



## St. Timothy's Episcopal Church

### Be prepared; Christ is coming!

"Advent" isn't a word we hear very often, other than in these four weeks of the Church year. The word "advent" comes from the Latin word *advenire* which means "to come." During the four weeks of Advent (the four weeks before Christmas) we are reminded of ancient hopes and prayers that the Messiah would someday finally come, of his coming - his Incarnation, and of the Gospel proclamation that Jesus the Christ will come again "with power and great glory." We look forward to a time when sin and death will be forever banished and God's reign will be complete. Advent then is a time of preparation for the return of Jesus the Christ, and the establishment of God's Kingdom.

In these weeks before Christmas we are almost consumed with preparation. We decorate our homes (and Church) for the holidays, make travel arrangements or prepare room for guests, we plan special meals, we buy and bake delicious treats, we send cards, we shop for gifts and wrap them . . . we "get ready" for Christmas. It is a lovely, wonderful, exhausting time of year! But getting ready for Jesus Christ is a different matter. Our Savior doesn't require decorations, cards, and gifts. Preparation for His coming requires making room in our hearts and minds and spirits for the Prince of Peace to dwell.

Gerhardt Tersteegen composed a hymn in 1729 that I think expresses quite beautifully and poetically the call to prepare for Christ's coming.

1. God himself is with us; let us all adore him, and with awe appear before him. God is here within us; souls in silence fear him, humbly, fervently draw near him. Now his own who have known God, in worship lowly, yield their spirits wholly.
2. Gladly, Lord we offer thine to be for ever, soul and life and each endeavor. Help us to surrender earth's deceitful treasures, pride of life, and sinful pleasures: thou alone shalt be known Lord of all our being, life's true way decreeing.
3. Thou pervadest all things; let thy radiant beauty light mine eyes to see my duty. As the tender flowers eagerly unfold them, to the sunlight calmly hold them, so let me quietly in thy rays imbue me; let thy light shine through me.
4. Come, abide within me; let my soul like Mary, be thine earthly sanctuary. Come indwelling Spirit, with transfiguring splendor; love and

honor will I render. Where I go here below, let me bow before thee, know thee, and adore thee.

It is to my mind one of the loveliest hymns we have; the fourth verse (my favorite) expresses most poignantly and prayerfully how we prepare for the coming of Christ. We make our hearts and minds, and souls ready, we invite Him to live within us.

In all our scurrying about, in all our hustle and bustle during this hectic, high expectation, frenetic season we are reminded to prepare for the Advent of Jesus Christ.

~ Fr. Brad

### Keep Awake

The theme "Keep awake" usually energizes me at the beginning of Advent. I want to stay alert to what is most important in the four weeks leading up to Christmas. This year, however, with a baby, "Keep awake" has been my theme for the last eight months. I long for an invitation to rest. Fortunately Advent is not either/or. It is a season that invites us to hold things in tension: Rest and watchfulness.

The organization LINK is my model for quiet alertness this year. It is not a high-profile volunteer service. It is a non-profit community network that "represents Christians linked together to provide love and support to people living in need." The food pantry is housed in a modest building near Herndon United Methodist Church. Its mission is to help people in need, specifically feeding the hungry. All year round, dedicated volunteers quietly stock the food pantry and distribute gifts. Member churches in the area, including St. Tim's, keep watch for those who could benefit from gift cards, food, and assistance. I learned last Thanksgiving that around this time of year, "LINK coordinates a Holiday Basket Program that enables qualified families to browse through food items organized and displayed at a local church, and select items to prepare a special holiday meal and a number of additional meals. A food certificate is included in the Holiday Basket to purchase perishable foods. Winter coats are also collected and distributed to eligible families" (<http://www.linkagainsthunger.org>). At this year's Herndon Ecumenical Thanksgiving Service, the Rev. Stephen Smith-Cobbs announced that LINK's quiet watchfulness bore much fruit. Through that one event, LINK served over 2900 people in need. I imagine Jesus inviting the hungry crowds to sit and rest as he provides from a small offering enough food for thousands of men, women, and children.

*(continued next page)*

Jesus' command "Keep awake" in Mark isn't about keeping us up at night in a state of endless insomnia. The command "Keep awake" is plural. It is addressed to the community. When we keep watch as a community, we find rest and refreshment for our souls. We fulfill this beautiful prayer at the end of our nighttime service Compline: "Guide us waking, O Lord, and guard us sleeping: That awake we may watch with Christ and asleep we may rest in peace. Amen" (Book of Common Prayer, 135).

~Rev. Leslie

Guide us waking, O Lord...



## Scouting for Food

In November, the Scouts of Troop 159 participated in the Boy Scout's annual Scouting for Food Drive. The purpose of this program is to collect food for the needy. This year, Troop 159 collected 88 bags of food which was donated to FACETS. Some of the older scouts took part in the Powhatan District Hike-o-ree. These scouts hiked approximately 8 miles along the Appalachian and other trails. We also did a Creek Cleanup of the Fox Mill Creek. In December, we are looking forward to our annual Scout Lock-in at St. Timothy's.



## The Church offers spiritual refreshment

There are so many distractions in this season; it is so easy to lose our focus and faith. To help us stay grounded in God the Church provides special times for worship. On December 24, Christmas Eve, we will have a service at 5:00 pm, especially for children. They will be invited to help tell the Christmas story as it is read from a large story book with enchanting pictures. St. Nicholas will come and tell us a little about himself, and about God's gift of the Holy Spirit, the Spirit of Jesus, which is given to us in Holy Communion. This service will last approximately 45 minutes.

We have another service, a traditional Christmas Eve Holy Eucharist service with beautiful music, choir anthems, and hymns at 7:00 pm. This service will last approximately one hour.

And our final service on December 24 begins at 10:00 pm with a festival of hymns and carols, with choral presentations and additional instrumentalists. It will end with the Holy Eucharist. This service will last approximately ninety minutes.

On December 25, Christmas Day, we have a more simple service with Holy Communion and music at 11:00 am.

We do not offer child-care on Christmas Eve or Christmas Day; our Nursery staff are with their families. Children are always welcome in our services.

For several years now the Church driveways and outdoor Chapel have been illuminated with hundreds of candles that burn from sundown until midnight. It is beautiful and heart-warming to behold.

Plan to attend a Christmas service, nourish and strengthen your faith, and invite your family, neighbors, friends, and co-workers to come with you. Give thanks to God for the gift of Jesus Christ.

## Many Chemicals of "High Concern" to the European Union Are Produced in the U.S.A.

The European Union is set to identify hundreds of chemicals as "substances of very high concern" that will eventually be regulated in Europe. Sixteen chemicals, including some phthalates, are already on the Registration, Evaluation, Authorization and Restriction of Chemicals list, and many of the others expected to land on the list are produced in the U.S. The Scientific American suggests that companies that make the chemicals will likely need to find safer alternatives. (From Scientific American, September 30, 2008) (A Message from your Steward of Creation)

## December Vestry Meeting

St. Timothy's Vestry will meet as usual on the fourth Monday of the month (December 22) at 7:30 pm. However, the meeting will be held at the home of one of our Vestry members. If you have Church business with the Vestry, please speak with Fr. Brad.

## Christmas Flower

### Dedications

Please use a flower envelope from the table in the rear of the Sanctuary to make your donation to the Christmas flower fund and note on the envelope your dedication information in memory of friends and loved ones or in thanksgiving for someone or something special to you. For the "date Requested" insert "Christmas". The list of donors and dedications will be included in all the bulletins printed while the flowers are on display this season. Your gift envelopes must be received in the office by **Friday, December 19** to be included.



## We Need Your Greens Saturday,

### December 20

The Altar Guild is in need of donations of freshly cut "greens" Saturday, December 20 between 9:00 and 11:00 am, to be used with the Christmas decorations for the Sanctuary. If you need help cutting or transporting your greens, please notify us either by phone at 703-437-4129 or email at [BrendaD120@aol.com](mailto:BrendaD120@aol.com). We will also need volunteers on Saturday and Sunday, December 20 and 21 to assist in preparing the greens and the arrangements for decoration. It is a fun time and floral training is not necessary. For further information call Brenda Donnelly at 703-437-4129.

## Stewardship Ministry

It is too early to tell if our Stewardship Campaign has been successful in raising enough funds to meet St. Timothy's vision and anticipated expenses in 2009. But, it is not too early to thank everyone who has worked on behalf of the Stewardship Ministry (SM) this year.

First, a brief recap of our activities this year. Early on, the SM read and discussed The Giving Myths by Stephen B. McSwain. We then developed 14 goals for the parish in 2008, most of which were accomplished. We initiated and coordinated a telephone survey to all parishioners, and followed-up with those not contacted with a mailed survey. We designed and implemented the Stewardship Campaign, which started with a letter from Father Brad that included a refrigerator magnet with the parish theme, "Abundant Giving, Abundant Life." We prepared and delivered gifts to those attending Sunday services from mid-October to mid-November. This included seed and soil, a prayer card, a card asking what individuals like about St. Tim's, and finally, SM gave parishioners money in the form of eight pennies, representing the Parable of the Talents. Also, SM hosted two

parish dinners in which our Vision for 2009 was presented and discussed. Over 120 adults attended these dinners.

The SM could not have done this without help, and we would like to thank the following individuals and groups for various contributions to this year's efforts.

To those who made telephone calls for the parish survey. To those who helped set-up, serve and clear at the parish dinners. To the Youth Group for providing food and child care during the parish dinners. To Peter Waggoner for his inspiring rendition of the Twelve Days of Stewardship, sung by all at the second dinner. To the chairs of the various parish ministries, and those who helped them prepare their challenging vision Budgets. To the Vestry for their thoughtful review and prioritization of those budget requests. To those who spoke before the congregation on behalf of the campaign. Special thanks to those who helped prepare the SM gifts, particularly Frank Martin, Jim Hendrick, Chris Brock, Jimmy Norcross and Max Norcross for preparing the seed and soil gifts. To Susy Nixon and Allyson Showalter for preparing the prayer card, the survey card, and the card with all those pennies glued to them, (2,000 in all) . To Alain Bashore, Mary Bashore, Chris Brock, Rob Bumbary, Hollis Colie, Judy Conroy, Katie Mazza, Jane Perry, Keith Pinkard, Susy Nixon and Allyson Showalter for labeling, stuffing, sealing, and mailing envelopes. To Elaine Horsfield, John Perkinson, and Genevieve Zetlan of the Communications Ministry for reviewing and editing our letters, and for preparing our posters. To Beth Lumnitzer and Marcia Andere of Hospitality Ministry for funding and preparing meals for the two parish dinners. To Carol Frost, who reserved space, obtained supplies, and helped with various tasks. To our Diocesan Stewardship Consultant Patsy Bjorling, for her guidance and suggestions for our campaign. To Duncan Hutcheon, our Senior Warden and Vestry Liaison to SM, and to Pat McGibbon, Finance Ministry Chair, for their support and advice. And, finally, to Brad, Leslie, and our former Seminarian, Kim for their strong support and wonderful sermons on Stewardship, and what that means to St. Timothy's and the people we serve.

In closing, I must thank the SM members, who worked so hard throughout the year on all these efforts. They are, Alain Bashore, Christopher Brock, Rob Bumbary, Jim Hendrick, Katie Mazza and Susy Nixon. If you get a chance, please thank all these folks for their good work. If I have forgotten anyone, please accept my apologies. I am confident your efforts will be noticed by someone above my rank. God bless all who have, or will have, responded to our call for financial support of our vision in 2009.

Remember, it is never too late to complete a Stewardship Form, and increases in giving are always welcomed.

~Paul Conroy, Stewardship Ministry Chair

## One of God's Most Precious Creation -- You!

The newspapers are full of articles about the health problems associated with the typical processed, sugar-laden, high-fat, high-salt western diet (hypertension, other cardiac diseases, strokes, diabetes, some forms of cancers, dementia, impotence, depression, self-esteem issues, and more!). Many studies show that today's children will likely have a shorter life span than their parents will have. Sad to say, but many people put better fuel in their cars than they do in their own bodies.

As the new year approaches, think about taking care of one of God's most important Creations: your body. It isn't as hard as one thinks to provide healthy snacks, such as veggies with dip, mini-bagels with hummus, fruit, etc., instead of donuts or chips. One approach uses the principles of the children's game of "Red Light-Green Light":

\*At a green light, you "Go," so one may eat a lot of the "Green light foods", which include fruits and veggies.

\*At a red light, you stop, so "Red light foods" (desserts, high-fat or high-salt foods and the like) should be eaten only once a day.

\*At a yellow light, you go slowly. "Yellow light foods" are things like pasta and bread. You wouldn't eat five pieces of Great Harvest bread, but you may have a couple of pieces. You wouldn't eat the whole pan of lasagne (unless you are Garfield), but you may have seconds.

Another approach is the "80-20" approach, in which 80 percent of the meal should be healthy, and 20 percent (or less) may be something not so good for us. More broadly stated, if we eat healthy foods 80 percent of the time, then our bodies can better manage less healthy foods (fats, oils, sugars) 20 percent (or less) of the time (see, e.g., <http://www.thirdage.com/today/nutrition/when-it-comes-to-food-try-the-80-20-rule>). The 80-20 rule has also been applied to the "quantity," "quality" and to the balance between "acid" and "alkaline" content of one's food choices (see, e.g., [http://www.bodyecology.com/07/01/04/80-20\\_rule\\_essential\\_to\\_diet.php](http://www.bodyecology.com/07/01/04/80-20_rule_essential_to_diet.php)).

Everything in moderation. Both approaches teach us to make choices. It helps to plan for snacks just like we plan our meals. Shop for groceries with this in mind, so as to have healthy snacks readily available so that when you are hungry, you can reach for an apple or some carrots instead of the bag of chips. Look at portion size. Did you know that for an adult, a serving of meat should be no bigger than a deck of cards? Also consider beverages....partly because of the wide consumption of sodas, many people have insufficient intake of calcium and

Vitamin D. Deficiencies of these things have been linked to rickets, colon cancer, and more. Think about having milk with meals. Ovaltine tastes good and is a lot healthier than a soda. Water or milk is always the best choice with a meal.

So, now that Advent is here and Christmas is fast approaching, think about making one change at a time, and be good stewards of one of God's most precious creations -- YOU. (If you appreciated this article it is a message from St. Timothy's Steward of Creation Andrea Weaver; if you did not then Craig will take the heat!)



### Efm – Sign up begins

Use your Tuesday Mornings to Stretch Your Mind and Heart - Sign up for Efm

Education for Ministry (Efm) is theological exploration for lay persons, made possible by an extension program of The School of Theology of The University of the South. For almost 30 years, Education for Ministry has been helping people deepen their faith through small group seminars which comprise the core curriculum of the seminary and provide a supportive environment for faith exploration. Efm provides theological reflection and instruction in four academic years: Hebrew Scriptures (Old Testament), Christian Scriptures (New Testament), Church History, 20th Century Philosophers & Theologians. More than 100,000 adults worldwide have taken Efm.

Students sign up for Efm one year at a time and we follow the Fairfax County public school schedule, taking the summers and holidays (including Spring Break and snow days) off. Students earn 18 Continuing Education Credits per year and discover a firm foundation for belief. We also have a wonderful snack, worship, and fellowship time each class period.

Enrollment is limited to 12 students per group. St. Timothy's is a member of a sponsoring diocese, so the fee for 2009 remains at \$340 (which includes all books and materials). If you would like to find out more about the daytime Efm group at St. Timothy's or receive a packet of information on the program, join us for an open mini-class on December 2 at 10:15 a.m. in B2, or please contact Genevieve Zetlan (703-456-7340, [gzetlan@gmail.com](mailto:gzetlan@gmail.com)) or Janet Koch (703-620-1578 or [jankkoch@gmail.com](mailto:jankkoch@gmail.com)). As only a few spaces are now available for the new year, please contact us to reserve a space as soon as possible.

## Youth Group Challenger Dance



## Christmas Eve Singers Welcome

If you are interested in singing with our choirs for the Christmas Eve services at 7:00 and 10:00 pm this year, please contact Peter Waggoner at (703) 437-3790, ext. 16 or [peterw@saint-timothys.org](mailto:peterw@saint-timothys.org). All are welcome and no further commitment will be required

## Youth Group Calendar

Here's a **revised** Youth Group calendar for December:

### December

Dec 5-7

Dec 7, 5:30-7:30 PM

Dec 14, 5:30-7:30 PM

Dec 21, 12:30-2 PM

Dec 21, 7-8:30 PM

Dec 24, 2-4 PM

Antietam Trip

YG Gathering

YG Gathering

3rd Sunday Brunch

Caroling at Harbor

House

Christmas

Luminaria at St.

Tim's (clean-up Dec.

26)

## Welcome, Lisa Erdeljon!

One of the lovely aspects of attending St. Timothy's is the opportunity to meet and worship with remarkable people.

Lisa Erdeljon is a new volunteer youth leader at St. Timothy's, working with Leslie to plan our Youth Group's meetings and events. Lisa actively participates in all events, has completed the required Diocesan training, and has a long successful history of working with young people.

In Leslie's words, "We are blessed to have Lisa. She is passionate about the world beyond Northern Virginia and about the spiritual development of youth. She genuinely enjoys taking time getting to know each member of the Youth Group. She's mature but young enough to relate well to the youth, and she's got a gift for organization. She also appreciates the strengths of St. Tim's as a community."

I had the privilege of talking with Lisa as she prepared for the Youth Group's recent Mini-Lock In. It was sobering to realize that the person cheerfully stashing ice cream in our parish freezer had recently been forced to flee her Peace Corps post in the Republic of Georgia. The school where she was teaching was shortly afterwards hit by Russian bombs. Lisa and her mother, Mary Erdeljon, started attending St. Timothy's in September, immediately after Lisa's return to the U.S.

Lisa likes working with youth – especially outside the classroom setting. In her words, **"I think it's fun when Youth have more control over the activities and can tell me more what they want to do."**

Lisa enjoys taking leads from Leslie and building them into attainable goals for the group. Lisa's vision is **"to find ways to make fellowship more open for youth to discuss challenges and not feel judged, to be able to talk to and with peers, and to deal with challenges."**

*(Continued on the next page)*

Lisa Erdeljon



Lisa joins a force of dedicated adult volunteers who put in countless hours to further the three Youth Group goals: Fellowship, Community Service, and Spiritual Growth. Fellowship and Service are already very strong at St. Tim's. As the group resumes its regular meetings, Lisa is looking forward to increasing the focus on Spiritual Growth by exploring themes such as acceptance, trust and rumors.

In addition to her involvement at St. Timothy's, Lisa also works with the Chantilly High School Color Guard. The dual leadership roles provide her with multiple perspectives as well as some cross-over between groups.

Lisa's earliest recollection of volunteering in the youth environment was as a sixth grader, accompanying Mary – a teacher – on Take Your Daughter to Work Day. Lisa helped kindergartners with reading – and discovered her calling. In the years following, Lisa assisted inside and outside the classroom, including tutoring and mentoring English as a Second Language (ESOL) and reading groups. **“I realized I need to keep helping students, kids.”**

As an Old Dominion University dance/communications scholarship student, Lisa worked with the city's top-ranked teacher to assist children in the city's lowest-ranked school. They applied Kinesthetic Learning techniques (learning through movement) to help students succeed. **“I realized there are people out there who need a lot more help than they are getting, and that I needed to help them the best that I could.”**

Her strong desire to help led naturally to her work in the Peace Corps: “For as long as I can remember, I've always wanted to join the Peace Corps.” Lisa was sent to a small village near Gori in the Republic of Georgia, the second oldest Christian nation in the world. The close-knit community embraced her as a member of the family. Her

loving pride and concern for the people and the country shine through as she quietly explains that her village's homes, school and bazaar were bombed, and their agricultural industry destroyed. Lisa was evacuated quickly, with adopted family, friends and belongings left behind – but still very much in her thoughts and heart: “I need to...I have to...go back.” In the meantime, she assists the Georgian people through clothing drives and by supporting the Gori Relief Education Fund (<http://gorifund.org>), a scholarship program started by a colleague.

A recent, happy surprise was the arrival in the U.S. of her dog, Bedi (Georgian for “luck” or “fate,” from the root word for “happy”). Lisa acquired the Pekingese while in Georgia but was forced to leave him behind during the evacuation. A Peace Corps friend was later able to reunite the two. The current challenge? Bedi only responds to Georgian commands, “So, I have to teach the dog English, or teach my parents Georgian!”

When folks speak of Lisa, the word “remarkable” comes quickly and naturally into the conversation. She has successfully adapted to challenging, shifting circumstances, all the while investing her energies in service to others – with wonderful commitment and passion. This brief profile barely touches on her many experiences and talents as scholar, Magna Cum Laude graduate, leader, teacher, dancer, choreographer – and new knitter!

If you have not already had the opportunity to meet Lisa and Mary Erdeljon, please give yourself a gift: say hello and welcome them to St. Timothy's.

*Want some fresh insights into our outreach and welcome efforts? In next month's WORD: How Lisa and Mary came to St. Timothy's – it's a good story!*

*If you are relatively new to St. Tim's or would like to introduce someone new to the community via The WORD, our monthly newsletter, please contact Elaine Horsfield ([ehorsfield@cox.net](mailto:ehorsfield@cox.net)), Communications Ministry Chair.*

– Lael Lyons, Communications Ministry

*Lisa speaks Georgian, one of the 14 recognized alphabets in world, not related to any other language.*

**გამაჯობა, მე მქვია ლისა**

*“gamajoba! me mqvia lisa.”*

*“Hello! My name is Lisa.”*



## Another Reason You're Happy To Be Living In Virginia!

People in California have twice the level of polybrominated diphenyl ethers (PBDE's) in their bloodstreams as those in other states, according to a study published in the peer-reviewed journal Environmental Science & Technology. It was conducted by the Massachusetts-based Silent Spring Institute in collaboration with the University of California Berkeley, Brown University, and the group Communities for a Better Environment. Because of the state's strict fire-safety standards, PBDEs are often used as fire retardants in furniture, and the study showed levels in California homes were four to 10 times higher than in homes in other states, and as much as 200 times higher than those recorded in European homes. (A Message from your Steward of Creation)

## The Sound of Music

Ethan Rundlett was in the cast of The Sound of Music at Herndon High School.



## The U.S. Chemical Industry May Be Moving Toward Bio-Based Products

The U.S. chemical industry could be in the midst of a transition from petro-based processes and products to those that are bio-based, according to an article by RedOrbit. It is happening in fits and starts, but the momentum is building. In the spring of 1997, DuPont CEO John Krol, in an address at The Chemists' Club of New York, indicated that commercial production of trimethylene glycol (3G) from glucose via bacterial fermentation was approaching commercialization. Polyester fibers derived from 3G have superior properties to conventional polyesters derived from ethylene glycol. Now in 2008, a joint venture plant with Tate & Lyle (a U.K. sugar producer) is now in operation in Tennessee. Time will tell . . . but clearly petroleum-based products do, in fact, have a limit as the World continues to demand more and more. (A Message from your Steward of Creation)



## Advent Bible Study

Join us for Advent Bible Study starting Sunday, December 7th at 6:30 pm in B1. For three weeks, we will spend quiet time reflecting on the coming of Christ in our lives and our community. Each meeting will begin with a shared meal at 6:30 and Bible study will go from 7 - 8 pm. If you are interested in participating, please contact Marybeth Henry at 703-742-6694 or [momsonline@juno.com](mailto:momsonline@juno.com).

## Vestry Nominations

Nominations for election to the 4 open positions on the 2009 Vestry will close on Decemeber 7, 2008. The election will be held during the services on January 11, 2009 and results announced that day at the the Parish Luncheon, following the 11:00 a.m. service. Nominations should directed to Ms Betsy Knoizen, either by Email, [kblc@verizon.net](mailto:kblc@verizon.net), or telephone 703-318-9514.



St. Timothy's Episcopal Church

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www.saint-timothys.org

St. Timothy's newsletter, The Word, is published monthly and emailed to members and friends on the first day of each month. It also appears in full color on the website (www.saint-timothys.org) home page under Downloads. If you wish to receive a copy by mail, please notify Carol Frost in the church office (office@saint-timothys.org). Copies of The Word are also available in the office.

The deadline for submission of material for the next issue is:
Thursday, December 18, 2008

Questions, articles, or ideas for The Word are always welcome as are your comments. You may send materials via email to office@saint-timothys.org and put Word in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited for brevity or appropriateness.

2008 Vestry

Terms expire January 2009

Mrs. Jane Perry

Liaison to Evangelism
703-478-0032
eperry2ster@gmail.com

Mr. Duncan Hutcheon

Senior Warden, Liaison to Stewardship
703-376-8288
Duncan.hutcheon@exxonmobil.com

Ms. Marcia Andere

Liaison to Youth
703-834-1163
marciaandere@yahoo.com

Ms. Betsy Knoizen

Liaison to Education
703-318-9514
kblc@verizon.net

Terms expire January 2010

Mr. Michael Cook

Junior Warden, Ad Hoc Liaison
703-860-4459
jaramad@aol.com

Mr. Keith Pinkard

Liaison to Finance
703-758-2583
mapnbuild@cox.net

Ms. Pat Rhoads

Liaison to Service
703-437-0393
patciarhoads@aol.com

Mrs. Genevieve Zetlan

Liaison to Communications
703-456-7230
gzetlan@gmail.com

Terms expire January 2011

Mrs. Hollis Colie

Liaison to Hospitality
703-787-0272
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Mr. David Hixon

Liaison to Buildings and Grounds
703-222-7776
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Mr. Jim Hendrick

Liaison to Worship
703-430-4914
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Ms. Tricia Mussante

Liaison to Pastoral Care
703-481-6853
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Treasurer

Mr. Rick Wilson
703-435-1925
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Registrar

Ms. Jill Cox
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Church Information

Rector

The Reverend Brad Rundlett
703-437-3790 x11
bradr@saint-timothys.org

Associate Rector

The Reverend Leslie Chadwick
703-437-3790 x12
lesliec@saint-timothys.org

Music Director

Mr. Peter Waggoner
703-437-3790 x16
peterw@saint-timothys.org

Parish Administrator

Ms. Carol Frost
703-437-3790 x10
office@saint-timothys.org

Services

Sundays

8:00 am - Holy Eucharist, Rite I
9:30 am - Holy Eucharist, Rite II, Children's Chapel (nursery care available)
11:00 am - Holy Eucharist, Rite II, Christian Education (nursery care available)

Wednesdays

12:15 pm - Holy Eucharist and Healing Service

Office Hours

Monday - Friday, 9 am to 5 pm (and by appointment). Clergy are off on Fridays.

Upcoming Events

Dec. 05 - 07 Antietam Memorial Illumination Trip
Dec. 07 - Advent Bible Study
Dec. 14 - Women of St. Tim's Christmas Tea
Dec. 14 - VOCE Concert
Dec. 14 - Advent Bible Study
Dec. 21 - Advent Bible Study
Dec. 24 - Christmas Eve Services - 5:00 pm, 7:00 pm & 10:00 pm
Dec. 25 - Christmas Day Service - 11:00 am