



St. Timothy's Episcopal Church



I hope all of our members are now aware that St. Timothy's has been experiencing a financial crunch. This has improved in recent months, but we still have a way to go. This crisis has provoked some very inspired meetings with our Vestry and Ministry leaders - one with Diocesan Stewardship and Development Officer Patsy Bjorling, and one led by our Senior Warden, Duncan Hutcheon. Both of these meetings were very productive, and a lot of exciting things are now in the works.

Twenty-five copies of "The Giving Myths" by Stephen B. McSwain are circulating. The author challenges a lot of what we think about stewardship. His basic premise is "the happiest and most fulfilled people are those who have learned to give themselves and their resources away." I am not yet through the book but I find myself agreeing with what he has to say. He insists that "We do not need more financial advancement programs. Instead, I think the answer [to decreased charitable giving] lies in helping people rediscover their real purpose in life" which is "living to give and giving to live."

Our Communications ministers have created a theme for this, "Abundant Giving, Abundant Life." And our stewardship and Vestry have identified some marks of spiritual health. As we embrace the joy of giving we hope to see (1) more people attending our worship services, (2) more of our members pledging, (3) the creation of an organ fund to replace our 140 year old Tracker, and (4) a budget to fully fund our missions and ministries.

Each ministry is being asked to create a realistic vision for their work, a clear sense of what God is calling us as a Christian community to do. This will help our Finance ministers develop a mission budget for St. Timothy's, which will be presented to all of us later this year so we can see exactly what we support with our pledges.

When I came to St. Timothy's fourteen years ago I was very impressed with the strong commitment to assist struggling neighbors in this community and around the world. That tradition continues. Together we give help and hope to the Lakota people on the Pine Ridge Reservation, residents of Dungannon in Appalachia, people devastated by natural disasters, orphans in Honduras, the people of Sudan, abused women and children in this community, people who are unemployed, people without food, people who are homeless, children and adults who need medical

attention and can't afford it, people in spiritual crisis, people with physical and mental disabilities, people who suffer from addiction, men and women studying to become ordained servants of the Church, and people in the Armed Forces around the globe. In addition, St. Timothy's provides programs, services, and sacramental support for members, through every stage of the human journey.

We are extraordinarily blessed, even in these economically trying times. And among our blessings is being created in the image of God. We are created to give, and experience the great joy of giving. I invite you to experience Abundant Giving, Abundant Life.

~ Fr. Brad

Our Associate Rector Leslie Chadwick, husband Jay, and baby son James, are all doing well. Leslie returns to us from maternity leave in late June. We miss you Leslie!

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Courtyard Plans and funding for our courtyard are complete. Construction is scheduled to begin in mid-May. The project should take approximately two weeks.

Natalie Dubishar Nominated for Youth Volunteer Award



On April 24, 2008, Natalie was recognized as a nominee for the Youth Volunteer Award as part of the 16th annual Volunteer Fairfax Volunteer Service Awards Ceremony. Natalie also received recognition as a Youth Benchmark 100 recipient for having volunteered well over 100 hours of time during the past year including mission work with St. Timothy's and her Girl Scout Gold Award project (that focused on volunteering for an organization that works with injured wildlife). St. Timothy's nominated Natalie for these special recognitions. The event was attended by over 500 people from the region's non-profit, corporate, and government bodies. Natalie sat next to the Mayor of Herndon (Hon. Steve DeBenedittis) and got to meet the event's Emcee, Doug McKelway, anchor of ABC-7's morning news, as well as Dr. Alan Merten, President, George Mason University, the event's keynote speaker. Congratulations to Natalie for all of her hard work and for being so willing to give back to the community.

Youth Events

- May 4 Election of Officers
- May 10 Officer Training at Hemlock (new and old officers)
- May 18 3rd Sunday Brunch at Virginia Kitchen
- May 24 Horseback Riding in Gettysburg



Community Vacation Bible School

You are invited to join St. Timothy's **Community Vacation Bible School**, taking place July 14-18 from 9:30 am to 12:00 noon daily. Our theme this year will be **RAINFOREST ADVENTURE: A TREE TOP BIBLE BLAST!**

The **RAINFOREST ADVENTURE** will have your kids swinging into a canopy of fun! Everyone is sure to soar high into the Tree Tops for a faith filled exploration of a lifetime!

Day 1: We Share (Boaz Shares With Ruth, Ruth 2:1-17)

Day 2: We Give (Elijah Gives Food to 100 People, 2 Kings 4:42-44)

Day 3: We Grow (Parable of the Mustard Seed, Mark 4:30-32)

Day 4: We Love (Jesus the Vine, John 15:1-5, 7-17)

Day 5: We Praise (Jesus Enters Jerusalem, Mark 11:1-10)

To register for our Rainforest adventure, **to volunteer**, or to find out more information, call Rachel Wilkinson at 703-435-0798 or Liz Griffith at 703-318-6777.

The Pre-School

Many thanks to those who attended the Pre-School fundraiser at Fuddrucker's in April. We appreciate your support - every hamburger helps!!!

The last day of Pre-School for this year is May 23. Best wishes for a happy, carefree summer to all of our students and teachers! On a personal note - thank you so much to Miss Helen and all of the teachers for providing such an enriching and caring learning environment, and to the Church for its support of the Pre-School. This is the last of my children's combined four years here, and we could not have had a better experience. THANK YOU!!!

Gettysburg Civil War Battlefield -- By Horse Back!

Do you like to go horseback riding? Do you enjoy history? How about both together? The Youth Group (and their families) are going horseback riding on a two-hour tour of the Gettysburg Civil War Battlefield, May 24th! See the battle as most officers did – from horseback! The Sign-up Sheet is on the Youth Group Board (Henry Hall).

THE SMALL PRINT (but very important if you want to ride!):

When? Saturday, May 24, 9-11 am (15-16 riders max); and 12-2 pm (five additional riders but only if we need these spaces). If we fill up the morning ride, we have reserved a few extra spaces tagging along with another group at noon. These "extra" spaces will have to be released back to the stables no later than Friday, May 9, so sign up now so we can determine if we need these spaces or not!!

Where? Well, Gettysburg Civil War Battlefield (silly). Okay . . . *the straight answer is that we'll car-pool from St. Tim's leaving at 6:30 am*, Saturday morning arriving at Artillery Ridge Stables and Campground (address is 610 Taneytown Road) no later than 8:15 am. Plan to bring a bag lunch and water. NOTE: If, and only if, we need the noon-time spaces, this group may wish to leave mid-morning to arrive by 11:15 am.

Why? Fun and fellowship (duh!).

What does it cost? \$61 per person for the two-hour ride. Plan to pay the stables directly, or if only your child is going, then write the check to "National Riding Stable" (if there are any mix up's Mr. Dubishar will use his credit card and we can sort things out later).

What's the age? Eight years or older. Fifteen years or younger must be accompanied by an adult. No more than four riders can be 8-12 years. At least four riders must be adults.

Are there other rules? Yep. Lots! Waiver forms (every person must complete a form BEFORE leaving St. Tim's and give it to Mr. Dubishar!); We must arrive at the stables 45 minutes before ride time (i.e., 8:15 am); Max. weight 240 lbs. Seventeen years and younger MUST HAVE PARENT SIGNATURE on waiver form. Sneakers or boots required (no slip on's or open-toed shoes). If you cancel there is a fee. Questions? See Craig Dubishar or email him at craig.dubishar@raytheon.com.

Next Newsletter Deadline

The deadline for the June issue of "The WORD" is Thursday, May 15, 2008. Please send your articles to Carol Frost at office@saint-timothys.org.

St. Timothy's Calling

During the coming weeks, every family in our congregation will be receiving a telephone call from another parishioner. We are making these calls to get feedback about our church, to inform the parish about our activities, and to make sure our parish records are correct. Please spend a few minutes with the caller and help us to make the St. Timothy's experience more meaningful for everyone.

The Rev. Kim Seidman

May 25 will be the final Sunday for The Rev. Kim Seidman. Kim graduates from Virginia Theological Seminary and begins her ministry with Christ Episcopal Church in Alexandria Virginia. Congratulations Kim! And congratulations to the people of Christ Church! We will have a farewell reception for Kim and her husband, Raj in our parish hall at 12:15 pm on May 25.

Youth Group Gets A Taste Of SCUBA



Mr. Vierra and Group 1 at 'A Taste of Scuba'

Eleven people took part in this year's "A Taste of SCUBA" -- taught by St. Tim's own Ken Vierra (and ably assisted by Rick Wilson). This was the first time for many participants to use SCUBA equipment and experience firsthand the sensation of breathing underwater. Rumor has it that Nicki Dubishar is a natural SCUBA diver (or, just maybe, a fish in human form!) and has already been asked to participate on the next "Undersea Adventures with Jacques Cousteau" series!

St Timothy's 2008 Annual Parish Retreat



This year's Parish Retreat was held at Shrine Mont in Orkney Springs, VA on April 11-13, 2008. We had 34 folks with us this year. What a great time of rest and renewal, as well as a time of laughter and fellowship. Shrine Mont, our Diocesan Retreat Center, is actually a group of cottages and a grand old hotel (which is listed in the National Register of Historic Places), nestled in the beautiful Shenandoah Mountains. We are truly blessed to have this wonderful gathering place, which is also the home of The Cathedral Shrine of the Transfiguration, the open-air cathedral of the Diocese of Virginia.

Friday evening was spent in the usual way, getting settled in, chatting, and some folks even playing "get to know you" games which were fun to play and fun to watch. We had the additional excitement of a huge thunderstorm and black out which only added to the evening's entertainment!

The theme for the retreat was "Serving From the Heart, Finding Your Gifts and Talents for Service", a program designed to help us discover our Spiritual Gifts for service to God and St. Tim's. While some participated in the group discussion, others sat on the porch and chatted in rocking chairs. The children spent the morning with Allyson Showalter, making prayer beads and learning about thankfulness. They made a banner for the church that everyone could write on to express what they were thankful for and even left each of us a treat on our pillows.

Saturday afternoon was rest/free time. Some took hikes, some did crafts or knitted, and many just sat in rockers to chat or took a nap. There was time to have a sing-a-long with Peter and a chance to shop in the bookstore. Some of our younger ones even caught a hayride being offered by one of the other congregations there. The big excitement of the day was the arrival of James Alexander Chadwick, who everyone wanted to hold and cuddle. Oh, by the way, he brought his mom and dad too. Leslie is doing great and was glad to be with her St. Tim's family again and Jay was happy to be the proud daddy and showed Jay Alexander off to everyone there.

The evening's Talentless Show was, as usual, the highlight of the weekend. There was a lot of laughter and groaning

at bad jokes, but also an amazing amount of talent. Of course, the Halleluiah Honies stole the show with their poise, beauty and talent (although, I do feel a few of them could have used a shave). Afterward, there was a very competitive round of Team Trivial Pursuit and finally we dropped into bed after a day of fresh air and friendship.

On Sunday, we held a hymn sing with Peter and a worship service led by Leslie, and after a delicious lunch of fried chicken and butter beans (a Shrine Mont tradition), everyone sadly packed up and headed for home. As always, the food was great and very filling, the rooms were comfortable and the fellowship was amazing.

I hope you will all plan to join us next year for this amazing time apart and a time of friendship and renewal. Blessings, Cheryl Brock, Coordinator, St. Timothy's Annual Parish Retreat



Kiss Me Kate

Herndon High School Auditorium

May 1, 2, & 3 - 7 pm

Come see our youth who are cast and crew in the Herndon High School spring musical.

Ethan Rundlett is Bill/ Lucentio

Tyler Andere is Paul

Elissa Hawkins is Stage Manager

Bevin McGibbon is Assistant Stage Manager.

Cole Porter's *Kiss Me Kate* is a musical within a musical -- altogether appropriate, since its source material, Shakespeare's *The Taming of the Shrew*, was a play within a play.

Silent Auction

I would like to thank the Auction Committee for all their hard work; Hollis Colie, Maria LaWalt and Melissa Randolph for meeting with me, sending out letters, their donations and helping set-up for a fun, successful night. Special thanks to Helen Guest and Jean Lammers. I would also like to thank all contributors to the auction. A list will be posted in Henry Hall. We made \$5,400.00. Thanks again to everyone for all your help in making this a complete success.

~Beth Lumnitzer

St. Tim's Youth

Congratulations to Nicki Dubishar (all A's Honor Roll), Wray Sinclair (AB Honor Roll), and Colin Curtis (AB Honor Roll). Well done and Thanks be to God!



Colin Curtis

Wray Sinclair



Megan Craig (Pastor Craig's daughter from Trinity Presbyterian) and Nicki Dubishar

Stewardship

One of the things St. Timothy's does really well is step up to challenges. Over our history, we have faced many times where we needed to raise funds and gather resources for the work we were doing in the community as well as for the Church.

Once again we find ourselves in this situation. Last year we encountered some unforeseen repairs to our facilities and giving was down from the budgeted amount.

The good news is that we have once again used our creative ideas to come up with solutions which will allow us to carry on our mission.

- We have had Stewardship sessions with Patsy Bjorling, from the Diocese, to help discover ways to raise the funds we need to support our ministries.
- The Vestry, Finance, and Stewardship are in the process of reading "The Giving Myths," an inspiring book on effective stewardship.
- We have a project list of items that need to be done for the upkeep of our facilities. We have had a number of members step forward to complete these tasks.
- We had another Vestry/Ministry Meeting to determine what direction we want to take as a Church. Also, we discussed renewing the efforts of the different ministries to work together on these various tasks.
- A silent auction was held to raise needed funds. We have a group meeting to start forming small groups to help feed us spiritually.

This list is just a sampling of the things we are doing.

These plans are not only helping Saint Timothy's financially but also helping us get involved by using our time and talent. We have begun looking into different resources to help us in our search for how we can continue and grow in our service at Saint Timothy's, as well as in the community and the world. This has resulted in changing the way our Church thinks about our mission and our calling to serve.

The progress we have made is a great start in a process that needs to continue. We need to move forward on this path so we can grow as a Church and continue the mission God calls us to do for our fellow humans.

May God continue to give us guidance on what we need to do and strength so we can best serve his people.

~The Stewardship Ministry

Ministry of the Month

Pastoral Care – People Helping People

The Bible repeatedly offers the *shepherd* as a metaphor for one who provides help and guidance to those in need. Brad and Leslie represent the obvious shepherds within our midst, routinely reaching out to the many members of our church community. However, anyone remotely familiar with the sheep-herding process also knows that a shepherd can't go it alone. Keeping the flock together and on the right path requires some support. Accordingly, St. Timothy's has created the Pastoral Care Ministry as a means of providing aid to those who need it.

Pastoral Care is a quiet ministry, often acting behind the scenes . . . but don't let this inaudibility fool you. "When help is needed we jump into action," says Pastoral Care Chairman Shirley Ratliff, who serves as the Ministry's activity coordinator and volunteer dispatcher.

"We have an active pool of 40 to 45 volunteers, who we call the St. Timothy's *Helping Hands*," notes Shirley, who adds that these individuals are available to address problems of almost every nature and size. And over the years, Pastoral Care volunteers have performed a wide range of tasks and services.

St. Timothy's Helping Hands have mailed sympathy, get-well, thinking-of-you, congratulations, and birthday cards to many members of our parish. They've prepared and delivered meals. These volunteers have visited the sick, elderly, and infirm—reading to them, playing games with them, and generally keeping them company.

Helping Hands representatives have provided transportation to doctors' offices, grocery stores, church, and other locales. They've orchestrated receptions following funerals. They've maintained prayer chains, walked dogs, mowed grass, and the list of services goes on and on. You could say that these dedicated helpers are virtually all things to all people.

In addition to Helping Hands, Pastoral Care encompasses the church's Stephen and Shawl Ministries. The Stephen Ministry is a primarily lay-led and lay-run program and offers a full cadre of trained members who provide confidential, one-to-one Christian care. In addition to our clergy Stephen Leaders, Fr. Brad and Rev. Leslie, St. Timothy's currently has 5 lay Stephen Leaders (Ralph and Florita Tildon, Jim Hendrick, Jane Perry and Cheryl Brock) and 18 trained Stephen Ministers, each of whom has taken the initial 50 hours of required training. Stephen Ministers attend twice-monthly peer group meetings and participate in ongoing continuing education. These members reach out to individuals, both in our congregation and the larger

community, who are having difficulty coping with the challenges in their lives. For information on requesting or becoming a Stephen Minister, please contact Fr. Brad at 703-437-3790, or e-mail st.stephen@saint-timothys.org.

The Shawl Ministry is chaired by Jackie Clattenburg. This group of talented people make shawls and other knitted items to give to others as a tangible means of support and love. When completed, each shawl is blessed by the group before it is given to the recipient. The group welcomes anyone interested in participating, teaching those who do not already know how to knit or crochet. This year the ministry became ecumenical, welcoming members from the community and encouraging the start-up of other shawl ministries at other churches. Requests for shawls may be made by contacting Jackie or any other member of the ministry directly or through pastoralcare@saint-timothys.org. The Shawl Ministry meets in the Narthex on the first and third Wednesdays of the month from 7:00 pm to 9:00 pm.

Most recently, Pastoral Care has initiated a fourth branch of its outreach effort—the Small Groups Ministry—with hopes of offering a fully functioning subcommittee by this Fall. The idea behind the Small Groups Ministry is simple. The St. Timothy's congregation is made up of a large cross-section of members who, despite this diversity, share many common interests.

"Why not use those interests as a way to bring members together?" Shirley rhetorically asks. She suggests that by making these connections, old and new church members will get to know one another, fostering a greater sense of fellowship within the church community. The Small Groups Ministry will bring parishioners together through social groups, book clubs, Bible studies, sports teams, and various other functions.

Shirley and her team do a fantastic job but they could always use an extra set of "hands" to help out when the need arises. The Stephen Ministry program seeks compassionate and caring folks who will be reflective listeners. The Small Group Ministry needs organizers, impassioned hobbyists, and facilitators, and the Shawl Ministry would certainly welcome those who like to express themselves through fabrics.

If you ever need help or think you might be interested in being a part of this vital component of St. Timothy's, please contact Shirley at pastoralcare@saint-timothys.org. You can also call her at 703-444-1071 or catch her at the 9:30 am service on Sunday (Shirley sings in the choir).

Remember what Jesus said. "The Son of Man did not come to be served, but to serve . . ."

Saints Alive

This is your opportunity to recognize “saints of God, patient and brave and true” – those joyous saints among us at St. Timothy’s. You know them – the “saint” who went the extra mile in support of one of our ministries or the “saint” who quietly did the task no one else wanted to do. We are blessed at St. Timothy’s with many wonderful servant-leaders who daily give of their talents and time. Let’s celebrate them! It’s simple—nominate your “saint” by emailing Carol Frost (office@saint-timothy's.org) with the name of the person and one or two sentences on your saint’s deeds. Your name will not be published. That’s part of the fun—you get to be the unknown angel that recognizes saints alive. Who knows? You may be one, too.

We recognize Cheryl Brock for planning and leading the Parish Family Retreat at Shrine Mont. Her sessions on prayer were appreciated by all. And thank you to Allyson Showalter for leading the Children’s Programming at the retreat.

Thank you to Florita Tildon, Ralph Tildon, Jane Perry, Jim Hendrick, and Cheryl Brock, who hosted the Stephen Caring Series Workshop on Sat., April 26 at HUMC. They provided food for 85 people, and helped the Leaders from St. Louis to lead an informative workshop about caring for one another in our congregation.

St. Timothy’s Music Ministry Calendar for May



Sunday May 4, Evensong Rehearsal in Sanctuary, 12:30 pm – 2:30 pm

Sunday May 4, VOCE Concert in Sanctuary, 4:00 pm *** Reception to follow in Henry Hall

Sunday May 18, Choral Evensong for Trinity Sunday, 5:00 pm ***Reception to follow in Henry Hall

Updates from the Music Ministry

Spring has arrived, and the end of our choir season is upon us. Our four choirs have had an exciting year full of new events and great music.

On Sunday May 11, the Jubilate Choir will receive medals worn on light blue ribbons to recognize their completion of the first level of the Voice for Life training program by the Royal School of Church Music. It is our hope to begin a fundraiser next September for new choir robes so they can become a fully-outfitted choir!

We will begin our next season in September and plan to continue with the new events established this year, such as our Choir Retreat at the Cathedral College, which will take place on September 12-13, our Choral Evensong for All Saints’ Day, which will take place on November 2,

and our Christmas Festival of Lessons and Carols, which will take place on December 21.

As we close out this season together, we invite you to come and join us for our remaining rehearsals and Sunday services. We are always welcoming new members into each choir and enjoy sharing our experience of worship and music with our congregation and community.

Stephen Ministry Caring Workshop a Great Success



Stephen Ministers from St. Timothy’s joined with Stephen Ministers from Herndon United Methodist Church (HUMC) and Trinity Presbyterian Church in hosting a half-day Stephen Series Caring Ministry Workshop on Saturday, April 26. Nearly 75 people from 15 different congregations in the metro area attended the event, including 10 parishioners from St. Timothy’s.

The workshop was intended to introduce churches to Stephen Ministry and to allow them to interact with current Stephen Ministry congregations. Two trained presenters from Stephen Ministries St. Louis introduced three topics: Ministering to Those Experiencing Grief, An Introduction to the Stephen Series System of Lay Caregiving, and How to Care in a Distinctively Christian Way. Workshop participants received a sample of Stephen Ministry training and learned some hands-on effective ministry skills that they could use immediately. The workshop format additionally provided great opportunities for folks to share experiences and ideas.

The success of the workshop also highlighted the joint cooperative teamwork between the three co-hosting Stephen Ministry congregations, of which the presenters from Stephen Ministries St. Louis were highly complimentary. Stephen Ministers and Leaders from St. Timothy’s, HUMC and Trinity worked closely together in planning and handling publicity, refreshments, registration, logistics, and all of the “pieces” involved in a highly successful workshop.

The three churches hope to continue the tradition of cooperation and resource sharing by jointly presenting another Stephen Ministry 50-hour training class beginning in September 2008.

St. Tim’s Stephen Ministers and Leaders want to take this opportunity to once again thank the congregation for its continued generous support of this program.

Please continue to pray for our Newsletter Editor, Charlie Clattenburg, as he continues to heal from surgery and recover his strength. God be with you, Charlie!



The **WORD**

St. Timothy's Word is published monthly and E-mailed to members and friends on the first day of each month. It also appears in full color on the website main page under "Downloads" the same day it is e-mailed. If you wish to receive a copy by mail, please notify Carol Frost in the church office. Copies of the Word will also be available in the office for you to take home.

The deadline for submission of material

Questions or ideas for *The Word* are always welcome as are your comments! You may send the material as an attachment to an e-mail message to: office@saint-timothys.org. The message subject line must mention Word. Photos are welcome. Please identify key people if possible. Articles or letters may be edited for brevity or appropriateness.

See our website for the up-to-the-minute monthly calendar. It's always current and covers several months. The Bulletins appear on the website no later than Saturday morning for the coming Sunday.

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News – Time Sensitive

2008 Vestry

Terms expire January 2009:

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Seminararian: Rev. Kim Seidman seidwoman@yahoo.com

Music Director: Mr. Peter Waggoner
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Regular Services

8:00 am Sunday - Holy Eucharist Rite I

9:30 am Sunday - Holy Eucharist Rite II
(nursery care available)

11:00 am Sunday - Holy Eucharist Rite II
(nursery care available)

12:15pm Wednesday - Holy Eucharist & Healing Service

Office Hours

Monday Friday 9am to 5pm (and by appointment)

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