

St. Timothy's Episcopal Church



Our 136th Year

For June 2005 Herndon, Virginia



-Fr. Brad

### God's Presence in Spirit

We are now in the long season of Pentecost, the season of the Holy Spirit. From mid-May to the end of November we celebrate God's spiritual presence and activity. The Holy Spirit is the agent of creation, the breath of God, animating all life. It or she (it is never referred to in Scripture in the masculine) is a holy fire burning away human impurity, sanctifying God's people for service. The Holy Spirit is our constant companion and guide. It or she is the giver of gifts for ministry.

According to Scripture God's Spirit is present and communicates with us in a variety of ways - inspirational dreams and visions, that soft but clear internal voice, wisdom passed on to us through other people, spiritual and sacred writings, inspiring music, the beauty and majesty of creation, the Sacraments of the Church, and the very air we breathe.

Some theologians speak of "three ages" or epochs. The first was The Age of God. From creation (after "the Fall") to the birth of Jesus, God was manifest through divine messengers, inspired leaders, and prophets. The second was The Age of the Son. From the Incarnation to the Ascension, God was manifest in human form, in the particular person of Jesus the Nazarean. The third is the Age of the Spirit. In this age God is manifest in the Holy Spirit. We live in this third age.

Eventually we will know God "face to face", unmediated as when God was present with Adam and Eve in Eden. This will begin in the End Time, when the kingdom of God is fulfilled, when the reign of God is complete. For now, we give thanks for God's presence in Spirit, for guidance and inspiration, and for the gifts we are given to share the love of God.

J. Brad

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## Summer Schedule

For this summer we will keep our regular Sunday worship schedule of 8:00 am, 9:30 am, and 11:00 am services. Our Sunday school teachers and choir members will resume their ministries in September. We also have

a service every Wednesday at 12:15 pm. Many of us will be taking time out, going on vacation, getting away on weekends, but it is very important that we not neglect

### Vestry Notes:

From Vestry minutes of April 25, 2005 Approved May 23, 2005

•The Treasurer reported that the overall financial position of the church is good and we continue to reduce the principal of the loan.

•Ministries should try to phase expenses to occur throughout the year.

•St. Timothy's has received a donation to cover mailing of the envelopes to pledging families.

•Letter of Agreement with the Music Director to be amended to include health insurance coverage. Treasurer will consider how to implement a cafeteria plan for the future to include the parish administrator.

•Continuing to work with the Town of Herndon to satisfy all requirements, including sealing of the asphalt, to ensure return of the escrow to St. Timothy's.

•Agreed on the design and concept for the completion of the courtyard and requested that the cost of the project be developed as well as a presentation to the congregation.

•Requested Vestry prior review of any letter distributed to members of the congregation regarding paying off the church's debt from the construction line of credit.

•Discussed proposal to change Sunday worship service schedule to two services. Brad requested feedback from Vestry members.

•Accessibility committee has purchased and assembled two high chairs.

•Kedron attended a conference on the "Magnetic Church" which described how to make the church welcoming and open.

Next Vestry meeting – June 27, 2005

our spiritual nurture. Of course God is with us when we are at the beach, the mountains, or the golf course. But there are peculiar ways of experiencing God in Church that does not happen any other place or time. We need to hear lessons from the Bible, reaffirm our faith by reciting one of our two creeds, sing hymns, participate in communal prayer and confession, and receive Holy Communion. During your periods of recreation this Summer, don't forget re-creation for your soul.

# "Youth Group Participates In "Taste of Scuba"

Thanks to Ken Vierra, "taste of scuba" was a HUGE success. "Taste of scuba" is an intro course to the world of scuba diving. It is a fun, easy experience that gives those involved a taste of what it's like to scuba dive without the overwhelming pressure that can come along with it. Scuba was surprisingly relaxing and simple. We learned the basics such as a few fundamental hand signals. "Are you OK?" was answered with a simple gesture on countless occasions to get students use to communicating through hand signals.

In the beginning it was hard not to feel nervous and vulnerable. Later though, things got easier and more exciting. We were able to 'explore' the feeling of scuba in a safe environment which made for a peaceful transition.

Aside from having a good time we learned a lot too. Mr. Vierra's commanding teaching skills made it easy to pay attention and soak everything in. Sometimes it could be frustrating despite it all though. Running into lane ropes with our oxygen tanks was a common occurrence but we were assured that it was "OK" and "Totally normal". That made it easy to laugh it off and continue on.

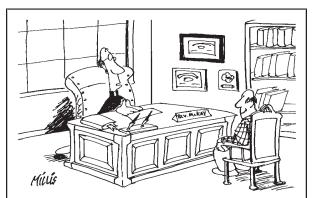
In the end, this session was fun and educational, and it made me want to learn more about the sport of scuba diving. We had a blast and I can't wait to be involved with more scuba! -Jane Kilgour

# Advocates Needed to Reinforce Rights

Are you diplomatic, assertive, and a good communicator? If you enjoy meeting people, particularly the elderly, and can serve during the weekday, the volunteer ombudsman position may be for you! Volunteer advocates are needed to make weekly visits to local nursing homes and assisted living facilities. Using the skills of listening, observing and mediating, the ombudsman works with the residents, their families and the staff of the facility, to ensure that the residents' rights are being protected. Volunteer Ombudsmen dedicate four (4) hours per week to this work, for one year. Interviews of applicants will be held during the summer. The next annual training session is scheduled for September 12, 13, and 23, 2005 from 9:00 a.m. to 4:30 p.m. each day. Following assignment, ongoing training and support are provided. The Northern Virginia Long-Term Care Ombudsman Program is primarily funded by the Area Agencies on Aging of the City of Alexandria and the counties of Arlington, Fairfax, Loudoun, and Prince William. For further information and an application, please call (703) 324-5861 or (703) 324-5435, or visit our website: www.fairfaxcounty.gov/ombudsman. To request accommodations or alternate formats, call 703-324-5435 or TTY: 703-449-1186.







"We're grateful for the checks, but in order for us to cash them, you'll have to make them out to the church, not to 'The Big Guy Upstairs.'

June 2005

# Surve The Date! VBS is Back!

St. Timothy's will be holding Vacation Bible School this summer the week of **August 1 - 5**. The theme this year will be *Safari Adventure: Discover Jesus the King*. As kids journey on a photo expedition of wild safari animals, they will learn that Jesus is King! Lessons will include following Jesus, being unique, never giving up and more, all based on beloved Gospel stories. Ages 2 1/2 (potty trained) through rising 6th Graders are welcome. Registration is



\$20 per child, with a maximum of \$50 per family. The registration form is provided on the next page and will be available starting Sunday, June 5th in the narthex.



VBS Teachers Needed Needed



# Open Grill Night Hosts Needed

We need YOU! Can you come at 6:00pm and set up 2 tables, light the grill and make lemonade? Available dates: July 6, 13, 27, Aug. 24

e-mail Rev. Kedron kedronj@saint-timothys.org to sign up.

### Meet Your Junior Warden

Bill Sanger and his family have been members of St. Timothy's for over 15 years now and he is currently serving on the Vestry as the liaison to Hospitality. Bill currently, in addition to the Vestry, works closely with the Finance



Ministry and the Hospitality Ministry. He also sells script, works in the office helping with the vouchers and ushers at the 8am service. Bill was Treasurer for 4 years and he helped draft the Columbarium guidelines and the Bylaws for St. Timothy's as well as those for the Endowment Committee.

In 2005 Bill was elected Junior Warden and he has served on the Vestry before and found the ministry very rewarding. His goals for this coming year, " In the next year, I hope we can overcome our financial problems, increase our member base and grow spiritually, as a church. I would also like to see us continue to develop our outreach programs. Within the next five years, I hope we can have a youth minister, an expanded education program and a more diversified congregation. "

One of his favorite parts about being a member at St. Timothy's and makes him smile is the people of St.Tim's, "especially the babies and small children, and their joyous attitudes." Bill adds.

When asked, what one thing about himself 'What would you like to have people know about you?' Bill answered, "Nothing about me personally, however, I think it is important to remind all of us that what makes St. Tim's tick, are the people and how each person's contribution of time and talent is what makes us a living church. We all need to be involved to make the church a real home. Hosting a coffee hour, or even just going back to the coffee hour and mingling with people, can make a big difference in how our church is perceived and how much we, individually, get from the church." Bill concluded by adding, "Being active in the church is a great experience, in itself."

### THE MISSION OF ST. TIMOTHY'S

adopted 03/09/02

As people of God we joyfully worship God, spread the WORD of God's love, treasure all people, and serve others everywhere in the name of Jesus Christ.

Therefore, with God's help, we will: open our doors, enhance our worship, and increase our involvement through all of our ministries.

#### Vacation Bible School Registration August 1 – 5, 2005 9:00am – 12:00pm

Parent(s) Name			
Address		City	Zip Code
Day Phone	Evening Phone		_ Cell Phone
Email Address			
Member of Herndon Church: Y	es No	_ If yes, church name	
VBS is open to children 2 <sup>1</sup> / <sub>2</sub> (potty-trained) through rising 6 <sup>th</sup> graders.			
Child's Name Conditions	Birth Date	Grade Completed	Known Allergies*/ Medical
Registration is \$20 per child, with a maximum of \$50 per family. *If your child has food allergies, you will need to provide him/her with a snack each day. Please label the snack with your child's name and give it to your child's teacher. If your child has a life-threatening allergy and is unable to self-administer the EpiPen, please volunteer to work in the classroom with your child.			
Consent and Emergency Contacts			
This section of the form is to be completed and signed by the child's parents or legal guardian:			
In the event that my child(ren) is injured or ill during VBS, I understand that the school will attempt to contact me at the telephone numbers provided below.			
Name:		Phone:	
In the event that I am not available, I give my permission to the VBS staff to provide first aid for my child and to take appropriate measures, including but not limited to the following:			
1. Contacting relative, fri	end or neighbor to	remove my child from so	chool.
Name P	hone	; Name	Phone
2. Contacting the child's	physician:		Phone
	no time will VBS s		to or the nearest red child to an emergency medical facility

#### Parent or Guardian Signature

#### June 2005 Letters from Lakota

(A series of letters from the St Timothy's Lakota Team)

#### Days 1 and 2 (May 14 & 15)

We arrived in Pine Ridge, Saturday evening, safe and sound, and happy to be back here. Pastor Larry Peterson, the Lutheran pastor that runs the Pine Ridge Retreat Center, is much the same as ever – with boundless energy and an enormous heart. He tells us he has lived here on the Pine Ridge Indian reservation for 13 years. (Most of us estimate that we wouldn't last longer than two weeks!) This year, Larry has a seminary student, Linda Webster, joining him. Linda is doing a one year internship and we're sure she is a big help to Larry. Our accommodations are welcoming and familiar since all five of us have stayed at the Retreat Center at least once before. We are certainly not roughing it – hot showers and beds with homemade quilts – what more do you need?

Our flight from Dulles was delayed so we had to make a mad dash through the Denver airport to catch our connecting flight. I think we had all of ten minutes to run through the terminal. Thank heaven for moving sidewalks! All five of us AND our luggage made the

flight and we landed in Rapid City on time. After picking up our rented Durango we headed for a tourist stop in Deadwood. We had told Larry not to expect us until after dinner. We had our first



Arrival at Rapid City



Deadwood, Home of Calamity Jane and Wild Bill Hickok

bit. Then we headed for Mt. Moriah Cemetery to pay our respects to Wild Bill Hickok and Calamity Jane.

When we left Deadwood we made the long drive to

Pine Ridge and while Jackie drove and Jeanne navigated, Ralph serenaded us with many old favorites and Hugh and Janet watched the "buffalo roam" and the "deer and antelope play". After greeting Larry and Linda at the Retreat Center we discussed plans for the week and had evening worship.



dered around the town a

Where the antelope play!



Holy Cross Episcopal Church

Sunday morning, we were up early for breakfast and then walked the two blocks to Holy Cross Episcopal Church for the 9:30 service. The new Episcopal priest, Father Pat, is not native and recently relocated from

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L.A. – quite a culture shock we're sure! He's commuting now from off the reservation but will shortly be moving into a house in Porcupine (on the reservation). Two years ago some of our team helped remodel the bathroom in that house when Cordelia White Owl lived there. After the service we joined the congregation for coffee and donuts while the Vestry met at the next table. We noted that Vestry matters don't differ much they were pricing new water heaters and discussing plumbing problems!

After church we shopped at Sioux Nation, the only major grocery store on the reservation, which is conveniently located across from the retreat center. We had some sandwiches and baked a cake for the children who come in the afternoon. From 3:00 to 4:30 PM every day,

Larry invites the children to come and have playtime and a snack. We all enjoy this opportunity to spend time with these youngsters, hear their stories and play games with them. They always make our visits so much the richer for



Playing Monopoly

knowing them. After the children left, we drove to the site of the massacre at Wounded Knee. It is always such a sad story to hear and the site of the mass grave is so touching. Larry talked about Lost Bird, one of the child survivors of the massacre, and recommended a biography of her life.

We returned to the retreat center and made spaghetti for dinner, had evening worship, in which Larry "tried" to teach us to sing a Lakota hymn to Ralph's accompaniment on the keyboard. It's been a busy two days and we're looking forward to going to the work site, on Basil Braveheart's property, tomorrow morning.

Blessings to everyone – St. Timothy's 2005 Lakota Team



Wounded Knee at sunset

#### June 2005

### Rage 6 Announcing The Shawl Ministry at St. Timothy's!

This new ministry is being formed for the purpose of creating loving warmth for people in turmoil, for people who have reason to celebrate and for people who don't neces-



sarily know that they need a "good, permanent hug!" Are you interested in learning how to knit or crochet? Come join us on Thursdays at 7PM in the Upper Room. Someone will be on hand to help you learn these crafts (we start out small: a scarf for the Angel Tree, and then move on to shawls!). Attendance is not necessary every week – come when you can.

If you know someone who would be comforted by receiving one of our handmade creations, please see Jackie Clattenburg, Janet Dopsovic, Donna McGrath, Susy Nixon, Jeanne Rick, Jean Shepherd, or Florita Tilden or fill out a form located in Henry Hall.

#### A SHAWL PRAYER

This shawl has been created for:

by: \_\_\_\_

Let us pray this blessing:

Be well . . .

Be warm . . .

Be loved . . .

Be comforted . . .

On this day, and around our gathered circle, this shawl has been passed through our praying hands and been blessed by our loving hearts.

Your friends at St. Timothy's Episcopal Church

# Sunday School Teachers Luncheon

St. Timothy's is holding a Pot Luck luncheon on the last day of Sunday School to thank our teachers in this critical ministry area. All members of the congregation are invited to attend to help us thank these special people – and a great way to end the Church School year! **Please join us!** 

The luncheon will be held after the 11am service on Sunday, June 12<sup>th</sup>.

Main dish and Ice Cream dessert will be provided. Families are asked to bring a side dish or salad to share. Please RSVP to me via email and/or sign up in Henry Hall now so we can plan our menu accordingly!

We look forward to seeing you there!

Carol Van Evera Kerrie Wilson Sunday School Superintendents

# Youth Group News

#### Dungannon Mission Needs Your Help

Adult participants/drivers and large cars/vans are needed to get the more then 28 volunteers plus luggage and tools to and from Dungannon this year. We are in need of a couple of adults with vehicles to consider staying for the week or some part and help transport teen/adult teams to the various work sites. Some of these work sites could be up to an hour away from where we live in the old sewing factory. Even if you can participate in only part of the week, maybe someone else could do the other part. Please consider helping out our youth in their 8th year of this mission to Dungannon. If you can volunteer your services and vehicle please contact Ken Vierra at KenVierra@aol.com or via phone at (703) 435-8504.

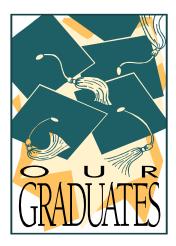
#### Participate in 30-Hour Famine Event?

A sign-up list is posted in Henry Hall to determine if teens are interested in participating in a 30-Hour Famine event, which we might schedule for the Fall. If you think you are interested in participating in this please sign-up so we can plan the event should there be enough interest.

#### Car Wash - Next Sunday

The annual Youth Group hosted car wash is next Sunday June 5<sup>th</sup>. Have your car washed while you attend church. All donations help support the general activities of St. Timothy's Youth Group. Teens need to sign-up in Henry Hall to help. Thank you for your support!

# Congratulations to all our graduates!



# Accessibility Assistance

Anyone needing accommodations for a disability in order to attend or participate in any St. Timothy's activity should call Pam Lowe of the Accessibility Ministry at 703-262-0044. Calls should be made seven days prior to the activity so that appropriate arrangements can be made. If you would like to participate in this ministry by providing transportation, please call Pam.

#### June 2005 Stewardship Notes

Please be aware that the Stewardship committee is focusing on reducing the current \$200K line of credit debt prior to refinancing in August 2005. The line of credit is a carryover from the construction and is separate from our mortgage loan. If you would like to support this campaign then please note "Debt Reduction" on your check and your donation will be applied to the principal of the loan. However please do not reduce your general pledge to support this effort. Contact Matt Maginniss if you have questions at matthew.maginniss@us.ibm.com.

# Nurturing Parenting Program

On May 12<sup>th</sup>, Fairfax County honored all of the organizations that have volunteered their assistance in the Nurturing Parenting Program, which is held here at St. Tim's on Tuesday nights. The Program is currently in its third session, this time serving the needs of Hispanics. The fourth session will begin in September and will focus on families raising African American children and the unique parenting challenges they face. So far, about 30 families have come here to attend the Program.

The Program helps families of all walks of life learn

to build happy, healthy interactions, and St. Tim's has played a large part in providing the space the County needs to run the program. Several of our ministries participate in catering dinner and providing baby sitting for the Program. These ministries include The Service Ministry, The ECW, and the Confirmation Classes.



Participating St. Timothy members: Jackie Clattenburg, Sheri Bobko, Fr. Brad, Janet Dopsovic, and Helen Guest.

For more information on how you can help with this important program, please call Janet Dopsovic at 703-391-9633.

# Enrolling for Summer Music Programs

Beginning Wednesday, June 22nd, a summer hand bell choir will meet each week to learn the basics of music and ringing. No experience is necessary. This will be an opportunity for those interested in ringing, who may not have previous musical experience. This summer program is also for those who may not have normally been able to participate in a choir due to scheduling conflicts during the year. Rehearsals will be held in the music room each Wednesday from 7:00pm to 8:00pm.. If you are interested in this opportunity please contact Peter. Space is limited to 12 people so please sign up as soon as possible.

#### Summer Worship Music

During the summer months the music ministry is looking for people interested in participating in Sunday Worship. If you play an instrument or sing and would

#### News From Boy Scout Troop 159 WATERY CHALLENGE RE-QUIRES RAPIDS RESPONSE

Scouts from St. Timothy's Troop 159 paddled their way through one of their most exciting outings of the year late last month — the family canoe trip on two mighty Virginia rivers. The two day adventure started when the roosters crowed



Saturday morning. Scouts and leaders took off down the Rapidan, enjoying the quiet scenic beauty away from traffic noise and polluted air. Saturday night was spent camping under the stars near the Rapidan's confluence with the Rappahannock. Sunday morning, scouts set afloat down the Rappahannock for an exhilarating end to the weekend.

Moving from spills to thrills, the scouts this month are planning some royal recreation at King's Dominion. This campout could really have its ups and downs! Want to get in on the fun? Join Scouting! Contact Scoutmaster Rob Carter at 703-471-9069.



The pre-school children closed out the school year by learning about topics that included the "The Wild West", "The Farm" and "Island Fun". In art, the kids

created cowboys, sheep, and fish, and in science, they learned about the importance of weather vanes to farmers, among other things. The last few weeks of school contained many fun and diverse learning experiences.

In addition to their units of study, the kids also worked diligently to prepare wonderful performances for the Mother's Day Teas. They sang, with hand motions, favorites such as "I'm a Little Tea Pot", "You are My Sunshine", and "Skinamarink". What a treat for the moms!

The pre-school parents hosted a lunch in May to show their appreciation for everything the teachers and staff do for their children throughout the year. Many parents contributed delicious sandwiches, salads, drinks, and desserts, as well as beautiful table decorations to make the event special. The teachers' many talents, along with Helen Guest's leadership, make St. Timothy's Pre-school a terrific place for our children to learn. Thank you teachers, and Helen, and thanks to everyone who supported the pre-school through fundraisers or by giving time and talent during the 2004-2005 school year!

-Lydia Gough

like to offer your talent as a prelude or offertory please contact Peter at the church office (ext. 16) for more information.



*St. Timothy's Word* is published monthly and mailed to members and friends during the last week of each month. It also appears on the website under "See All Events" beginning the day it is ready for mailing.

The deadline for submission of material for the July issue is Thursday, June 23 at 9am.

Questions or ideas for *The Word* are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: chasclat@adelphia.net. The message subject line must mention Word. Photos will be used only if key people in the photo are identified. Articles or letters may be edited for brevity or appropriateness.

See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. Weekly Bulletins appear on the website no later than Friday for the coming Sunday.



St. Timothy's Episcopal Church 432 Van Buren Street Herndon, Virginia 20170-5199

Address Service Requested





**Editor's Comments:** Lots of pictures this month! The Lakota team is going to send us a letter each month about their trip. "Taste of scuba" looks like fun for all. There are many activities at St. Tim's and it just seems to be a growing period for us. In the office we see evidence of growth with a 2-3 family/month increase on the mailing list. Where are you going on your vacation? Send us a postcard to the office and we'll put it in the newsletter. Enjoy the Summer!

# 2005 Vestry

Mr. Pat McGibbon Liaison to Finance 571-434-6891 taterchi@aol.com

Mr. Dave Parker Liaison to Bldings & Grounds 703-860-1568 david.parker@nlrb.gov

Mr. Chris Brock Liaison to Accessibility 703-437-3968 christopher brock2@verizon.net

Mr. Bill Sanger JUNIOR WARDEN Liaison to Ad Hoc 703-860-0378 wss@att.net

Ms. Vee Berno Liaison to Pastoral Care 703-620-0170 VeeBee@aol.com

Ms. Melissa Randolph Liaison to Evangelism 703-787-9993 melissa@acr.org

#### Treasurer

Mr. Rick Wilson 703-435-1925 rwilson20@verizon.net

Terms expire January 2006: **Mr. Tom McLenigan SENIOR WARDEN** 703-758-9104 tmmhokie@comcast.net

Ms. Lidia (Lili) Soto-Harmon Liaison to Hospitality 703-378-4309 sotoharmon@aol.com

Terms expire January 2007:

Ms. Shirley Ratliff Liaison to Education/Youth 703-444-1071 SARatliff@earthlink.net

Mr. Ralph Tildon Liaison to Stewardship 703-464-9377 rtildon@aol.com

Terms expire January 2008:

Ms. Janet Koch Liaison to Communications 703-620-1578 JanKoch@aol.com

Mr. Keith Sinclair Liaison to Service 703-437-4713 ksincl1009@aol.com

*Registrar* Ms. Wendy Budd 703-476-8856 wbudd@ix.netcom.com

#### **Church Information Rector:** The Reverend Brad Rundlett

**Rector:** The Reverend Brad Rundlett bradr@saint-timothys.org 703-437-3790 Ext 11 **Associate Rector:** The Reverend Kedron Jarvis kedronj@saint-timothys.org 703-437-3790 Ext 12

Music Director: Mr. Peter Waggoner peter@saint-timothys.org 703-437-3790 Ext 16

#### Seminarian: TBA *Regular Services*

8:00 am Sunday- Holy Eucharist Rite I 9:30 am Sunday - Holy Eucharist Rite II (nursery care available)

11:00 am Sunday - Holy Eucharist Rite II (nursery care available) 10:00 - Childrand Church

10:00 - Children's Chapel 10:45am Sunday - Sunday School

12:15pm Wednesday - Holy Eucharist & Healing Service

#### Office Hours

Monday-Friday 9am to 3pm (and by appointment) Telephone: 703-437-3790 Facsimile: 703-787-9781

Web Address:

http://www.saint-timothys.org Parish Administrator

Carol Frost Ext 10 office@saint-timothys.org

#### Newsletter Editor

Charlie Clattenburg 703-450-6493 chasclat@adelphia.net