



St. Timothy's Episcopal Church

# The WORD

Our 136th Year

for December 2004

Herndon, Virginia



## Get into the Spirit

—Fr. Brad

The Advent and Christmas seasons are filled with sights, and sounds, and smells that enchant us. The air is crisp and cold but homes and Churches are warm. The nights are dark and long but candles and decorative lights are bright. The aroma of seasonal foods and drinks, of ever-green trees and wreaths, drifts through the air. The music of the holidays makes our hearts dance. This is all part of “getting into the spirit.” And nothing does this more than the hymns and carols of the season.

One of my favorites (though it is not assigned to Advent or Christmas) is number 475 in our hymnal. Both the melody and the words touch a deep place in my soul, especially during this time of year.

1. *God himself is with us; let us all adore him, and with awe appear before him. God is here within us; souls in silence fear him, humbly, fervently draw near him. Now his own who have known God, in worship lowly, yield their spirits wholly.*
2. *Gladly, Lord we offer thine to be for ever, soul and life and each endeavor. Help us to surrender earth's deceitful treasures, pride of life, and sinful pleasures: thou alone shalt be known Lord of all our being, life's true way decreeing.*
3. *Thou pervadest all things; let thy radiant beauty light mine eyes to see my duty. As the tender flowers eagerly unfold them, to the sunlight calmly hold them, so let me quietly in thy rays imbue me; let thy light shine through me.*

I rarely get through the final verse without a lump in my throat and tears in my eyes..

4. *Come abide within me; let my soul, like Mary, be thine earthly sanctuary. Come indwelling Spirit, with transfiguring splendor; love and honor will I render. Where I go here below, let me bow before thee, know thee, and adore thee.*

It is the phrase “let my soul like Mary, be thine earthly sanctuary” that most speaks to the season. The One whose return we long for in Advent, whose first coming we cel-

see *the Spirit* on page 2, col 2



## Smile, you're in worship!

—Rev. Kedron

A few Sundays ago, some one came up to me after church and said, “Something must have been going on up there today.” Why I asked? They replied, “Because you were smiling; you looked amused.”

And they were right. Something was going on in that sanctuary and it happens every week. But, it wasn't a joke, no one spilled anything, I didn't sneeze into the microphone (wait, that did happen once!)—it was simply worship. I was, and am continually shaped by our common worship and I hope that you are too. And worship should be joyful!!!! We come together to sing praises to God, to say, *Amen* (definition: so be it) with a loud voice after the sermon is given or prayers are prayed. And why shouldn't we smile? The old saying is, “Smile, it improves your face value.” I think it improves more than that. It improves our mood and our ability to connect with another. I'd like to think God is smiling with us too.

So, does it? Does worship feel joyful to you? Are you open to a new hymn that might teach you about an aspect of God? Are you letting yourself be free to really hear the lessons? Do you feel engaged with the sermon? If not, why not? What can you do to change that? What can we do to help you feel connected in worship?

Spend a few weeks in worship thinking about how you are present in that hour. What does coming on Sunday morning or Wednesday at 12:15 do for you? Do you know someone who could use a little of what you get here at St. Tim's? If so, invite them to join you. Christmas is coming. It's a time when many don't feel the joy of season. Try introducing one of your friends to worship or if you need a reintroduction, come and see what all the smiling is about. Worship will be joy-filled this holiday season and we look forward to sharing it with you!

May God bless you richly this Advent season and bring you joy. Blessings,

Kedron



## Accessibility Assistance

Anyone needing accommodations for a disability in order to attend or participate in any St. Timothy's activity should call Chrissa Mankin of the Accessibility Ministry at 703-476-7251. Calls should be made seven days prior to the activity so that appropriate arrangements can be made.

## Join the Lakota Mission Trip in May 2005

Saint Timothy's Lakota team is planning a third annual mission trip to Pine Ridge Indian Reservation, South Dakota,

and we'd like you to join us. Pine Ridge is one of the poorest counties in the nation.

The unemployment rate of its

people is 75% to 85%. The average annual income of American Indians in South Dakota is \$4,040, according to a 1990 census.

The team members are called to serve the Lakota people. We volunteer our time and talent by listening to the Lakota people and by extending a helping hand through work projects to foster hope and trust.

In addition to performing work projects, we are involved in a variety of cultural learning experiences with members of the tribe.

The Sioux are best known for their fine quilting and beadwork. The star quilt is a symbol of our gathering together into one people. Each piece in a quilt is important, and, at the same each piece is nothing by itself. A beautifully finished quilt comes together by the work of human hands and hearts.

Like the symbolism of a quilt, will you come together with us to Pine Ridge? We need your hands and hearts. The trip is tentatively planned for May 14-21, 2005. The cost per person is approximately \$500. No experience is required.

Come and experience Christ's love through working with the Lakota people. Sign up on Sunday, December 5, 2004, in Henry Hall or come to our meeting on Sunday, December 12, 2004, at 12:30 PM at Saint Timothy's. For more information, call Tina Pinkard, (703) 758-2583, or Janet Koch, (703) 620-1578.



## What do we really need?

—Fr. Brad

Some wise person once said, "True wealth is determined not by what one acquires, but by what one gives away." In a time of year when "getting presents" (i.e., getting more stuff) is encouraged in such a wholesale fashion (and it's good for the economy!), these words are well worth pondering. Most of us have far more than we need, and most of what we want besides. There's no question about our wanting all kinds of things, but do we really "need" any more material goods? Of course not. And according to the Bible, more is definitely not better.

The Gospels of Matthew, Mark, and Luke each relate the story of our Savior's encounter with a rich young man (Mt. 19:16-30, Mk. 10:17-31, Lk. 18:18-30). He approached Jesus and asked, "What must I do to inherit eternal life?" Jesus reminded him of the Ten Commandments. The young man insisted that he had been faithful in all of them. But Jesus looked in his heart and saw what was missing. The Son of God said, "Go sell what you own and distribute the money to the poor." The Gospel records that "When the young man heard this he went away grieving, for he had many possessions." It might be more instructive to say, "The man went away grieving for his many possessions had him." When it comes to "many possessions" the subject and object are in question.

According to Scripture, wealth is one of the greatest impediments to salvation, not because it is bad, not because money and things are evil. Rather because the more we have, generally speaking, the more anxious and less generous we become. Most usually our many possessions possess us.

Christmas is a good time to reconsider what we want and what we need. Especially in this culture of consumerism we are encouraged to want many things. However, as God's Holy Word makes clear, we need only one thing – the saving love of God in Jesus Christ.

## *the Spirit* from page 1, col 1

celebrate in Christmas, waits to be conceived in us, to be born in our love for God and each other.

It has been said that "s/he who sings prays twice." Indeed our hymns are poetic prayers set to music. Thus, from time to time, it is good to pray the text of our hymns without the music. This makes us appreciate the words, when we sing them, even more. And notice the hymns and carols that touch you in deep places; pray them. I believe, as a result, Christ will be born in the love and joy that swells in your being. "Get into the spirit", and let the Spirit get into you.

## Christmas Shop at St. Timothy's

Saturday, Dec 4, 9am to 2pm in Henry Hall

Shop with a purpose this season! Find that special gift and help St. Timothy's fulfill its mission in our community and the world! Proceeds support::

- ✦ **Rebuilding in Dungannon, Virginia**
- ✦ **Working on the Lakota Reservation in S. Dakota**
- ✦ **Building homes for Habitat for Humanity**

You will find a variety of vendors with many wonderful gifts for the holiday season including:

Mary Kay Cosmetics, Tupperware, Usborne Books, Quiet Places for the Heart, Home and Mind, Tastefully Simple Gourmet, Bead Jewelry, Washington National Cathedral Museum Store, Scarves, and more. . .

There will be a **raffle** for a Christmas Wreath & Basket valued at \$350. The tickets are 1 for \$5 or 4 for \$15. The drawing will be held at 2pm and you need not be present to win!



## Epiphany Pageant

Sunday, Jan 9 at 6:00pm



This is St. Timothy's annual event for your children to participate and you get to have the 'photo-op' fun. A potluck supper will follow the performance.

Auditions and part assignments will be held on Sunday, Dec 19 at 12:30pm. ALL children who wish to participate will be included in the performance.

Questions: call Amanda Andere at 571-323-9570 or e-mail [amanda.andere@restoninterfaith.org](mailto:amanda.andere@restoninterfaith.org)

## National Cathedral Museum Shop Table Returns to St. Timothy's

If you missed us at the Christmas Shop at St. Timothy's, the Museum Shop table will be set up in Henry Hall on Sunday, **December 5th**, and one more time on Sunday, **December 12th**. All items are unique symbols of the National Cathedral. Many, many new items this year including bookends cast directly from the wood carvings of the Great Choir stalls. For more information, please see Craig Dubishar or Rachael Hixon.

## Christmas Services

We have three worship services on December 24<sup>th</sup>, **Christmas Eve**:

**5:00 pm** (this service is especially for children, it does include a story presentation of the Nativity)

**7:00 pm** (a festive service)

**10:00 pm** (carols and anthems)

**10:30 pm** (festive service)

All Christmas Eve services are Holy Eucharist and include the candlelight singing of Silent Night. The 7:00 pm and 10:00 pm services also include special musical accompaniment and choir arrangements. Weather permitting our outdoor chapel will be accented with luminaries.

**Christmas Day: 11:00 am**

**Sunday, December 26<sup>th</sup>**: usual services at **8:00 am, 9:30 am, and 11:00 am**.

Please, come join us; bring your family and friends to celebrate the birth of our Savior!



## Annual Parish Meeting

Our Annual Parish Meeting will be on Sunday, **January 9<sup>th</sup>**. During each of our three morning services, members of the parish will have the opportunity to vote for four people to serve a three-year term on our governing board, the Vestry. Twelve people serve on the Vestry. We elect four new members each year. Every person who is 16 years of age or older, and whose Baptism is recorded in our record books (by virtue of being Baptized here, by transfer from another Episcopal Church, by being Received from another denomination by one of our Bishops, or by otherwise having our Parish Administrator record the date and place of Baptism in our record books), may vote. After our 11:00 am service (at approximately 12:15 pm) we will all gather in the parish hall for food, and discussion of our budget and mission priorities for 2005. The new and currently serving Vestry will go on a weekend retreat, with our clergy, January 14<sup>th</sup>-16<sup>th</sup>.

## THE MISSION OF ST. TIMOTHY'S

adopted 03/09/02

As people of God  
we joyfully worship God,  
spread the WORD of God's love,  
treasure all people, and  
serve others everywhere  
in the name of Jesus Christ.

Therefore, with God's help, we will:  
open our doors,  
enhance our worship,  
and increase our involvement  
through all of our ministries.



# The WORD

for December 2004

*St. Timothy's Word* is published monthly and mailed to members and friends during the last week of each month. It also appears on the website under "See All Events" beginning the day it is ready for mailing. The deadline for submission of material for the **January** issue is **Monday, December 20 at 7am.**

Questions or ideas for *The Word* are always welcome as are your comments! Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. You may also send material as an attachment to an e-mail message to: [office@saint-timothys.org](mailto:office@saint-timothys.org). Photos will be used only if key people in the photo are identified. Articles or letters may be edited for brevity or appropriateness. See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. Weekly Bulletins appear on the website no later than Friday for the coming Sunday.

**St. Timothy's Episcopal Church**  
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## Good Stewardship of Your Food Dollars

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Look For Our Table in Henry Hall

## 2004 Vestry

Terms expire January 2005:

Ms. Rose Berberich  
*Liaison to Service*  
703-471-4988  
[roseberberich@aol.com](mailto:roseberberich@aol.com)

Mr. Matt Maginniss  
*Liaison to Communications*  
703-481-9203  
[matthew.maginniss@us.ibm.com](mailto:matthew.maginniss@us.ibm.com)

**Ms. Tina Pinkard**  
SENIOR WARDEN  
703-758-2583  
[p12817@erols.com](mailto:p12817@erols.com)

Mr. Rick Wilson  
*Liaison to Finance*  
703-435-1925  
[Rwilson20@aol.com](mailto:Rwilson20@aol.com)

Terms expire January 2006:

Mr. Pat McGibbon  
*Liaison to Stewardship*  
571-434-6891  
[taterchi@aol.com](mailto:taterchi@aol.com)

**Mr. Tom McLenigan**  
JUNIOR WARDEN  
703-758-9104  
[tmmhokie@comcast.net](mailto:tmmhokie@comcast.net)

Mr. Dave Parker  
*Liaison to Buildings & Grounds*  
703-860-1568  
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Ms. Lidia (Lili) Soto-Harmon  
*Liaison to Education & Youth*  
703-378-4309  
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Terms expire January 2007:

Mr. Chris Brock  
*Liaison to Accessibility*  
703-437-3968  
[christopher\\_brock2@verizon.net](mailto:christopher_brock2@verizon.net)

Ms. Shirley Ratliff  
*Liaison to Evangelism*  
703-444-1071  
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Mr. Bill Sanger  
*Liaison to Hospitality*  
703-860-0378  
[wss@att.net](mailto:wss@att.net)

**Treasurer**

Mr. Ralph Tildon  
*Liaison to Pastoral Care*  
703-464-9377  
[rtildon@aol.com](mailto:rtildon@aol.com)

**Register**

Ms. Wendy Budd  
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[wbudd@ix.netcom.com](mailto:wbudd@ix.netcom.com)

## Church Information

**Rector:** The Reverend Brad Rundlett  
[bradr@saint-timothys.org](mailto:bradr@saint-timothys.org) 703-437-3790 Ext 11

**Associate Rector:** The Reverend Kedron Jarvis  
[kedronj@saint-timothys.org](mailto:kedronj@saint-timothys.org) 703-437-3790 Ext 12

**Music Director:** Mr. Peter Waggoner  
[peter@saint-timothys.org](mailto:peter@saint-timothys.org) 703-437-3790 Ext 16

**Seminarian:** Mr. Michael Hinson

### Regular Services

8:00 am Sunday - Holy Eucharist Rite I

9:30 am Sunday - Holy Eucharist Rite II  
(nursery care available)

11:00 am Sunday - Holy Eucharist Rite II  
(nursery care available)

10:00 - Children's Chapel

10:45am Sunday - Sunday School

12:15pm Wednesday - Holy Eucharist & Healing Service

### Office Hours

Monday-Friday 9am to 3pm (and by appointment)

Telephone: 703-437-3790

Facsimile: 703-787-9781

### Web Address:

<http://www.saint-timothys.org>

**Parish Administrator & Newsletter Editor:**

Bob McConahy Ext 10

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