



## St. Timothy's Episcopal Church

### God's Grace When Miracles Don't Happen

Luke uses the word "Grace" once in his Gospel, and ten times in the Book of Acts. John uses the word three times. The word is not in the Gospels of Matthew or Mark. But it appears more than a hundred times in the pastoral letters of Paul and the other apostles!

The Greek word *charis* means "favor," "kindness," "mercy," or "blessing." Paul (et al) uses *charis* to speak of God's general disposition toward human beings. Though completely undeserving, God favors us, acts kindly toward us, is merciful, and blesses us. The Apostles make the point that we are constantly showered by the grace of God; divine favor, kindness, mercy, and blessing rain down upon us at every moment, especially when we need these gifts most. Paul declares that we get just what we need, and even more than we need; that God's grace is both sufficient and super-abundant.

But it is not a "quick fix." God doesn't deliver meals when we are hungry, medicine when we are sick or injured, or otherwise attend to our immediate corporeal needs. God has created this world with sufficient resources for all of us (the problem is we aren't very good at sharing), and works through the Holy Spirit to strengthen our faith and compassion. We usually want the quick fix, but Scripture testifies that God gives us more.

When I was in seminary, my first child, my daughter, was very ill. I prayed night and day for God to heal her, but did not get "the miracle" I wanted. I went to my spiritual advisor (Rachel Hosmer, the most godly person I have ever met) and asked her about praying for miracles. Rachel was 72 at the time and suffered very painful arthritis in her spine. She understood my urgency and pain; she listened very patiently. When I was done pouring my soul out to her she responded very simply "I ask God once for what I want, and ever after for the grace to accept what God gives me." It took me a very long time to appreciate her words of wisdom.

God did not take the arthritis, the pain, away for Rachel. God gave her the grace to accept her mortality, and the faith to believe in eternal life without suffering. So, rather than focusing on her painful condition, she concentrated on helping other people. She lived out her years with great

faith, dignity, and compassion. Very few people had any idea that she suffered so much.

Miracles (i.e., "quick fixes") do happen, in Biblical stories and in life. But not often, and always as a reminder that "God does better things than we can desire or pray for" (The Book of Common Prayer page 831). Paul makes the point that "the sufferings of this present time are nothing compared to the glory that will be revealed to us" (Romans 8:18). Paul also declared that "The power of God is made perfect in human weakness" (2<sup>nd</sup> Corinthians 12:9), that God works in and through our trials for a greater good.

As Rachel taught, I now begin my prayers with a request for what I want, then renew my faith that God will do greater things than I desire, and ask for the grace to be a faithful servant – trusting that God's grace will prevail, and that one day we will be with Christ in Paradise.

We celebrate God's victory over sin and death, and thank God for enveloping us in constant and triumphant heavenly grace.

-Brad

### A Fruitful Summer

Four years ago on July 17, I first began working at St. Timothy's. I still vividly remember my first day in the office. If I thought that summer would be a slower time in the church, I was mistaken! Vacation Bible School had just started, and someone invited me to help with the music class. What a great way to get to know the youngest members of our parish! They were so enthusiastic as they sang songs like "Ho-ho-ho hosanna!" and reverent as they signed "Jesus loves me" in American Sign Language. This year, director Liz Griffith has registered 63 kids for Vacation Bible School and has coordinated 48 volunteers to work from July 12-16. Teachers will be showcasing our new Godly Play materials during story hour, and we will be collecting money to support a student from Our Little Roses School in Honduras through St. Timothy's Service Ministry.

Also in July, our new Journey to Adulthood leaders spend half a day in required Diocesan training for workers with youth, our Godly Play teachers will continue to teach at the 9:30 AM service, and our Dungannon Mission Team will gear up for the annual work and mission trip to help the residents of Dungannon, Virginia with significant

housing repair projects (July 31-August 7). Our Service Ministry will work with us to raise money for 15 children at St. Mathieu's School in Haiti. Countless other ministries are putting hours of preparation into fall faith formation opportunities for people of all ages. It's inspiring to see how vibrant life continues to be at St. Timothy's even in the middle of summer and in the midst of vacations. May God continue to bless us all in our work and in our rest.

-Leslie

## Journey into Adulthood for Parents

Beginning in September, when your children are attending classes on Sunday morning, you have an opportunity to participate in a discussion group with other adults. The Adult Christian Education committee is offering a program entitled, "Becoming a Good Samaritan," which includes a question guide and areas for discussion and personal reflection. If you are interested in attending this adult group, you may purchase the resource book through St. Timothy's at the cost of \$10. Please contact Carmela Condro at [ccondro@juno.com](mailto:ccondro@juno.com) by August 30 if you want to order the resource book. If you prefer to purchase the book elsewhere, the book is "Becoming a Good Samaritan" by Michael R. Seaton with Ashley Wiersma, Publisher-Zondervan, 2009, Grand Rapids-sponsored by World Vision.

## God Knits Us Into Wholeness



The Shawl Ministry of St. Timothy's Episcopal Church is a prayerful ministry of knitting and crocheting that reaches out to those in need of comfort and solace, as well as to those celebrating births, baptisms, or other milestones. The shawls and lap robes that we make and give away offer tangible evidence of our prayers.

The Shawl Ministry was born after Jackie Clattenburg purchased the book, Knitting into the Mystery, by Susan S. Jorgensen and Susan S. Izard, and shared it with a few people. On May 5, 2005, Jackie and Janet Dopsovic started the first meeting with Sharon Lew, Susan Nixon, Florita Tildon, and others. Later, Donna McGrath formatted the cards of comfort and helped select the spiritual verses. Upon joining the ministry, Lorna Moran served as one of the greeters/instructors for new members.

To date, 380 people have received our knitted and crocheted gifts. Three of our recipients are centenarians. The oldest recipient, the Aunt of Kaworu (Carol Yanagihara, is 107 years old.

When we began the Shawl Ministry, we based the knitting on a three-stitch pattern to symbolize the Trinity—Father, Son, and Holy Spirit. As our ministry has grown, we have expanded our patterns and have welcomed people from different churches in the Herndon-Reston area.

As we pass yarn through our needles, we weave prayers and blessings into the shawls. The designers begin each shawl with prayers for the recipient and continue to pray throughout the creation of the shawl. We conduct a special ritual when the shawl is completed and ready to be given away. Our members gather in a circle. Each of us holds onto the shawl, and we bless it with a prayer. We then fold the shawl and place on it a written blessing that honors, comforts, and supports the recipient.

Some of our continuing projects include:

- shawls for members, families, and friends of St. Timothy's congregation
- shawls for members of Harbor House in Herndon, VA
- hats, scarves, and mittens for St. Timothy's Christmas tree
- shawls and sweaters for the children on the Reservation at Pine Ridge, South Dakota
- lap robes for our men and women of the US Armed Forces.

The Shawl Ministry invites you to join us. God equips those who are called. We meet the first and third Wednesdays of each month at 7:00 PM at St. Timothy's. To know that our shawls may speak love and prayers into another person's heart is rewarding. Come help us celebrate as God knits us into wholeness.

If you or a loved one would like to receive a shawl, please contact Jackie Clattenburg (703) 743-2433; Lorna Moran (703) 476-1138; or Florita Tildon (703) 464-9377.

## Web Make-Over!

Come take a look at Saint Timothy's revamped website at [www.saint-timothys.org](http://www.saint-timothys.org).



The new site makes use of the latest social networking tools, allowing visitors to share pages, find us on Facebook and YouTube, and view Flickr photo sets as a slideshow within the site. Not only does the site have a new, cleaner

look, but it uses a new site management structure called a content management system. This gives viewers the ability to more easily update information and events. The Technology Advisory Board will be making additional revisions and adding content throughout next month, and they will have a training session on maintaining the website in July for those ministry members needing it. As the world continues to move to computers for its information, we are excited to make St. Timothy's more accessible for those searching for a new church online, as well as giving current parishioners the ability to view needed information vital to our church life. Check out the calendar online when you're scheduling events, catch up on sermons you have missed, and view photos of church events. Your comments can be emailed to the Communications Ministry Chair: Elaine Horsfield at [ehorsfield@cox.net](mailto:ehorsfield@cox.net).

### A Yearly Blessing

On May 22, 2010, St. Timothy took its yearly mission to the Pine Ridge Indian Reservation in South Dakota. The group was unusually small: only four of us traveled to the reservation. The task assigned to us this year was replacing a kitchen floor in the home of a local resident. This job entailed removing existing flooring, unhooking and moving sink and gas stove, and removing the sub-floor as well as the actual floor. Once the floor was removed, we discovered that two of the joists were rotten and in need of replacement. A large material list was generated and one member accompanied Pastor Rupp (Retreat center administrator) to get supplies. We were able to get all building supplies as well as new flooring back to the job site in a small Ford SUV in ONE trip! Work took three full days and by the end of it, a beautiful faux wood floor was installed and in our "spare" time we repaired the front door. The homeowner as very happy!

Life at the retreat center had not changed much since last year. We welcomed many local children every day at 4:00 p.m. for fun and games. The number of children had increased to such a level that Pastor Rupp separated the days they could visit by their age. Early in the week we saw kids seven and younger, and the older kids came the last few days. The weekly dinner meal for the kids was now held on two days to handle the large number.

The evenings following "Children's Time" were spent with us hosting guests at the retreat center. These guests would talk about life on the reservation, explain different customs such as sweat lodges, or share their abundant artistic talents. We were treated to a delightful evening with Valerie Brown Eyes as she made quill art. Barbara Dull Knife, a tribal council member, shared her insights on some of the issues affecting the reservation today. Kelly Looking Horse led an extremely interesting tour for us.

This tour included the Bureau of Indian Affairs office, the free food distribution center and warehouse, the new bus service office, the Tribal Council building and the local jail.

The week flew by very quickly and we ended it with a nice visit with Reverend Two Bulls at his church at Red Table—on the edge of the Badlands. We left with our usual sense of awe at the beauty of the land, the limitless generosity of the people and a strong feeling of camaraderie within the group.

### Saints Alive

On Saturday, June 12, ministry leaders and representatives were treated to an in-depth explanation of the new 2011 budget process and a financial tutorial. This special event, sponsored by VoCoSuM, included a presentation from Kathy Lombard, Junior Warden, on the timelines of the new budget process and 2011 Vestry Goals; this year we will be submitting ministry budgets for 2011 earlier than in previous budget cycles. The new plan will allow for more coordination and budget planning on the part of the Finance Ministry and the Vestry.

Rick Wilson presented a thorough review of the financial reports, voucher preparation, the 2010 budget, and insights into the ministry preparation of the 2011 budget submissions. He also fielded individual issues/concerns presented by the Ministry representatives who were present. It was a wealth of knowledge presented to us in just over an hour!

*A special thank you to Rick Wilson and Kathy Lombard for sharing their knowledge, time, and talent with the ministry leaders.*

### Scouts Canoe Trip

This month our main focus was on our annual canoe trip, this year to the Rappahannock River. Although it was hot and the water levels were low, everyone still had a lot of fun. We were also able to see lots of wildlife and nature. We camped about 13 miles downstream from our starting point and canoed a total of 24 miles over the two days. Our group contained 13 canoes and a kayak.

For the next month we will focus on camping to prepare new scouts for summer camp. Have a great month!





## Celebrating God's Gifts:

All that we do, with all we have, once we say we believe.

Celebrating the gifts God has given us calls to mind St. Timothy's mission statement: *"As people of God, we joyfully worship God, spread the WORD of God's love, treasure all people, and serve others everywhere in the name of Jesus Christ. Therefore, with God's help, we open our doors to everyone, open our hearts in worship, open our eyes to the Spirit's gifts, and open our arms to embrace God's work."*

Each week the Stewardship Ministry is studying a core phrase of our mission statement to illustrate how we celebrate God's Gifts. We hope these first three phrases stimulate thanksgiving and celebration as we are reminded of God's Gifts to and through St. Timothy's.

### ***"We joyfully worship God"***

It is with great joy that we as a congregation offer our gifts of time, talent and treasure by supporting three worship services every Sunday, one every Wednesday, and every holy day. We provide a place for worship in our pews and in God's family, and we enjoy the gifts of instrumental and vocal music that will lift your spirit. We prepare the worship space with flowers, candles, clean linens, and all the other items that enrich our worship services. As Christians we give thanks and prayerfully celebrate God's gifts every week during our worship here at St. Timothy's.

### ***"We...spread the WORD of God's love"***

We, at St. Timothy's, actively share the WORD of God's infinite love with all. Spreading God's message begins with our youngest members in Sunday School, our Godly Play program, and Vacation Bible School. We communicate God's love through our vibrant youth programs, including the new Rite 13 and Journey to Adulthood programs. As adults we share, learn, and explore the message of God's never ending love for all creation through a dynamic adult Christian Education program, including: Education for Ministry, Wednesday morning Bible Study, book clubs, and various programs

focusing on specific topics of interest to our church family. We continue to spread God's WORD throughout our community via our website, weekly emails, our weekly Bulletin, the monthly WORD, and our Facebook page. Together we, at St. Timothy's, seek to share with all the joy that comes from experiencing God's love.

### ***"We ... treasure all people"***

We are one in Christ. Every person on this planet is a child of God and to be treasured as God's beloved child. At St. Timothy's we welcome all into our church family, regardless of gender, race, politics, economic status, or other criteria sometimes used to divide. We treasure through social activities such as the men and women's breakfasts, coffee hours, and newcomer socials, which are open to all. And we also reach out in love to care for all people in need:

- We offer comfort to those in spiritual or emotional distress through prayers, counseling with our clergy, Stephen Ministry, Helping Hands, Card Ministry, and Shawl Ministry.
- We care for neighbors in need of essential goods and services through clergy discretionary funds, the Embry Rucker homeless shelter, the Hypothermia Shelter, Reston Interfaith, The Closet, the Jeannie Schmidt Free Clinic, LINK, the Loudoun Abused Women's Shelter, and Habitat for Humanity.
- We help those seeking work through resume assistance and job networking.
- We provide missionaries and aid to places such as Haiti, the Pine Ridge Reservation, and Dunganon in Appalachia.

We welcome all people to be part of our activities at St. Timothy's.

*-The Stewardship Ministry*

## Support for Children in Haiti

On June 6, 2010 the Service Ministry began raising funds to send 15 children in the village of Chapoteau, Haiti to school. Hopefully, enough money will be raised to provide tuition, uniforms, shoes, backpacks and school supplies for these children who attend St. Matthieu's Episcopal School.

Throughout this year, the Service Ministry has searched for a personal way to reach out to the people of Haiti. The Rev. Wisnel DeJardin, Seminarian who is from Haiti, met with the ministry to discuss ways that St. Timothy's might provide support. It was learned that Wisnel himself has provided money to send children to school and education

is something he views as very important to improving the life of all Haitians.

After determining the specifics of what is needed, it was decided that the initial effort will be to raise money specifically for the children's education and provide the essentials for them to attend school in the fall of 2010. Working with Wisnel while he is in Haiti this summer we will obtain uniforms, shoes and supplies for the students and forward money to pay tuition for them.

Please visit the display in Henry Hall with details about the children of St. Matthieu's. You can see their names, ages and a delightful photo of them gathered near the school. The children we will support range in age from 8 to 15. Unlike the US, often children do not start school when they turn five. Rather, they attend school when there is enough money for them to go and they are able to get there. The Episcopal Diocese runs the school and provides teachers.

This is an opportunity for every member of St. Timothy's to have a direct effect on the life of someone in Haiti. Regular updates will be offered to the congregation and we have the benefit of Wisnel's personal contact with the children and the people of Chapoteau. Please be generous in your donation so that we may be successful in this mission.

Additional details and updates about the project are in Henry Hall and in the bulletin. Checks may be made payable to St. Timothy's with Haiti School Donation noted in the memo line. Members of the Service Ministry welcome your interest and questions. Please feel free to contact any of us or direct inquiries to the Service Ministry chair, Shon Beury, [shonbeury@aol.com](mailto:shonbeury@aol.com). Many thanks on behalf of these children and the Service Ministry for ***Putting Your Faith to Work.***

### Youth Confirmation Class

Tim Lally and Leslie Chadwick will be teaching a Youth Confirmation Class for all rising juniors and seniors in high school. We will meet on four consecutive Tuesdays from 9-noon PM including August 10, 17, 24, and 31. Please contact Leslie at [lesliec@saint-timothys.org](mailto:lesliec@saint-timothys.org) if you are interested in taking the class. Confirmation will be on December 5 at 11 AM, but you do not have to be confirmed to take the class.

### Stroke Screenings

Thursday, July 22, 2010, St. Timothy's will host Life Line Screening Stroke screenings. With cardiovascular disease being the number one killer of men and women, it is important to take preventative steps. Consider these points:

- 80% of strokes can be prevented
- 4 out of 5 victims had no warning signs
- Ultrasound screenings are painless and may be a helpful preventative measure.

Pre-registration is required. To reserve your spot, please call 1-800-324-1851 and use Source Code HSC3549. For more information, please visit the Life Line Screening website at [www.LifeLineScreening.com](http://www.LifeLineScreening.com).

### Where is God in All of This?

This question was posed to us several times in the address given by Keith Nelson Stroud, our very able Parish Administrator, while at Shrine Mont. It is a question that we should be asking more often at St. Timothy's, for if we get too wrapped up in raising money, accounting for volunteer time, running social events, and even doing community work, we will be forgetting our prime purpose as human beings and Christians, which is to praise and love the God who made us.

Our spiritual life should be of great importance to us. When we have time to relax, we sometimes feel an urge to look at a sunset, climb a mountain, listen to music, or be inspired by a book; but our Lord Jesus took his disciples into the desert, on a boat, or to a mountain to pray and meditate upon their mission in life. All of His teachings were about God's will and how our lives should be led. Jesus sent his disciples out with nothing but their clothes and they successfully drew people into the church which had no church, no buildings, no administration, etc.

We are relatively wealthy, have belongings and "stuff." We do good works, but when do we pray and meditate? One hour a week at church? Then perhaps we are distracted by the music or who we must see after the service, the presence of others around us, finding the right page in the bulletin and a thousand other things. God must be very disappointed when our attention is drawn away from Him. How many people, besides the clergy, say the offices of Morning and Evening Prayer? Does anyone recite a rosary? Who just sits still at the end of the day and thanks God for everything that has happened, or asks for help for the whole world?

It is hard not to feel guilty when you realize your shortcomings, but the great thing is that if we are truly

sorry, we are forgiven. We can keep God foremost in our hearts and minds: life can be quite different. Church life can be transformed when it is God-centered and not people-centered to the extent of having to ask, "Where is God in all of this?"

-Jill Cox

Car Wash -- A Huge (and Wet) Success!

The St. Timothy's Youth Group wishes to thank the dozens of people who so graciously allowed us to wash their car! We hope your car appreciated the cleaning, and we most certainly appreciated the support. This is our major fundraiser in raising the money necessary for our summer mission trip to Dungannon, Virginia (the poorest county in the Commonwealth). We had lots of fun for a really worthy cause. Thanks, again, for the support!



**Matthew**

**19:14**

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

## Holy Wisdom is LEEDing the Way!

Holy Wisdom Monastery in Madison, Wisconsin recently earned the highest non-commercial award issued to date by the Leadership in Energy and Environmental Design (LEED) organization -- Platinum! Green elements include outstanding indoor quality, water saving, 99 percent recycling of the old building's materials, and use of geothermal and solar power. The Project Specialist for St. Louis-based Vertegy (who assisted in the construction) highlighted how the landscaping chosen by the Monastery did not require irrigation and the ultra-quiet equipment used inside allowed for a greater connection to the "outside" even while inside the building. Wouldn't it be great if St. Timothy's could LEED the way right here in Northern Virginia? (A Message from St. Timothy's Steward of Creation)

## Thanks for the Blessing!

Around the middle of the month, I start eagerly checking my email. Will there be any articles? Any pictures? Since the beginning of the year, I have had the pleasure and blessing of being involved with publishing The Word. I remember my first meeting with Allyson Showalter: a rainy day, horrific traffic, and I was late! She'll hate me, I thought as I crawled along Fairfax County Parkway. I could see my opportunity slipping away. Thankfully, Allyson understood and kept my one year old daughter, Cecilija, amused as I caffeinated myself into calm. We talked, I made notes, I apologized profusely, and when we were done, I was an editor of The Word. I couldn't believe it!

My creative fingers had been itching for the past seven years. All through college I dreamt of the publishing world, but God had other plans, and instead I started my family – my wonderful, loud, and loving family – before my career began. Days melt into years, and as I looked at my son Aidan, irrepressibly six years old, and my daughter, independent and dogmatic like her mother, I realized I needed to do something for me. I wince as I read that, as it is such a cliché, but I suppose clichés start with a grain of truth. A couple of months of editing later, Allyson handed the whole package over to me. Now, excitement bubbles up as I sit down at my computer, review the submissions, and plan each page. Then there is the sigh of contentment as I send it off to the proofreaders. This is something I have waited for, and I love every minute! I feel very privileged to have been trusted with this task. This church means a lot to me and my family; I was married at St. Timothy's, my babies were baptized here, and now my children are getting to know God within these walls. Having said that, I wish I could say I was doing it to

selflessly serve God, but, alas, that isn't true. I am selfishly using God's gifts to me to serve others. I take too much pleasure and satisfaction from each page to be truly volunteering – so thank you. Thank you for sending me your ideas and beliefs and allowing me to turn it into something wonderful.

Jillian Hajdasz

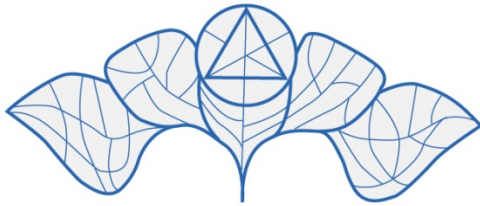
Editor, The Word



Me with my family at this year's St. Timothy's Easter Egg hunt.

### LINK FOOD DELIVERY

July is St. Timothy's month to deliver food for LINK. Deliveries are Tuesday through Saturday in Herndon, Sterling, and Ashburn and take approximately 2 hours per day. Hours are flexible. Volunteers please sign up in Henry Hall or call Rob Duchesneau at 703-450-4795.



## St. Timothy's Episcopal Church

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[www.saint-timothys.org](http://www.saint-timothys.org)

St. Timothy's newsletter, *The Word*, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website ([www.saint-timothys.org](http://www.saint-timothys.org)) home page under Downloads. If you wish to receive a copy by mail, please notify Keith Nelson Stroud in the church office ([keith@saint-timothys.org](mailto:keith@saint-timothys.org)). Copies of *The Word* are also available in the office.

The deadline for submission of material for the next issue is:

**Thursday, July 15, 2010**

Questions, articles, or ideas for *The Word* are always welcome as are your comments. You may send materials via email to [wordeditor@saint-timothys.org](mailto:wordeditor@saint-timothys.org) and put *Word* in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

### 2010 Vestry

*Terms expire January 2011*

#### **Ms. Hollis Colie**

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#### **Mr. Jim Hendrick**

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#### **Mr. David Hixon**

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#### **Ms. Tricia Mussante**

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*Terms expire January 2012*

#### **Ms. Cheryl Brock**

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#### **Mr. Patrick Hobson**

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#### **Ms. Kathy Lombard**

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#### **Mr. Steve Page**

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#### **Mr. Ted Mankin**

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#### **Treasurer**

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#### **Registrar**

Ms. Jillian Hajdasz  
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### Church Information

#### *Rector*

**The Reverend Brad Rundlett**  
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#### *Music Director*

**Mr. Peter Waggoner**  
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#### *Seminarian*

**Mr. Peter Doddema**  
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#### *Associate Rector*

**The Reverend Leslie Chadwick**  
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#### *Parish Administrator*

**Ms. Keith Nelsen Stroud**  
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#### *Seminarian*

**The Reverend Wisnel Dejardin**

### Services

#### **Sundays**

8:00 A.M. - Holy Eucharist, Rite I  
9:30 A.M. - Holy Eucharist, Rite II, Children's Chapel  
(Nursery Care Available)  
11:00 A.M. - Holy Eucharist, Rite II, Christian Education  
(Nursery Care Available)

#### **Wednesdays**

12:15 P.M. - Holy Eucharist And Healing Service

### Office Hours

Monday - Friday, 9:00 A.M. To 5:00 P.M. (And By Appointment). Clergy Are Off On Fridays.

### Upcoming Events

July 4 - Independence Day.  
July 7/21 - Shawl Ministry Narthex 7-8 p.m.  
July 12-16 - Vacation Bible School  
July 22 - Life-Line Screenings HH 8a.m.-5:30 p.m.  
July 26 - Vestry Meeting B1 7:30-9:30 p.m.  
July 31 - Dungannon Mission Trip



