



St. Timothy's Episcopal Church

The **WORD**

Our 136th Year

for July 2004

Herndon, Virginia



The Secret Is Involvement

—Fr. Brad

In all his letters to fledgling Christian communities the Apostle Paul urged the followers of Jesus to “encourage one another and build up each other” (1st Thessalonians 5:11). It’s good advice, and it was clear to me when I first came to St. Timothy’s that there was some “building up” to do. There were challenges in our relationships, with the facilities, and with stewardship. We “rolled up our sleeves”, set to work, and made great strides in all these areas. A lot of people have joined in our worship and ministries, as we continue to welcome new folks. And now we have some new challenges.

Our organist and music director have retired, initiating a search for one full-time person to fulfill the ministry of two part-time people. When we first posted this “ministry position” on the American Guild of Organist (AGO) website we received a half-dozen responses from some well qualified candidates. We were pleased and started the process of reviewing and interviewing. Then new resumes cascaded in; to date we have received more than three-dozen resumes, from all over the country and England! We’ve had a lot of conversations, checked a lot of references, and we are now conducting personal interviews. Please keep our search in your prayers! We hope to have a new Music Director/Organist before September. When music is employed in worship, there is no more important ingredient (other than God and the people of God) for opening our hearts, drawing out our sorrows, heightening our joy, restoring our faith and strengthening our sense that we are wrapped in holiness. Good music builds up the people of God.

So does education. For a few years now we have offered two distinct Sunday morning programs for children – one each during our second and third services. It’s been wonderful, thanks to all our volunteers. But there hasn’t been much for adults, and it is increasingly difficult to get all the volunteers necessary. So, our Christian Education ministers are suggesting we review how and when we offer educational programs. We’ve held two open forums to discuss this. We want to involve as many of our Church family as possible because this may lead to a change in worship times. There are several possibilities.

See *Changes?* page 2

Children Are Welcome

—Rev. Kedron

I recently read a short article entitled “Fun in the Dark”. 70 years ago America’s first drive-in theatre opened on June 6, in Camden, New Jersey. “The whole family is welcome, regardless of how noisy the children are,” said its inventor, Richard Hollingshead, an auto parts dealer. By 1958 there were 4,000 of the outdoor theatres across the country. The decline in popularity of the drive-in has been blamed on VCR’s and now DVD players, daylight saving time, and bucket seats!

I don’t know if there is any analogy between churches and drive-ins, but Hollingshead’s message is certainly one of the church’s messages: **“We want you and your family to worship together.”** We want you and your children, or niece or nephew, or Godchild or neighbor’s child. Children are by definition (I looked it up) noisy and prone to squirm. They also like things that make noise, make messes, or otherwise entertain them.



I would like to suggest that the traditional Episcopal worship service has lots of noise, a mess or two on occasion, and plenty that can entertain children. Music is the first thing that comes to mind. If your child can read, hold the book down and have them sing along with you. **Maybe your little one can sing in the tiny tikes “Cherub” choir?** Or maybe you both want to join the

family choir at the 9:30 service?

Next, there are lots of pretty colors, flowers, vestments, and hangings to admire. **Ask your child to draw his/ her favorite thing they can see in the sanctuary during church.** Then, as you leave church ask them what they drew and enter a conversation with them. There are crayons and papers at the ushers stand for them by the doors to the sanctuary.

And then there is all the reading and talking. While some of the Biblical readings are difficult for adults to

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Changes?

(from page 1)

The point of all this is the building up of God's people to the glory of God and the advancement of God's love in this world. The Church staff, Vestry, and ministry leaders of St. Timothy's are dedicated to supporting and encouraging all of us.

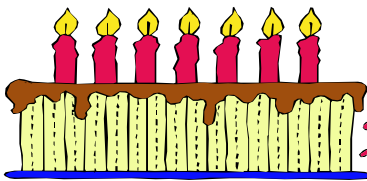
Fr. Brad

September Workshop Is a Must

We will host a Sexuality Misconduct Prevention Workshop on September 11th from 9:00am to 1:00pm. According to our canons, all adults who work with youth must attend and have completion certificates on file. Please call Fr. Brad or Rev. Kedron by e-mail or phone to register in advance, because we must order enough materials for everyone. Typically, we must travel to other distant locations to attend one of these. We're funding this one, and since this is the first we have hosted, it is important that we have all our people present.

Daytime EFM Class Cathedral Visit

Rev. Kedron's (front left) Education For Ministry class on their field trip to the National Cathedral is pictured at right. Genevieve Zetlan is also up front and l to r in the back are Carol Sinclair, Elaine Horsfield and Janet Koch.



Birthdays this Month

We Wish a Blessed Birthday to All These This Month

7/01 Anne Crocker	7/11 Duncan Hutcheon	7/16 Ryan Hall	7/23 Allan Stanley
7/02 Bradley Miller	Kathy Maser	Vi Bateman	Deborah Thomas
7/03 Bonnie Sobchak	Sally Cowan	George Perfetti	Glenn Pfadenhauer
Mimi Willan	Justin Henry	Bobbe Duquette	John Leeth
7/04 Roger Rick	7/12 Eleanor Fisher	Craig Dubishar	7/24 Nyema Wolo
Peter Horsfield	7/13 Kathy Dubishar	Michael Gjormand	Raul Smith
Stephanie Smith	Kathy Kammer	Ryan Lowe	Earl Hacker
Callie Segal	Terence Brunson	7/18 Thomas Gow	Linda Boatright
7/05 Cheryl Freeman	Shannon Smith	7/19 Timothy Wallis	Julie Brunson
Jennifer Kammer	Catherine Rohrbaugh	7/20 Bill Outerbridge	Kelly Allison
7/06 John Sobchak	Caitlin Rock	William Thomas	7/26 Jane Perry
Harvey Kodama	Allen Scherger	Guy Bennet III	Stephanie Bishop
Maggie Weaver	Christopher Maginniss	Kathryn Landicho	7/27 Christine D'Elia
7/07 Sarah Vierra	Abigail Mullet	Caitlin Vierra	Paul Lumnitzer
Jamie Ogden	7/14 Monty Johnson	Tyler Andere	Paul Brennan
Anne Rouse	Nancy Ocean	Darla Lowe	7/29 Olivia Ait-Bella
7/08 Lauren Knoizen	Sylvia Henry	Jasmine Schooch	7/30 Jamie Cline
Nicholas Landicho	Elizabeth Robson	7/21 Tom Rust	Anne Kennedy
7/09 Tom D'Elia	7/15 Allen George	Richard Kaufman	7/31 Wanda Sproles
7/10 Judy Burkhart	Gerd Kidwell	Sara Petrosian	Greg Stuart
Ben Wolo	Barbara Ward	7/22 Rick Howarth	David Stuart
Natalie Dubishar	Daniel Cozza	Elise Dera	McKayla Downer
	Cecilia Ohanian		



Wednesday Evenings at 6:30 On the Front Lawn

"In the good old summertime, in the good old summertime" ...

come on down Wednesdays at 6:30 pm, through Aug 18th for St. Timothy's **Open Grill Nights**. There's good fellowship, good food and a good time for all who attend. Bring something to grill, a side dish to share if you like, and a blanket to sit on. (Lemonade and paper products provided.) We'll make sure the grill is hot and that there's a picnic table, citronella candles, a football and frisbees. Don't let the good old summertime pass by without attending at least one of these fun and relaxing events! Bring your friends and family! Questions? Call Rev. Kedron.

Will You Be a Helper?

This is July, a time when many are on vacation. The work of the church, however, goes on. It must. God and the Church do not go on hiatus. So what needs to be remembered? Stewardship, for one thing. Reminding everyone that the bills also come in the summer, the church staff members need their salaries, the homeless still need to be fed, missionaries are still in the field, etc. The church must depend on each member doing his or her part on a regular basis. That is our responsibility and our privilege.

We must also carry on our stewardship of service: teachers for Summer Sunday school and volunteers for the many upcoming opportunities such as Vacation Bible School. We need talented people to contribute to the church newsletter, people to work outside to keep the plantings watered and weeded and some to serve as hosts for the Open Grill nights.

The bottom line is this: Helpers are always needed. Helpers are always wanted. Helpers are always special and greatly appreciated. Will you please be a helper? Call the church office to discuss it further.

We Need Hosts ...for The Open Grill Nights

We need 3 people or so per Wednesday evening to set up the grill, make lemonade, set up 2 tables, light clean up and in general welcome people. All materials needed provided.

Available dates: July 14, 21 and August 4.

Call or e-mail the office to sign up to host one of these fun events!

Children *from page 1*

understand, kids of all ages can take away something from at least one of the 4 Biblical readings we have. Plus, they are printed on a sheet in your bulletin for easy reference. Ask your child to summarize the psalm or the Gospel for you...ask them ahead of time so they can be listening. **Or ask them to draw what they heard in the Gospel then let them explain it you during lunch.**

Speaking of lunch. If you have an older child—say sixth grade and up, give them the lunch menu ahead of time: **you're serving sermon for lunch**. Ask them to listen to the sermon and then over lunch take slices and talk about it. Talk about a story or a phrase or how you felt during the sermon. Your children always have great answers to the questions asked in sermons! Kids are capable of listening and interpreting and feeling, we just have to ask them and we also have to model caring. If we adults and parents care that we are in church, care about singing, participate in the sermon and communion then the children will too.

And don't forget communion. There are a multitude of sights and sounds going on during communion not to mention the story telling in the Eucharistic prayer and the movement to the rail. Kids get into the movement and they are as able as I am to understand the grace of the sacrament. We adults may have more sophisticated words for describing God and grace, but God's grace extends to all of us especially in the bread and wine.

If church is important to you, think of how important it can be to your child. Church is a place where we are always welcomed no matter how we feel, what we believe, and whether or not we have a perfect singing voice. We gather here each week to give praise to God who wonderfully created us and to ask for God to continue to be in our lives. Ask your children what they pray for and tell them what you pray for. **Teach them the Lord's Prayer and hold their hands as you pray together in church or at the bed side.**

Children learn values from adults and they sense what's important to us. Tell them about your faith and let them learn from the faith of others in this church family. And always know: you and your family are welcome in church together! Blessings,

Kedron

Agape Offering During July and August Will Benefit the Whitman-Walker Clinic

...for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.” Then the righteous will answer him, “Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?” And the king will answer them, “Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” Matthew 25:35-40.



We Americans begin this month by celebrating the declaration by Congress that we should be independent of a former system of government which denied the rights endowed by their Creator which we now enjoy as citizens. We are proud the Declaration proclaims that “...all men are created equal...” is a self-evident truth. In reality, though, we do not necessarily treat everyone the same. One population of our society that suffers from inequities is people affected by HIV/AIDS. The Service Ministry of St. Timothy’s has chosen to dedicate our AGAPE offering for July & August to the Whitman-Walker Clinic.

The Whitman-Walker Clinic helps our neighbors with HIV/AIDS in a variety of ways, among them:

- | | |
|------------------------|---------------|
| Medical Services | Housing |
| Counseling | Mental Health |
| Education & Prevention | Medicine |
| Legal Services | Groceries |
| Case Management | |



Sadly, a portion of the legal representation and counseling must address the issue of discrimination in areas of housing and unemployment.

As you reflect on this holiday amidst the Fried Chicken, Flags, and Fireworks, please take a moment to remember that the phrase:

“All Men Are Created Equal” should be for **All people all of the time**. Please support the Whitman-Walker Clinic with your Agape donation.

Diocesan Cycle of Prayer for July

Pray each week for the Lutheran, Anglican and Roman Catholic dioceses and synods in Virginia and their bishops. Please pray for the following congregations and clergy during the weeks indicated. Congregations are scheduled for visits by the bishops on their prayer dates.

Sunday, July 4: Cathedral of the Transfiguration, Orkney Springs - the Rt. Rev. Peter James Lee; St. Stephen’s Heathsville-the Rev. Jeffrey Cerar. Please pray for the counselors, campers and guests at Shrine Mont this summer.

Sunday, July 11: St. Matthew’s, Sterling-the Rev. Robert Merola; St. Peter’s, New Kent-the Rev. Geoffrey Price; Varina, Richmond-the Rev. Michael Hadaway. Please pray for those persons ordained to the priesthood on July 17.

Sunday, July 18: Wicomico, Wicomico Church-the Rev. Scott Dillard; Trinity, Lancaster and St. Mary’s Whitechapel, Lively-the Rev. Scott West. Please pray for the person ordained to the priesthood on July 24.

Sunday, July 25: St. James’, Warrenton-the Rev. Lawrence Murphy

Fiscally Speaking...

Our most recent (May) Treasurer’s Report shows a trend which is contrary to our normal operations. Our out-go is exceeding our in-come.

Because of additional costs for furniture and unforeseen situations encountered by the contractor, we had to open a line of credit to augment the mortgage proceeds. Those payments now add to the monthly payment on our mortgage. Our combined monthly payments to BB&T now total \$13,290. Our total income in May was \$ 55,503 and expenses were \$60,588.

Since we have an \$80,000 performance bond on the renovation project being held by the Town of Herndon, our cash flow is thin at the end of each week. With the usual summer vacations, our contributions are generally maintained through the faithfulness of our parishioners using the mail for their pledges and offerings. Please continue to support the ongoing needs of our church here throughout the summer months.

We now have only one account at the bank: our Operating Account. The old building fund (BTH) paid (or pre-paid) on the principal until the project was complete. At that point the mortgage payments became due and the building fund was subsumed by the Operating Account to make the mortgage payments. Any contributions received now which are designated for the old “Building Fund” or “BTH” automatically are deposited in the Operating Account.

Open Grill Nights Are Regular Feature of Wednesday Evenings This Summer



Jeff Sinclair with dad, Keith and mom, Carol chats with Janet Dopsovic

It was a good evening of relaxation for Tina Pinkard, Sr. Warden and Kim Savage, Christian Education Ministry Chair



Mary McLenigan, David Tiger, Chris Brock, vestry liaison to Accessibility Ministry and Dave Dopsovic



Tom McLenigan, Jr. Warden, tosses a long one to Wray Sinclair while his son is trying to tackle him? Now we know why all that lawn is out there!



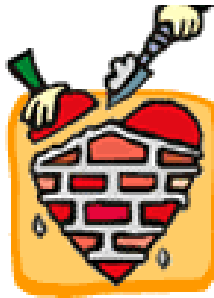
It's finally time for S'mores and Wray Sinclair stands at the ready on the left with Matt Dopsovic and Alex Brock. Up front at the grill are Robert McLenigan and James Marsh.



Lots of grass here for frisbees, and Keith Pinkard and daughter Courtney are enjoying the beautiful June weather.



July 10-26, Rev. Kedron will be joined by twelve others (non-clergy) from around the globe on a mission trip to Fiji. They will be participating in a project called **Global Village** supported by **Habitat for Humanity International**. While building a house in Fiji, they will travel, live, work, pray, share and eat together with the locals.



Thank you for the amazing support!! You have given me enough funds and good wishes to make this trip a success. I do ask for your prayers as our team steps out on faith. I look forward to sharing my experiences with you when I get back. And I hope next year St. Tim's will take an international habitat trip!
Blessings,
Kedron

Website Redesigned - Same Address

St. Timothy's has launched its new website at the same web address: we're still www.saint-timothys.org. The site has been completely redesigned to provide both visitors and parishioners access to the St. Timothy's information they find important.

It features a comprehensive calendar which is now the official church calendar. New events and changes to existing events are keyed in to this calendar and are immediately displayed on the web. Descriptions of the events with contact information appears under your cursor as you drag over the event. We have a page of volunteer opportunities, and forms for transferring membership or contacting clergy. We are moving more of our announcements, especially last-minute changes or additions to meeting times and places, to the website, so please bookmark the page and visit frequently. Further additions and improvements to the site are planned for the next several months. If you chair a ministry or organize an event, please ensure the information on the site is up to date, and let the office know when you would like changes or additions made.

The weekly bulletins and the monthly newsletter are there as soon as they are prepared in the office. The bulletin has e-pages which expand upon the announcements in the printed bulletins, and archived copies of the bulletin and newsletter are there for your reference.

The Greatest Honor Of All

One of the greatest American preachers in the 19th century was the Episcopal minister of Trinity Church in Boston. His talent was so appreciated that he was chosen to be a bishop of the Episcopal Church. When the honor was bestowed upon him, he received many letters of congratulations, all of which he surely appreciated. One letter, however, he cherished more than the others. It read: "Dear Dr. Brooks: I am a tailor in a little shop near your church. Whenever I have the opportunity, I always go to hear you preach. Each time I hear you preach I seem to forget all about you, for you make me think of God." That heartfelt letter caused the brilliant pastor to respond: "I had rather carry the memory of that tribute to Kingdom Come than all the bags of gold you can drag through the streets of the city."

Things We Learned in Sunday School This Year



Quotes from the last day of Sunday School in the third grade class:

"We learned about the saints and their symbols (and we made our own symbols and shields)"

"We learned the seasons of the church year."

"We learned about the Apostles."

"We learned what a chalice is."

"We learned about Agnes who was killed and about her lamb."

"We learned that Peter is the rock of the church."

"We learned what colors the church seasons are and why."

"We learned about the secret place on the altar for the communion things."

"We learned what the priests say when they give us the bread."

"We learned about the Prophets."

"We learned about the people who walk in the procession going into church."

"We learned about *Daniel in the Lions Den* and *Jonah and the Whale*."

"We learned about the robes the priests wear"

"We learned what a creed is."

Whew! It was quite a year!

—Joanne Rehm

Fresh Produce at Your Local Grocery Store, Part II

Last month we discussed the 12 most popular fresh fruits and vegetables that were found to consistently be contaminated with the highest levels of pesticides. Now, let's discuss why you should care, and what to do. First, there is growing concern in the scientific community regarding the subtle ways in which small doses of pesticides affect people, especially chronic exposure to very small amounts. This type of exposure has been of particular concern during the critical periods of fetal development and childhood. Because the toxic effects of pesticides are not well understood, are worrisome, and, in some cases, completely unstudied, consumers should exercise caution to minimize exposure to pesticides whenever possible (a look at a recent study about exposure to lawn care chemicals should put this issue to rest). What to do? Well, unfortunately, washing and peeling are helpful but may not necessarily be the best answer because while peeling of an apple or potato may reduce exposure, valuable nutrients are often lost with the peel. The best option is to eat a varied diet, wash all produce (not merely rinse), and choose organic when possible to reduce exposure to potentially harmful chemicals. Many grocery stores now offer organic choices. Also, joining a local Community Supported Agriculture (CSA) farm that grows organic crops, or minimizes the use of herbicides and pesticides is a great thing to do. For example, Great Country Farms in Bluemont, Virginia delivers weekly to your door during the growing season fresh produce that is often organic or grown with minimal use of pesticides (visit them at www.greatcountryfarms.com). They grows organic strawberries, red raspberries, blackberries, greenbeans, peas, and lettuce, and only minimally treat tomatoes, peppers, eggplant, orchard fruits, and sweet corn.



For
Your
Good
Health

Want to learn more? Please contact Craig Dubishar, St. Timothy's Steward of Creation, or visit www.ewg.org (Environmental Working Group).

Episcopal Singles Group Social Planned

Episcopal singles (45 and up) are invited to join us for fun and fellowship at a Summer Social on July 24 at 7:00pm at the home of Sandy Titus. For more information or directions please contact Sandy at 703-860-2051.



August 9 - 13 Vacation Bible School

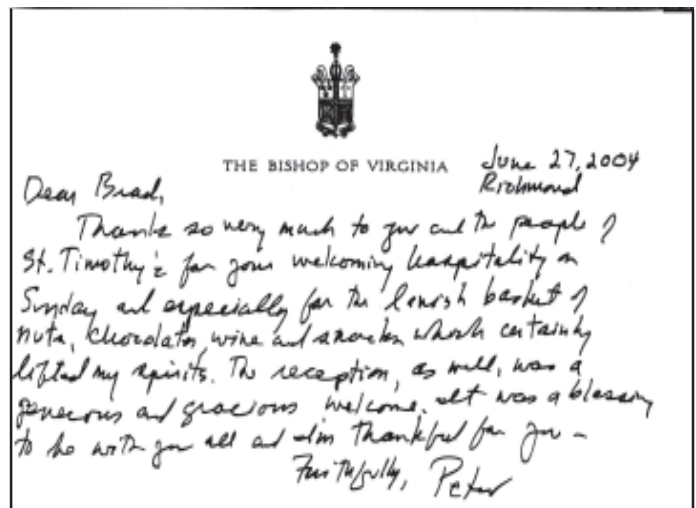
The theme this year is
Davey & Goliath's Camp Creation.

At Camp Creation, kids celebrate the gospel by learning from Jesus how to care for everything in God's world. Through activities in Cabin Crafts, Discovery Outpost, Snack Shack, Goliath's Games — even Davey's Drama — kids of all ages learn faith lessons that will guide them on a lifetime of adventures!

Ages 2 1/2 (potty trained) through rising 6th Graders are welcome.

Registration is \$10 per child of a teacher or project coordinator (selected from parish members); \$15 per child for parishioners; and \$20 per child for non-parishioners. Registration forms are available in the Vacation Bible School mailslot in the hallway outside the office and at a table in Henry Hall. Return your form in an envelope with your check as soon as possible and mail it to the office or put it in the parish administrator's mail slot in the hallway or in the office.

Also, **we still need volunteers!** Camp Creation can't happen without YOU, so consider volunteering to help out — we will need teachers and on-site volunteers, but we will also need parents who are members of St. Timothy's who can bring a snack, cut out art supplies and much more. Volunteer applications for church members will be included with the registration forms, or call Marybeth Henry at 703-742-6694 or e-mail Rev. Kedron at kjarvis@saint-timothys.org.





The **WORD** for July 2004

St. Timothy's Word is published monthly and mailed to members and friends during the last week of each month. It also appears on the church website under "See All Events" on the day it is ready for mailing. The deadline for submission of material for the August issue is **Thursday, July 22 at 7am.**

Questions or ideas for *The Word* are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: office@saint-timothys.org. Photos will be used only if everyone in the photo is identified. Articles or letters may be edited for brevity or appropriateness.

See our website for the up-to-the-minute monthly calendar. It's always current and is for several months.

Weekly Bulletins appear on the website no later than Friday for the coming Sunday.

St. Timothy's Episcopal Church
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Herndon, Virginia 20170-5199
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Attention Newcomers

If you are a newcomer to St. Timothy's (you haven't attended a Newcomer's Social) please plan to join us at the end of July or early August for the next social event. Watch the weekly bulletin for announcements and sign-up information. These are always well received informal introductions to the congregation, so we hope you are able to juggle your schedules to include us.



2004 Vestry

Terms expire January 2005:

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Associate Rector: The Reverend Kedron Jarvis
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Regular Services

8:00 am Sunday - Holy Eucharist Rite I
9:30 am Sunday - Holy Eucharist Rite II
(nursery care available)
11:00 am Sunday - Holy Eucharist Rite II
(nursery care available)
11:00am Sunday - Summer Sunday School
12:15pm Wednesday - Holy Eucharist & Healing Service

Office Hours

Monday-Friday 9am to 3pm (and by appointment)
Telephone: 703-437-3790
Facsimile: 703-787-9781

Web Address:

<http://www.saint-timothys.org>

Parish Administrator & Newsletter Editor:

Bob McConahy Ext 10

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Regina Mason Ext 13