



St. Timothy's Episcopal Church

Money and Faith

There are two kinds of budgets for Churches – maintenance and mission.

With maintenance budgets the primary concern is to keep things going – keep the utility bills, mortgage, and Church staff paid; keep the lights on, the heat and AC running, the building in good repair, and a minimal staff to hold it all together.

With mission budgets the primary concern is to feed the hungry, house the homeless, share the love of God in Jesus Christ by word and example with all people. The building is considered a tool for fulfilling our mission.

St. Timothy's operates with a mission budget. Every dollar given to the Church is used for our mission. Our building is used every day and night of the week – for worship on Sunday mornings, Wednesday afternoons, and holy days, of course; but also for our Preschool which welcomes children of every race and creed, for people afflicted with the disease of addiction (we host 18 meetings per week!), parenting programs for people who need support and new skills, math tutoring, Boy Scouts, ministry leaders, weddings and burials, Choral Evensong and Taizé services, Christian education programs, music concerts (e.g., The VOCE Chamber Singers). Our Church staff attend to members and non-members, homeless and marginal neighbors. We support (and helped create) a great variety of programs and community services: LINK (our local food bank), The Clothes Closet, The Bargain Loft, the Embry Rucker homeless shelter, Reston Interfaith, Loudoun Abused Women's Shelter, the Jeanie Schmidt Free Clinic, an orphanage in Honduras, a full time missionary in Haiti (The Rev. Lauren Stanley), annual missions to Dungannon in Appalachia (our youth mission to the poorest area of Virginia) and the Pine Ridge Reservation in South Dakota (our adult mission to the poorest area in the United States), Episcopal Relief and Development (which reaches worldwide), and the Diocesan Fund for Human Need. Our clergy also manage discretionary funds which are used to help people who need (and cannot afford) shelter, food, and medicine. We also are an official "field site" for seminarians; we give them opportunities to gain practical experience before they are Ordained.

[Continued on page 2]

Where Does God Fit?

Fall has arrived and the pace has picked up. We try to cram as many things as we can into the last few months of warm-enough weather. We scurry around like squirrels. Daylight comes later and night comes sooner. Parents describe weekends of zooming back and forth from soccer and baseball games to band events, cramming errands and homework in between.

Where does God fit into all this? How can we find time to pray? Brother David Vryhof from the Episcopal monastery the Society of St. John the Evangelist insists that "prayer and life are not two separate activities which have no relation to one another." He points out that often, "Prayer is seen as one more item on an already-lengthy list of things to be done each day. When prayer becomes just another task to be done, it quickly loses its appeal and is drained of its life-giving energy." Prayer is about turning to God, "re-orienting our lives toward God, living in the awareness that God is in all."

Brother David recommends, "Pray simply and from the heart. You might choose a verse from the psalms or a line of Scripture – something that expresses your awareness of God or your desire for God – and repeat it as you go about your daily tasks, letting it continually call you back to God throughout the day. Keep turning your face towards the light." He also reminds us to be honest. Nothing in our lives is too petty or mundane to offer to God. If we are angry or jealous, we can commend the person who is taking up all our energy into God's hands. Finally, Brother David urges us to pay attention, to be watchful, to "expect God to come to us each day--perhaps in the beauty of the natural world, perhaps through a word or story from Scripture, perhaps in a conversation with a friend, perhaps in a new thought or insight. Prayer is this attentive listening for God. It involves opening our eyes and ears to sense God's presence and activity *in all things*" (<http://www.ssje.org/monasticwisdom/>).

As we jump back into the rush, we can remember that God is not in a hurry. He is with us and always has time to listen.

~Rev. Leslie

St. Timothy's Musical Legacy

I believe music is God's primary language. It is universal. And nothing else has the same power to reach into us; to heal, inspire, and lift us up. In the 141 years that St. Timothy's has been here in Herndon, generations of faithful people have enjoyed the gifts of remarkable organists, exemplary vocalists, exquisite instrumentalists, soul-stirring hymnody, and the heavenly sounds of our beloved Tracker Organ. We thank God for the gift of music in our worship.

Several years ago a committee was formed to look more closely at our Tracker Organ because we realized it was costing more to maintain and showing significant signs of age (it was built in 1863!). The committee members spent eighteen months learning everything they could about our Tracker in particular and organs in general. They climbed inside the Tracker to learn how it works, talked to several professional organists and organ makers, conducted cost studies, visited other Churches, listened to a variety of pipe organs and digital organs, and weighed everything very, very thoughtfully. Convinced, unanimously, that we should find a good home for our Tracker and purchase a new pipe organ, they assembled all their data in a report and presented it to our Vestry. The Vestry approved the creation of an Organ Fund for a new organ.

You will hear more about this beginning in the New Year. Meanwhile we hope you will consider how important music is to you, especially in our worship, and contribute to the Organ Fund so the music will live on in St. Timothy's for many more generations to come.

~ Fr. Brad

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[Continued from page 1]

And there is more, much more than can be listed in a newsletter article. The point is, our contributions to St. Timothy's do a lot more than preserve a building, provide jobs for a few people, and keep the lights on. The Church staff, Vestry, and ministry leaders of this parish are totally dedicated to spreading faith, hope, love, peace, and joy, throughout this community and the world. And we hope you will help by sharing your time, talent, and treasure.

~ Fr. Brad

Blessing of the Animals

Every year on a Sunday afternoon close to the day commemorating St. Francis of Assisi (and weather permitting) we conduct a Blessing of the Animals in our outdoor chapel. This year the service will be on October 11th at 3:00 pm. We gladly welcome all kinds of creatures, and all kinds of people. Dress is casual – fins, fur, feathers, and scales are acceptable. Bring your pets and your neighbors!

2009 Help the Homeless Walkathon

Did you know that there are 1,800 homeless and precariously housed children in Fairfax County? Help us change that statistic for good in our community...

Lace up your walking shoes and take steps with Reston Interfaith (RI) to end homelessness in our community. Once again, RI is proud to be a beneficiary of Fannie Mae's Help the Homeless Walkathon Program, designed to support and increase resources for organizations working to prevent and end homelessness, including RI. You can walk alongside RI at our 6th Annual Help the Homeless Community Walk on October 17th at 11:30 a.m. Join us at the Westin Reston Heights and walk through beautiful Reston for approximately 2 miles. Registration begins at 11:00 a.m.; registration fees are \$15 for youth (age 25 and younger) and \$25 for adults; 100% of the registration fees go to RI. Afterwards, stick around for the Festival On the Square, presented by The JBG Companies, The Westin Reston Heights, The Sheraton Reston, Vinifera, Syrah, Reston Community Center, Reston Association, Reston Interfaith, The Observer Newspaper and The Greater Reston Arts Center. Enjoy local music, food, drinks, and fun fall activities for kids, including activities to educate our neighbors about the tragedy of homelessness.

For more information about other upcoming walks for RI and to sign up for the Community Walk, please contact Cathy Hoskinson at 571-323-9566 or Catherine.hoskinson@restoninterfaith. With your support, we can walk towards a brighter future for our neighbors in need.

Jeanie Schmidt Free Clinic FUNds RAFFLE

The Service Ministry is once again sponsoring the JSFC FUNds RAFFLE. Jeanie Schmidt Free Clinic volunteers and staff annually seek financial support for child and adult health services through sales of raffle tickets. Prizes are donated by the community. The date of the drawing is November 13th at 9:00 p.m. One need not be present to win. The JSFC staff and volunteers ask the support of St. Timothy's parishioners in this cause.

Tickets will be on sale every Sunday in October after all services. A list of prizes will be available to consider and a raffle ticket can be purchased for individual prizes for \$5 each or 5 for \$20. Last year St. Timothy's purchased \$800 of the \$5,000 in tickets purchased. These funds were used to purchase medications for adult patients in need.



The Jeanie Schmidt Free Clinic (JSFC) was created in 2002 to provide health care and access to health care to people in need through a network of dedicated volunteers. St. Timothy's supported its creation and continues to support its services as a core organization of the Service Ministry. The clinic serves patients in Fairfax County who have incomes 200% or less of the poverty level and no health insurance. Children receive health screenings including school and sports physicals, dental and vision screenings. As needed, the clinic provides follow-up appointments for children with a specific need – from eyeglasses to asthma – until the child is placed with a medical home. Adults receive full primary medical care including preventative screenings, prescription medicines, diagnostic testing and repeat visits with a medical provider. This past year the clinic provided close to 3,000 medical visits to more than 900 patients in need. More information about JSFC programs and services is available at the web site at www.jsfreeclinic.org.

Please stop by Henry Hall each Sunday in October and consider participating in the raffle again this year. Thank you for your help in servicing those who have nowhere else to go for health care.

"Bread for Bucks Day"

Sunday, Oct. 18th: Bring Your Bucks for our Bread!

Raising funds for the Loudoun Abused Women's Shelter, Service Ministry is marketing a variety of "Great Harvest Bread" after each service. Proceeds will help provide temporary emergency shelter, food and emotional support to women and their children who are escaping domestic violence and abuse.

Prevention and education programs are presented throughout the county to reduce the incidence of domestic violence, sexual assault and child abuse. Through its programs, LAWS seeks to empower survivors of personal violence so that they may live lives free from fear, anxiety, and danger.



Join us at coffee hour, for samples of Herndon's favorite bread or piece of toast. And assist St. Timothy's in making a healthy contribution LAWS by purchasing one or several loaves. Last year they went like hot cakes!

**Where our bread is concerned,
it is a material matter.
Where our neighbor's bread is concerned,
it is a spiritual matter.**

Volunteer at the Closet

For the month of October, St. Timothy's has been assigned Thursday the 8th and Saturday the 24th. The two hour shifts are 10 a.m. – 12 noon and 12 noon – 2 p.m. Call Holly Hartge to volunteer – 703-318-8292 or email her at mhhvirginia@verizon.net. Additional dates for the Closet: Tuesday, November 10th, Saturday, November 28th and Thursday, December 17th.

Adult Education Programs for October

Christianity 101: The Rev. Brad Rundlett will continue this course on Sunday evenings at 7:00 p. m. in preparation for confirmation in the Episcopal Church.

The Screwtape Letters: October 7 and 14, Wednesdays, 7:00-8:30 p.m. A series of discussions based on C.S. Lewis' book led by Peter Doddema and Shirley Ratliff.

St. Timothy's Viewpoints Book Club: Saturday, October 3, 12:00-1:30pm. Danny Wechtenhiser will lead the discussion based on the book, Saturdays With Stella.

A Christian Approach to Human Sexuality: Sunday, October 18, 7:00-8:30 p.m. A lecture given by The Rev. Terry Reynolds, a Lutheran minister who is head of theology at Georgetown University.

How Good People Make Tough Choices: Resolving the Dilemmas of Ethical Living: Sunday, October 25, 7 - 8:30pm. A lecture and discussion led by Ralph Tildon.

Join Us For Breakfast!

Each month men and women from St. Timothy's gather for breakfast. This is an informal group and everyone is welcome to come. We gather at Virginia Kitchen (in the K-Mart Shopping Center) in the back room at 9:00 in the morning. The women meet on the second Saturday and the men meet on the fourth Saturday. For more information or to have get a monthly email reminder, please contact Susy Nixon (senixon@verizon.net) for the women's group or Chris Brock (christopher.brock2@verizon.net) for the men's group. If you plan to come, please email Susy or Chris so they can add you to the reservation number.

Boy Scout News

Boy Scout Troop 159 went whitewater rafting along the Yough River in Pennsylvania's Ohiopyle State Park in August. Everybody had fun and nobody went overboard! The troop also had meetings to discuss plans for the next several months – we're planning to have a great year.

Troop 159 meets at St. Timothy's every Monday night at 7:00 p.m.



MS Capital Challenge walk

The Multiple Sclerosis National Capital Challenge Walk is October 3-4, 2009. **St. Tim's STRIDES for MS** is a group of about 25 church members and friends who have come together to take the challenge. In 2007, we participated in the Challenge Walk and raised \$11,000 in about 6 weeks. We have started earlier this year and have beaten the amount raised in 2007. We have raised more than the \$1,500 for each person for the seven who will walk the 2 day, 50 kilometers course.



As of this writing, we have earned **\$12,792** which is almost **107% of our final goal**, but this does not mean you can't still donate. The money is used to fund research, to facilitate professional education and to provide programs and services to help people with MS and their families move their lives forward. We are very excited about this undertaking and hope for continued support and encouragement from our friends and families.

By the time you read this article, we will be about to walk or have started the walk. Please check the weekly bulletin for information on meeting us at the finish line on the West lawn of the US Capitol building. We appreciate your time and support of this event. We also ask for your prayers for safety and to complete the walk.

Next month, we will update you with the final amount raised and plan to have pictures from the walk.

Welcome Home Sunday

On behalf of the Open Arms Ministry and the St. Timothy's church family, I would like to thank all who made "Welcome Home Sunday" successful. It is always a mistake to name individuals as there is a danger of omitting a deserving name, but I would like to assure everyone who helped obtain tables, purchase table cloths and balloons, helped blow up and tie ribbons, decorate each area, provide great food and refreshment, greet people with joy and friendliness and helped to clean up afterwards, that their efforts were greatly appreciated. Thank you all so much. We really are a church family.

Jill Cox – Open Arms Ministry



October 24th is Close! Are You Ready for 350? Read on!!

On October 24, 2009, millions of people worldwide will be giving a voice for taking action on the climate change issue. What is 350? Well, 350 parts per million (ppm) is the upper edge of carbon in our air that is safe for human health. Currently, the Earth is at 385 ppm and the number is rising. With the 350 event, millions of people will be taking actions to reduce their own and their community's "carbon" footprint. See <http://www.350.org/action-ideas>. The site includes testimonials from "famous" people including Archbishop Desmond Tutu (a personal favorite). This link has many suggested ideas to include walks, marches or rallies in your community. Hold a teach-in (a lecture on global warming, etc.). Faith celebrations. Letter writing campaign to elected officials about the 350 goal. Service projects that help to bring more attention to 350. Joycoting -- find a local business (or two) that are doing good Green things and then you and 349 of your friends descend on the store to buy things and support them! Have a sustainable pot-luck meal using foods that are carbon-free to help highlight local and organic foods. Lots of excellent ideas. There is even a store for 350 t-shirts and buttons (I'm getting some for the family!).

Want to learn more? Please go to the following links:

Understanding 350 -- FAQs:

<http://www.350.org/understanding-350>

Read NASA scientist Dr. James Hansen's ground-breaking research paper on 350 ppm issues (first published in 1988):

<http://arxiv.org/abs/0804.1126>

Why is October 24, 2009 important? (Hint: There is a global conference among political leaders in December 2009.) <http://www.350.org/understanding-350#12>

Why focus on 350 ppm? Why not promote "clean energy now" as a slogan? <http://www.350.org/understanding-350#10>

Why has the Carbon-Reduction footprint ppm number changed so much over the years?

<http://www.350.org/understanding-350#11>

Want to buy some cool 350.org stuff?

<http://www.cafepress.com/Project350/>

Do you want to organize an event or take action with your school, scouting group, sporting group or friends?

<http://www.350.org/9steps>

Want to tell a friend about 350.org and this movement?

http://action.350.org/t/9188/tellafriend.jsp?tella_friend_KEY=4190

As caring Stewards of Creation, we have a higher responsibility in preserving Creation for future generations (and, quite possibly, for our own generation). Questions? Contact St. Timothy's Steward of Creation: Craig Dubishar.

Feed our Teens!

We, the teenagers of St. Timothy's Youth Group, love to eat. We are growing into adults & need food when we gather. We have several ways you can help:

a) provide dinner for 15-20 teens at 5:00 p.m. on one of the following Sundays: Oct. 4, Nov. 29, Dec. 13

b) bring a dish for 25 teens at 6:00 p.m. for our lock-in on Friday, Oct. 23.

c) provide donuts or bagels & cream cheese for 12 youth at Sunday School (Sundays at 11:00 a.m. from Sept. 13-Dec. 20. For options a, or b, please contact Mary Brady at dreamer@brooksideinc.com; for Sunday School option c: contact Chris Hrozencik at BasketstR4U@aol.com We appreciate our St. Tim's family!

First Time to Dungannon

By Nina and Lili Harmon



On Saturday, August 1st, I took a ride in Mr. Pinkard's great truck with Thomas, my 17 year old, and Nina, my 13 year old for an adventure of a lifetime. We were learning about how to help others in an Appalachian community in Dungannon, VA. Three Episcopal Churches from the region came together to take the youth on this community service mission. I am not a very handy person so I wondered if my participation would be valuable. I learned more about my children, about our church, and about the needs of families in Dungannon, Virginia than I thought possible. Together with our crew we laughed, we worked hard, and we learned about each other. I hope that I am able to go next year because it was an incredible time together with my children and my church family. Here are some of the experiences Nina and I shared.

Nina – I loved going on top of the roof and mopping cool seal way up there.

Lili – I was terrified to see my 13 year old climb on the roof of a trailer.

Nina – I really liked learning about all the tools and helping the families.

Lili – I was humbled by how dedicated the teens were to do the hardest jobs, lifting a toilet off a rotting floor, pulling insulation out from under a trailer, there was no task that was too difficult or too nasty for them to do.

Nina – I like that it was giving a family a second chance because it was giving them a better place to live and they could be proud of their home.



Nina and Mr. Colie on the roof

Lili – I was in awe of how Mr. Colie taught the teens how to be safe and learn to work with their hands to cut wood, set cement and in the process help others.

Nina – My favorite power tool was the nail gun, you could shoot it into the wood and it would kick back.

Lili – I was intimidated by the power tools, but loved talking to the teens and making sure they had lunch and walked up and down the hill for bathroom breaks. The scenery is breathtaking, the poverty is overwhelming at times.



*Maggie, Jenny, Mia, Nina and Nikki
The girl crew on the road...*

Nina – The last day we were there we had some scrap wood and we made a bench for Zachary, the two-year old who lived in the house. It was a place for them to sit and hopefully treasure for years.





TIME TO GET STARTED!

Thomas was Mr. Colie’s “Right Hand Man.” Thomas, on his third year going to Dugannon, knew all about what needed to be done.



USING POWER TOOLS IN NEW WAYS!

Here Mr. Colie cuts a melon with a reciprocating saw to the delight and laughter of all the crew! Jenny Jones wants to help.



THE JOB IS DONE!!!

Here is the whole crew standing on the deck that we built from scratch for the family so they would have two exits out of their home. From St. Tim’s our crew had: Mr. Mike Colie, Nikki Dubishar, Jenny Jones, Thomas Harmon, Nina Harmon, and Lili Harmon!

Youth Group Calendar for October

Sun. 4: *Gathering, 4:00-6:00 p.m.*

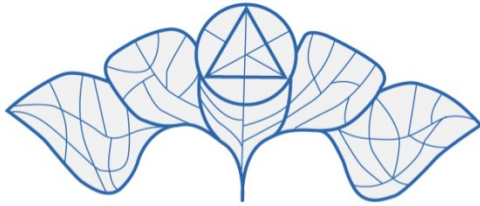
Mon. 12: Columbus Day

Sat. 17: *Walk for the Homeless, 10:00am-1:30 p.m., Reston Weston Hotel*

Sun. 18: *3rd Sunday Brunch, 12:30-1:30 p.m.*

Fri.-Sat. 23-24: *Lock-in and prep for Halloween party, 6:00 p.m.-midnight or all night depending on whether officers can recruit chaperones*

Sat. 24: *Halloween party, 5:00 p.m. (shifts for set up/clean up 4 'til 7:30)*



St. Timothy's Episcopal Church

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www.saint-timothys.org

St. Timothy's newsletter, *The Word*, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website (www.saint-timothys.org) home page under Downloads. If you wish to receive a copy by mail, please notify Keith Stroud in the church office (office@saint-timothys.org). Copies of *The Word* are also available in the office.

The deadline for submission of material for the next issue is:

Thursday, October 22nd, 2009

Questions, articles, or ideas for *The Word* are always welcome as are your comments. You may send materials via email to wordeditor@saint-timothys.org and put Word in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

2009 Vestry

Terms expire January 2010

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Terms expire January 2011

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Services

Sundays

8:00 a.m. - Holy Eucharist, Rite I
9:30 a.m. - Holy Eucharist, Rite II, Children's Chapel (nursery care available)
11:00 a.m. - Holy Eucharist, Rite II, Christian Education (nursery care available)

Wednesdays

12:15 p.m.- Holy Eucharist and Healing Service

Office Hours

Monday - Friday, 9:00 a.m. to 5:00 p.m. (and by appointment). Clergy are off on Fridays.

Upcoming Events

Oct. 11 Blessing of the Animals
Oct. 12 Columbus Day - Church Office Closed
Oct. 24 Halloween Party
Oct. 25 Taize Service
Oct. 26 Vestry Meeting