



March 2009

St. Timothy's Episcopal Church

Lent

The word "Lent" comes from the Old English word "lencten" (i.e., "lengthen"), in acknowledgment of lengthening daylight (in the Northern Hemisphere) this time of year. The word has no inherent spiritual or religious meaning, though practice and association have imbued it with solemnity.

Accordingly, the Book of Common Prayer calls us "to the observance of a holy Lent" (pages 264-265). We are reminded that "The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith."

The church commends us, therefore, to practice throughout these fifty days (Sundays are not included) "self-examination and repentance; . . . prayer, fasting, and self-denial; . . . reading and meditating on God's holy Word." And finally, we are urged "To make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer." And confess our sins.

I hope and pray that you have a Holy Lent.

~ Fr. Brad



Lettina Go

I think of Lent as a time of letting go. Sometimes we're ready to let go of things and just want an excuse to get disciplined: like giving up chocolate or getting organized. It feels good to get rid of the excess in our lives. On a deeper level, Lent challenges us to take a good, hard look at what is cluttering or clogging us up spiritually. Letting go of such things can seem daunting. It's hard to imagine letting go of complaining about someone who has disappointed us. It's difficult to let go of resentment or to let go of a grudge. Holding onto offenses becomes habit and can define our relationship with others. We might ask ourselves, "What am I afraid of losing if I let go of this hurt?" Very often, we are afraid that we will lose part of ourselves by giving in.

Jesus teaches us that letting go might leave us vulnerable in the short term, but ultimately strengthens and frees us to experience the fullness of life that God intends for us. Jesus comes into people's lives and commands unclean spirits to come out, advises his disciples to "shake the dust off their feet" when people reject them, and releases people from their sins. He preaches forgiveness that loosens people from whatever binds them. Even if part of us dies in the letting go, Jesus promises new life on the other side. After Lent comes Easter. After death comes resurrection.

~Rev. Leslie

Taizé Service on March 1st

St. Timothy's is offering a special Taizé service on Sunday, March 1, at 5:00 p.m., as part of the church's Concerts and Evening Services series for the 2009 season. Taizé, a Christian monastic community from the Burgundy region of France, is widely recognized for its use of brief prayers and meditative songs, composed of short verses of scripture and set to simple melodies. Come experience this beautiful, peaceful service, practiced by Catholic and Protestant denominations across the world.

"The exchange with God becomes real for us in prayer: by his Holy Spirit, God comes to dwell within us. By his word and by the sacraments, Christ gives himself to us. In return, we can surrender everything to him."

~ Brother Alois, Letter from Cochabamba



<u>St. Tímothy's Commissions</u> Seven New Stephen Ministers

From time to time, each of us could benefit from having a companion – someone to

walk with us - as we navigate life's challenges. In the words of one of St. Timothy's newest Stephen Ministers:

Stephen Ministers are trained to lend a helping hand, a listening ear, and a praying soul when life's storms are raging. Stephen Ministers are ordinary people who can effectively direct a distressed person to Jesus Christ, the ultimate healer.

On February 8, 2009, St. Timothy's commissioned seven new Stephen Ministers,

increasing to 25 our total number of trained lay Stephen Ministers (including six trained lay Stephen Leaders). All members of this lay ministry have successfully completed extensive, formal training. They are committed to providing nonjudgmental, confidential, one-on-one Christian care to individuals experiencing a life crisis of any size, and for any length of time.

We asked the newly commissioned Stephen Ministers to share with us some thoughts on their 50 hours of training.

What would you most like people to know about Stephen Ministry?

- People don't need to be going through a life-or-death crisis. There are many circumstances that a person may need assistance in working through. Just a few sessions may still be of vital importance.
- Care receivers will be matched with Stephen Ministers of their own gender.
- Stephen Ministers are not therapists. While trained in listening skills, Stephen Ministers do not take the place of clergy or mental health professionals, but complement their abilities and skills.

What has been the most interesting aspect of being trained?

- The skill practice. It is one thing to read and understand how to behave, but quite another to have the opportunity to practice. The training has been very effective.
- The combined parishes involved. Being with individuals from other faiths and churches has been very valuable and enriching.

• The bonding that has taken place among the group – and such a large group. We have listened to each other's stories and concerns and have supported each other in our journey to become caregivers.

Have there been any surprises?

Our society's unrealistic view ... we as a society seem



Congratulations to our newest Stephen Ministers (from left to reght):

Stephanie Gleason, Rebecca Page, Carol V an Evera,

Danna Wechtenhiser, Lugene Nkomba, Lura Petrosian, Beth Hwoschinsky

to push people to deal with feelings and heal in a rushed manner as opposed to ... healing in a timeframe that is appropriate for them as individuals. We need to slow down and learn how to walk with and care for those who are hurting with an open heart and mind, knowing that

God will cure them.

- That I would be able to learn to let the Spirit guide me more. I hope this grows.
- How much some of these lessons have "hit home." This is not just about learning or honing our skills to benefit our care receivers, but also learning about ourselves in sometimes surprising ways.

How do you feel your Stephen Ministry training has benefited you personally? Have you discovered any ways your training might help in your daily life?

- I use my Stephen Ministry training in my everyday life now. I handle ups and down better...I know that I have grown both personally and spiritually from my training. I'm sure that, as I continue with the program, I will grow even more.
- The Stephen Ministry training has provided me with techniques and approaches to better understand how to help those in need without hurting them, how to implement active listening and respect the dignity of those in pain. It is one of the best personaldevelopment workshops that I have ever attended.
- I have learned how to use prayer and scriptures more effectively to meet life's challenges.
- Some of the lessons were harder than others and some of it seems a bit scary! And then I realize, of course, I don't have to fix it. It is an honor to be a part of this group and to hopefully hold the hand of someone who is suffering and reinforce the promise and power of God's love. I feel the Stephen Ministry will be and is becoming part of my daily life. I can love, listen to and encourage others wherever I may encounter them.

Stephen Ministers, Continued from Page 2

When asked to comment on our growing Stephen Ministry and the commissioning of the new ministers, Father Brad smilingly replied, "How many superlatives will you allow me to use? I'm so impressed with the program and the people. Fifty hours of training.... These people have given so many hours on top of work and other commitments. I'm amazed at the way this has taken off!"

The Stephen Ministry welcomes its new members and looks toward the future, extending its capacity for support within our congregation, and joining with other congregations to exponentially extend its resources.

St. Timothy's Stephen Ministers serve as emissaries of God's love to persons who are going through difficult times. To find out more about any aspect of this ministry, please contact Fr. Brad Rundlett or Rev. Leslie Chadwick at 703-437-3790. Or, contact one of the Stephen Leaders: Jim Hendrick (703-430-4914), Peter Hwoschinsky (703-450-8599), Jane Perry (703-478-0032), Ralph or Florita Tildon (703-464-9377).

- Jane Perry and Lael Lyons

Service Ministry AGAPE for Lent: Episcopal Relief and Development

Ash Wednesday begins our Holy season of Lent. For centuries it has been observed as a special time of reflection, self examination and penitence. Lent is a period for concentration on our fundamental values and priorities, through fasting, prayer and reading God's word. It is also an opportunity to contemplate our responsibility living in God's larger world. The Service ministry has selected Episcopal Relief and Development (ERD) as the recipient of our AGAPE offerings towards God's world.



ERD is the international relief and development agency of the Episcopal Church of the United States. ERD takes its

mandate from Jesus' words found in Matthew 25: 37- 40: "Lord, when was it that we saw you hungry and gave you food? We saw you thirsty and gave you something to drink? We saw you a stranger and welcomed you? We saw you sick and took care of you? We saw you in prison and visited you? Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." [NRSV] Together with the worldwide Church and ecumenical partners, ERD strengthens communities today to meet tomorrow's challenges. They rebuild after disasters and empower people by offering lasting solutions that fight poverty, hunger and disease, including

HIV/AIDS and malaria. Episcopal Relief & Development reached more than 2 million people in over 40 countries last year and is nearing the goal of raising \$3 million by the end of 2009.

All ERD programs work towards achieving the Millennium Development Goals. In 2000, the Millennium Development Goals (MDGs) were established to reduce, by the year 2015, the number of people who live in extreme poverty. Developed by the international community including leaders from 191 countries, the eight goals were endorsed by development institutions and religious bodies, and have galvanized unprecedented energy and effort. Each goal works toward alleviating poverty and disease by establishing targets that will directly improve people's lives.

St. Timothy's is already at work towards these goals with our Service Ministry activities and with previous AGAPE offerings:

- Hunger LINK; Food for the Poor; Society of St. Andrew
- Education Our Little Roses in Honduras; Sudan Mission; Reston Interfaith school supplies
- Health Care Jeanie Schmidt Free Clinic; Whitman-Walker Clinic
- Gender Equality LAWS
- Housing Dungannon Mission; Lakota Mission; Reston Interfaith

The ERD Lenten devotionals this year give us thoughts on looking at God's larger world through aiding ERD's work with the Millennium Goals. Please pick one up for your reflections. Our AGAPE offerings this month will go to ERD's "Inspiration Fund" to meet these goals.

- Dianna Traub

"We accomplish in our lifetime only a tiny fraction of the magnificent enterprise that is God's work."

"No statement says all that could be said. No prayer fully expresses our faith. No confession brings perfection. No pastoral visit brings wholeness. No program accomplishes the church's mission."

"We are workers, not master builders, ministers, not messiahs. We are prophets of a future not our own."

Excerpt from a prayer by Oscar Romero

The Prayers of the People

According to the rubrics of The Book of Common Prayer our "prayers of the people" may be adapted. One form is provided for Rite I (our Elizabethan English form of worship) and six forms are provided for Rite II (our contemporary form of worship). But none of these are mandatory. It is required, however, that we pray for (1) the Church – not just St. Timothy's, not just the Episcopal Church - but for the whole world-wide Church, (2) this nation and our leaders (I would add all nations and all leaders), (3) the world, (4) our community, (5) people suffering from any cause, and (6) those who have died, including the saints.

The prayers we use have been carefully composed with these requirements in mind. But as many people have observed, they do not "cover all the bases." For example, we don't name every individual on our prayer list. We don't name all of our national, state, and local political leaders. We don't make reference to every war, natural disaster, or crime. There simply isn't enough space or time.

However, just as the rubrics are meant to guide our prayers, so too the prayers themselves are meant to guide our individual intercessions, petitions, thanksgivings, etc. Silence is observed after every bidding for each of us to convey our own concerns and cares to God. Collectively, we hope, every person and every situation in need of grace is placed faithfully in God's hands.

~ Fr. Brad

Confession and Absolution

We Episcopalians do not stress private and individual confession like our Roman Catholic and Orthodox Christian sisters and brothers do. However, we do have two rites of individual and private confession in our Book of Common Prayer (pages 447-452).

The Exhortation on page 317 in the prayer book reminds us that "If, in your preparation [e.g., for a holy Lent], you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith."

Appointments are available. The seal of Confession is absolutely confidential. And Absolution is guaranteed for those who are truly penitent.

~ Fr. Brad

SHRINE MONT



St. Timothy's Annual Parish Retreat - 2003

2009 St. Tím's Parísh Retreat

Friday, March 27 to Sunday, March 29

When and Where: Mark your calendars now for our Annual Parish Retreat at Shrine Mont, March 27-29, 2009. Located in the beautiful Shenandoah Mountains in Orkney Springs, VA, Shrine Mont offers a "place apart," less than a couple of hours from Herndon.

What It's All About: This is a wonderful time of renewal, rest, fun and laughter. A welcome break from the stress of work, car pools, commuting, and all those other things that distract us from our family and from God. Our theme this year is "Opening Doors," inspired by the book Open the Door: A Journey to the True Self, by Joyce Rupp. We will be taking some time to explore ways we can discover or enhance our spirituality. There will also be games, hiking, a "talentless" show, and many other activities. You are welcome to participate in all the activities planned, but feel free to just sit back, relax or take a nap!

Who Should Come: Anyone and everyone! Singles, couples, families; young and old. There's something for everyone! We will have activities for kids, too.

How To Sign Up: Flyers and registration forms are located in Henry Hall. If you have questions or would like more information, contact Katie Mazza at 703-421-3979 or email me at katiemazza@yahoo.com. Space is limited, so sign up soon!

Savor the Date: Saturday April 18 at 5pm

A fine tradition of family fun and "healthy" competition is being revived by the return of St. Timothy's Chili Cook Off to be held in Henry Hall! Mark your calendar to attend. Sign up to participate and start working on your best chili recipe to enter into the contest. Invite family and friends to come along! To make this event possible we need your help. Please join a small group of people planning the event. Contact Tricia Mussante at p.mussante@verizon.net or by calling 703-481-6853.

ECW/MOST - Not Your Average Church Ministries

Looking for a way to get involved at St. Timothy's, but not sure where to get your feet wet? Why not attend an upcoming function of the Episcopal Church Women (ECW) or the Men of St. Timothy's (MOST). Both groups are active throughout the church's calendar year and welcome parishioners on a one-time or regular basis—it's completely up to you.

What do ECW and MOST do? Part community-service and part fellowship, these two church organizations serve as places offering a wide spectrum of activities, and welcome new ideas for both charitable ventures and fun excursions.

Episcopal Church Women

Ladies first... When asked who the current members of ECW are, Chair Jean Shepherd says, "Every woman in the church belongs." Best known for it s annual weekend retreat to nearby Algonkian Regional Park, ECW sells flowers during holidays to raise money for the church. The



group sponsors afternoon teas and orchestrates movie nights, providing old members with the chance to catch up and new ones to make friends.

Jean adds that the group is currently looking for ways to bolster this year's activity list and attract younger and newer members of St. Timothy's. Appropriately, Jean is coordinating with the church's Youth Group to provide babysitting so that mothers with young children can participate.

"We try to do a little bit of outreach, make a little money, and nurture our spirits in the process," says ECW member and former chair, Carol Sinclair. Carol notes that the group has prepared children's Easter baskets for the non-profit, social services organization, Reston Interfaith. They've sold Christmas wreaths and provided dinner for people participating in Fairfax County's "Nurturing Parent" program, which teaches county residents parenting skills.

Men Of St. Timothy's

The Men of St. Timothy's is an informal fellowship and service organization comprised of adult males in our parish. They have no other membership requirement, they have no dues, and they have no elected officers, choosing instead to select their leaders to match the task or event at hand. The Men of St. Timothy's like to cut to the chase. "We are a group of guys who get together to do service projects for the church," says Keith Sinclair. Keith notes that the group has helped with some of the construction

work in the church's renovated courtyard, painting the hallway between the narthex and the parish hall, as well as maintenance of some of the building's exterior windows. For the past several years, MOST has also been involved in a number of service efforts in the community; some short-term and others of a longer nature.

Currently, MOST is preparing to help with building maintenance for the Closet, the thrift store in old town Herndon. Duane Hartge – whose wife, Holly, is St. Tim's liaison to the Closet [see the February Word for more on the Closet] – has reported that the Closet has asked for some help with repairs and building maintenance. Duane is setting up a date that MOST can meet with the Closet manager to identify the needed tasks. Here is an opportunity for MOST members to help this worthwhile organization. If you think you might be interested in helping with this project, please contact Duane at duane.hartge@verizon.net.

MOST assembles the fourth Saturday of every month at 9:00 a.m. for breakfast at the Virginia Kitchen (in the K-Mart Shopping Center) for fellowship and to talk about upcoming projects. If you would like to join us on any fourth Saturday, just contact Chris Brock at christopher.brock2@verizon.net or at 703-437-3968, so he can give the restaurant a head count to reserve tables for us. The food is good, as is the company.

MOST has an e-mail message, and if you are on the MOST list, you will get announcements of all upcoming fellowship and service activities. Then you can decide if you want to get involved. "We try to play to each of our strengths," says Chris Brock, adding that not everyone has the skills or interest to participate in every MOST project. "We want all of the men of the church to feel welcome to join us and to contribute whatever time and talents they can provide, or just come for the fellowship." If you are interested in MOST, please send your e-mail address to Chris and he will put you on the MOST message list.

ECW and MOST provide a great opportunity for newcomers to learn more about the church's many activities and services, and for veterans to "re-engage." Look for ECW and MOST announcements in the church bulletin or on the St. Timothy's website at www.sainttimothys.org, or contact one of the members mentioned in this article. ECW and MOST always have something in the works for the men and women of St. Timothy's.

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<u>Líving History: Barbara Harding</u> <u>Remembers the St. Timothy's of Yesterday</u>

My family moved here in 1950 at Christmas time. My husband was a Methodist P.K. (Preacher's Kid). His idea of Sunday mornings was to sleep late, so he agreed that it was okay for me to raise our kids as Episcopalians.

Our church was at the corner of Grace and Elden Streets, which is now the Masonic Lodge (No. 264). We had a girl, Susy, and four boys: Chuck, Todd, Howard, and Billy.

Very soon, I began running the choirs. We had an electric organ, which was easy for me to play. The kids all sang in the choir. The boys became involved in carrying the cross during the services. You may not know that in the "old days," girls were never permitted to carry it.

Some of the stained glass windows were damaged and had been patched. After church, we'd have coffee in the back room.

On Christmas Eve, a little girl used to stay up late and sit beside me on the organ bench to turn the pages for me.

Our minister at the time was Mr. Henry. He was an ardent Redskins fan, I remember.

My son Howard noticed that, many times, the ladies who prepared the altar forgot to finish the job, so he took it upon himself to make sure it was set correctly. The ladies would whisper among themselves, checking to see if he'd found anything in error.

I often wondered if Howard would grow up to become a minister and, if so, how he would make ends meet, but decided to just wait and see.

One dreadfully snowy, icy morning, I got a phone call saying that church service had been cancelled. I said it must be a terrible chore to phone everyone who attended the early service. The man said no, I was the only one they called because they knew that somehow my kids and I would get there. We always walked.

My husband visited one day and noticed that we had to sing from a prayer book. He said he couldn't understand why we didn't have hymnals. I told him we had never had them but that, by cracky, that would change. So I started the Buy-a-Hymnal crusade.

I would offer to hold your coffee while you were writing a check. You could have your name on it, or perhaps the name of a deceased member of your family, such as a grandparent.

There was no limit to the number of hymnals a person could purchase. Before long, there was a hymnal in every pew and, in some cases, several.

- Barbara H. Harding

[Editor's Note: "Living History" is a new feature of The Word, created to allow veteran members to share their memories of the church. With 140 years of service to the community, St. Timothy's has a rich and vivid history that is in danger of being lost unless other long-term parishioners step forward and tell us their stories. Barbara Harding's recollections of St. Timothy's are a part of our congregation's legacy, and a treasure for old and new members alike. Do you have a story to tell? Contact John Perkinson at perkinsonjohn@yahoo.com or Frank Martin at frankdmartin@hotmail.com and share your reminiscences of St. Timothy's.]

Boy Scout Troop 159 News



In February, we had our semi-annual Court of Honor where the scouts in our troop received recognition for what they completed in the last six months. Many rank advancements, merit badges, and special

awards were handed out. Great job everyone!

We also focused on orienteering by learning how to take a bearing on a compass and orienting it to a map. We also went on an orienteering trip to Hemlock Overlook and completed their course.

In the near future, we will be having a campout to welcome new scouts into our troop. Have a good month!

Thanks For The Melodies: Celebrating VOCE'S 20th Anniversary



Sunday, March 15, 2009 at 3 p.m. at St. Timothy's

This late winter concert is a compilation of music that the singers have enjoyed over the span of Voce's twenty years. These are some of the treasured memories that our singers have carried with them. Singers who were formerly a part of the choir will be invited to sing and Voce founder Carol Hunter will return to direct some of her favorite selections. For us, it's a family reunion. Come join the party!

New Registered Members in 2009

The following individuals are "new" members to St. Timothy's in 2009:

- Brian Dodd
- Garrett Michael Fritzlen
- Emily Ann Landicho
- Raymond Edward Schrock

You are a registered member of St. Tim's if you were baptized, confirmed, or received at this church or if you were baptized in another congregation and have transferred your membership. Membership has its privileges: you can vote in St. Timothy's church elections, be elected a member of St. Timothy's Vestry, or register your child early for St. Timothy's fabulous preschool. If you would like to become a registered member of St. Timothy's, please complete and return a Membership Transfer Form (available in the church office) or the form can also be accessed at www.saint-timothys.org.

FREE MONEY!

That's right...St. Timothy's receives free money each time you buy scrip/gift cards for either Giant or Shopper's Food Warehouse after each service. How does it work? St.



Timothy's buys the scrip at 95% face value. You buy the scrip from St. Timothy's at face value. St. Timothy's receives the 5% difference. You can also consider purchasing these for the Rector's and Assistant Rector's Discretionary Funds. Last year the church made approximately \$1500 in this program. If you have any questions about the program, please ask one of our loyal scrip sellers; they are in Henry Hall after each service, or you can contact Carol Sinclair at 703-437-4713.

Christian Education Corner

Beginning Sunday, March 1, the Third and Fourth Graders will be receiving special instructional Holy Eucharist classes throughout Lent. These classes will be held every Sunday during the regular 10:45 a.m. Sunday School session and will help children understand the spiritual significance of Holy Eucharist by teaching them about the ritual, symbols, vestments, etc. On Easter Sunday, all students who have not yet done so will be ready to receive their First Communion and on Sunday, April 19th, the "graduates" of the Communion Class will receive a prayer book inscribed with their names. To sign your child up for the class, contact Marybeth Henry at 703-742-6694 or momsonline@juno.com.

For the adults in the Parish, beginning Sunday, March 1, Susy Nixon and David Hixon will be leading a class on *The Giving Myths* as a Lenten Education series. The class will meet from 6:30 - 8:00 p.m. in the kitchen and will begin with a shared meal. To sign up for the class, contact Susy Nixon at 703-437-0370 or senixon@verizon.net, or contact Dave Hixon at 703-222-7776 or djhixon@yahoo.com.

St. Timothy's Vacation Bible School 2009

Volunteers Needed! St. Timothy's VBS will take place July 13-17 from 9:30 a.m. to 12:00 noon daily. The theme this year is Camp E.D.G.E. (Experience and Discover God Everywhere). We need your help to guide the students, serve snacks, play games, decorate, and more — whatever you can do, your help is much appreciated! Join us in making this another fun and adventurous VBS for our kids! To volunteer, please contact: Liz Griffith, VBS Coordinator: 703-318-6777 or lizgriff@yahoo.com, or Lydia Gough, Asst. VBS Coordinator: 703-318-0109 or Goughsva@verizon.net

Lent, Holy Week, and Easter services

Our regular services continue through Lent: Holy Eucharist services on Sundays at 8:00 a.m., 9:30 a.m., and 11:00 a.m., and a Holy Eucharist and Healing Service on Wednesdays at 12:15 p.m.

Holy Week starts on Palm Sunday, April 5th, and on that day our services begin in the Parish Hall rather than in the Sanctuary. We have the usual mid-week service on Wednesday, and we have a Maundy Thursday service on April 9th at 7:30 p.m. On Good Friday, April 10th, we have services at 12:15 p.m. (The Stations of the Cross) and 7:30 p.m. (Solemn Prayers).

Easter services on April 12th are, as usual, 8:00 a.m., 9:30 a.m., and 11:00 a.m.

Free devotional material for Lent is available on the table in the Narthex.





St. Timothy's Episcopal Church

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St. Timothy's newsletter, *The Word*, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website (www.saint-timothys.org) home page under Downloads. If you wish to receive a copy by mail, please notify Carol Frost in the church office (office@saint-timothys.org). Copies of The Word are also available in the office.

The deadline for submission of material for the next issue is: Thursday, March 19th, 2009

Questions, articles, or ideas for The Word are always welcome as are your comments. You may send materials via email to wordeditor@saint-timothys.org and put Word in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

2009 Vestry

Terms expire January 2010

Mr. Michael Cook Senior Warden 703-860-4459 jaramad@aol.com

Ms. Pat Rhoads Liaison to Service 703-437-0393 patriciarhoads@aol.com Mr. Keith Pinkard Liaison to Youth 703-758-2583 mapnbuild@cox.net

Mrs. Genevieve Zetlan Liaison to Open Arms Ministry 703-456-7230 gzetlan@gmail.com

Terms expire January 2011

Mrs. Hollis Colie

Liaison to Christian Education 703-787-0272 hollis211@aol.com

Mr. Jim Hendrick Liaison to Stewardship 703-430-4914 jhendrick@udcc.com

Mr. David Hixon

Junior Warden; Ad Hoc Liaison 703-222-7776 djhixon@yahoo.com

Ms. Tricia Mussante Liaison to Hospitality

703-481-6853 p.mussante@verizon.net

Terms expire January 2012

Ms. Chervl Brock Liaison to Worship

703-437-3968

charlieandmaggie@hotmail.com

Ms. Kathy Lombard

Liaison to Finance 703-862-6731 kathy.lombard@yahoo.com

Treasurer

Mr. Rick Wilson 703-435-1925 rwilson20@verizon.net Mr. Steve Page

Liaison to Buildings and Grounds 703-435-2542

sr3page@verizon.net

Mr. Patrick Hobson

Liaison to Communications 703-464-0405

edrick4u@hotmail.com

Registrar

Ms. Jillian Hajdasz 703-729-3471 HReyzner56@aol.com

Church Information

Rector

The Reverend Brad Rundlett 703-437-3790 x11

bradr@saint-timothys.org

Music Director Mr. Peter Waggoner 703-437-3790 x16 peterw@saint-timothys.org Associate Rector The Reverend Leslie Chadwick

703-437-3790 x12 lesliec@saint-timothys.org

Parish Administrator Ms. Carol Frost 703-437-3790 x10 office@saint-timothys.org

Services

Sundays

8:00 a.m. - Holy Eucharist, Rite I

9:30 a.m. - Holy Eucharist, Rite II, Children's Chapel

(nursery care available)

11:00 a.m.- Holy Eucharist, Rite II, Christian Education

(nursery care available)

Wednesdays

12:15 p.m.- Holy Eucharist and Healing Service

Office Hours

Monday - Friday, 9 a.m. to 5 p.m. (and by appointment). Clergy are off on Fridays.

Upcoming Events

Mar. 1 – Taize Service Mar. 15 - VOCE Concert

Mar. 23 – Vestry Meeting

Mar. 27-29 - Annual Parish Retreat

Apr. 5 – Palm Sunday

Apr. 12 - Easter

Note that Daylight Savings time starts March 8th!!