



St. Timothy's Episcopal Church

The WORD

for February 2004

Herndon, Virginia

Our 136th Year



Help Us Discern God's Will

—Fr. Brad

St. Timothy's has come a long way in recent years. Things are very different than they were a dozen, even half-a-dozen years ago. Our buildings have been renovated and expanded. Our ministries have grown. We welcome newcomers at many of our services. At the same time the community has grown. We are witnessing greater cultural and ethnic diversity than ever. New homes and neighborhoods continue to spring up around us. Growth and expansion seem to be the rule of life in Northern Virginia. So, what should our response be to all of this?

This is an important question to ponder. We can continue on "automatic pilot" so to speak, without reflecting, just see where life takes us. Or we can be more conscious and deliberate, make choices, develop plans, and participate in the shaping of our destiny.

How do we do that? Some people check their horoscopes, others consult the Wall Street Journal. We Christians go God, we turn to the One who created the universe and ask, "Sovereign God, what would you have us do? How would you have us respond to these circumstances?" History has shown that God has a plan, God provides for us while we are on the journey, God leads us all the way, and God will be victorious. All we need do is listen, and trust.

And that is precisely what we have planned for St. Timothy's on February 28th; we will gather to discern God's will. Continental breakfast will be provided in Henry Hall at 9:00 am. We will begin in earnest at 9:30 am. At noon we will break for lunch (compliments of the Church and our own culinary whiz, Marcia Andere). We will end by 3:00 pm. Our guide for this day of discovery will be the Rev. Barney Hawkins of Virginia Theological Seminary (he's experienced and adept at this sort of thing). With his expert help we expect to gain a clear vision of how God wants us to proceed in these fluid times.

True vision requires comprehensive perspective. It is imperative, therefore, that we have good representation from all our ministries. Indeed, all of our members are encouraged to attend and participate. Bring your faith, your passion for the mission of God, your wonder and a willingness to listen for the "still, small voice of God." And we will see what wonderful things happen.

See God's Will page 3

"We put no stumbling block in anyone's path, so that our ministry will not be discredited. Rather, as servants of God we commend ourselves in every way".

—2 Corinthians 6:3-4a

If I had titled this article *Evangelism*, would you have stopped to read it? I might if I wasn't the author. So how can we approach this idea without considering its scary side? Evangelism has gotten a bad reputation in recent years. We associate it with standing on the street corner handing out Bibles and yelling at people. Or we simply smile at the man holding a John 3:16 sign in the upper deck of the baseball stadium. Or we see Irving Glicque standing on a stage healing people with the power of the Spirit.

Those things have some resemblance to Evangelism, but there is more to it.

How about signs and publications? How about a warm welcoming voice as one comes in the church from the cold parking lot or helping someone with a hymnal or Prayer Book? Have you ever told a friend that you were going to a church activity? Have you ever invited your neighbor's kids to come to a youth group activity? Have you ever listened to someone tell you they miss going to church? These things are all part of evangelism and help make us the wonderful God-centered community we are.

"70+% of all people who visit a church make up their mind about coming back — BEFORE the pastor gets up to speak!" - Barna Research Group

What can we do to tell our friends, our town, and the world about the enormous love God has for us? One thing we can do is listen. We are so busy that we often rush through a conversation or dismiss others need for our time. Listening to what our friends need and want is not only loving, but biblical. Luke 10:16—"whoever listens to you listens to me (Jesus)."

And so is talking...can you believe it? Talking is Biblical! (Check out Deut. 6:7) When we invite someone to church with us or bring a friend to children's choir or to an education class we are participating in evangelism. Helping the world to know about the love of God is a mandate given to us all by Jesus. (Matt. 28:19-20) How can St. Timothy's live that mandate out? We need your ideas on how to welcome people to St. Tim's and how to spread God's love to our neighbors. Watch for news from the new Evangelism Ministry and if you want to participate, give me a call. We need you!

Kedron

Dressing In Layers

During the cold winter months, dressing in layers is quite possibly the best way to stay warm. The multiple layers surrounding your body help to trap layers of warm air and, thus, protect your body from the chill of the cold winter air. The principle applies to protecting your home and trapping in dollars from escaping your home budget. There are many things you can do to make your home more energy efficient. Consider new Low-E, argon gas-filled replacement windows. By trapping a layer of gas between the interior and exterior parts of your home less heat will be lost to the outside. An added front storm door acts in the same way. Other little things matter. Keep in mind that every time you open your garage door on a cold winter day that entire space immediately comes into equilibrium with the outside temperature thereby exposing the adjacent walls of your home to additional cold weather extremes. Consider doing what your mother (or grandmother) used to do—sunshine management. During the winter months, and especially if you have the newer, insulated windows, consider opening up your curtains that face the sun to allow for the greenhouse effect to provide some warmth to that particular room. On bitter cold days, remember to go in and out of your house *quickly*, thus minimizing the amount of time that the cold air has to pour into your warm home. Most of all ... it is a matter of common sense and simply being aware that your choices (no matter how big or little) do make a difference. (A winter-time message from St. Timothy's Steward of Creation.)

Lenten Schedule

Lent begins this year on February 25th. We will have Ash Wednesday services at 6:30 am, 12:15 pm, and 7:30 pm. We also have an adult Lenten study program planned for the five Sunday evenings of Lent (2/29-3/28). The program is titled "Jesus, who he was and what he did." We will meet from 6:00 to 8:30 pm - a light dinner is included so participants must sign-up! There is a sign-up sheet in Henry Hall.

THE MISSION OF ST. TIMOTHY'S

As people of God

adopted 03/09/02

we joyfully worship God,
spread the WORD of God's love,
treasure all people, and
serve others everywhere
in the name of Jesus Christ.

Therefore, with God's help, we will:

open our doors,
enhance our worship,
and increase our involvement
through all of our ministries.

Angels and Demons

By Dan Brown



Pick up a copy of this intriguing book, bring a snack to share if you like and we'll talk about this novel from the best-selling author of *The DaVinci Code*.
Men, Women, Friends —All Are Welcome
Bring your book.

Questions? Call Rev. Kedron or send e-mail to: kedronj@saint-timothys.org

New Evangelism Ministry Forming

Most of us are here because of the faith that other people shared with us, and we were welcomed when we came into God's church.

It's a new year, we have a new building, and we are looking for fresh ideas about bringing new people into the church and making them feel welcome.

Interested? Call Shirley Ratliff at 703-444-1071 or saratliff@earthlink.net

Join Us February 28

Mark Saturday, February 28th, on your calendar! We will gather in our parish hall at 9:00 am to pray, imagine, and envision God's will for St. Timothy's. Our leader will be the Rev. Barney Hawkins. Barney is a professor at Virginia Theological Seminary and head of that institution's Continuing Education Department. He has served parishes in Hickory, North Carolina and Baltimore, Maryland. He has a gift for leading congregations to understand their mission. Continental breakfast and lunch will be provided (a la our own famous gourmet specialist Marcia Andere). Make plans to attend. Sign-up in Henry Hall!



God's Will from page 1

God might call us to evangelize, to bring more people into the family of God. God may want us to enrich our worship with more voices and instruments. God may lead us to enlarge our youth ministry. God might direct us to provide more support for one another. We don't now know, but by the afternoon of February 28th, I expect we will have a clear sense of God's will for us and a vision of God's plans for St. Timothy's. Please plan to participate in this very important day. Your inspiration is a critical piece of our understanding of how God wants us to proceed with the Gospel of Jesus Christ.

Orkney Springs Preparations Underway

So, how are you doing on your resolutions? Did you vow to take more time for yourself? Relax? Get in touch with your faith? Spend more time with the family?

Well, we can help. Plan to attend St. Timothy's annual parish retreat at the diocesan conference center at Shrine Mont, in Orkney Springs, Virginia. This year's event takes place April 16-18, Friday evening through mid-day Sunday. There are activities of all kinds planned for all ages, but there's also plenty of opportunity for relaxing, communing with nature, or doing whatever you choose.

More information on our guest speaker, theme, specific activities, costs etc. will be forthcoming over the next few weeks. In the meantime, please let Donna McGrath know if you have questions or suggestions, or if you are available to help plan or lead an activity. You can call her evenings/weekends at 703-437-3514, or email her at jdksmcgrath@starpower.net.

Nurturing Parenting Program

Sponsored by The Service Ministry

Have you asked yourself lately: What kind of parent am I? Am I the enforcer type? The nagger? The passive-aggressor? The "no-no-yes" parent? Have your children stopped asking because they already "NO!" the answer? Do they negotiate every aspect of their lives with you because eventually you'll give them what they want? Do they escalate the situation until your "no" turns into an unequivocal "yes"?

If you've answered affirmatively to any of these questions, fear not. Free help is on the way through Fairfax County! It gets even better than free: The **Nurturing Parenting Program** will be held right here at St. Timothy's! It gets better than that: the program is designed for the entire family! It EVEN gets better than that: Dinner is served at no cost as well!

All meetings are on Tuesdays from 5:30 to 8:00pm. The first session, which begins on March 2, will be conducted in Spanish and is designed to help families with children aged 0-4. The second session (this time in English) will begin on September 28, and is designed for families with children aged 5-11. If you have an additional child who is older or younger than the specified age group, your family (and that child) will still qualify for the program.

Brochures are located in the Narthex. For more information, see Fr. Brad or Rev. Kedron.

LEM/Lector Training Session

There will be a Lay Eucharistic Minister and Lector training on Saturday, March 6th from 10:00 am to noon in the Sanctuary. New LEMs and lectors should attend. All current Lectors/LEM's must attend at least one of our two annual training sessions.

If you are interested in either of these ministries please contact Fr. Brad at bradr@saint-timothys.org, or 703-437-3790 ext. 11.

Endowment Fund Committee Election

Election for the Endowment Fund Committee member from the parish for 2004 to 2006 will be held on Sunday, February 29. Nominations close February 15.

Parishioners interested in this ministry are most welcome and encouraged to participate. Please contact Fr. Brad or Bob Guest at 703-444-8544 NO LATER than February 11 for details regarding the candidacy process.

Christian Business Men's Committee

The CBMC of Reston, presents Stu Mendelsohn of Piper Rudnick, LLP, and former Fairfax County Board Supervisor at a Business and Professional Men's Breakfast, Friday, March 5, 7am, at the Holiday Inn at Dulles, 1000 Sully Road (Rt. 28); the cost is \$10.

Please RSVP to Don Collins at dcollins1@cox.net or 703-318-7539.

—Craig Dubishar

Epiphany Pageant

St. Timothy's young people put on a wonderful pageant on the evening of January 4. The familiar gospel story included John's and Jesus's birth, the proclamation of the good news, and the arrival of the three kings on Epiphany.

What would we have done without the Dubishar family providing two skilled narrators, a shepherd with a speaking role, a donkey to accompany Mary and Joseph to Bethlehem, and a (rather fatherly) Innkeeper? The Sinclair family also produced an excellent narrator as well as a dramatic king. Mary was a real trouper, sticking it out after being sick earlier in the week, and Joseph was a commanding presence with his shepherd's crook. Several flexible cast members showed up in dual roles, e.g., Elizabeth turned into a lead angel, and Zechariah morphed into a lead shepherd. The angel Gabriel miraculously memorized some lengthy and complex lines, and Baby Jesus managed to look angelic and not whimper until after the last "Hark the Herald Angels" echoed through the sanctuary. The tiniest angels did their part with a sweet rendition of "Away in a Manger." It's doubtful anyone has seen such a stately and majestic procession of kings, from the "green king" to the "tall king" with the elegant velvet robes to the "red king" who presented gold to the baby and who sang "Gloria" with great conviction.

No one will forget the Large Star who illuminated the hanging star over the stable as angels, shepherds, and kings gathered round to worship the newborn King.

Pageant Players:

Reader 1	Benjin Dubishar
Reader 2	Jeff Sinclair
Reader 3	Natalie Dubishar
Gabriel	Alex Brock
Zechariah	Chris Kodama
Elizabeth	Emily James
Mary	Jennifer Jones
Joseph	Matt Dopsovic
Baby Jesus	Ryan Brock
Large Star	Molly Lumnitzer
Wiseman 1	Wray Sinclair
Wiseman 2	Madi Cook
Wiseman 3	Christopher Showalter
Innkeeper	Craig Dubishar
Angel 1	Emily James
Shepherd 1	Chris Kodama
Shepherd 2	Nicki Dubishar
Angels:	Mika Kodama, Evelyn Showalter, Sara Petrosian, Annabelle Marsh, Beau LaWalt



Eucharist Classes in Sunday School

The Sunday School will begin special classes for third-grade students to help them learn to participate in the Liturgy. Classes will cover the prayers, hymns and responses for the entire service, the roles of clergy and lay ministers, and the Baptism and Communion sacraments. Third graders from any service are invited to attend five sessions from February 22 through March 21 at 10:45 a.m. During March 28 Sunday services, those who have completed the sessions will receive a personal Book of Common Prayer.

If there are any 4th or 5th graders who did not have an opportunity to participate in these lessons in past years and would like to attend, please notify a Sunday School superintendent. Please also contact a superintendent or Joanne Rehm at 703-425-9299 if you have any questions.

Sunday School Class Grows Bishops

1st & 2nd-grade Sunday School Class, studying bishops, made mitres for themselves last Sunday. Were you there to see them as they "Processed" into the sanctuary after class and were administered the sacraments as little bishops? Nice work, children!

Let's Raise \$40,000 at No Cost to Anyone

Through the support of our congregation, the Scrip Ministry is able to contribute a few thousand dollars every year to St. Timothy's Operating Fund from the sales of Giant Food and Shopper's Food Warehouse gift certificates.

Parishioners buy the scrip from our sales table in Henry Hall on Sunday mornings at face value (We collect \$20 for a \$20 gift certificate or card). But since the church only pays the store 95% (96% for Giant) of face value for the certificate, the operating fund of the church receives the difference.

Giant Food has plastic gift cards, which are used like debit cards. If one purchases a \$50 gift card and buys \$14.50 worth of goods, a balance of \$35.50 is kept on the card electronically. The next time a purchase is made, the card can be used and a balance is maintained until spent.

Shopper's Food Warehouse has paper gift certificates which are used just like money. If one buys \$14.50 worth of goods and uses a \$20 gift certificate, \$5.50 in change would be given at the register.

Here's the exciting part: we could help the church raise almost \$40,000 this year at no expense to any of us if 100 of us who spend \$160 a week at one of these stores were to adopt a systematic scrip purchase plan. Let us pray about that and use this opportunity to the glory of God.



Pastoral Letter From the Bishops of the Episcopal Church

To be read or cause to be distributed in every parish, mission, preaching station, and church-related institution which works with children and youth.

Dear Brothers and Sisters in Christ,

We your bishops are steadfastly committed to seeing that the Episcopal Church is a community of safety and health for all people. The Body of Christ, the Church, must be a place where adults, children, and young people find the love and blessing of God, and where no one might be hurt and where their hurts may be healed.

We are all aware of the reports in the media, during the past year and more, of incidents of sexual misconduct in churches. Many of these tragedies have involved children and young people. While the Roman Catholic Church has most often been mentioned in news reports and accusations, the rest of the Church and many secular agencies have also been caught up in trying to address the damage done to our children by sexual predators. The Episcopal Church is not immune to this scourge in our society and we must respond to it honestly and forthrightly.

Our Church has repeatedly upheld our mandate to be a haven of safety for all. The Scriptures teach us that every human being is made in the image of God; and our Lord enjoins us to receive and serve the least among us as we would receive and serve him. The mandates of our baptismal covenant include seeking and serving Christ in all persons, loving our neighbors as ourselves, striving for justice and peace for all people, and respecting the dignity of every human being.

Because of these mandates of love, respect, service, and justice, we have acknowledged our obligation to articulate clear standards about sexual harassment and misconduct, and to ensure that all our work and ministry is guided by them. We have been committed to sexual conduct training and abuse prevention for all our clergy and lay leaders. We have been clear that exploitation and abusiveness are always unacceptable in our common life. We have made efforts to become aware of the spiritual and emotional damage that is done by sexual misconduct, and to do our best to guarantee that none who come to us will suffer such harm. In spite of our best efforts, it is sad when we discover that we have not done enough.

While we were in conference together at Kanuga, North Carolina in the spring, many of us had the opportunity to learn more about pedophilia, a form of predatory sexual behavior that has caused untold harm in our society and in the Body of Christ. It is especially important that we as a church focus on understanding and preventing pedophilia.

While we need to be aware that pedophilia is a reality in our society, which can be manifest in the church, we

must be very clear about the nature of this tragic problem. Pedophilia is pervasive; one in eight males and one in four females will be molested before they reach the age of eighteen. Of reported cases in the general population, sixty percent (60%) of abusers are known to their victims, thirty percent (30%) are family members or relatives, and ten percent (10%) are strangers. We must be aware that the Church is a community which offers predators the opportunity to become known and trusted by parents and their children.

We also know that offenders are predominantly male and heterosexual. We must take great care not to equate pedophilia with homosexuality in our minds or our conversation, and we must never assume that only men molest children in this way.

What we have learned most recently about the repetitive nature of pedophilia makes it imperative that we take very clear steps together to do the screening necessary to ensure that our children encounter God's love among us, and that we do all in our power to protect them from the distorted perceptions of love offered by predators.

In a Mind of The House resolution passed at Kanuga in March of 2003, we committed ourselves to support the development of church-wide policies to safeguard our children; and until such time as these policies are adopted, to revisit and revise our diocesan policies to ensure that ministries provided to the children among us will be life-giving and free from abusiveness of any kind.

Among the basic provisions we have committed to implement, delineated in Resolution B008 on the "Protection of Children and Youth from Abuse" adopted at the 74th General Convention in 2003, are:

Thorough screening and selection of clergy, lay employees and volunteers who work with children and youth;

Articulation of clear behavioral standards for interactions between clergy, lay employees, volunteers and children and youth;

Careful, continuous monitoring of all programs and interactions involving children and youth;

Provision for education and training of clergy, lay employees and volunteers for work with children and youth; and

Guidelines for responding to concerns about behavior or allegations of abuse.

In addition we asked the Presiding Bishop to create a working group from among our members to partner with the Church Pension Group, the Church Insurance Corporation and other agencies and appropriate organizations to develop the materials necessary to provide the Church with consistent expectations and standards.

We realize that in many of our congregations, persons who offer to take on ministries with children and

youth are a blessing to an understaffed education or formation program for children or youth. The overwhelming majority are trustworthy and caring persons whose ministry will bear great good fruit.

But we must acknowledge that there are times when predators use the church as an opportunity for sexual abuse of children and adolescents who can suffer severe spiritual, emotional, and sometimes physical damage as a result. In response to such times we are called to acknowledge two truths: that human sin and failure are very real, and that God's grace, mercy and power are always strong enough to heal and transform our pain.

We have no intention to call our members to suspicion and mistrust. We do recognize the need to call our members beyond the naiveté of unquestioning confidence and into the care and discipline which must characterize our choices where children are concerned. Jesus called us to be as wise as serpents and as gentle as doves. In the case of pedophilia, our consistency in carefully screening, choosing and training all who work with children and youth will serve to allay any concerns about favoritism or carelessness, prohibiting those who have harmed children from ministries involving children, while providing the ability to firmly guide those who might harm children into other areas of ministry which serve the Church and contribute to our mission.

Some helpful materials will be available through your diocesan office by the first of November. We ask that as you make use of them you will remember the challenge our Lord provided to his followers, "unless you become as children you cannot enter the kingdom of God." We renew our commitment to ensure that our church is a community of love and care for every person. We ask that you join us in doing all in our power to see that all our members find among us a safe place where they can be open and trusting and able to know the reconciling love of God in Christ that makes all things new.

A Collect for the Care of Children

Almighty God, heavenly Father, you have blessed us with the joy and care of children: Give us calm strength and patient wisdom as we bring them up, that we may teach them to love whatever is just and true and good, following the example of our Savior Jesus Christ. Amen. (BCP 829)

Bishops of the Episcopal Church

Gathered at General Convention, Minneapolis, MN
August 6, 2003, The Feast of the Transfiguration

Episcopal Church Women Retreat

This is an an open invitation to all women of the church. Make your plans now to attend the retreat at Algonkian Park scheduled for the weekend of March 19 through March 21. More details will be coming in the weekly church bulletins, and again in the March **Word**.

Gleaning Report

We received a thank you note from Judith Ann Blair, Gleaning Network Director thanking us for participation in the gleaning last fall. In the Virginia network, alone, they were able to distribute over 406,873 pounds of fresh produce to the hungry. This provided over 1,220,619 servings of good nutritious food to the hungriest of our neighbors.

Our thanks to all the St. Timothy's participants, and for the Youth Group's co-sponsorship with the Service Commission.

Pre-School Registration

Registration for fall classes at St. Timothy's Pre-School begins on February 17 for members whose baptisms are recorded in the church register by virtue of formal transfer, confirmation or reception, and who are "regular" in Church attendance and faithful in working, praying and giving.

Registration for the public will be held on February 28. The Pre-School offers a part-day program for children 3, 4, and 5-years old. Please call Helen Guest at 703-437-4767 for more information

February Agape Offerings for Lakota

Use the envelopes on the narthex table to make your special contribution.

This year St. Timothy's is sending another team to Pine Ridge. Please support them and the mission they are called to by giving generously to the Lakota Mission through this month's Agape Offering. Your funds will be used to purchase needed items for the Lakota nation, and for the work being done on behalf of the Lakota by the Church in South Dakota.

Pine Ridge is one of the nation's poorest counties with an unemployment rate of seventy-five to eighty-five percent, and alcoholism affecting seventy percent of the population. The average annual income for American Indians in South Dakota was \$4,040, according to the 1990 census. Fifty-seven percent of the families live below the poverty line—the highest rate of poverty of any group, in any state.

The team is called to serve the Lakota people by listening to them and responding to their needs with work projects, to foster hope and trust. This will enable the Lakota people to experience Christ's love through the team's presence and actions, and enable team members to further their own dedication to Christ.

In addition to the actual service efforts, ten members are involved in various cultural learning experiences with members of the tribe.

This will be the second year St. Timothy's has sponsored its own team; praise God! Last May we sent twelve parishioners, including Father Brad to minister to this Sioux tribe.



The **WORD** for February 2004

St. Timothy's Word is published monthly and mailed to members and friends during the last week of each month.

The deadline for submission of material for the **March** issue is **Monday, February 23 at 7am.**

Please put articles, typed or legibly written, in the "Newsletter" slot in the church hallway mailbox preferably accompanied by a disk. Photos will be used only if everyone in the photo is identified. You may also send material as an attachment to an e-mail message to office@saint-timothys.org.

Questions or ideas for *The Word* are always welcome as are your comments!

The Word is open to receiving letters from all people expressing opinions and feelings. We recognize that letters express personal opinions and are not representative of the whole body. What a wonderful gift to live in a community where we differ in many ways and yet come together faithfully to worship, learn, and carry out the Gospel.

St. Timothy's Episcopal Church
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Regular Services

8:00 am Sunday - Holy Eucharist Rite I
9:30 am Sunday - Holy Eucharist Rite II
(nursery care available)
11:00 am Sunday - Holy Eucharist Rite II
(nursery care available)
9:15 and 10:45am Sunday - Sunday School
12:15pm Wednesday - Holy Eucharist & Healing Service

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