Dungannon Development Commission, Inc.
P.O. Box 174
Dungannon, Virginia 24245-0174
Phone: (276) 467-2306 Fax: (276) 467-2665

Medical Information and Release Form

Organization's Name	Episcopai D	iocese of Virg	inia Region 5 Yout	n Mission Trip		
Participant's Name:_	ant's Name: Date of Birth :					
Address:						
			Zip:			
Telephone:		T-shirt Size:				
eMail:						
		ency Contact In				
Name	Relationship	Home	Work	Cell		
In the case of youth		at least two emerge	ency contacts. dians and one additional co	ntact, if possible.		
j		1 5		, <u>,</u>		
Family Doctor:		Date of last tetanus shot:				
Telephone						
Current Medication (incl. dosage):					
Medication Allergies	· ·					
			_			
Medical Insurance: (Company:		Policy #			
	(Please attach a	a copy of medic	al insurance card)			
procedures as are deer related medical exper during the Appalachia emergency arise, I un contacts at the phone may be adversely afforcement to administra	emed necessary in anses. This authorized an Mission Trip front aderstand that rease numbers listed on ected by the delaytion of any medical	the event of an exation extends to comonable efforts we this form. If it is caused by an attal treatment and	ch medical treatment as emergency and to assure his/her participation is to	me liability for any n any activity Should a medical e emergency ant's life or health ergency contacts, I deemed necessary		
Signature:			Date:			
(Parent/Guar	rdian signature if p	participant is less	s than 18 years old.)			
Re	elationship to parti	cipant:		_		
	(If particip	oant is less than	18 years old.)			

Please Provide a Copy of your Insurance Card Below:

Dungannon 2015

Some Basic Regulations

"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on a stand, and it gives light to everyone in the house. In the same way, let your light shine before all people, that they may see your good deeds and praise your Father in heaven." *Matthew* 5:14-16

"You were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: 'Love your neighbor as yourself.'" *Galatians 5:13-14*

Mission trips are a wonderful opportunity to put these verses into action. In order to make sure that we are truly able to do this, we wanted to share some basic regulations so that we can genuinely be lights to one another and to those that we are serving.

Patience Will Be Needed: Life is slower in Appalachia. People may not always be on time, and materials may not be available as quickly as expected. If you temporarily run out of things to do, RELAX, put your DC sense of time away, and just take the time to get to know the people you are helping and to find out more about the community and culture. The more you know, the more you grow. This can be one of the best parts of your stay in Virginia.

Participation in Activities: As a participant in this mission trip, please plan on participation in ALL of our scheduled activities.

Tobacco and Alcohol: Use or possession of tobacco products or alcohol by youth participants is not permitted. Violation of this rule may result in you being sent home at your parents' expense.

Drugs and Firearms: Use or possession of illegal drugs or firearms by any participant will result in your being sent home immediately at your parents' expense.

Fireworks: The use or possession of fireworks is not permitted.

Medicine: Prescription and over-the-counter medicine must be given to your designated church leader for disbursement. This does not apply to any medicines needed for immediate use, such as an Epi Pen or inhaler. Please inform your church leader of their location, dosage, etc.

Clothing: Group members are expected to use discretion regarding dress. Shorts are permitted, but when in doubt, decide on modest clothing.

Lights Out: The DDC asks that lights be turned out by 11:00 p.m. We will be working very hard and at times, we will be operating dangerous equipment. It is vital that everyone gets their needed sleep!

Close Quarters: Be prepared to live in close quarters. One shower per evening, and please make it a quick one so as not to run out of hot water. Respect for one another is of the utmost importance. Living with a lot of people can be very good or very bad – depending on YOU!

Center Duties: As part of our stay, the DDC asks that we perform the following duties:

Kitchen:

- 1. Clean entire kitchen daily
- 2. Wash, dry, and put away dishes after each meal
- 3. Sweep and mop kitchen daily

Dining/Meeting/Recreation Area;

- 1. Wipe off table after meals
- 2. Damp mop floor and hallway daily
- 3. If you get something out, put it away

Bathroom/Showers:

- 1. Clean commodes and sinks daily
- 2. Clean floors and stalls daily

Trash must be hauled off DAILY!

Agreement:

I realize that I am participating in a Region 5 event and therefore agree to participate in any organized activities, discussion, or worship experience that is part of this event. I also agree to conduct myself in a way that will honor me and the spirit of a church-led trip. I understand the guidelines in this document and the consequences of not following them.

Signature of Participant	Age/Grade	Signature of Parent/Guardian	Date	T-shirt size
(If participant is less than 18 y	ears old)			

St. Timothy's Episcopal Church PERMISSION TO BE TRANSPORTED IN PRIVATE VEHICLES

(Participants Under 18 Years of Age)

As parent or legal guardian of an Appalachia Team participant under the age of (18), I understand that my teenager will be transported in privately owned and insured vehicles to Dungannon, Virginia and its surrounding area. Participants will be transported for the purposes of work camp activities and general recreation from the dates of July 25 - August 1, 2015. I give consent for my teenage youth to be transported by a **licensed adult driver over (21) years of age**, including Adult members of the Appalachia Team from the Episcopal Church Virginia Diocese Region V churches. Any exceptions to this consent must be **in writing** and conveyed in person to your Appalachia Team Parish Coordinator for consideration and response at least two weeks before the departure date of 7/25/14.

	be <u>in writing</u> and conveyed in person to and response at least two weeks befor	
Name of Participant	Signature of Parent or Legal Guardian	Date
audio or video tape recording participan	n, St. Timothy's Episcopal Church takes p nts involved in mission trip activities. I co y child named above) to be used, distribut	nsent to the use of any
I give permission for publicity:		
I do not give permission for publicity: _		