

# The Word



St. Timothy's Episcopal Church  
432 Van Buren Street, Herndon, VA 20170  
Voice: 703-437-3790 Fax: 703-787-9781  
www.saint-timothys.org

November 2010

At all times, in all places, and all in circumstances, we thank God.

## Annual Community

### Thanksgiving Service

Every year, on the Sunday before Thanksgiving Day, the people of First Baptist Church, Herndon United Methodist Church, Holy Cross Lutheran Church, Trinity Presbyterian Church, and St. Timothy's Episcopal Church gather together to thank God for our innumerable and immeasurable blessings. We take turns hosting this event, the preacher is the newest member of the Herndon clergy, the service is Holy Communion according to the tradition of the host Church, and the offering is given to LINK, our neighborhood food collection and distribution ministry. This year our Community Thanksgiving Service will be hosted by Herndon United Methodist Church (directly across from Herndon High School on Bennett St.) on November 21 at 7:00 p.m. The preacher will be the new Pastor of First Baptist Church, Sean Roberds. Monetary and non-perishable food offerings are welcome.

### Thanksgiving Day Service

St. Timothy's has a Holy Eucharist service every year on Thanksgiving Day at 11:00 am. Come and thank God for all of the goodness and grace in your life, and invite your family, friends, neighbors, and co-workers to join you.

### Give Thanks

The Greek word *eucharistia* (from which we Episcopalians get the name of our

principal service "The Holy Eucharist") means *thanksgiving*. It is our primary response to God "from whom all blessings flow." We thank God for life, this beautiful world, for communities of faith, the people who love us, food in great abundance and variety, comfortable and spacious homes, health, forgiveness for our failures, experiences that challenge us and help us grow, perpetual grace, good companions and teachers, joy, the promise of everlasting life and reunion with loved ones . . . and the list goes on and on. Our thanks never end, because God's grace never ends.

The Book of Common Prayer lists seven kinds of prayer [The Outline of Faith, page 856] – adoration, praise, thanksgiving, penitence, oblation, intercession, and petition. We use all of these in our corporate worship, and in our individual worship. We begin with adoration and praise, and then thank God for all of the goodness we receive; we admit our

undeserving, offer ourselves to God again, pray for people in any sort of distress, and finally ask God to help us be better individuals, adding praise and thanks for God's grace.

In our service of Holy Eucharist, The Great Thanksgiving, the Celebrant says "It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth." [The Book of Common Prayer page 361].

### ***Thanksgiving Delights***

*On Thanksgiving Day we're thankful for  
Our blessings all year through,  
For family we dearly love,  
For good friends, old and new.  
For sun to light and warm our days,  
For stars that glow at night,  
For trees of green and skies of blue,  
And puffy clouds of white.  
We're grateful for our eyes that see  
The beauty all around,  
For arms to hug, and legs to walk,  
And ears to hear each sound.  
The list of all we're grateful for  
Would fill a great big book;  
Our thankful hearts find new delights  
Everywhere we look!  
By Joanna Fuchs*



## New and Noteworthy



### Communications

#### Workshop

The diocesan Faith, Technology & Communications conference will take place Wednesday, November 17, 2010 at Christ Church, Spotsylvania. The day-long conference will offer a variety of workshops to assist parishes with creative ways to promote evangelism and connect with people in their communities. The 12 Workshops include “Strategic Communications Planning,” “Building Your Graphic Identity,” “Creating Powerful Content & Effective Parish Newsletters,” and 9 more great topics. Cost is \$30 for additional registrants. Contact Elaine Horsfield at

[ehorsfield@cox.net](mailto:ehorsfield@cox.net) or 703-476-4439 if interested in joining her for this worthwhile event.

#### Free Sample!

You are warmly invited to join other parishioners on Tuesday, November 30 at 10:15 a.m. for a sample class of Education for Ministries’ (EfM) Theological Reflection, refreshments and an opportunity to explore the possibilities for spiritual enrichment. Education for Ministry is a life—enriching, and often life -changing, theological education course for lay persons. Offered as a distance learning program through the School of Theology at the University of the South, EfM is not just a program of learning the



Bible; it teaches you how to think theologically, deepens your faith, enhances and shapes your special gifts and ministries in your everyday life.

How does EfM work? Participants commit one year at a time to meet once a week in a group seminar. Completion of the course takes four years, during which you study the Scriptures, church history and contemporary theology. During your seminars, you discuss your readings, reflect theologically, worship, and share food together. Our new session will begin in January 2011, meeting on Tuesday mornings. For further information and to R.S.V.P. for the November 30 session, please contact Janet Koch at [jankkoch@gmail.com](mailto:jankkoch@gmail.com) or Rebecca Page at [sr3page@verizon.net](mailto:sr3page@verizon.net).

### Fuel Up with

#### Tree Trimmings!

UOP LLC, a company owned by Honeywell, has recently been chosen to supply its technology in the Rentech Inc. Rialto Renewable Energy Center in California. The Energy Center will convert biomass (think yard waste, grass clippings, tree trimmings) to transportation fuels such as clean diesel fuel. The center is anticipated to generate around 640 barrels-per-day of liquid fuel and 35 megawatts (mw) of base-load electricity, which is enough to power approximately 30,000 homes daily. It is efforts like these that seek to use our limited resources in ways never thought possible twenty years ago. (A Message from St. Timothy's Steward of Creation.)



## LINK Holiday Basket News

The LINK food pantry is preparing to serve families in Reston, Herndon, and Ashburn with their annual Holiday Food Basket program. LINK will serve over 300 families during each of the basket distributions held in November and December. Families register in advance for a space on the distribution roster and are assigned a time to “shop.” On the day of distribution, they are invited to collect a quantity of food, based on family size, at the host church. Families choose from a wide variety of non-perishable foods, fresh baked goods, and frozen meats.

The first distribution will take place Saturday, November 20 from 8:00 a.m. – 2:00 p.m. Food will be distributed at Trinity Presbyterian in Herndon and Christ the Redeemer Catholic Church in Sterling. Winter coats will also be distributed November 20, at Sterling United Methodist Church.

Food donations can be delivered to Henry Hall near the LINK grocery cart. Or, donations may be dropped off at the distribution locations during the times noted below. Volunteers are needed to assist with sorting food at either church prior to distribution, and on the day of distribution, help families collect their groceries or choose a winter coat.

Please contact Rob Duchesneau, [rob.du@verizon.net](mailto:rob.du@verizon.net) or Shon Beury, [shonbeury@aol.com](mailto:shonbeury@aol.com) for more information. If you wish to volunteer for basket distribution, please contact LINK at 703-481-2524, mailbox 2; or send an email (preferable) to [Diana@hamiltongroup.com](mailto:Diana@hamiltongroup.com).

Details about donation drop-off and volunteer locations are as follows:

- **Monday, Nov. 15 & Thursday, Nov. 18** – Sorting from 9 a.m. – 12 p.m.; 7 p.m. – 9 p.m. at Christ the Redeemer Catholic Church and Trinity Presbyterian Church
- **Friday, Nov. 19** – Sorting from 9

a.m. until finished at both churches.

- **Donations of new or gently-used winter coats**, scarves, mittens, and hats can be dropped off at Sterling United Methodist Church from Nov. 13 – 19, 8:30 a.m. – 8:30 p.m. and Nov. 20, 8:30 a.m. – 1 p.m.

- **Saturday, Nov. 20 –**

Volunteers are needed to help re-stock food, assist families, act as translators, and clean-up, 7:30 a.m. – 4 p.m. at Christ the Redeemer Church and Trinity Presbyterian Church

Drivers are needed to help deliver food to people who are home-bound, 9 a.m. – 12 p.m. at Trinity Presbyterian Church

NOTE: Volunteers are also needed to pick up food donations from schools located in the Herndon and Sterling areas and drop it off at either Christ the Redeemer or Trinity Presbyterian between Monday, Nov. 15 and Thursday, Nov. 18.

### Helpful Links

[www.awidercircle.org](http://www.awidercircle.org)),

[www.vafreeclinics.org/virginia-free-clinics.asp](http://www.vafreeclinics.org/virginia-free-clinics.asp)

[www.jsfreeclinic.org](http://www.jsfreeclinic.org)

[www.restoninterfaith.org](http://www.restoninterfaith.org)

[www.thediocese.net/Events/eventView.asp?EventID=83](http://www.thediocese.net/Events/eventView.asp?EventID=83)

: <http://leaderresources.org/j2a>

<http://www.stephenministries.org/>

## Nominations for Vestry

Every January, at the Annual Parish Meeting, six new members are elected to serve on the Vestry. Nominees voted who rank in the top four will replace four outgoing members. The nominee ranked fifth will fill a one-year vacant position, and the nominee ranked sixth will serve as Vestry

Alternate.

Leading up to this event, which falls on January 8, 2011, is the nominating process; this involves a nominating committee seeking potential candidates to run. The committee is made up of outgoing Vestry members; this year it is Jim Hendrick, Dave Hixon, Tricia Mussante, and Hollis Colie. You may have been approached by one or more of the members asking whether you would be interested in serving in this capacity. Perhaps you are interested in serving, but may not have been asked by a member. If you are called to this mission, you are encouraged to talk to one of the outgoing Vestry members about the nominating process. It is vital to gather information and understand the expectations and responsibilities involved. Once you have prayerfully considered your nomination and are ready to go forward, a committee member can help you with the process.

The following information helps to familiarize parish members with some of the requirements and expectations for Vestry members. Please do not hesitate to contact the committee with questions, or for more information. Names, telephone numbers and e-mails are listed on the last page of The WORD.

## Vestry FYI

### **Did you know?**

Vestry members must be baptized Christians of at least 16 years of age, elected by the congregation, and be willing to serve as a legal representative of the parish in all matters concerning its corporate property and the relationship of the parish to its Clergy.

The Vestry functions with 12 members. Vestry members may serve only one term of three years. Terms rotate, so that new members are elected every year.

The Senior Warden (sometimes referred to as “the Rector’s Warden”) and the Junior Warden (sometimes referred to as “the People’s Warden”), the Treasurer and the Registrar are elected by the Vestry and hold their positions for one year. The Wardens provide leadership within the Vestry, serve as “official” liaisons to the Clergy, and are authorized to sign checks on behalf of the church.

The Vestry-Alternate is encouraged to fully participate in Vestry meetings and discussions. Although the Alternate is not required to attend meetings and is not able to vote, the Alternate must be prepared to step in should a Vestry member withdraw during the year; in which case, the Alternate would serve until the next election.

### **Liaisons to the Ministries**

Vestry members also assume a liaison function with one of the *nearly 30 ministries* at St. Timothy’s. The Junior Warden serves as “Ad Hoc Liaison” to all ministries not served by a designated liaison. The Senior Warden is considered a member of every ministry and

assists wherever necessary.

The liaison function is designed to provide a two-way communication channel between the Vestry and the ministry: to keep ministries aware of anything that might affect them, and to enable ministries to bring issues to the Vestry's attention. Liaisons generally attend their ministry's meetings and participate in ministry activities. Liaisons are also required to review and countersign any expense vouchers completed by their Ministry Chair. Liaison assignments are renewed every year at the Vestry retreat.

All ministries are encouraged to participate in semi-annual Vestry-Ministry meetings. This successful innovation grew from the realization that some ministries could benefit from enhanced communication with the larger parish in order to stay informed.

### **Annual Vestry Retreat**

Until this year, the weekend following Vestry elections, all Vestry members – returning and new – have participated in a weekend retreat. For budget reasons, this year's will only be one day at the church. In addition to the 12 members of the Vestry, the Rector, the Associate Rector, the Vestry-Alternate, the Treasurer, and the Registrar are all invited. This retreat, and other activities, help bind the Vestry as a working group, rather than merely a collection of people. (Even individuals who have been quite active at St. Timothy's may not have met other individuals who attend a different service. The retreat offers everyone an opportunity to become acquainted.)

### **Vestry Meetings**

Vestry meetings are held monthly and are open to all church members.

Although not a member of the Vestry, the Rector proposes the agenda for

comment prior to the meeting and facilitates the meeting, with the assistance of the Wardens. Meetings start with members being invited to share where they have recently seen God in their life, followed by an inspired reading and prayer. The Treasurer reports on income, spending and any budget issues. The group then works through items of ongoing and new business. Meetings conclude with the singing of the Doxology.

Invited guests and those parishoners who have requested to address the Vestry may make presentations or proposals during the meetings.

### **Stewardship FAQ**

The Stewardship Ministry is still actively seeking your pledges for 2011. You may send in or drop off your completed pledge form in the church office. Blank pledge forms are available in the narthex.

For those who may be interested, we are providing answers to some frequently asked questions:

**1. How many families have been asked to pledge to St. Timothy's in 2011?** The Stewardship sent out over 400 letters with pledge forms this year. Over 160 families pledged in 2010.

**2. Does the Diocese of Virginia contribute to St. Timothy's?** No. St. Timothy's, like many Episcopal churches, is self-sustaining. We pay our clergys' salaries and benefits, pay the mortgage, all property expenses, and provide for our ministries. In addition, we annually contribute to the Diocese.

**3. What is the average amount pledged annually to St. Timothy's per household?** In 2010, the average pledge per household is \$ 3,486.

**4. What is the median amount**

**pledged annually per household?** In 2010, the median pledge per household is \$ 2,100.

If you have other questions, please email us at: [stewardship@saint-timothys.org](mailto:stewardship@saint-timothys.org)

### **Putting Faith to Work in Haiti**

The faithfulness of St. Timothy's congregation is reflected in this photo from St. Mathieu's. The children are wearing uniforms purchased with donations sent from you. The director of St. Mathieu's, Renaud Jacob, and Rev. Michelin St. Louis are also pictured. The two men have been instrumental in coordinating with the Service Ministry to deliver the money we have sent and obtain uniforms and supplies for the children.



The Service Ministry and the children of St. Mathieu's offer most heartfelt thanks to all of you for making this a reality. We look forward to an ongoing relationship with the students as they continue their schooling. It is our hope and prayer that the generosity of the congregation will allow us to provide for the needs of all these children until the youngest of them has completed primary school.

We welcome your interest in St. Mathieu's and are delighted to offer more details at your request. Feel free to contact Shon Beury, Service Ministry Chair, [shonbeury@aol.com](mailto:shonbeury@aol.com) or any member of the Service Ministry for more information. Thank you for *putting your faith to work* for the children of St. Mathieu's.

## The Breath of God?

Well, actually, yes! He breathes life into us all and His spirit swirls all around us. Why not tap into this energy source at both a spiritual and physical level? The Department of Energy's National Renewable Energy Laboratory (NREL) has issued a report in October 2010 which comprehensively analyzes key factors impacting the deployment of offshore wind power in the United States. This report includes a detailed assessment of the nation's offshore wind industry and resources, including future job growth potential. The report also analyzes the technology challenges, economics, permitting procedures, and the potential risks and benefits of offshore deployment in U.S. waters. The NREL report finds that harnessing even a fraction of the nation's potential offshore wind resources, estimated to be more than 4,000 gw, could create thousands of jobs and help revitalize America's manufacturing sector, reduce greenhouse gas emissions, diversify U.S. energy supplies, and provide cost-competitive electricity to key coastal regions. (A message from St. Timothy's Steward of Creation)

## Christmas is Coming!

Please join the spirit! On Sunday evening, December 5, all women of St Timothy's are invited to enjoy the Episcopal Christian Women;s (ECW) Christmas social.

This year's holiday event will be held from 6:30 - 8:30 PM at the home of Kathy Froemming  
12846 Parapet Way  
Oak Hill / Herndon VA 20171

Please bring an appetizer or dessert to

share  
and a wrapped present ( value \$10 )  
for a guaranteed fun gift exchange.  
RSVP to Kathy Froemming at 703-  
620-9290 or at  
[kathyfroemming@cox.net](mailto:kathyfroemming@cox.net)  
Come, enjoy, and celebrate this  
festive holiday season together !

## Becoming a Good Samaritan

Come and meet some new St. Timothy's members and discuss some every-day issues. An adult class is meeting Sunday evenings beginning October 17at 7pm to 8pm in Room B-1 to study and discuss Streams of Living Water. The discussion will focus on Christian faith as a life of spiritual transformation, a way of life formed by disciplined spiritual practices. Essential practices from the six great traditions of Christian faith--contemplative (the prayer-filled life), holiness (the virtuous life), charismatic (the spirit empowered life), social justice (the compassionate life), evangelical (the word-centered life), and incarnational (the sacramental life) will be studied. There is a sign-up sheet in Henry Hall to join this class. Contact person: Carmela Condro [ccondro@juno.com](mailto:ccondro@juno.com).

homeless men, women and children in our area!

## Saints Alive!

The Stewardship ministry wants to thank the volunteers who helped so tirelessly and on short notice with the two recent Stewardship mailings to more than 400 families in St. Timothy's, including Mel and Sharon Lew, Frank Martin and Tricia Mussante. God bless you!

*As the Father has loved me,  
so I have loved you ...*

*John 15:9*



## Help End

## Homeless- ness.

Sign up to walk or be a virtual walker at the Fannie Mae Help the Homeless Walkathon on the National Mall, Saturday, November 20 and choose Reston Interfaith (VA035) as the beneficiary. Join the hundreds of neighbors who have already walked in mini-walks and see your funds put to work to help



# Save the Date!

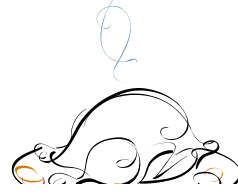
*A look ahead at special events during the Fall here at St. Timothy's*

## November

**Postponed** All Saints' Sunday Choral Evensong

11/7 5:00 p.m.

Thanksgiving 11/25





St. Timothy's newsletter, *The Word*, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website ([www.saint-timothys.org](http://www.saint-timothys.org)) home page under Downloads. If you wish to receive a copy by mail, please notify Keith Nelson Stroud in the church office ([keith@saint-timothys.org](mailto:keith@saint-timothys.org)). Copies of *The Word* are also available in the office.

The deadline for submission of material for the next issue is:  
**Friday, October 15 2010**

Questions, articles, or ideas for *The Word* are always welcome as are your comments. You may send materials via email to [wordeditor@saint-timothys.org](mailto:wordeditor@saint-timothys.org) and put *Word* in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

**Church Information**

*Rector*

**The Reverend Brad Rundlett**

703-437-3790 X11

[bradr@saint-timothys.org](mailto:bradr@saint-timothys.org)

*Associate Rector*

**The Reverend Leslie Chadwick**

703-437-3790 X12

[lesliec@saint-timothys.org](mailto:lesliec@saint-timothys.org)

*Music Director*

**Mr. Peter Waggoner**

703-437-3790 X16

[peterw@saint-timothys.org](mailto:peterw@saint-timothys.org)

*Parish Administrator*

**Ms. Keith Nelsen Stroud**

703-437-3790 X10

[keith@saint-timothys.org](mailto:keith@saint-timothys.org)

*Seminarian*

**Mr. Peter Doddema**

913-660-9422

[ldoddema@vts.edu](mailto:ldoddema@vts.edu) *Seminarian*

**The Reverend Wisnel Dejardin**

**Services**

Sundays

8:00 A.M. - Holy Eucharist, Rite I

9:30 A.M. - Holy Eucharist, Rite II, Children's Chapel

(Nursery Care Available)

11:00 A.M. - Holy Eucharist, Rite II, Christian Education

(Nursery Care Available)

Wednesdays

12:15 P.M. - Holy Eucharist And Healing Service

**Office Hours**

Monday - Friday, 9:00 A.M. To 5:00 P.M. (And By Appointment). Clergy Are Off On Fridays.

2010 Vestry

Terms expire January 2011

**Ms. Hollis Colie**  
*Liaison to Christian Education,*

*Youth*

703-787-0272

[hollis211@aol.com](mailto:hollis211@aol.com)

**Mr. Jim Hendrick**

*Senior Warden*

703-430-4914

[jhendrick@udcc.com](mailto:jhendrick@udcc.com)

**Mr. David Hixon**

*Liaison to Stewardship*

703-222-7776

[djhixon@yahoo.com](mailto:djhixon@yahoo.com)

**Ms. Tricia Mussante**

*Liaison to Finance*

703-481-6853

[p.mussante@verizon.net](mailto:p.mussante@verizon.net)

Terms expire January 2012

**Ms. Cheryl Brock**

*Liaison to Worship, Accessibility*

703-437-3968

[charlieandmaggie@hotmail.com](mailto:charlieandmaggie@hotmail.com)

**Mr. Patrick Hobson**

*Liaison to Communications*

703-464-0405

[edrick4u@hotmail.com](mailto:edrick4u@hotmail.com)

**Ms. Kathy Lombard**

*Junior Warden; Ad Hoc Liaison*

703-862-6731

[kathy.lombard@yahoo.com](mailto:kathy.lombard@yahoo.com)

Terms expire January 2013

**Mr. Alain Bashore**

*Liaison to VoCoSuM*

703-273-1689

[evenkeelz@verizon.net](mailto:evenkeelz@verizon.net)

**Mr. Duncan Hutcheon**

*Liaison to Stewardship*

703-376-8288

[duncan.l.hutcheon@exxonmobil.com](mailto:duncan.l.hutcheon@exxonmobil.com)

**Ms. Allison Dodd**

*Liaison to Open Arms, Hospitality*

202-365-7595

[aahedley@yahoo.com](mailto:aahedley@yahoo.com)

**Mr. Ted Mankin**

*Liaison to Service*

703-476-7251

[TedMankin@livenation.com](mailto:TedMankin@livenation.com)

**Treasurer**

Mr. Rick Wilson

703-435-1925

[rwilson20@verizon.net](mailto:rwilson20@verizon.net)

**Registrar**

Mrs. Jillian Hajdasz

703-327-3770

[HReyzner56@aol.com](mailto:HReyzner56@aol.com)