

From the Rector: Inspiration

The Hebrew (Old Testament) word for Spirit is Ruach; the Greek (New Testament) word for Spirit is Pneuma. Both words are shorthand for The Holy Spirit of God, the animating breath of God. The Holy Spirit was and still is the divine active agent in creation, the giver of spiritual gifts, guide for the people of God, the source of all truth and wisdom, and the indwelling one (the word “inspiration” literally means “in spirited”). Invited and sometimes uninvited the Holy Spirit inhabits human beings and blows about doing the will of God. The Holy Spirit is One of the Holy Trinity (a confounding thing to understand), one of three living ways The Holy and Eternal God is active. Some theologians propose that from the Beginning to the birth of Jesus may be thought

of as The Era of God the Transcendent One, from the birth of Jesus to his Ascension was the era of The Incarnate God, and from Pentecost (the bestowal of the Holy Spirit) to the present until only God knows when is the era of The Holy Spirit. We live

in the era of The Holy Spirit and experience God primarily in this way (I find this a helpful way of understanding The Holy Trinity). And, by the way, even though we refer to The Holy Spirit with masculine pronouns (look at our Creeds), in the Bible – the Hebrew (Old Testament) and the Greek (New Testament) the Ruach, the Pneuma is always feminine or neuter; never masculine.

I could go on for quite a while with how we believe It/She works, what It/She does, but my purpose is (1) a reminder that God’s Holy Spirit is present always and everywhere, in us and around us, (2) It/She is the source of life, strength, knowledge; our abilities, and (3) It/She refreshes us.

We are already “gearing up” for the more active period of the Church year. We will be going full tilt from September through May: choirs, educational programs, our Bishop’s visit, our annual parish meeting, and almost all of our holiest observations occur in these months, which may also be full and challenging in your home and where you work. So ...

Remember to pause frequently to take a few deep breaths, draw in the renewing Spirit of God. Let It/Her refresh you, renew you. Don’t let your spirit wither; don’t exhaust yourself. Breath The Holy Spirit in, slow and deep. +

As of July 31
2013

gifts to glorify the Lord

	Balance	Goal
Pipe Organ	\$232,092	\$475,000
Reserve Fund	\$ 54,106	\$100,000

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Welcome Kevin Hamilton, Parish Admin

After receiving many resumes and conducting numerous interviews, the search committee and staff have selected an outstanding candidate to fill the position of Parish Administrator. Kevin Hamilton joined us on August 19. He has tremendous experience and will be a great addition to us. Please welcome Kevin to St. Timothy’s!

Kevin, or “PK” as he is known to friends and family, received his Degree of Church Ministries from the Capital Bible Institute. While studying for the ministry, PK interned with Capital Baptist Church in Annandale, Virginia before joining the staff full time as the Administrator of a capital campaign for the church’s campus expansion. PK was licensed as a Pastor in the Gospel Ministry in 1999 and served there as the Pastor of Outreach and Administration and then as Pastor to Students and Children

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Donate Your Old Bike - Boy Scout Eagle Project

Your old bike could change lives! On September 28, from 10-2, BSA Troop 159 Eagle Scout candidate Conor Mears will be conducting a used bike drive for Bikes for the World here at St. Tim's. Bikes for the World collects used bikes and sends them to sister charities throughout the world to be refurbished and given to people needing transportation to school, work, and health care. All sizes and types of bicycles are accepted--the only exceptions are tricycles and extremely rusted bikes. Also accepted are bicycle parts and accessories such as helmets. Bikes for the World asks for a suggested donation of \$10 with a donated bike to offset the cost of shipping. Instead of languishing in a garage or basement, your old bike could help a child stay in school or provide an adult with a solid job. Please consider donating a bike and spread the word to family and friends. If you have questions, you may contact Conor at polygon56@gmail.com

Mobile Food Pantry Coordinator Needed

As an additional outreach to the community, LINK hosts a monthly Mobile Food Pantry on the second Tuesday of each month at Christ the Redeemer Church (Sterling) from

2 pm – 5 pm. LINK is looking for a coordinator with a flexible work schedule. The Capital Area Food Bank delivers thousands of pounds of food and deliveries arrive between 10 am – 2 pm. The coordinator needs to meet the truck when it arrives and cover the palletted food with tarps. The coordinator would also solicit volunteers, help with set-up and break down of the site, and reporting. Interested volunteers should contact LINK – president@linkagainsthunger.org. +

Register: Food Sustainability Conference, September 21

The Challenge of Food Sustainability: Preserving Biodiversity, Forests, Cropland, Water is an interfaith conference sponsored by The Episcopal Diocese of Virginia, Committee on Stewardship of Creation and held at the Church of Our Saviour, Charlottesville, Virginia on Saturday, September 21, 2013: 10:00 a.m. – 4:00 p.m.

The 2013 Conference will explore the challenges posed by agricultural sustainability and food insecurity for preservation of forests, protection of cropland, water resources, seas and oceans, and preservation of biodiversity. The Conference will explore how these issues of sustainability particularly affect Virginia and how those issues are connected to the broader moral and ecological concerns for global sustainability and environmental justice.

Registration deadline is Sunday, September 15 and the fee is \$25 per person; \$20 per person for multiple attendees from the same church. Fee includes a “sustainable” lunch and access to all program presentation materials. Follow the link to register: <http://caringforgodscreation.net/Events/EventView.asp?EventID=31663>

LINK Food Donations Needed

September is our month to collect food for LINK. As a longtime member church of LINK, St. Timothy's assists in delivering and collecting food, volunteering, and supporting the pantry. LINK provides a week's worth of groceries to 60-80 families per month in Herndon, Sterling, and Ashburn. LINK operates with an all-volunteer staff, and the majority of the food delivered is from donations.

Please bring non-perishable food to the shopping cart in Henry Hall, as many of you have been throughout the year. Most needed donations include: peanut butter, jelly, cereal, spaghetti and other dry pasta, spaghetti sauce, tuna, kidney and black beans, rice and canned fruit.

Non-perishable food donations will also be collected in the church parking lot during all services on September 29 as part of the LINK Stuff-a-Van event. Look for the designated collection van in the parking lot.

The Service Ministry and LINK appreciate the generosity St. Timothy's congregation has shown over the years when donating food and serving as deliverers.

If you prefer to donate money, please make check payable to LINK and mail to LINK, Inc. P.O. Box 443, Sterling, VA 20167. To learn more please contact Shon Beury, shonbeury@aol.com or Rob Duchesneau, rob.du@verizon.net. +

Did You Know? September 29 is the Feast of St. Michael and All Angels

On September 29th, the church celebrates the feast of St. Michael and All Angels. The Greek “angelos” literally means “messenger”. Messengers from God are depicted in the Bible as visible or invisible, in human or unhuman forms. Many Christians have felt themselves to be attended by “guardian angels”. These spirits are often depicted in Christian art in human form with wings to signify their ability to fly through space and time, sometimes with swords to signify their power and with dazzling white garments to signify their ability to enlighten.

Only four angels are named in the Bible: Michael, Gabriel, Uriel and Raphael. The Bible itself identifies

only Michael as “the archangel” (book of Jude, v.9) and does not identify any other creatures as being archangels. Michael is often depicted killing the Devil or a dragon. It is said that he delivers peace to people at the end of this life’s mortal struggle.

Michael is the patron saint of countless churches. Among the most famous are Mont Saint-Michel off the Normandy coast in France and Mount St. Michael of the coast of Cornwall in England, both of which are only accessible by causeway at low tide. After the blitz of Coventry in England the famous modern cathedral dedicated to St. Michael was built to signify the rising from the ashes of the most devastating war of our time.

Michaelmas Day was an important day in financial and legal communities, holdovers of which still exist today with the start of our Federal Government year occurring on October 1. Also, the U.S. Supreme Court follows this tradition (though not by name) by convening each new term the first Monday in October. In medieval times, September 29th indicated the start of Autumn and the end of harvest and this was the day on which the bailiffs made up the estate accounts and exacted the taxes from the tenants and landowners.

Submit your questions to the Question Box on the wall in the narthex below the pictures of the bishops.

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for five years. In 2002, PK was ordained shortly before resigning from Capital Baptist to focus on church planting efforts (starting new churches), and has been a church planter ever since.

In 2004 PK entered the Human Resources field for Ratner Companies (parent company for Hair Cuttery, Salon Plaza, Bubbles, and ColorWorks). He served there for more than eight years in several HR roles including Director of Internal Communications and Director of Organizational Development.

A Northern Virginia native, he currently lives in Centreville. He leads a small team of people starting New Journey Church, a non denominational Christian church. PK says he is honored to serve Saint Timothy’s, partnering with the gifted people who call this church home as we fulfill our mission to the community and the world together.

The St. Timothy’s staff would also like to offer heart-felt thanks to Carol Frost, our Interim Parish Administrator, and to our team of office volunteers for making the interim period go as smoothly as possible: Marty Brady, Cheryl Brock, Michael Cook, Andrew Hamm, Carolyn Hamm, Beth Hwoschinsky, Peter Lund, and Nikki O’Malley. We also would like to thank volunteers Michael Cook, Jill Cox, Judy Conroy, Kathy Froemming, Helen Guest, Elaine Horsfield, Beth Hwoschinsky, Sharon and Mel Lew, Katie Mazza, Rebecca Page, Jane Perry, Bill Sanger, Rich and Sandy Schanne, Rick and Kerrie Wilson, and Genevieve Zetlan. +

Sunday School Changes!

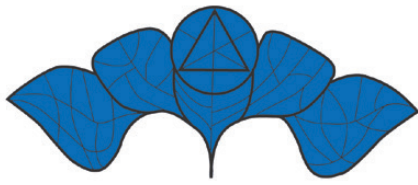
“It’s the most wonderful time of the year!” Sunday School will be starting back up on September 8th! All children and youth should start in the Sanctuary with their parents. We will have a short commissioning ceremony for our teachers and ask the children to follow their teachers down to the classrooms. Sunday School classes are at 9:30 am and 11 am for Godly Play and Spark+. Rite 13 and J2A start at 9:45 am.

New changes in Sunday School: Two of our class age “groupings” have changed. Please note the following:

- **Godly Play** is for children ages 3 (and potty trained) through 2nd grade
- **new! Spark+ (Spark Plus)** is for children in grades 3 - 5
- **new! Rite 13** is for youth in grades 6th - 8th
- **J2A** is for youth in grades 9th - 12th

Youth Group is open to youth in 6th - 12th grade

Starting on September 15th, parents should take their children directly to the classrooms for all Sunday School classes. (*This is new for the 9:30 am Godly Play class. Children will no longer start in the Sanctuary and follow the cross down to room B1.*) +



St. Timothy's Episcopal Church

432 Van Buren Street, Herndon, VA 20170

Voice: 703-437-3790 Fax: 703-787-9781

www.saint-timothys.org

The Word is published monthly and emailed to members and friends on the first weekday of each month. It also appears on the website (www.saint-timothys.org). If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of The Word are also available in the office.

Submission deadline for the next issue: Friday, September 27, 2013

Questions, articles, or ideas, and comments for The Word are always welcome. Send materials via email to wordeditor@saint-timothys.org and put "The Word" in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

Welcome, New Registered Members

Welcome to those who have joined, been confirmed, or transferred their membership in the past month:

Cameron Elliott Williams

Morgan David Byford

We have *many* active congregants who have been attending St. Timothy's for many years who are not officially registered members. If you requested a membership transfer prior to 2005, the request might not have been processed. Non-registered members can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has on record, the more delegates we can send to the conventions (thus giving us a stronger vote in Diocese matters). To transfer your membership to St. Tim's, or to find out if you are a registered member, contact Nikki O'Malley (nikki.omalley@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

2013 Vestry

Rick Wilson, Treasurer

703-435-1925

rwilson20@verizon.net

Rose Berberich, Registrar

703-471-4988

rberberich@cox.net

Terms expire January 2014

Sandy Wright,

Open Arms & Hospitality

703-716-9094

quiltdiva730@hotmail.com

Mike Colie, Sr. Warden

703-787-0272

Mfc819@aol.com

Eugene Nkomba, Stewardship

703-715-8667

eugene.nkomba@asg.com

Donna Cornwell, Service

703-478-6910

dcornwell@cox.net

Terms expire 2015

Carolyn Hamm,

Education & Youth

703-435-0438

carolynhamm@verizon.net

Keith Pinkard, Jr. Warden, Ad Hoc

703-758-2583

mapnbuild@verizon.net

Marty Brady, Finance

703-709-6614

mbrady@brooksideinc.com

Jeanne Bennett, Worship/Music

703-442-8542

Terms expire 2016

Keith Sinclair,

Buildings and Grounds

703-437-4713

ksinclair@msn.com

Courtney King,

Communications

615-339-8929

courtneyking78@comcast.net

Ugo Nwachukwu, Stewardship

301-572-9001

ugopeters@yahoo.com

Nikki O'Malley, VoCoSuM

703-481-0729

nikki.omalley@gmail.com

Church Information

Rector

The Rev. Brad Rundlett

703-437-3790 X11

bradr@saint-timothys.org

Associate Rector

The Rev. Leslie Chadwick

703-437-3790 X12

lesliec@saint-timothys.org

Music Director

Mr. Peter Waggoner

703-437-3790 X16

peterw@saint-timothys.org

Director of Children and

Youth Ministries

Mrs. Christine Hoyle

703-437-3790 x17

christineh@saint-timothys.org

Parish Administrator

Mr. Kevin Hamilton

703-437-3790

kevinh@saint-timothy.org

Office Hours

Monday-Thursday,

9 a.m. – 5 p.m.

For appointments, please call

703-437-3790

Service Times

Sundays

8:00 a.m.

Eucharist, Rite I

9:30 & 11 a.m.

Eucharist, Rite II

Godly Play, ages 3-8

SPARK+, 3-6th grades

Nursery Care

9:45 am

Journey to Adulthood

Rite 13, 7-12th grades

Wednesday

12:15 P.M.

Eucharist and
Healing Service

Saturday

7:00 P.M.

Latino Prayer Service