



St. Timothy's Episcopal Church

# The WORD

Our 136th Year

For May 2005  
Herndon, Virginia



## Alleluia! Alleluia! Alleluia!

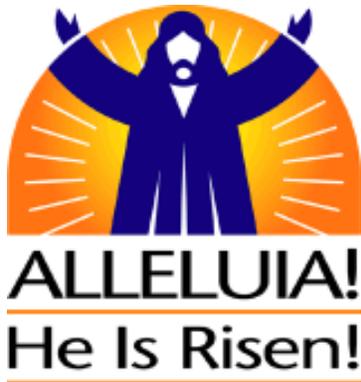
—Fr. Brad

A number of recent events have had me rethinking the message of Easter, "Alleluia, Christ is risen." I confess I have heard the resurrection stories so many times, celebrated so many Easters, that the shock of it has worn off. I have begun to wonder, "What if a member of my family died, and then came back to life?" Wouldn't that knock me off my feet? Wouldn't my broken heart suddenly burst with joy? Wouldn't I be inclined to dance and sing, and tell everyone my good news?

Of course I would! And that's exactly the point. The Easter Gospel proclaims that all the people I love will rise again, and we will be together for ever in paradise. That's something worth dancing and singing about, that's something worth telling.

The death and resurrection of Jesus open the way for all of God's people, alleluia! Death means there are people I love that I won't see for a while. And that certainly is painful. But death is not the end. God has redeemed us in Jesus Christ. Death is now the gate to eternal life. We will all see our Savior face to face, and be reunited with those who have gone before.

This Good News is very personal, that is for every person. Jesus has defeated death! The dead shall rise again! There is a place prepared and reserved for us in paradise! We will celebrate for ever our reunion with God and all our loved ones! Alleluia! Alleluia! Alleluia! (Pardon me if I get a bit excited!).



Celebrate that!

Tell someone!

Give thanks and praise to God!

*Fr. Brad*

## Learn to Fly With God

—Rev. Kedron

"When we walk to the edge of all the light we have known, and we take a step into the darkness of the unknown, we must believe one of two things will happen—there will be something solid to stand on or we will be taught to fly." —S. Martin. *Edges*.

I came across this quote recently and it has stuck with me. God isn't mentioned, but it seems to me to be about God. We are called all the time to step to the edge of the light we know. We can only see so far. And if we stayed in the light we could see, how would we move forward? How would we begin to know what else might be out there? The question is: If we step into the darkness will there really be solid ground? Will we really be taught to fly? These are questions of faith. Will God lead me somewhere that God won't meet me? I venture to say no. If we take a chance and do something that pushes the edge (get married, have a child, open our own business, decide to retire, move across the country) I think God goes ahead and waits for us.

Does that mean we won't hurt? Does that mean it won't be hard and there won't be challenges? No. Any decision we make has consequences and cause for celebration. The move across the country may mean we leave our closest friend, but it may also mean we meet the person of our dreams. Unfortunately we cannot predict the solid ground or how we will learn to fly. Is it possible to think of those things as up to God? If we make the best decisions possible, if we have confidence to step into the darkness then can we leave the solid ground and flight teaching to God?

Sometimes I'd rather live only in the light that I can see, but the truth is those times that I've stepped into the darkness of the unknown are the times I cherish. They are the times that shape who we are and these are the stories we'll tell our grandchildren. Will we say, "I loved doing the same thing day in and day out?" Or might we tell them about the time we took off for a road trip at the last minute or when we entered college in a new town or when we went skiing for the first time?

Enjoy the light. It's nice and warm and safe. Think about the edge where the darkness of the unknown might be calling you. Believe that God will provide the solid ground and teach you to fly.

Blessings to you this spring,

*Kedron*

## Our New Parish Administrator, Carol Frost



We welcome Carol to St. Timothy's as our new Parish Administrator. She has lived in Herndon for 10 years. Carol's husband is an attorney and they have three children. Previously, Carol has worked as a school teacher, a care giver, and a church office assistant. As a member of Herndon UMC, Carol works with the youth ministries, handbell and voice choirs and various mission trips. In our community, Carol has been active with the Girl Scouts and volunteers at the schools. When she has some free time, Carol enjoys reading a good book, needlework and sailing. St. Timothy's is certainly lucky to have found such a talented lady and we look forward to working with her. If you are at St. Timothy's during the week, stop in and say hello.

## Should We Change Our Services For Summer?—Fr. Brad

I have been asked to consider trimming our worship schedule for the summer from three to two Sunday morning services. I have, for several reasons, resisted this in the past: (1) no matter how well we announce the change some people (members and newcomers) fail to get the message and show up at the usual time, (2) according to some Church studies this encourages people not to come to Church (i.e., it has a negative impact on attendance and financial giving), and (3) it sends a message that Church isn't as important in the summer as it is the rest of the year.

On the other hand (and having just returned from a parish retreat about "Sabbath"), (1) it might bring people together who don't usually see each other the rest of the year, (2) it does send a message about our need for Sabbath (rest), and (3) it gives our staff and volunteers a bit of a break so we can come back fresh in the fall. It would also make allowance for the considerable drop in attendance we experience every summer.

This is a big decision. It affects all of us. So, I would like very much to know what you think. Do you favor having two (8:00 am and 10:00 am) or three summer services? We would make this shift on June 26<sup>th</sup> and continue through September 4<sup>th</sup>. Please call or email me and let me know your preference (703-437-3790 ext. 11, bradr@saint-timothys.org). **The deadline for comments and responses is May 16<sup>th</sup>.**

If we do make this shift it would have to be clearly indicated (in advance) in our bulletin, newsletter, website, Spring Street sign, voice mail, local newspapers, and Sunday morning announcements.

## Accessibility Assistance

Anyone needing accommodations for a disability in order to attend or participate in any St. Timothy's activity should call Pam Lowe of the Accessibility Ministry at 703-262-0044. Calls should be made seven days prior to the activity so that appropriate arrangements can be made. If you would like to participate in this ministry by providing transportation, please call Pam.

## Mid-Week e-mail

Do you need a little pick me up in the middle of the week? Do you want to know what's happening at St. Tim's this week? Need reminders of when stuff starts around the church?

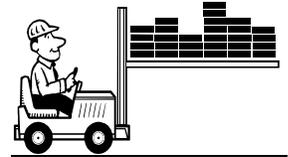


Then sign up for our **mid-week e-mail**. Look for the sign up sheet in the narthex. Questions? Call Rev. Kedron at 703-437-3790.

## Courtyard Project Update

The most recent meeting of the **Courtyard Project** was held on Wednesday, April 26<sup>th</sup>.

The **Courtyard Project** is moving forward and will be completed as a Eagle Scout project donated to St. Timothy's. This project has been blessed with the talent of a professional landscape design firm which is donating their time and treasures to St. Timothy's plus the donation of a Master Landscape Architect who is also volunteering their professional services. More details will be forthcoming in the future about this very special project. If you would like to purchase an engraved brick for the courtyard please e-mail [deke.smith@cox.net](mailto:deke.smith@cox.net)



## St. Timothy Stars in Local Production

Herndon High School Theater under the direction of John Whapman presents:

**Les Miserables**  
May 7,8,13 & 14.

Our very own Sarah McGrath, Kate Klipfel, Jen Wilson & Tyler Andere are part of this production. Be sure to make plans to attend this wonderful event one of the named days.

For Ticket information please call:

Marcia Andere 703-834-1163



## St. Timothy's Service Ministry Were You Looking For Us?

Have you felt a spiritual desire to be active in God's work?

Is there a charity or humanitarian cause you are passionate about?

Are you interested in contributing to our local community?

Looking for a way to expose Christian values to your children?

Is there an extra hour to spare .. once a week .. Once a month?

If you answered yes to any of the above; you might be looking for us, and we certainly are looking for you!

We work with and provide AGAPE Offerings to:

Link, Reston Interfaith, Clothes Closet, Nurturing Parent, Herndon Free Clinic, Loudoun Abused Women's Shelter, Our Little Roses, Whitman-Walker Clinic, Episcopal Relief, Habitat For Humanity.

The service ministry is a fellowship with a variety of interests, talents, and time to contribute. Some devote themselves to one project a year, while others have interest in many areas.

Our common link is our desire to be active in our Christian Faith.

We meet once a month on the 2nd Monday at 7:30pm. Please join us in the narthex on May 9th.

## Pentecost Sunday

May 15<sup>th</sup> is Pentecost Sunday. 50 days after Easter we celebrate God's gift of the Holy Spirit. God's very own Spirit has come into the world to envelope us, fill us, enlighten us, give us gifts and abilities, guide us. At the original Pentecost the Holy Spirit entered the disciples and gave them the ability to speak in different languages, so they could share the Gospel with all people.

To honor this remarkable gift in all our Sunday services on that day, those who speak a language other than English are invited to come stand and face the congregation, tell us what language you will speak, and say in that language "The peace of the Lord be always with you." Your participation will help convey the wondrous gift of God's Holy Spirit.



Do you live outside the Herndon/  
Reston area? Read this newsletter online  
at [www.saint-timotheys.org](http://www.saint-timotheys.org) by the first of  
each month to avoid snail-mail time lag.

# You're Invited



## Open Grill Night Hosts Needed

We need YOU! Can you come at 6:00pm and set up 2 tables, light the grill and make lemonade? Available dates:

June 29, July 6, 13, 20, 27, Aug. 3, 10, 17, 24

e-mail Rev. Kedron [kedronj@saint-timotheys.org](mailto:kedronj@saint-timotheys.org) to sign up.

## Special dates for May

- National Family Week, May 1-7, 2005
- National Day of Prayer, May 5, 2005
- Ascension Day, May 5, 2005
- May Friendship Day, May 6, 2005
- Mother's Day, May 8, 2005
- Pentecost Sunday, May 15, 2005
- Trinity Sunday, May 22, 2005
- Memorial Day, May 30, 2005

## THE MISSION OF ST. TIMOTHY'S

As people of God

we joyfully worship God,

spread the WORD of God's love,

treasure all people, and

serve others everywhere

in the name of Jesus Christ.

adopted 03/09/02

Therefore, with God's help, we will:

open our doors,

enhance our worship,

and increase our involvement  
through all of our ministries.

## Vestry Notes:

*From Vestry minutes of March 28, 2005, Approved April 25, 2005*

• \*Attendance at Easter Services this year was excellent. We received positive feedback on the separate printing of the service in the church bulletin. This, however, is expensive and so it will continue to be used only on major holy days.

• \*Town of Herndon has re-inspected and requires another minor repair to the asphalt prior to returning St. Timothy's escrow.

• \*Stewardship Ministry reported on a proposal to assist in reducing St. Timothy's debt. In August, the line of credit comes due and must be paid or rolled into the balloon mortgage for the church addition. By paying the line of credit before August, the church can save about \$14,500 annually in interest. The Vestry authorized Stewardship to proceed with developing the proposal and explanatory materials.

• \*Youth Group still searching for a parent to serve as Youth Group Coordinator. Youth Group will receive a \$500 grant from Fairfax County when the "Get Real About Tobacco" program is completed.

• \*The Paver Fund (\$7,900) is available to begin work on the courtyard once a design is approved. The courtyard will be an Eagle Scout project.

*Next Vestry meeting - May 23, 2005*

## Shrinemont Retreat 2005

Friday, April 15<sup>th</sup> is a dreaded day for most Americans. The taxes are due and that's all we hear from the media. St. Timothy's family retreat started this day and those of us who fled Washington in the afternoon left all this behind and wended our way to Orkney Springs, VA where we entered another world of mountain views and streams, rural scenes and this big old 19<sup>th</sup> century resort hotel. The only amenities promised are a bed with plenty of blankets, a hot bath, good hearty and fattening food, and being surrounded by your church family. No TV, no phones (cell phones barely work), no traffic and best of all, no STRESS!

We want to thank the people who make this possible every year. Donna McGrath puts her energy into making this event so wonderful for all of us and she certainly deserves a big cheer. We are also very grateful for the generous donations from some parishioners enabling others to attend who could not afford the fee.

On Saturday morning, Father Brad led and facilitated us on a discussion of Sabbath, its meaning and how one can make use of its power. He showed us how to let go of all of our built up tension and stress from our hectic city life. The session only lasted several hours and then we were free to use our newly discovered power to relax for the rest of the day.

In the evening, the annual Talentless Show was held.

Some people did not listen to Fr. Brad and actually planned, rehearsed and organized their skits and productions. The show was just terrific as usual. It is amazing to see so much real talent in our church family.

Sunday morning after a hearty breakfast of pancakes, sausage and stewed apples, we held our worship service, thanking God for a great weekend.

Next year our retreat is tentatively set at March 31, April 1 and 2. Easter falls on April 16 next year.

Please enjoy looking over the photos of our adventures, moments and happy faces.



Friday's welcome gang-committee



Peter Waggoner and Annabelle explain to Terry Jones why they were late.

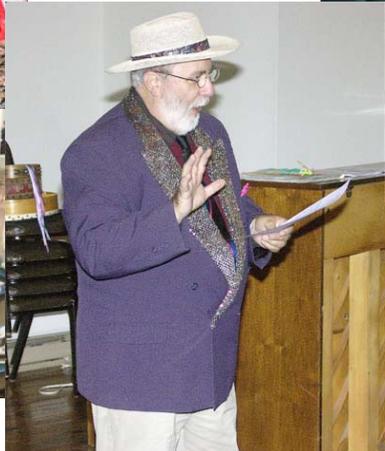


Donna McGrath ponders on her next planned event

# Shrinemont 2005



No, you go over the needle and under the thread.



It was very cold Friday night!

Roger Rick is our MC!

The Halleluia Honeys were a hit as usual

Sister Petunia renders her solo



Elizabeth Nixon & Peter give us a duet



Madison Cook plays Dixie

## Did You Know? (I didn't!)

Separating out the "white paper" from your mixed paper recycling really does make a difference. Although Fairfax County now allows all paper types (white, mixed, cardboard, newspaper) to be placed in the same bin, it really is important to separate out the white paper. Recently, Herndon High School's Director of the Students Against Global Abuse (SAGA) Mr. Gary Gepford visited with St. Timothy's - he had much information to share and much to teach us about caring for God's Creation (he is a Steward of Creation from the Catholic faith tradition). For example, recycling companies will pay 6 cents a pound for white paper, but only 1 cent a pound for mixed paper. Why? Because white paper can be recycled over and over and over again with minimal additional resources because of its high internal integrity of materials. Mixed paper, on the other hand, is of such a low quality, that it is difficult to recycle it into additional quality paper products - its use is relegated to insulation and other low-grade paper use and products. So . . . I've learned something new from Mr. Gepford and have begun to think of how I can do better in my recycling efforts. How about you? SAGA picks up St. Timothy's white paper recycling . . . let's help the cause by bringing in to St. Timothy's your clean white paper recycling. It will help the environment and help raise needed funds for HHS's SAGA.

-Craig Dubishar



## Enrolling for Summer Music Programs

Beginning Wednesday, June 15th, a summer hand bell choir will meet each week to learn the basics of music and ringing. No experience is necessary. This will be an opportunity for those interested in ringing, who may not have previous musical experience. This summer program is also for those who may not have normally been able to participate in a choir due to scheduling conflicts during the year. Rehearsals will be held in the music room each Wednesday from 7:30pm to 8:30pm.. If you are interested in this opportunity please contact Peter. Space is limited to 12 people so please sign up as soon as possible.

The music ministry is also currently enrolling people for this summer's music programs. During the summer months the music ministry is looking for people interested in participating in Sunday Worship. If you play an instrument or sing and would like to offer your talent as a prelude or offertory please contact Peter at the church.



## Save your Stuff! BIG Yard Sale

The Habitat Mission team will be holding a huge yard sale on Saturday, May 7th from 8am - 2 pm here on the church lawn. And we need your STUFF. Please save anything that might be good for a yard sale and donate it to us the week of May 2nd-6th.

Bring your items to Henry Hall and there will be a table with tax donation forms on it.

We have a truck and can come get things from you that are too big for you to bring. We need everyone's

help to raise enough money to build a house in Botswana for a deserving family. All donations to church are tax deductible and we can provide you a receipt for your donations. Thanks for your contributions!



## Big Thank You to Our Supporters!

A huge "thank-you" to those of you who supported the Avon Breast Cancer Walk which took place April 30 and May 1st. We walked 40 miles over two days, over hill and dale through Washington and surrounding areas, because we want to change the fact that every three minutes another woman is diagnosed with this devastating disease. The walk raised millions of dollars which will go directly to research, treatment and cure for a great number of those women, so you can know that your contribution will have a real impact. Look for pictures from the weekend on the service ministry bulletin board in Henry Hall.



Many thanks for your generosity and support,  
Joanne Rehm & Caroline Arlington



## Hospitality Committee Kitchen Shower

You are invited to our Kitchen Shower on Sunday, May 22, after the 11:00 a.m. service. Bring a gift for our kitchen and join us during coffee hour for a variety of good food and beverage. If you cannot attend you may still contribute by leaving your gift in the wicker basket located in the parish hall.



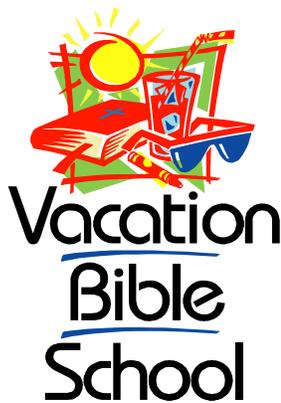
We are holding this event to stock our kitchen for upcoming events and celebrations. Thank you in advance for your generosity!

Here is a list of items that we need:

- Coffee - Regular or De-Caf (no flavors please)
- Dish detergent & liquid hand soap
- Disposable plastic tablecloths
- Kitchen towels, paper napkins & paper tablecloths
- Plastic spoons, forks, knives
- Serving spatulas & serving tongs (commercial quality)

## Save The Date! VBS is Back!

St. Timothy's will be joining Holy Cross Lutheran and First Baptist of Herndon for Vacation Bible School this summer the week of **August 1 - 5**. Held here at St. Tim's, the theme this year will be *Safari Adventure: Discover Jesus the King*. As kids journey on a photo expedition of wild safari animals, they will learn that Jesus is King! Lessons will include following Jesus, being unique, never giving up and more, all based on beloved Gospel stories. Ages 2 1/2 (potty trained) through rising 6th Graders are welcome. Registration is \$20 per child, with a maximum of \$50 per family. Registration forms will be available starting Sunday, June 5th in the



**VBS  
Teachers  
Needed**

narthex. Also, we need volunteers! The Safari Adventure can't happen without YOU, so consider volunteering to help out — we will need teachers and on-site volunteers, but we will also need parents who can help from home, too. Volunteer applications will be included with the registration forms, or call the church office 703-437-3790.

## News From Boy Scout Troop 159

April ended with a 'bang' for St. Timothy's boy scouts from Troop 159. Have you ever fired a cannon? Our scouts did as they literally walked in historic footsteps, re-living the battle of Antietam, during a camping trip to the Maryland battlefield. Scouts learned the full historic impact of the battle in the weeks leading up to the campout, then 'walked a mile' in the boots of soldiers who fought in that Civil War battle.



Also in April, the curse of Camp Snyder lived on — joining the legend of the Rock Enon ghost as part of the lore of Troop 159.

In May, we're looking forward to our bi-annual creek 'treasure hunt,' and our family canoe trip. Want to find the treasure of a lifetime? Join scouting! Contact Scoutmaster Rob Carter at 703-471-9069.

## Welcome to St. Timothy's Episcopal Church Coffee Hour

The parishioners of St. Timothy's enjoy hospitality and fellowship following Sunday services during coffee hour. The coffee hour is set up in Henry Hall for all to enjoy. This is a great time to get to know others and learn more about St. Timothy's. Even the children have fun. Many years ago a Sunday school teacher shared that one of her students said his favorite part of coming to the church was "happy hour"! It is indeed happy.



The church provides coffee and supplies but we need everyone's help to provide snacks and other food items. It would be so helpful if every family could host one coffee hour per year.

The members of the Hospitality Committee ask that you consider hosting a coffee hour. A three-month sign up is located in Henry Hall. Sign up to celebrate a family member's birthday, an anniversary, etc. It is always fun to celebrate while enjoying the company of fellow parishioners.

If you have not hosted a coffee hour and would like assistance, please call Beth Lumnitzer at (703) 262-0403 or Hollis Colie at (703) 787-0272. Also if you would like to host a coffee hour but do not have enough time, please let us know. We are willing to "set up" and "break down" if you can provide the refreshments.



The **WORD**  
for May 2005

*St. Timothy's Word* is published monthly and mailed to members and friends during the last week of each month. It also appears on the website under "See All Events" beginning the day it is ready for mailing. The deadline for submission of material for the June issue is **Monday, May 23 at 9am.**

Questions or ideas for *The Word* are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: [chasclat@adelphia.net](mailto:chasclat@adelphia.net). The message subject line must mention *Word*. Photos will be used only if key people in the photo are identified. Articles or letters may be edited for brevity or appropriateness. See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. Weekly Bulletins appear on the website no later than Friday for the coming Sunday.

*St. Timothy's Episcopal Church*  
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### Good Stewardship of Your Food Dollars

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**Editor's Comments:** The flowers are blooming, birds are singing, we are already talking about Vacation Bible School. God's presence is surrounding us.

Remember this when you are out of town on your vacation and mail in your pledge envelopes in a timely manner. The summer slows everyone down but our financial obligations for operating the church never ease up. Now where did I put that sprinkler last fall? Peace!

## 2005 Vestry

Terms expire January 2006:

Mr. Pat McGibbon  
Liaison to Finance  
571-434-6891  
[taterchi@aol.com](mailto:taterchi@aol.com)

**Mr. Tom McLenigan**  
SENIOR WARDEN  
703-758-9104  
[tmmhokie@comcast.net](mailto:tmmhokie@comcast.net)

Mr. Dave Parker  
Liaison to Bldings & Grounds  
703-860-1568  
[david.parker@nlrb.gov](mailto:david.parker@nlrb.gov)

Ms. Lidia (Lili) Soto-Harmon  
Liaison to Hospitality  
703-378-4309  
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Terms expire January 2007:

Mr. Chris Brock  
Liaison to Accessibility  
703-437-3968  
[christopher\\_brock2@verizon.net](mailto:christopher_brock2@verizon.net)

Ms. Shirley Ratliff  
Liaison to Education/Youth  
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[SARatliff@earthlink.net](mailto:SARatliff@earthlink.net)

**Mr. Bill Sanger**  
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Liaison to Ad Hoc  
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[wss@att.net](mailto:wss@att.net)

Mr. Ralph Tildon  
Liaison to Stewardship  
703-464-9377  
[rtildon@aol.com](mailto:rtildon@aol.com)

Terms expire January 2008:

Ms. Vee Bero  
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Ms. Janet Koch  
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Mr. Keith Sinclair  
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[ksincl1009@aol.com](mailto:ksincl1009@aol.com)

### Treasurer

Mr. Rick Wilson  
703-435-1925  
[rwilson20@verizon.net](mailto:rwilson20@verizon.net)

### Registrar

Ms. Wendy Budd  
703-476-8856  
[wbudd@ix.netcom.com](mailto:wbudd@ix.netcom.com)

## Church Information

**Rector:** The Reverend Brad Rundlett  
[bradr@saint-timothys.org](mailto:bradr@saint-timothys.org) 703-437-3790 Ext 11  
**Associate Rector:** The Reverend Kedron Jarvis  
[kedronj@saint-timothys.org](mailto:kedronj@saint-timothys.org) 703-437-3790 Ext 12

**Music Director:** Mr. Peter Waggoner  
[peter@saint-timothys.org](mailto:peter@saint-timothys.org) 703-437-3790 Ext 16

**Seminararian:** Mr. Michael Hinson

### Regular Services

8:00 am Sunday - Holy Eucharist Rite I  
9:30 am Sunday - Holy Eucharist Rite II  
(nursery care available)  
11:00 am Sunday - Holy Eucharist Rite II  
(nursery care available)  
10:00 - Children's Chapel  
10:45am Sunday - Sunday School  
12:15pm Wednesday - Holy Eucharist & Healing Service

### Office Hours

Monday-Friday 9am to 3pm (and by appointment)  
Telephone: 703-437-3790  
Facsimile: 703-787-9781

### Web Address:

<http://www.saint-timothys.org>

### Parish Administrator

Carol Frost Ext 10  
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