

The Word

November 2011



St. Timothy's Episcopal Church
432 Van Buren Street, Herndon, VA 20170
Voice: 703-437-3790 Fax: 703-787-9781
www.saint-timothys.org

Live, Love, Give

Jesus said "I have come that you may have life, and have it abundantly" [John 10:10b].

Some people believe Jesus was promising financial success, a long healthy and wonderful life, happiness; all of the things and experiences we desire. But what God wants for us - what Jesus lived and died to give us - is far greater than material blessings. The abundance offered by our Savior is not as much about quantity (more good things) as it is about quality (the best life). Jesus wants us to have, to experience, all that life has to offer - great joy and great sorrow, love and loneliness, beauty and bleakness, life and death, and new life. I don't believe God wants to see us suffer, but we are imperfect beings in a broken world, and thus there is suffering, and death. But there are also blessings and gifts of grace that are given to us in "the time of trial." Jesus came so we can have it all. God wants us to embrace the challenges of mortal life as Jesus embraced the cross. We grow in faith and love in the difficult times. We become whole only by accepting everything life presents. We rise to everlasting life only by passing through death.

In Northern Virginia one of our greatest challenges is our preoccupation with money and material things. Fairfax County is one of the wealthiest

counties in this country, and

though we find ourselves in a time of economic upheaval and political instability, we are still much better off than most Americans, and most of the world. Our anxieties and insecurities are ill-founded, and keep us from experiencing abundant life..

We need to let go. We need to loosen our grip on "stuff;" we could do very well without most of it; we don't need such big homes, such fancy cars, such big TVs, so many clothes, such expensive diversions. In fact we'd be much better off without all of the things we have and what we still hope to gain; things weigh us down, they drain our energy, they get in the way of our relationships, they strangle our souls.

Happiness is not found in getting, it's found in giving.

I invite you to rediscover the joy of giving, and the freedom that giving produces. Pick something that's important to you, an object, and give it to somebody else. Choose a charity (or your Church) and make a significant donation. Take time out from work and duties and spend that time with someone who is important to you. Give, and discover what it's like to be truly alive, abundantly

alive!

I invite you to live, to love, and to give . . . and experience abundant life.

Fr. Brad

Thanksgiving

Baptists, Lutherans, Methodists, Presbyterians, and Episcopalians in Herndon come together every year on the Sunday evening before Thanksgiving Day, to worship, pray, have Holy Communion (in the tradition of the host Church), and support LINK, our local food bank. We invite all of our neighbors to attend. We all have so much for which we should be grateful. This year St. Timothy's is the host. The service will begin at 7:00 pm on November 20th; the preacher will be Stephen Smith-Cobbs, the Pastor of Trinity Presbyterian Church. The offering - money and non-perishable food - will go to LINK. Come, and bring family, friends, neighbors, and co-workers.

On November 24th, Thanksgiving Day, St. Timothy's will have a service of Holy Communion at 11:00 am.

Bishop visits and Confirms

On Sunday, December 4th, at 11:00 am, our Assistant Bishop Ted Gulick will visit St. Timothy's. He will preach, Confirm, and lead our Holy Eucharist. We will host a reception after the service.

An Invitation to all Women of

St. Timothy's

*With thoughts of the holidays, the spirit of giving and friendship
- it*

is time to mark your calendar

Sunday December 4

6 PM

The ECW (Episcopal Church Women) Holiday Soical

At the home of Kathy Froemming

12846 Parapet Way - Oak Hill, Virginia

*Please bring an appetizex or dessert to share and a \$10 wrapped
gift for*

the ever fun and festive gift exchange.

*In the spirit of caring and the holidays, an optional item/gift
may be*

*donated to LAWS, (Loundoun Abused Women's Shelter). All
donations will be*

delivered to the shelter before Christmas.

Please RSVP to Kathy at 703-620-9290

or

kathyfroemming@cox.net

Come and enjoy an evening of holiday fun and friend-
ship

Change -- What Does It Mean To You?

We've all seen it; the Styrofoam coffee cups are replaced by eco-friendly biodegradable "hot" cups only to watch as consumers double-up on the new eco-friendly cups in order to have the same insulation feel as the Styrofoam cups. Another case in point: we all have seen the new "eco" rest-room facilities with the new soap dispensers that "foam" the soap so it lasts longer. Often, the normal paper towels have been replaced with the "100% Recycled" paper towels that, candidly, do not feel as substantial as the old paper towels we are all use to using to dry our hands. I have repeatedly observed people who trigger the soap dispenser three, four, and five times to obtain the "old" amount of soap they were accustomed to getting. Next, they turn to the eco-friendly paper towels and pull out one, two, three, sometimes four or five paper towels to dry their hands. I wondered, "what good is

change if our actions are designed to counter the change?" It is a fact that to be mindful of God's resources, we absolutely must make conscious decisions to be better stewards of His creation. The Internet is full of helpful sites and tips to better conserve our use of His resources. Some efforts, however, are obvious . . . and it comes down to simple choices such as using one paper towel to dry our hands, not two, three, four and five. (A Message from the Diocese of Virginia's Stewardship of Creation Committee. To learn more about the SoCC, please visit <http://www.caringforgodscreation.net/default.asp>)

Volunteer Opportunities at The Closet of Herndon - Time and Talent Needed!

Board member: Two members of St. Timothy's congregation serve on The Closet board. Thank you to Marie Lally who ably served on the Board, but has stepped aside to offer the opportunity to another member of the church. A board member is asked to attend four board meetings a year - the second Wednesday of the month in March, June, September and December. Holly Hartage is the other board member and welcomes questions about serving on the board. Please contact her at mhhvirginia@verizon.net or in the evening call her at 703.318.8292

Volunteer at The Closet - volunteers from 19 religious organizations in the greater Herndon and Reston area support The Closet. St. Timothy's is assigned two or three days a month (Tuesday, Thursday or Saturday from 10:00 to 2:00) to provide four (4) volunteers for two-hours shifts.

Jobs are varied - floor walker, dressing room attendant, clothes pricer, bagger, or other duties as needed. Aaron Sawyer, The Closet Manager, gives all new volunteers a quick training the first day they report.

Please sign up to volunteer at The Closet -- high school students are welcome too! Call Holly Hartage at 703.318.8292 or email her at mhhvirginia@verizon.net

History of The Closet: The Closet is a nonprofit thrift shop in the heart of historic downtown Herndon and has been in business for over 35 years. It is one of the community outreach ministries St. Timothy's supports.

The Closet was founded in 1974 by a handful of churches including St. Timothy's to assist low-income families by selling used clothing at a nominal price. Over the years, the mission has expanded and it has become a significant resource for the greater Herndon area. The

Closet provides clothing to truly needy individuals and uses its profits to support worthwhile community programs.

The Closet sells a wide variety of donated items, including clothes and shoes; housewares such as dishes, kitchenware and linens; electronics; sporting goods; books, videos, cd's and record albums; artwork and frames; toys; and knickknacks. Donations are welcome.

To learn more about The Closet, go to their website www.theclosetofgreaterherndon.org

LINK Holiday Basket News

LINK will serve over 700 families this holiday season by providing a week's worth of groceries to registered clients. The program changed this year to offer a more reliable system of scheduling families for pick-up of their groceries. In October, in person registration was held at two church distribution locations. As in past years, the food distributions are held at Trinity Presbyterian in Herndon and Christ the Redeemer Catholic Church in Sterling. Coat distributions are held at Sterling United Methodist.

Also new this year is the suggested donation of a BAG of groceries rather than the classic "can." Families typically receive 5 to 10 bags of groceries, based on number of family members, through this program. This requires a tremendous amount of donations. Cash donations are also welcome. Please make checks payable to LINK. Look for designated collection areas in Henry Hall to leave donations or, take them to the churches noted below.

The Holiday Basket program is an ideal opportunity for those who want to serve this season. Any age volunteer is welcome. Scout troops, students needing service hours, neighborhood and community groups are all encouraged to participate. In addition to food donations, LINK needs volunteers to collect and sort donations prior to the distribution date, translators, and volunteers to assist clients the day of distribution.

Volunteer opportunities are noted below. For more information, please contact Rob Duchesneau, rob.du@verizon.net or Shon Beury, shonbeury@aol.com. **To volunteer, please contact the LINK coordinator, Becky Field-Ross 703-434-9099, fieldross@aol.com (email preferred).**
The Service Ministry ~ Putting Your Faith to Work.

November 19, 2011 LINK Basket Distribution

Food Distribution: 8 am – 2 pm at Christ the Redeemer Catholic Church, Sterling and Trinity Presbyterian, Herndon

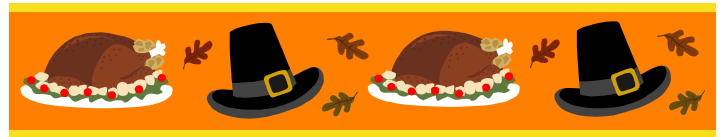
Winter Coat Distribution: 8 am – 3 pm at Sterling United Methodist

Volunteers Needed:

Nov. 14 & 17: Sorting from 9 am – 12 pm; 7 pm – 9 pm at Christ the Redeemer Catholic Church and Trinity Presbyterian Church

Nov. 18 – Sorting from 9 am until finished at Christ the Redeemer Catholic Church and Trinity Presbyterian Church

Nov. 19 – volunteers to help re-stock food, assist families, act as translators, and clean up, 7:30 am – 4:00pm at Christ the Redeemer Church and Trinity Presbyterian Church.



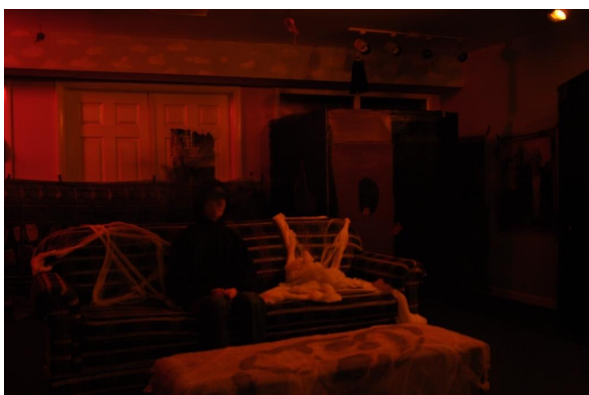
Thanksgiving

The year has turned its circle,
The seasons come and go.
The harvest all is gathered in
And chilly north winds blow.
Orchards have shared their treasures,
The fields, their yellow grain,
So open wide the doorway~
Thanksgiving comes again!
~Old Rhyme



Congratulations to Christy and Ed Petrak on the baptism of their gorgeous son, Thomas. A wonderful blessing!

Happy Halloween at St. Timothy's



(top) Oooooohhh! Spooky! (center) A lovely lion! (above) Twqo super heroes discuss who has the best treats.

(top) Leslie and Allison sit with their beautiful princesses. (left) Hugh and his son putt-putt in Henry Hall; (above) Witchy Woman . . . Jill Keonig

2011 Vestry

Terms expire January 2012

Kathy Lombard-Senior Warden,

703-862-6731

kathy.lombard@yahoo.com

Patrick Hobson

VoCoSum

703-464-0405

edrick4u@hotmail.com

Cheryl Brock

Worship

703-437-3968

charlieandmaggie@hotmail.com

Jeanne Bennett

Alternate

703-442-8542

BennettJ@SEC.GOV

Beth Lumnitzer

Alternate

703-262-0403

blumnitzer@yahoo.com

Rose Berberich

Registrar

703-471-4988

rberberich@cox.net

Terms expire January 2013

Ms. Allison Dodd

Finance

202-365-7595

aahedley@yahoo.com

Duncan Hutcheon

Stewardship

703-376-8288

tanajib35@live.com

Ted Mankin

Junior Warden/ Service

703-476-7251

TedMankin@livenation.com

Liz Ward

Communications

703-435-8886

sdw7756@hotmail.com

Term expires 2014

Sandy Wright

AdHoc

703-716-9094

quiltdiva730@hotmail.com

Mike Colie

Building and Grounds

703-787-0272

Mfc819@aol.com

Eugene Nkomba

Stewardship

703-715-8667

eugene.nkomba@asg.com

Rick Wilson

Treasurer

703-435-1925

rwilson20@verizon.net

Donna Cornwell

Christian Education

703-478-6910

dcornwell@cox.net

Services

Sundays

8:00 a.m.- Holy Eucharist, Rite I

9:30 a.m.- Holy Eucharist,
Rite II

Children's Chapel

Godly Play, ages 3-9

(Nursery Care Available)

11:00 a.m.- Holy Eucharist,
Rite II

Sunday School

Godly Play, ages 3-9

(Nursery Care Available)

Wednesday

12:15 P.M.- Holy Eucharist And
Healing Service

Office Hours

Monday-Friday

9:00 a.m. –5:00 a.m.

For appointments, please call
703-437-3790



St. Timothy's newsletter, *The Word*, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website (www.saint-timothys.org) home page under Downloads. If you wish to receive a copy by mail, please notify Keith Nelson Stroud in the church office (keith@saint-timothys.org). Copies of *The Word* are also available in the office.

The deadline for submission of material for the next issue is:

Friday, November 25, 2011

Questions, articles, or ideas for *The Word* are always welcome as are your comments. You may send materials via email to Jillian Hajdasz at wordeditor@saint-timothys.org and put Word in the subject line. Photos are also welcome; please identify key people in photos.

Articles or letters may be edited for brevity or appropriateness.

Church Information

Rector

The Reverend Brad Rundlett

703-437-3790 X11

bradr@saint-timothys.org

Associate Rector

The Reverend Leslie Chadwick

703-437-3790 X12

lesliec@saint-timothys.org

Music Director

Mr. Peter Waggoner

703-437-3790 X16

peterw@saint-timothys.org

Seminarians

Terry Eswards

Christian Education

Cassandra Riedy

703-437-3790 X17

cassandrar@saint-timothy.org

Parish Administrator

Keith Nelson Stroud

703-437-3790 X10

keith@saint-timothy.org

Our Mission:

As people of God, we joyfully worship God, spread the WORD of God's love, treasure all people, and serve others everywhere in the name of Jesus Christ.

Therefore, with God's help, We:

*Open our doors to everyone,
open our hearts in worship,
open our eyes to the Spirit's gifts and
open our arms to embrace God's work.*