Dungannon Development Commission, Inc.
P.O. Box 174
Dungannon, Virginia 24245-0174
Phone: (276) 467-2306 Fax: (276) 467-2665

Medical Information and Release Form

Organization's Name	Episcopai D	iocese of Virg	inia Region 5 Yout	n Mission Trip	
Participant's Name: Date of Birth :					
Address:					
			Zip:		
Telephone:		T-shirt Size:			
eMail:					
		ency Contact In			
Name	Relationship	Home	Work	Cell	
In the case of youth		at least two emerge	ency contacts. dians and one additional co	ntact, if possible.	
j		1 5		, <u>,</u>	
Family Doctor:	amily Doctor: Date of last tetanus shot:				
Telephone					
Current Medication (incl. dosage):				
Medication Allergies	· ·				
			_		
Medical Insurance: (Company:		Policy #		
	(Please attach a	a copy of medic	al insurance card)		
procedures as are deer related medical exper during the Appalachia emergency arise, I un contacts at the phone may be adversely afforcement to administra	emed necessary in anses. This authorized an Mission Trip front aderstand that rease numbers listed on ected by the delaytion of any medical	the event of an exation extends to comonable efforts we this form. If it is caused by an attal treatment and	ch medical treatment as emergency and to assure his/her participation is to	me liability for any n any activity Should a medical e emergency ant's life or health ergency contacts, I deemed necessary	
Signature:			Date:		
(Parent/Guar	rdian signature if p	participant is less	s than 18 years old.)		
Re	elationship to parti	cipant:		_	
	(If particip	oant is less than	18 years old.)		

Please Provide a Copy of your Insurance Card Below:

Dungannon 2015

Some Basic Regulations

"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on a stand, and it gives light to everyone in the house. In the same way, let your light shine before all people, that they may see your good deeds and praise your Father in heaven." *Matthew* 5:14-16

"You were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: 'Love your neighbor as yourself.'" *Galatians 5:13-14*

Mission trips are a wonderful opportunity to put these verses into action. In order to make sure that we are truly able to do this, we wanted to share some basic regulations so that we can genuinely be lights to one another and to those that we are serving.

Patience Will Be Needed: Life is slower in Appalachia. People may not always be on time, and materials may not be available as quickly as expected. If you temporarily run out of things to do, RELAX, put your DC sense of time away, and just take the time to get to know the people you are helping and to find out more about the community and culture. The more you know, the more you grow. This can be one of the best parts of your stay in Virginia.

Participation in Activities: As a participant in this mission trip, please plan on participation in ALL of our scheduled activities.

Tobacco and Alcohol: Use or possession of tobacco products or alcohol by youth participants is not permitted. Violation of this rule may result in you being sent home at your parents' expense.

Drugs and Firearms: Use or possession of illegal drugs or firearms by any participant will result in your being sent home immediately at your parents' expense.

Fireworks: The use or possession of fireworks is not permitted.

Medicine: Prescription and over-the-counter medicine must be given to your designated church leader for disbursement. This does not apply to any medicines needed for immediate use, such as an Epi Pen or inhaler. Please inform your church leader of their location, dosage, etc.

Clothing: Group members are expected to use discretion regarding dress. Shorts are permitted, but when in doubt, decide on modest clothing.

Lights Out: The DDC asks that lights be turned out by 11:00 p.m. We will be working very hard and at times, we will be operating dangerous equipment. It is vital that everyone gets their needed sleep!

Close Quarters: Be prepared to live in close quarters. One shower per evening, and please make it a quick one so as not to run out of hot water. Respect for one another is of the utmost importance. Living with a lot of people can be very good or very bad – depending on YOU!

Center Duties: As part of our stay, the DDC asks that we perform the following duties:

Kitchen:

- 1. Clean entire kitchen daily
- 2. Wash, dry, and put away dishes after each meal
- 3. Sweep and mop kitchen daily

Dining/Meeting/Recreation Area;

- 1. Wipe off table after meals
- 2. Damp mop floor and hallway daily
- 3. If you get something out, put it away

Bathroom/Showers:

- 1. Clean commodes and sinks daily
- 2. Clean floors and stalls daily

Trash must be hauled off DAILY!

Agreement:

I realize that I am participating in a Region 5 event and therefore agree to participate in any organized activities, discussion, or worship experience that is part of this event. I also agree to conduct myself in a way that will honor me and the spirit of a church-led trip. I understand the guidelines in this document and the consequences of not following them.

Signature of Participant	Age/Grade	Signature of Parent/Guardian	Date	T-shirt size
		(If participant is less than 18 years old)		

ADULT RELEASE AND WAIVER OF LIABILITY CLAIMS RELATED TO USE OF PERSONAL VEHICLE

Activity/Trip: Dungannon_Youth_Mission_Trip_ Date(s) of use of Vehicle: _25_July_to_1_August_2015_

By signing this form, I expressly state and agree as follows:

- 1. I acknowledge and understand that I have voluntarily chosen to use my own private vehicle as transport for St. Timothy's Episcopal Church, Herndon, Virginia for the above named activity/trip.
- 2. I certify that I am an adult holding a valid driver's license as required by the Commonwealth of Virginia or my state of residence.
- 3. I certify that the vehicle, described below, is insured and properly registered as required by the Commonwealth of Virginia or my state of residence.
- 4. I agree that during my operation of the vehicle:
 - the number of passengers will not exceed the intended passenger limits of the vehicle;
 - each person will have his/her own seat and seatbelt;
 - luggage and equipment will be stowed securely;
 - no alcoholic beverages will be transported within the passenger compartment;
 - a first aid kit will be available within the vehicle.
- 5. I understand and agree that my personal auto insurance policy will be the primary insurance coverage for any claims against me arising out of the operation of my vehicle while I am volunteering for St. Timothy's and I agree that any such personal property, personal injury or liability claims will be submitted, first, to my personal auto insurance company.
- 6. I understand that I will not be reimbursed for any of the following, even if such costs or expenses are incurred during travel associated with St. Timothy's activities or trips: car repairs, insurance deductibles, tickets, fines or traffic violations, damage to personal vehicle, any surcharge levied by the insurance company resulting from accidents or violations cited while on travel associated with church activities and trips, and theft of personal vehicle or vehicle content.

Vehicle Information

Make/Model/Year			
Color	License No		State
-			
audio or video tapo	e recording participants involuding record of me (or my child in	ved in mission trip a	Church takes photographs or makes a ctivities. I consent to the use of any used, distributed or displayed as
I give permission f	or publicity:		
I do not give perm	ission for publicity:		