or power-hungry, will bend, twist, adapt any ideology to justify their real motives; religion just happens to be very handy. Jesus had an issue with that. He was opposed to violence, denounced discrimination and cruelty, taught and lived a life of love. I invite those who think religion is the cause of the world's problems to imagine a community, a world, without the Church. Travel to any area of the globe where there is war, poverty, disease, or natural disaster and you will witness Christians at our best - working and often dying for peace, giving aid frequently at great sacrifice, risking their own health to treat the sick, donating supplies and labor to rebuild broken communities, teaching children where there are no schools. Spend time observing local churches and you will see people praying for peace, giving generous amounts of time and money to help people in distress; opening their facilities to the homeless, people who suffer from addiction, and people in crisis (spiritually, financially, relationally). What would Herndon be like if there were no churches, no Christians? What would the world be like?

I pledge a significant amount of money to St. Timothy's because I want to change the world, eliminate suffering. And people of faith have the most experience doing that. As someone said, "The Church is the only institution on earth that exists for non-members." I invest my time and energy, my money, and my life in the Church because it is the best thing I can do for my family, my friends and neighbors, for the world.

Every dollar given to St. Timothy's goes to mission. Salaries insure staff trained to help members and non-members - anyone who calls, emails, or comes to our door. Mortgage, maintenance, and utility budgets provide space and comfort that serve far more people throughout the week than come to worship on Sunday - preschool children, boy scouts, people suffering from the disease of addiction, people who need help to be better parents, people attending musical concerts, youth involved in faith-forming programs, devoted folks doing their part to help friends and strangers. Ministry budgets support service, worship, Christian education, evangelism, hospitality, pastoral care, stewardship, accessibility, and various ad hoc efforts.

Why do I pledge to the Church? Because I sincerely believe there is no better investment.

~Fr. Brad

Easter is a time for new life and resurrection in general. It coincides with early spring when the palest green leaves start to bud on the skeletons of trees and when bulbs begin to poke their heads through the cold ground. We often go outside as days grow warmer to bask in the sun and to enjoy the signs of new life around us.

Easter is also a time when many people reconnect with church after having been away for some time. I hope that in these fifty days of Easter (and beyond) we will be just as observant of the signs of new spiritual life springing up within us and in people around us at St. Timothy's. Our Vestry liaison to the EvANGELism Ministry, Jane Perry, offers this question for our reflection: "After we greet newcomers at the door, how can we be intentional about showing full hospitality to them?"

She has some simple, concrete suggestions and reminders for welcoming new or returning members and for appreciating the gifts they bring:

- move over in the pew and share hymnals
- introduce ourselves to people we do not know
- watch for people standing alone during coffee hour in Henry Hall and take the time to have a conversation with them
- communicate that at whatever the stage in their journey, the door is open for them to "come" or "come back" [people have often been away for specific reasons: it's important to value and listen to them, to be agents of reconciliation]
- make sure that we have people's contact information and give them a parish directory
- follow up with people by e-mail and shepherd them by asking them what their interests are and if they'd like to help with specific short-term projects
- invite the newcomers or returning members to attend a ministry meeting with us

When we reach out to others and connect with them, we will find new life springing up inside of us. As we see Christ come to life in each other, we can proclaim together, "The Lord is risen indeed, Alleluia!"

~ Leslie



SILENT AUCTION

Save the date, Saturday April 19, 2008 from 5:00 pm to 8:00 pm in Henry Hall. Please come and invite all your friends, family and neighbors. There will be lots of great items to bid on including items for the children. Food plans are in the works, maybe wine and cheese tasting. More information will follow in the church bulletin and the April Word. If you do a craft, own a business or know someone who has a business, restaurant, or beach house vacation they would like to donate to our silent auction, please contact Beth Lumnitzer at blumnitzer@yahoo.com or phone (703) 262 0403. We have a special letter to send out for donations. Donations already received include a Christie-Adam Salon Gift Certificate, Nissan Pavilion tickets to a concert and a Bittersweet Herb Basket. We appreciate all your help. Let's make this a big Fundraiser night. Proceeds will help the church and a small amount will go to the Hospitality Committee. Everybody loves coffee hour. Save your pennies and come to a night of FUN and take home some great merchandise or gift certificates.

See you at the Auction!



Stewardship

The Stewardship Ministry would like to thank the individuals and families who made the 162 pledges to St. Timothy's in 2008. We would also like to thank the 64 pledgers who responded to the special appeal and added to their pledges, or made one-time donations. As of February 18th those 162 individuals and families gave or pledged \$551,853. We also wish to thank the other members of the parish who contribute to the financial well being of our church. It is never too late to join with these fellow parishioners in supporting the ministries and mission of St. Timothy's. Think about all that this church means to you and how God has blessed you. Then think about how you can help St. Timothy's continue its service to the community and the world. Your pledge, donations, and active involvement mean so much to our church family. The Lord loves a cheerful giver. You can be one of them.

Now on to 2008. On February 2nd, 60 members of St. Timothy's gathered in Henry Hall to hear a presentation by Patsy BJORLING, the Director of Stewardship and Development for the Diocese of Virginia. She returned on February 17 to meet with the Clergy, Wardens, the Music Director, the Treasurer, and the chairs of Stewardship and Finance. She was also present for the kickoff meeting of this year's Stewardship Ministry on February 19th. Patsy has generated much discussion and excitement, and we hope that in the coming months, the parish at large will join in this excitement. As always, the Stewardship Ministry meetings are open to all, so please join us at our next meeting on Tuesday, March 4th at 7:30 p.m. in Room B-1. If you have any questions or concerns, please feel free to call me. Paul Conroy,
Stewardship Chair

Dear St. Timothy's Family,

Thank you so much for the wonderful shower that you had for us on February 10. We have been genuinely overwhelmed by your generosity and love. Thanks to you, we now have bookshelves and a children's library that is the envy of Fairfax County! We can't wait to read these books to our new baby and to any children who would like to come by and enjoy them.

With gratitude,
Leslie and Jay



Leslie's Maternity Leave

Our Associate Rector, The Rev. Leslie Chadwick, will be on maternity leave for three months - approximately mid-March through mid-June. Our Rector, Fr. Brad, Parish Administrator Carol Frost, Music Director Peter Waggoner, and various volunteers, will try to "cover all the bases" during her absence. The central administrative adult coordinator for Youth Group during these months will be Kim Savage: 703-378-7188 or buskim@aol.com; the administrative youth coordinator during these months will be Youth Group President Brittany Savage: savbritt@aol.com Please direct Christian Education questions to our Director of Christian Education, Marybeth Henry: mbbeauty@cox.net

Three Churches Host Stephen Ministry Workshop

St. Timothy's Episcopal Church will join Herndon United Methodist Church and Trinity Presbyterian Church in hosting a half-day Stephen Ministry Caring Workshop at the Herndon United Methodist Church, located at 701 Bennett St. in Herndon, on Saturday, April 26, 2008. The workshop will begin at 9:00 am and will end at 1:00 pm. Light refreshments will be served.

The workshop is intended to introduce churches to Stephen Ministry, to show them how to begin the ministry at their congregations, and to allow them time to interact with current Stephen Ministry congregations. Participants will receive hands-on caring ministry training.

The workshop features three topics: Ministering to Those Experiencing Grief, An Introduction to the Stephen Series System of Lay Caregiving, and How to Care in a Distinctively Christian Way.

Stephen Ministry is God's love in action. Stephen Ministers are lay people who give one-to-one Christian care to individuals who are experiencing a crisis—death of a loved one, divorce, illness, loneliness, loss of a job, or other life challenges. St. Timothy's Church has seven Stephen Leaders and 18 Stephen Ministers who have provided one-to-one Christian care to 20 persons in crisis.

If you are interested in learning more about Stephen Ministry, in learning how congregations get involved, or in becoming a Stephen Minister, this will be a great opportunity. Please join us at the workshop—and invite a neighbor, friend, or co-worker from another congregation as well.

Admittance is free for members of St. Timothy's Church, Herndon United Methodist Church, and Trinity Presbyterian Church. All other persons should pre-register by visiting www.caringministry.org or by calling Stephen Ministries at (314) 428-2600. The registration cost is \$15 per person or \$50 per congregation (four or more persons).

Members of St. Timothy's Church who wish to attend the workshop should contact Jane Perry, eperry2ster@gmail.com or 703-478-0032 to pre-register. Stephen Ministries Saint Louis will sponsor this workshop.

The Pre-School Page

This past month, the pre-schoolers exchanged valentines and enjoyed special treats at their Valentine's Day parties, and they learned lots of facts about U.S. Presidents. Hopefully the leprechaun will visit again in March and turn everything topsy-turvy!

Thanks to those who came out to the Chick-Fil-A fundraiser! The pre-school appreciates your support.

~ Liz Griffith

Mondays in March—St. Timothy's Volunteers at the Hypothermia Shelter

St. Timothy's is scheduled to provide meals and volunteers for the Hypothermia Homeless Shelter, at the North County Human Services Building, 1850 Cameron Glen Drive, in Reston. Each Monday evening in March, we need to cater breakfast, lunch and dinner for 30 clients and provide 1-3 evening assistants to help the shelter staff serve dinner and care for the clients. A sign up sheet can be found in Henry Hall. We really need your help to meet our obligation to serve those in need in our community. Food preparation guidelines, menu suggestions and full volunteer position descriptions are available. Many in our congregation volunteered at the shelter last year and we can let you know exactly what to expect. Preparing meals for our homeless neighbors is a wonderful activity to do with your St. Tim's ministry, family or friends. Children especially take pride in preparing bagged lunches and simple breakfasts. Volunteering at the shelter on Monday evenings is an amazing opportunity to put a face on homelessness. It may come as a surprise to you that most shelter clients are employed and have found themselves in an unimaginable situation due to the high cost of housing in our region.

Whether or not you can volunteer at the shelter this year, please consider signing a petition advocating the adoption of the "Ten Year Plan to End Homelessness" in Fairfax County. This plan supports a "housing first" model where resources are focused on finding affordable housing for our homeless clients, as opposed to continuing to place people in emergency shelters. The petition and more information is also on the bulletin board in Henry Hall adjacent to the shelter sign up sheets.

Thank you in advance for your caring and compassion, and for ensuring the success of the 2007/2008 North County Hypothermia Prevention Program. So many men and women in our community will receive shelter and a warm meal as a result of your time and efforts. Please contact Jill Norcross at jillnorcross@comcast.net or 703-435-7216 with any questions.



Holy Week Services

St. Timothy's provides various opportunities for worship and spiritual growth during Holy Week. Palm Sunday services (3/16/08) are at the usual times of 8:00 am, 9:30 am, and 11:00 am, though all services begin in the Parish Hall rather than the Sanctuary. The service on Wednesday of Holy Week (3/19/08) is at 12:15 pm (we have services every Wednesday at this time). Our Maundy Thursday service (3/20/08) is at 7:30 pm. We have two Good Friday services (3/21/08) - The Stations of the Cross at 12:15 pm, a solemn service at 7:30 pm. Our Easter (3/23/08) celebrations are at 8:00 am, 9:30 am, and 11:00 am. We welcome everyone who would like to attend and experience the last supper – betrayal, arrest, suffering – death, and resurrection of Jesus Christ.

Diocesan Council

On January 25 and 26, The 213th Annual Council of the Episcopal Diocese of Virginia was held at the Hyatt Hotel in Reston. Over 1,000 delegates and guests met to pray, sing, and conduct the business of the diocese. St. Timothy's delegation consisted of Rev. Brad Rundlett, Rev Leslie Chadwick, Delegate Paul Conroy and Alternate Gayle Rippe. There were four bishops in attendance: the guest Chaplin, The Rt. Rev. Victoria Matthews from Canada; our own three bishops, Diocesan Bishop Peter James Lee, Suffragan Bishop David Jones, and, for the first time, our Bishop Coadjutor Shannon Johnston.

Bishop Lee's address focused on the breakaway parishes and how the legal costs were being funded by loans which were backed by undeveloped property owned by the Diocese. He also appealed to the parishes to increase their giving to a level suggested by the Virginia Plan. (Currently, St. Timothy's pledges \$25,625 to the diocese, which represents only 3.94 percent of our Non Discretionary Budgeted Income. Most other churches are pledging at significantly higher rates.)

Many reports were presented to the delegates, the most important being those from the Committees on Resolutions, Constitution and Cannons, Budget, and the Treasurer of the Diocese. In addition to Courtesy Resolutions recognizing individuals for their service to the church, resolutions were passed concerning the environment, immigrants, Hispanic ministries, Native Americans in Virginia, payday lending, and Sudan divestment. A resolution concerning inclusiveness in the Ordained Ministry generated the most debate and discussion, and was referred to a committee studying the broader implications of inclusiveness.

The council approved a change to the Diocesan Constitution which allowed for greater representation of college students at council. Another proposed amendment which would change the composition of the council was referred to a committee for further study.

The proposed budget was presented as a balanced budget, based on expected income and pledges from the parishes. In order to balance the budget, the Budget Committee recommended decreases in funding for many activities, particularly a \$6,790 decrease in scholarship funds for Shrine Mont summer camps. This also generated much comment, so Bishop Lee asked if the delegates would pledge \$100 each for the scholarship program. 197 hands went up and \$11,290 was collected on the spot, with the remainder to be mailed in after council. (Not great stewardship, but a heart-warming response for the children.)

Elections were also held for both clerical and lay positions. The more significant of these were for General Convention Deputies, Provincial Synod Deputies, and Members of the Standing Committee of the Diocese. Bishop Lee also made a number of appointments for Deans and Presidents of the Regions. Our Rector has completed his term as Dean of Region V and will be followed by The Very Rev. Penny Bridges of St. Francis, Great Falls.

During breaks in the business sessions, delegates got to mingle and discuss the issues at hand. Many exhibitors set up displays outside the hotel ballroom for the benefit of the delegates. All in all, it was an uplifting experience, one which showed the vibrancy of our diocese and the Episcopal Church as a whole. Complete texts of the bishops' addresses, the resolutions, and the election results can be found on the

diocesan website, www.thediocese.net. Thank you for allowing me to represent St. Timothy's at this council. Paul Conroy

Thank you to the People of St. Timothy's

We would like to thank you for your continued support of the people of the Pine Ridge Indian Reservation in South Dakota. Because of your generosity, we were able to donate \$500 at Christmas in your name, through Rev. Larry Peterson at the Pine Ridge Retreat Center, to provide assistance to the people of Pine Ridge. Thank you - *pilamaya*

~ The Lakota Team

Dear Brothers and Sisters in Christ,

I am writing to let you know that I am now just past the halfway mark in Seminary. As with this time of our Church calendar, it is both a time of waiting and of preparing. I am grateful to have had so many difficult yet wonderful experiences—times of great sorrow and joy that are part of formation. My experiences have included serving as a chaplain at Georgetown University Hospital this past summer, where I worked in the critical care unit for ten weeks and every few weeks worked on-call, during which time I spent the night at the hospital and typically answered 2-3 calls per night, though my first on-call night I responded to six calls. In addition, I have gone abroad for two January-term immersions—one in the Dominican Republic and the other in South Africa. Both trips gave me the opportunity to serve and worship in other cultural contexts and, in the case of South Africa, to work and minister in a township for several weeks. I have completed classes covering both the Old and New Testaments, Church history, homiletics, systematic theology, and other courses dealing with mission work, pastoral care, educational theory, and ethics. Finally, as some of you know, I finished my Ph.D. in history and graduated from American University last year. My intention, then, is to teach and do mission work after graduating from Virginia Theological Seminary. I am not entirely sure what the future holds, but I trust God will continue to direct me.

As I begin the second half of Seminary (the remaining 1 ½ years), I look forward to working in a local Church this summer and then taking my general ordination exam next January. It is difficult to describe the full range of experiences and opportunities Seminary has provided, but I have enjoyed and appreciated the depth and reach of Seminary education and the processes involved with it—from Chapel and classes to mission trips and field education.

I also wanted to take this opportunity to thank all of you for your prayers and financial support for me and other seminarians. Without such generosity, attending Seminary would be difficult if not impossible. St. Timothy's remains in my prayers, and I wish all of you God's peace in this New Year. You are always welcome to contact me via phone or email if you have any questions, comments, or concerns.

God bless, John Schmitz

Saint Timothy's Expanding Stephen Ministry Care Giving

Saint Timothy's Church in early January 2008 sent Florita and me to a week-long Stephen Series Leader's Training Course (LTC) in Orlando, Florida, an experience that will expand Saint Timothy's ability to give Christ's love to hurting people. We were among 439 pastors and congregation leaders who came from 40 states and Canada to learn how to implement and direct Stephen Ministry, a system of Christian care giving, in their congregations and in the wider community.

Stephen Ministry gives Saint Timothy's an effective way to train and organize members to provide one-to-one Christian care to individuals who are struggling with a crisis, such as divorce, grief, illness, relocation, or unemployment. The need for this care exceeds what clergy alone can provide. As one minister said, "All Christians are called to care for and love one another—it's not just the pastor's job." By training lay people, Stephen Ministry helps them to fulfill their calling as Christians and to expand the caring ministry available through Saint Timothy's.

Florita and I were trained as Stephen Leaders. One of our next steps will be to help train new Stephen Ministers and to help foster a climate in which Stephen care giving will thrive.

Florita and I are joining a team of five Stephen Leaders at Saint Timothy's, which started its Stephen Ministry in 2005. Since then, Stephen Leaders have trained 18 Stephen Ministers, who have provided one-to-one Christian care to 20 persons in crisis.

Stephen Ministry began in 1975 when Dr. Kenneth Haugk, a pastor and clinical psychologist in Saint Louis, Missouri, trained parishioners to help meet the needs for care in his congregation. The ministry was so successful that other congregations became interested, and Haugk founded the Stephen Ministries organization. Since then, more than 10,000 congregations have adopted the Stephen Ministry. They represent more than 150 Christian denominations and come from all 50 states, 10 Canadian provinces, and 21 other countries.

Florita and I are delighted to join a team dedicated to offering Christ's compassion. We look forward to the growth of the Stephen Ministry at Saint Timothy's, where people are cherished and cared for.

~Ralph Tildon

Saints Alive

This is your opportunity to "saints of God, patient and brave and true" – those joyous saints among us at St. Timothy's. Please nominate your "saint" by emailing Carol at office@sainttimothys.org. Your name will not be published. Join in the fun!

We recognize Brad and Leslie, who park their cars at the end of the row each Sunday, so that others who may have difficulty walking can park closer to the Church.



St. Tim's Youth Fasting for 30-Hour Famine

It's one thing to sympathize with the starving children of the world, yet the youth groups of St. Tim's and Herndon United Methodist Church (HUMC) gathered this weekend for an activity designed to help them empathize as well. Youth group members (grades 7-12) from the two churches assembled at HUMC on Friday, Feb. 22, at 6:30 p.m. to register and participate in World Vision's 30-Hour Famine.

"This event is intended to help us begin to imagine the famine experienced by children in many of the Third World countries," said Natalie Dubishar, a senior at Herndon High School. "This will begin to help us understand what it's like to do without."

The youth groups "fasted" from after lunch on Friday through 6:00 p.m. the following day. During this period of forbearance, they played games, sang songs, listened to engaging speakers talk about poverty and famine in the world, made houses out of cardboard boxes, and worked on local service projects.

Natalie said, "The point is also to do things to keep our minds off fasting. Many of the games are designed to make us think about those less fortunate, but it's a fun night and a good opportunity to make new friends."

On Saturday evening, the participants broke their fast with Eucharist followed by a big feast. Before you call Social Services to report an outbreak of child abuse, understand that the youth group members were given juice, water, and hard candy during the 30 hours and that a medical room was available. There was an overnight lock-in and boys and girls slept in separate facilities. Also, accommodations were made for those who wanted to participate, but could not fast.

Participants have been collecting pledges for the event, which will be donated to feed hungry people around the world. Natalie added that St. Tim's youth group has been conducting the 30-hour famine event annually for nearly 10 years, but that this is the second time the church has participated with Herndon United Methodist. This was the fourth year Natalie has participated.

World Vision reports that "Tonight, 850 million people worldwide will go to bed hungry—that's one out of every six people on earth. Some 29,000 children die each day from preventable causes like hunger, disease and malnutrition." World Vision is a Christian humanitarian organization dedicated to working with children, families, and their communities worldwide to reach their full potential by tackling the causes of poverty and injustice. For more information about this organization, visit its website at www.worldvision.org.

*Together, the youth of St. Timothy's and Herndon United Methodist Church raised close to \$3,800 to help end world hunger. Every \$30 will help feed and care for a child for a month. A special thank you to Jack and Laurie Corkey, owners of The Great Harvest Bread Co., who donated 5 loaves of bread for our final feast. Great work, everyone!



Shrine Mont

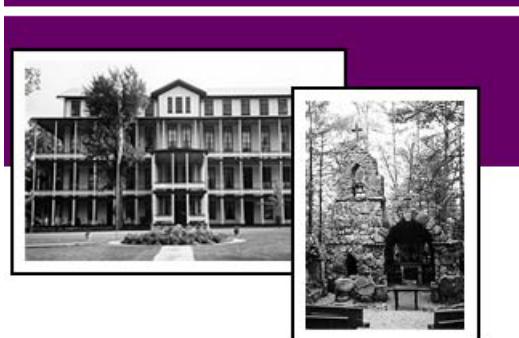
Saint Timothy's Annual Parish Retreat

Mark your calendars now for our Annual Spring Retreat at Shrine Mont located in Orkney Springs, VA in the beautiful Shenandoah Mountains April 11-13, 2008

This is a wonderful time of renewal, rest, fun and laughter

Registration forms are available in Henry Hall

Call Cheryl Brock at 703-437-3968 if you have questions.



Recycling at St. Tim's

Thank you all for your contributions in the recycling program at St. Tim's. Please note: the white recycling boxes in the office are for white paper only. Please do not put in colored paper, tissues, napkins, or any envelopes. Envelopes can be placed in the mixed paper bin out in Henry Hall. However, if you put envelopes in recycling, the plastic windows in envelopes need to be torn out.

Pancake Supper

On behalf of St. Timothy's, the Youth Group would like to thank Mr. Mike Lanahan of Superior Food Brokerage, Co., his colleagues at Smithfield Foods, and Mr. Richard Kane of Shoppers Food Warehouse for providing hams for the Shrove Tuesday Pancake Supper free of charge. Without this generous yearly donation, the youth group's largest fundraiser would not be so successful. We would also like to thank all of you who participated in this church-wide event! Thank you for sharing fellowship with each other and for supporting the youth of the parish in their work. You helped us raise \$600! The money will go to funding local outreach projects, to building fellowship among the youth of the parish, and to running youth-led parish/community events. After the supper, St. Tim's donated a tray of ham, a tray of pancakes, a tray of French toast sticks, and three jars of apple sauce to the Embry Rucker Shelter. Good work, everyone!



Easter Egg Hunt Donations!

The Youth Group is collecting individually wrapped candy for the Easter Egg Hunt on Easter Sunday after the 11:00 a.m. service. Please place donations in the Easter Egg Candy Box in Henry Hall. The Youth Group will stuff 1,000 eggs on March 2, 2008. Thank You for your donations.



Save the Date

Saturday April 19, 2008 at 5:00pm will be St. Timothy's Silent auction in Henry Hall. There will be food, fun, and great items to bid on, something for everyone including children. If you would like to donate items for the auction please contact Beth Lumnitzer at blumnitzer@yahoo.com. Some items already donated are a Great Harvest Bread basket, gift certificates, concert tickets, etc.



Sunday, March 16, Palm Sunday

Services: 8:00 am, 9:30 am, 11:00 am

Wednesday, March 19

Service: 12:15 pm

Thursday, March 20, Maundy Thursday

Service: 7:30 pm

Friday, March 21, Good Friday

Services: 12:15 pm, 7:30 pm

Sunday, March 23, Easter Sunday

Services: 8:00 am, 9:30 am, 11:00 am

Adult Sunday School

Calling all adults! Sunday School for adults continues, though the term "school" is used loosely. Instead of a teacher there is a facilitator, since we will all be learning, exploring, and questioning together. Each Sunday is a different lesson, whole unto itself.

Generally a discussion-type format is used to explore a wide variety of topics such as:

- The Bible: passages, history, geography, archeology (such as the Roman empire and the spread of Christianity), comparative Bible study.
- theological reflections beginning with a painting, song, movie or other cultural item (such as Norman Rockwell)
- world religions
- local, national, worldwide events
- Interesting/controversial people (Was Paul really a chauvinist?)

Classes are open to all adults ages 18 and up and meet at the same time as the rest of the Sunday School in room B2. Registration is not required. Drop in, bring your coffee, and exercise your soul.

Hitting the Slopes by Sarah Wilson

On Saturday, February 9, St. Timothy's Youth Group attended their 2nd Ski/Snowboarding/Tubing Trip to Whitetail Resort. Participants included Breanna and Griffin Eskridge; Kathleen Dowell; Natalie, Benjin, Nicki, Lila, Craig, and Kathy Dubishar; Alex and Cheryl Brock; Matt and Dave Dopsovic; Sarah and Kerrie Wilson; Chris Stine; Sancho Sequeira; Hugh Lamoureux; Jennifer Jones; Kelci Hoylman; and Leslie Chadwick. The morning started earlat 7 am with lots of coffee and doughnuts. After a quick circle of introductions, the group headed to Whitetail Resort in Pennsylvania. Worried about rain and too warm weather, the group was pleased to find it was snowing in Pennsylvania, covering the hills in fresh powder. Once at Whitetail the group split between the tubers (on a separate hill), the more advanced skiers and snow-boarders on the advanced hills, and the less experienced sticking to the bunny and intermediate slopes. Leslie, Kathleen, and Cheryl dutifully manned the table at Starbucks, keeping an eye on the group's excess clothes and mountains of snacks. After a long day the group managed to walk away with only minor scrapes and bruises, and plenty of great stories. Griffin got the "best wipe-out" award, after the enthusiastic retelling of how he did at least 2 cartwheels and a flip before landing face first into the snow. The day ended with dinner and then arrival at St. Timothy's at about 8 pm. The trip was a great success with ideal weather, lots of laughs, and terrific stories!

CATHEDRAL COMMITTEE OF SEVENTY SECOND ANNUAL CONFERENCE

The second annual conference of the Cathedral Committee of Seventy will be held April 10-13, 2008, at the Kanuga Conference Center in Henderson, North Carolina.

Entitled "Coming to the Mountaintop Together," this conference will explore the struggle to realize the Beloved Community as envisioned by Dr. Martin Luther King. Dr. King's Dream lives in the efforts to pursue reconciliation with justice in our communities. Where is each of us in this journey? How do we contribute to or fight for the realization of the Dream? Each speaker will move us closer to this goal. Small groups throughout the conference will give us support and help us network.

For more information about this conference contact Ben Bradburn at bbradburn@cathedral.org or (202) 537-5519
For hard copies of the brochure contact Brie DeFelice at bdefelice@cathedral.org or (202) 537-2935

To register for *Coming to the Mountaintop Together* contact Linda Terrell at lterrell@cathedral.org or (202) 537-5240.



Scouts Advance, Celebrate Scouting

Clapping, handshakes, and a lot of good jobs echoed off the walls in Henry Hall as the boy scouts from Troop 159 celebrated their advancement and another year in scouting. The annual February dinner marks the anniversary of scouting in the U.S., now in its 101st year. This year is also the silver anniversary for Troop 159. Scouts and their families celebrated with a pot-luck dinner and dessert.

Highlighting the advancement awards are the two newest Eagle Scouts from the troop. Ted Dorosheff and Jake Heinbaugh are the latest names on the church's honor plaque. Ted's Eagle Project involved repairs to the outdoor worship area at St. Timothy's. Jake's project was clearing land and grading an outdoor picnic area at his church, Floris United Methodist.

Receiving rank advancements were Ben Fisher and Yori Van Meter earning Scout; Ryan Castro earning Tenderfoot; Christopher Showalter earning Second Class; Misha Weber earning First Class; and Spencer Copeland and Brian Edner earning Star.

Chris Papas received special recognition for earning the Religious Knot.

The excitement of scouting might best be summed up by the actions of one table full of boys who, when appropriate, pulled off a series of unscripted but synchronized and humorous antics, proving that in scouts, we work hard, we play hard, and we have a lot of fun.

Want to get in on the action? Contact Carolyn Edner @ (703) 742-9654 or cedner@cox.net

Vestry Notes from February 25, 2008

- January general fund giving was 104% of budgeted amount —we aim to receive 110% by the end of March to cover the budget shortfall
- The Vestry voted to give the 3-day per week preschool scholarship back to the preschool, where it will be awarded to a student who needs it
- St. Timothy's broken water pipe will cost between \$4600 and \$5400 to fix; the Buildings and Grounds budget as it currently stands should be able to cover the cost
- The Vestry recommended to Service that it resume Agape offerings in April so that our commitments to the groups who receive Agape monies can be met; there was discussion of folding Agape commitments into the 2009 budget
- Plans are underway for a Vestry-Ministry meeting this spring; all members of Ministries are encouraged to attend



Our Newsletter Editor, Charlie Clattenburg, is recovering from surgery. Please keep Charlie and his family in your prayers.

Anglican Covenant: Second Draft

The second draft of the Anglican Covenant, known as "St. Andrew's Draft Text," is now available online at http://www.aco.org/commission/covenant/st_andrews/draft_text.cfm. Bishops will discuss the draft at this summer's Lambeth Conference, after which a third draft will be written and circulated. Unlike with the first draft, there is no study guide or a formal response period for this second draft. However, our Bishops and Executive Board will be studying the document prior to Lambeth, and invite you to form study groups at your parish or regional levels. These groups may submit comments and responses to our bishops for their study, prayer and discussion at Lambeth. Comments and responses must be submitted by electronic format only by July 1 to Carolyn Chilton at cchilton@thediocease.net. They will then be forwarded to our bishops.

Caring For God's Creation -- News from The Diocese of Virginia 213th Annual Council:

R-1a Action for Environmental Protection and Reducing the Impacts of Climate Change

Adopted as amended.

Resolved, that this 213th Annual Council join with those calling for a national interfaith conference to launch a multi-faith campaign on climate change, to be known as the "Genesis Covenant"; and be it further

Resolved, that this 213th Annual Council respectfully requests that within 30 days of the passage of this resolution the Bishop of the Episcopal Diocese of Virginia write to the Presiding Bishop to express our support for the "Genesis Covenant"; and be it further

Resolved, that this 213th Annual Council also supports the establishment of an annual prize, to be known as the "Lee-Atkinson Energy Savers Award" to be awarded to that parish or Diocesan organization that has made the most significant energy savings during a one-year period, and that the standards for the award be recommended by the Diocesan Committee on the Stewardship of Creation to the Executive Board by March 31, 2008, for approval and adoption; and be it further

Resolved, that this 213th Annual Council encourages and calls upon each of the parishes of the Episcopal Diocese of Virginia to conduct an in-house environmental audit of its energy use, consumption patterns, and plant use management; and be it further

Resolved, that this 213th Annual Council recommends that the Episcopal Diocese of Virginia and its individual parishes and organizations work with the Diocesan Committee on the Stewardship of Creation and the U.S. Environmental Protection Agency's Energy Star for Congregations program to identify ways to save energy and reduce energy costs.

Ministry of the Month: Worship Expressing Faith through Our Liturgical Services

More than 100 years ago, Danish pastor Soren Kierkegaard compared worship to drama with actors, prompters, and audience. The actors are the worship leaders, God is the prompter, and the congregation is the audience. Kierkegaard called for a recasting, believing that people have been cast for the wrong parts. The real actors should be the worshiping congregation, the worship leaders should be the prompters, and God should be the audience. St. Timothy's Worship Ministry sees it the same way. Our worship service is a cooperative effort, not a show. The members of our congregations worship, they don't just attend a worship service. Think, for a moment, about what goes into a Sunday worship service.

The Sunday service at Saint Timothy's carries centuries of Episcopal tradition. First-time visitors to our church may carry away the impression that the form and content of the service are cast in stone, unchanged across time and place. While there is a basic structure to the service, the content of the service presents recurring decisions for the congregation. The Book of Common Prayer, our liturgical source, contains two rites and six alternative Prayers for the People. Our lectionary offers alternative readings for the epistle and gospel. A service cannot be held until the decisions on the content of the liturgy are made.

The question of which liturgy to use recurs as the congregation moves through the seven seasons of the church calendar (Advent, Christmastide, Epiphany, Lent, Holy Week, Eastertide, and Pentecost). The mood of our service is quite different in the penitential season of Lent than it is in the joyous Christmas season. Our choice of liturgy will reflect these changing moods.

The Sunday service is a cooperative effort involving congregants, ushers, altar guild, greeters, and choir, in addition to those on the altar - clergy, Lay Eucharistic Ministers, and acolytes. All of us are actors in the drama of the service. The service fulfills its purpose if we worship, rather than attend worship. St. Timothy's Worship Ministry looks to draw in members of the congregation who work to make the services touch each member of the congregation in ways that affect and influence us after the service ends. Our vantage points are different. We place too much responsibility on our clergy if we don't actively participate in the services and in planning our services. Father Brad is well aware that the 'view from the pew' is a perspective he does not have on Sunday mornings. A Worship Ministry blessed with the enthusiastic participation of congregants gives a broader perspective to the decisions of choosing the liturgy, scheduling and arranging special seasonal services, and planning services.

Worship decisions come in all sizes. Because the service matters to us, small changes can affect how the service touches us. Does it matter where the gospel reader stands, or if the gospel book is carried into the sanctuary at the opening of the service? Larger decisions influence how we carry out our corporate worship. How do we structure Holy Week services? Do we hold one-time or special services using the Book of Occasional Services? Do the music selections complement the messages of the readings? These worship decisions are being made, but it is a misperception to think we benefit from the

robust participation of our congregation in making these decisions.

If you feel the call to take the pulse of the congregation and help to formulate its decisions on our collective worship you can bring your ideas and your energy to St. Timothy's by contacting Jim Hendrick (jhendrick@udcc.com) and letting him know you would like to join the Worship Ministry.

You can increase your worship involvement by becoming

- an usher - contact Bill Sanger at wss@att.net for the 8 am service, Dean Rohrbaugh at rohrbaugh@verizon.net for the 9:30 am service, or Jim Wallis at jimwwiii@aol.com for the 11 am service
- by becoming a LEM - contact Michael Cook at jaramad@aol.com
- by becoming an acolyte - contact Chris Brock at christopher.brock2@verizon.net or Craig Dubishar at wcduibi@cox.net
- by joining the Altar Guild - contact Brenda Donnelly at BrendaD120@aol.com
- by becoming a greeter contact Fiona Finnell at mamafin@gmail.com
- by joining the flower guild - contact Jackie Clattenburg at woodbear@comcast.net
- by joining the choir or musicians - contact Peter Waggoner at peterw@saint-timothys.org.

We'll close with a Worship Ministry brain teaser. Should St. Timothy's use the Book of Common Prayer or a printed bulletin to present the liturgy for its Sunday worship services? Each option has advantages and disadvantages. Join the Ministry and help it reach a wise and balanced decision.

Taste Of Scuba Diving

Here is a opportunity to take part in an unique event for both Teenagers and Adults.

Taste Of Scuba Diving

Sunday April 20, 2008

(Two One-Hour Groups of 10 Each Between 8:30 to 10:30 PM)

This is a one night session in 3 1/2 feet of water at the YWCA near Tyson's Corner. Everything except a bathing suit and towel is provided. The water is shallow enough that you can stand up anytime to ask questions. There are no skills involved so there's no task loading. A Taste of Scuba simply offers you the opportunity to breathe underwater to see if you'd like it. A large number of people are interested in scuba diving but simply just aren't sure if they could do it. This course was designed for that person. The fee is just \$25. There will be a limited number of spaces available, so please sign-up if you are truly interested as soon as possible. The sign-up list is located in Henry Hall. Both Teens and Adults can participate in this event. If you have any questions please contact Kenneth Vierra (703) 435-8504. Information packets will soon be available.

Church Directory

The Pictorial Church Directory is a work in progress. Please know that we are still working on this.



St. Timothy's Word is published monthly and E-mailed to members and friends on the first day of each month. It also appears in full color on the website main page under "Downloads" the same day it is e-mailed. If you wish to receive a copy by mail, please notify Carol Frost in the church office. Copies of the Word will also be available in the office for you to take home.

The deadline for submission of material

Questions or ideas for *The Word* are always welcome as are your comments! You may send the material as an attachment to an e-mail message to: office@saint-timothys.org. The message subject line must mention *Word*. Photos are welcome. Please identify key people if possible. Articles or letters may be edited for brevity or appropriateness.

See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. The Bulletins appear on the website no later than Saturday morning for the coming Sunday.



The WORD

St. Timothy's Episcopal Church

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News – Time Sensitive

Church Information

Rector: The Reverend Brad Rundlett
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Associate Rector: The Rev. Leslie Chadwick
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Seminarian: Rev. Kim Seidman seidwoman@yahoo.com

Music Director: Mr. Peter Waggoner
peterw@saint-timothys.org 703-437-3790 Ext 16

Regular Services

8:00 am Sunday - Holy Eucharist Rite I

9:30 am Sunday - Holy Eucharist Rite II
(nursery care available)

11:00 am Sunday - Holy Eucharist Rite II
(nursery care available)

12:15pm Wednesday - Holy Eucharist & Healing Service

Office Hours

Monday-Friday 9am to 5pm (and by appointment)

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