


## From the Rector: Share What's Good

Why do you come to St. Timothy's?  
Why is it your church?

People choose their church because there is something they like in this one that wasn't in that one. It may be the way worship is conducted on Sunday. It might be the Sunday School and other programs. It may be the way children are accepted. It may be the sense that everyone really is welcome, the preacher, the prayers, the music ... or it may be a combination of several things. Something about this church, St. Timothy's, touches you, feeds you, challenges you; supports you. Think about that; what about St. Timothy's is important to you?

As of June 30 2013		
	<b>Balance</b>	<b>Goal</b>
Pipe Organ	\$223,251	\$475,000
Reserve Fund	\$ 52,468	\$100,000

Whatever it is, you should share it. Tell people what's special about your church (not what's better in your church than their church), simply

what keeps you coming back here. For example, you may be talking to your neighbor about a news story; there was a terrible storm somewhere and many people died, there's not enough food or drinkable water, health experts expect an outbreak of cholera. You might say to your neighbor that your church has been praying for those people, that we contribute to Episcopal Relief and Development (which works to relieve suffering around the world), and we have missions with our poorest neighbors in Northern Virginia, in Scott County (the poorest county in this state), the Pine Ridge Reservation (the poorest people in this country), and Haiti (the poorest people in the Western hemisphere).

What you appreciate most about your church, what touches your soul, what connects you with God, you should share with other people. And when there is a special event, invite them to come.

A lot of very important things happen in St. Timothy's, and because of St. Timothy's. And we need to share this with our families, friends, neighbors, and co-workers. +

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## 2013 Lakota Mission Trip Report

by Tina Pinkard

I just wanted to say thank you for your support for the Lakota Team. This year, eight of us traveled to the Pine Ridge Indian Reservation in South Dakota and had a very enriching experience, spiritually, physically, culturally and emotionally. It was great to have 4 new team members come on this trip – Milan Shepherd, Peter Horsfield, Stephanie Miller and Barrett Swink along with our veterans, Jackie Clattenburg, Ralph Tildon, Kent Miller and I. The team was diverse in its experience on the reservation, skills with construction, and age. We made a great team!

The week went by very quickly although it started a bit slow. We were met with strong rains and some threats of tornados for the first few days. The rain is very impactful as many of the roads and driveways around the reservation are dirt and the type of soil will quickly stop even a four-wheel drive vehicle! Our host, Pastor Karen Rupp, usually provides a service at the St. John Episcopal Church in the

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# Reston Interfaith Changes Name to ‘Cornerstones’

Dear St. Timothy’s Community,

I am honored to represent our congregation as a member of the Reston Interfaith Board of Directors. Our congregation has extended its mission impact by being a partner of Reston Interfaith for many years. In doing so, we have helped neighbors in need overcome tough economic times in an already high cost-of-living region. We have been a part of helping thousands of individuals and families move toward self-sufficiency and stability—over one-quarter of a million since the organization was founded by faith organizations in the new town of Reston.

I am writing to let you know that the Board of Directors has, after a thorough and thoughtful process, decided to change the name of Reston Interfaith to Cornerstones. I am available to talk with any of you about this decision.

Let me offer some of the reasoning behind our decision:

- We are seeking to be ever more inclusive of all our supporters and donors.
- Our services are now being provided throughout northwestern Fairfax County. As an advocate for people in need, our voice is heard beyond Reston throughout Northern VA and metro DC, to Richmond and Capitol Hill.
- The name Cornerstones has meaning in each of our faith traditions and we will always hold to the core values that our congregation brings to the mission, and to the shared values of our founding faith communities to serve as a vehicle for the faith community and others to help those in need.
- At the same time, the name lends

itself to expanded outreach to additional groups and supporters.

- Most importantly, the new name highlights our mission to help families build more stable lives. A cornerstone connotes a pivotal element around which this happens.

As the transitional tagline says: “Reston Interfaith has changed its name. The mission remains the same.” As a sponsoring religious organization, we will have the ongoing opportunity and responsibility to care for those in need in our community.

I invite you to embrace the name and see how you can become a Cornerstone by visiting [www.cornerstonesva.org](http://www.cornerstonesva.org).

Sincerely,  
Jill Norcross, 703-587-4098  
[jillnorcross@verizon.net](mailto:jillnorcross@verizon.net)

## Mobile Food Pantry Coordinator Needed

LINK hosts a monthly Mobile Food Pantry on the second Tuesday of each month at Christ the Redeemer Church (Sterling) from 2 pm – 5 pm. A coordinator is needed with a flexible work schedule. The Capital Area Food Bank delivers thousands of pounds of food and deliveries arrive between 10 am – 2 pm. The coordinator needs to meet the truck when it arrives and cover the palletted food with tarps. The coordinator also helps solicit volunteers, set-up and break down the site, and generate reports.

Interested volunteers should contact LINK at [president@linkagainsthunger.org](mailto:president@linkagainsthunger.org). +

## LINK Food Donations Needed for September

September is St. Timothy’s month to collect food for LINK. As a longtime member church of LINK, St. Timothy’s assists in delivering and collecting food, volunteering and supporting the pantry. Please bring non-perishable food to the shopping cart in Henry Hall (as many of you have been).

LINK provides a week’s worth of groceries to 60-80 families per month in Herndon, Sterling, and Ashburn. LINK operates with an all-volunteer staff, and the majority of the food delivered is from donations. The Service Ministry and LINK appreciate the generosity St. Timothy’s congregation has shown over the years when donating food and serving as deliverers. To learn more please contact Rob Duchesneau, [rob.du@verizon.net](mailto:rob.du@verizon.net) or Shon Beury, [shonbeury@aol.com](mailto:shonbeury@aol.com). +

## Did You Know? August 15 is St. Mary's Feast Day

The Episcopal Church observes August 15 as the "Feast of Saint Mary the Virgin, Mother of Our Lord Jesus Christ," but the day has long been dedicated to the Assumption (the belief that her body and soul were taken into heaven when her earthly life ended) of the Virgin Mary in the Catholic Church. The Assumption and the Immaculate Conception of Mary are points on which the Catholic Church and Anglican churches have disagreed, largely because the Bible does not explicitly state either one. "Since it's not covered in the Bible, the church is free to make up its mind," said Peter Strimer, spokesman for the Episcopal Diocese of Olympia.

Regardless of doctrine, the honor paid to Mary, the mother of Jesus, goes back

to the earliest days of the church. The Gospels of Matthew and Luke tell of his birth, and the familiar Christmas story includes the church's belief that he was born of a virgin. During Jesus's ministry in Galilee, Mary was often with the other women who followed Jesus and ministered to his needs. She was involved in the miracle at the wedding in Cana, which is often regarded as Jesus' first sign of power and the start of his mission to reveal the Kingdom of God.

Mary was present at Calvary, keeping watch, and finally received His body for burial in the tomb. After the resurrection, she was found with the twelve in the upper room, watching and praying until the coming of the Spirit at Pentecost.

The words of the "Magnificat", as well as her humble acceptance of divine will, bear more than an accidental resemblance to the Lord's Prayer and the Beatitudes of the Sermon on the Mount. Later devotion has claimed many things for Mary which cannot be proved from Holy Scripture, but we can believe that someone who had such an intimate relationship with the Son of God on earth, must have the place of highest honor in the eternal life of God. An ancient Greek hymn to Mary expresses this in familiar words: "O higher than the cherubim, more glorious than the seraphim, lead their praises, alleluia."

*Submit your questions to the Question Box on the wall in the narthex below the pictures of the bishops.*

## Welcome, Emmeline Carroll

*On June 23 Emmeline Carroll, daughter to Rebecca and Alan, was baptised at St. Timothy's (with the assistance of her older brother).*



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nearby community of Lone Man, but we were unable to get there as were many parishioners (it is on a long dirt road). So we held service in the basement of the Retreat Center and invited guests in. Later that evening, we took service and a small meal to those in Cohen Home, a home for the aged and infirmed. Monday the rain continued so we took the time to scope out some projects in the neighborhood, worked on the kids area at the Retreat Center and then went to Gordon, Nebraska to get supplies (it's the nearest full hardware and lumber store!). Tuesday we ventured out to St. John despite the mud and repaired cracks in the mortar of the community hall where you could literally see from the outside into the hall! We also started working on a hand rail on the steps of the church to assist some of the elderly parishioners in and out. Wednesday we began to remove rain soaked and rotted siding from Henry Lodge's trailer home. The damage was extensive and the interior of the home had been getting wet for some time. Thursday we returned to St. John where we completed the hand rail and reset the doors of the church which were nearly off the hinges. Each evening was spent with kid time – the local children spent 1 to 1 ½ hrs at the Retreat Center playing in a safe environment with caring adults. Many of these children come from terrible home situations and the Retreat Center is a sanctuary for them. Two nights, we participated in a church service with the children and then provided them with a wholesome meal.

To provide cultural insight into the history and current issues for the Lakota people, Pastor Karen invited in speakers or arranged for activities. These included a visit to Wounded Knee where Kelly Looking Horse spoke about the massacre in 1890 and then the standoff in 1973. He then joined us for dinner at the Retreat Center, continued discussing current issues and we made dream catchers, he sang and we danced. Another speaker was Will Peters, a local school



teacher and musician, who focuses on language and traditional culture. Will is a great and positive influence on the Lakota children. He spoke to us about his work with the children and then he and his grandson sang songs from his second CD. Valerie Brown Eyes was another artist to come to the Retreat Center. Valerie makes beautiful porcupine quill work. She harvests, dyes and designs her own jewelry. A unique treat was visiting a buffalo ranch and feeding the very large beasts! We learned of the fabled White Buffalo Calf Woman and the significance of the birth of two white buffalos on Pine Ridge. Lastly, on Friday afternoon as we prepared to leave the reservation, we stopped by Basil Brave Heart's home. Basil is an author, holy man and thinker. He shared with us many thoughts on spirituality and the Lakota ways.

As we return each year to the reservation, we are met with hope and joy among a people so stricken by poverty and disease that it's hard to believe we are in the United States. We spend a little time working with our hands to improve their situation but it is our presence that truly makes the difference. I encourage each of you to consider donating your time, talent and treasure, along with your prayers, to this wonderful mission. New members are always welcomed; please consider joining us next May. If you have any questions, please let me, or any team member know. +



# The Road to Emmaus

By JILL COX

*Emmaus – how far along the dusty road  
Would two men walk with such a load  
Of sadness, grief and sheer despair  
That very few could truly share.  
They walked for miles, just talking  
To the stranger, who was walking  
Away from Jerusalem and seemed unaware  
Of all that happened while they were there.*

*Yet he listened as they related  
How their leader had been fated  
To lose his life in method cruel  
Administered by those who rule.  
They told of miracles and healing  
And how their rabbi was revealing  
His father's love for all his flock.  
How one dear friend was named the Rock.*

*How they were all sent to spread the news  
Of that new kingdom and change the views  
Of sanctimonious Pharisees, who quoted law  
Without compassion for the sick and poor.  
The stranger began to quote the Scriptures  
And explain to them the true measures  
Of fulfillment that had come  
In that one life that they and some*

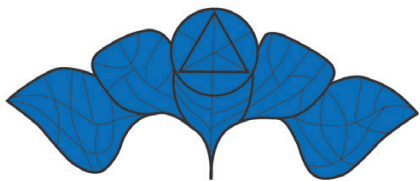
*Had witnessed throughout three years.  
And although they were now in tears,  
Their loved one was alive, not dead  
And a Comforter would be sent instead,*

*To continue his work throughout the nations.  
And thousands would declare vocations  
To praise and worship without ceasing,  
Believers numbers still increasing.*

*As darkness fell, they implored the stranger  
To stay the night and avoid the danger  
Of the stony, lonely road ahead  
And join them in food and rest in bed.  
The table was set, the blessing said,  
Then the stranger broke the bread.  
Suddenly the two knew that their Lord  
Had indeed arisen and was abroad*

*In this world, which, in faith still waits  
For the kingdom of Love, and the saints  
Have proclaimed the Good News in all ages,  
Through speech and action and words on pages.  
“We have seen Him! He is here!”  
So the disciples could revere  
The resurrected Christ, the Messiah  
And receive Breath in wind and fire.*

*What sign to us will there be?  
How shall we also hear and see  
Our blessed Lord of grace and love  
Who reigns in glory in Heaven above?  
Each time the bread is gently broken  
And wise words of Scripture spoken  
He is at our side, close by  
No need to look beyond the sky.*



## St. Timothy's Episcopal Church

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[www.saint-timothys.org](http://www.saint-timothys.org)

The Word is published monthly and emailed to members and friends on the first weekday of each month. It also appears on the website ([www.saint-timothys.org](http://www.saint-timothys.org)). If you wish to receive a copy by mail, please notify the church office ([office@saint-timothys.org](mailto:office@saint-timothys.org)). Copies of The Word are also available in the office.

### Submission deadline for the next issue: Friday, August 23, 2013

Questions, articles, or ideas, and comments for The Word are always welcome. Send materials via email to [wordeditor@saint-timothys.org](mailto:wordeditor@saint-timothys.org) and put "The Word" in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

## Welcome, New Registered Members

Welcome to those who have joined, been confirmed, or transferred their membership in the past month:

*Kerry A. West*

*Anita Jo Palmer*

*Jackson Walter Palmer*

*Valecia Maria Suser*

We have *many* active congregants who have been attending St. Timothy's for many years who are not officially registered members. If you requested a membership transfer prior to 2005, the request might not have been processed. Non-registered members can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has on record, the more delegates we can send to the conventions (thus giving us a stronger vote in Diocese matters). To transfer your membership to St. Tim's, or to find out if you are a registered member, contact Nikki O'Malley ([nikki.omalley@gmail.com](mailto:nikki.omalley@gmail.com)) or fill out the Parishioner Information Form: [www.saint-timothys.org/uploads/docs/info-form.pdf](http://www.saint-timothys.org/uploads/docs/info-form.pdf)

## 2013 Vestry

### Rick Wilson, Treasurer

703-435-1925

[rwilson20@verizon.net](mailto:rwilson20@verizon.net)

### Rose Berberich, Registrar

703-471-4988

[rberberich@cox.net](mailto:rberberich@cox.net)

*Terms expire January 2014*

### Sandy Wright,

#### Open Arms & Hospitality

703-716-9094

[quiltdiva730@hotmail.com](mailto:quiltdiva730@hotmail.com)

### Mike Colie, Sr. Warden

703-787-0272

[Mfc819@aol.com](mailto:Mfc819@aol.com)

### Eugene Nkomba, Stewardship

703-715-8667

[eugene.nkomba@asg.com](mailto:eugene.nkomba@asg.com)

### Donna Cornwell, Service

703-478-6910

[dcornwell@cox.net](mailto:dcornwell@cox.net)

*Terms expire 2015*

### Carolyn Hamm,

#### Education & Youth

703-435-0438

[carolynhamm@verizon.net](mailto:carolynhamm@verizon.net)

### Keith Pinkard, Jr. Warden, Ad Hoc

703-758-2583

[mapnbuild@verizon.net](mailto:mapnbuild@verizon.net)

### Marty Brady, Finance

703-709-6614

[mbrady@brooksideinc.com](mailto:mbrady@brooksideinc.com)

### Jeanne Bennett, Worship/Music

703-442-8542

*Terms expire 2016*

### Keith Sinclair,

#### Buildings and Grounds

703-437-4713

[ksinclair@msn.com](mailto:ksinclair@msn.com)

### Hector Coronado,

#### Communications

### Ugo Nwachukwu, Stewardship

301-572-9001

[ugopeters@yahoo.com](mailto:ugopeters@yahoo.com)

### Nikki O'Malley, VoCoSuM

703-481-0729

[nikki.omalley@gmail.com](mailto:nikki.omalley@gmail.com)

*Alternate (1 year term)*

### Courtney King

615-339-8929

[courtneyking78@comcast.net](mailto:courtneyking78@comcast.net)

## Church Information

### Rector

#### The Rev. Brad Rundlett

703-437-3790 X11

[bradr@saint-timothys.org](mailto:bradr@saint-timothys.org)

### Associate Rector

#### The Rev. Leslie Chadwick

703-437-3790 X12

[lesliec@saint-timothys.org](mailto:lesliec@saint-timothys.org)

### Music Director

#### Mr. Peter Waggoner

703-437-3790 X16

[peterw@saint-timothys.org](mailto:peterw@saint-timothys.org)

### Director of Children and

#### Youth Ministries

#### Mrs. Christine Hoyle

703-437-3790 x17

[christineh@saint-timothys.org](mailto:christineh@saint-timothys.org)

### Parish Office

703-437-3790

[office@saint-timothy.org](mailto:office@saint-timothy.org)

### Office Hours

Monday-Thursday,

9 a.m. – 5 p.m.

For appointments, please call

703-437-3790

## Service Times

### Sundays

8:00 a.m.

Eucharist, Rite I

9:30 & 11 a.m.

Eucharist, Rite II

Godly Play, ages 3-8

SPARK+, 3-6th grades

Nursery Care

9:45 am

Journey to Adulthood

Rite 13, 7-12th grades

### Wednesday

12:15 P.M.

Eucharist and

Healing Service

### Saturday

7:00 P.M.

Latino Prayer Service