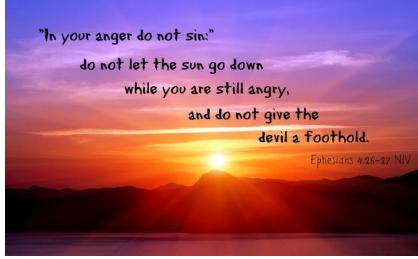


432 Van Buren Street Herndon, VA 20170 p: 703-437-3790 www.saint-timothys.org

Sunday, August 11, 2024

Twelfth Sunday after Pentecost

10 a.m.



www.bibletimefun.com

# Weekly Services:

Sunday, 8:00 a.m. Sunday, 10:00 a.m. Holy Eucharist Rite I, spoken Holy Eucharist Rite II with Choir

(Godly Play for ages 3–8, Sunday School for ages 9-12)

Sábado, 7:00 p.m. La Santa Misa, en español

#### **Staff**

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

The Rev. Mario Meléndez, Associate Rector (x11)

The Rev. Brad Rundlett, Rector Emeritus

Deb Angerman, Bookkeeper (x13)

Julio Cuellar, Latino Service Musician

Todd Grivetti, Organist/Choirmaster (x16)

**Allyson Showalter**, Preschool Director (x14)

**Debbie Stolar**, Parish Administrator (x10)

priest@saint-timothys.org mario@saint-timothys.org

office@saint-timothys.org

bookkeeper@saint-timothys.org juliocuellarmusic@yahoo.com music@saint-timothys.org sttimothyspreschool432@gmail.com

# **Information For Our First-Time Guests**

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For those with little ones, there are rocking chairs located at the back of the sanctuary and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

# HOLY EUCHARIST

The Word of God

Prelude

"Wonderful Peace, Perfect Peace/ Like a River Glorious" At the tolling of the bell, all stand. arr. Don Wyrtzen (Michele Bair, organist)

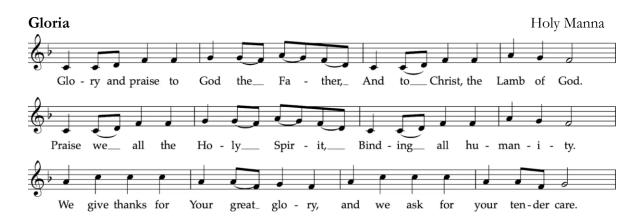
Opening Hymn (493)

O For a Thousand Tonges to Sing

Azmon

# Opening Acclamation (EOW 50)

Celebrant: Blessed be the one, holy, and living God. **People:** Glory to God for ever and ever. Amen.





#### Opening Collect (EOW 51)

Celebrant: God be with you. **People:** And also with you.

Celebrant: Holy Wisdom, in your loving kindness you created and restored us when we were lost: inspire us with your truth, that we may love you with our whole minds and run to you with open hearts, through Christ our Savior. **Amen.** 

#### The Lessons

#### A Reading from 2 Samuel 18:5-9, 15, 31-33

The king, David, ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armor-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Reader: The Word of the Lord.

People: Thanks be to God.

#### Psalm 130 (Read Responsively)

De profundis

 $1\ \mathrm{Out}\ \mathrm{of}\ \mathrm{the}\ \mathrm{depths}\ \mathrm{have}\ \mathrm{I}\ \mathrm{called}\ \mathrm{to}\ \mathrm{you}, \mathrm{O}\ \mathrm{Lord};$ 

Lord, hear my voice; \*

let your ears consider well the voice of my supplication.

2 If you, Lord, were to note what is done amiss, \*

#### O Lord, who could stand?

3 For there is forgiveness with you; \* therefore you shall be feared.

4 I wait for the Lord; my soul waits for him; \* in his word is my hope.

5 My soul waits for the Lord, more than watchmen for the morning, \* more than watchmen for the morning.

6 O Israel, wait for the Lord, \* for with the Lord there is mercy;

7 With him there is plenteous redemption, \* and he shall redeem Israel from all their sins.

#### A Reading from Ephesians 4:25-5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn (514)

To Thee, O Comforter Divine

St. Bartholomew's

Holy Gospel: John 6:35, 41-51

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever

believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant: The Gospel of the Lord. **People: Praise to you, Lord Christ.** 

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People:

We believe in one God, the Father Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father;

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man;

For our sake he was crucified under Pontius Pilate; he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

# The Prayers of the People, Form VI (BCP 392)

Leader: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People: For our families, friends, and neighbors, and for those who are alone.

Leader: For this community, the nation, and the world;

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Leader: For all who are in danger, sorrow, or any kind of trouble;

People: For those who minister to the sick, the friendless, and the needy.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel, and all who seek the Truth.

Leader: For Michael, our Presiding Bishop, for Sean, our Presiding Bishop Elect, and for

Mark, our Diocesan Bishop, and all bishops and other ministers;

People: For all who serve God in his Church.

Leader: For the special needs and concerns of this congregation.

The People may add their own petitions
Leader: Hear us, Lord:

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

Leader: We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Leader: Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

Leader: We pray to you also for the forgiveness of our sins.

All: Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Silence.

Celebrant will add a concluding collect.

#### Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

Please stand.

#### The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

#### Welcome & Announcements

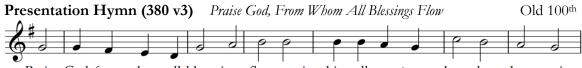
#### The Offering

Anthem

"My Lord, What a Morning" (Mark Fleming, solo)

arr. Mark Hayes

Please stand as able.



Praise God, from whom all bless-ings flow; praise him, all crea-tures here be - low; praise



#### The Great Thanksgiving

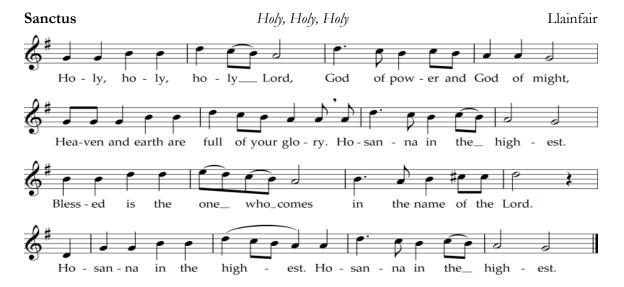
Celebrant: The Lord be with you. **People:** And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God. **People:** It is right to give God thanks and praise.

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Please stand or kneel, as you are able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in

the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

All: Christ has died.

Christ is risen.

Christ will come again.

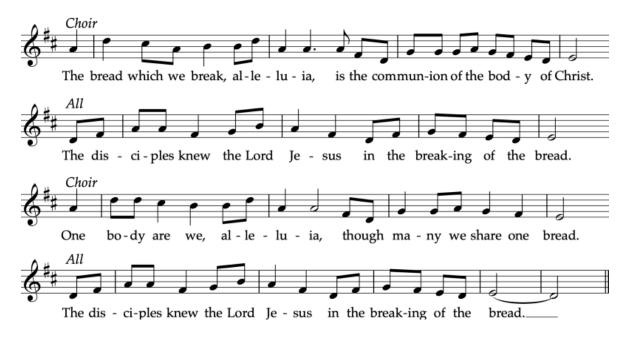
Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.** 

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.





#### The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

#### **Administration of Communion**

Communion Hymn (301)

Bread of the World in Mercy Broken

Rendez a Dieu

# Postcommunion Prayer (EOW 70)

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

#### The Blessing (EOW 70)

Celebrant: May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.** 

# Closing Hymn (307 v 1-3)

Lord, Enthroned In Heavenly Splendor

Bryn Calfaria

Dismissal (BCP 366)

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude "To God Be the Glory" William Doane

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#### PRAYER LIST:

(Please email <u>careteam@saint-timothys.org</u> with any prayer concerns.)

Repose of the Soul: Julia Person

Health: Carolyn Hamm, Lorna Moran, Ted Grivetti, Diefendorf, Will LaWalt

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

#### THIS WEEK at ST. TIMOTHY'S

Sunday, August 11

8:00 AM Rite I Holy Eucharist – Sanctuary
9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream

Monday, August 12

12:15 PM Step Into Recovery AA7:00 PM Hope For Today Al Anon

7:30 PM Service Ministry Meeting – Conference Room

8:30 PM Monday Night Milkshake Group AA

Tuesday, August 13

10:00 AM Staff Meeting - Conference Room

7:00 PM Scouts Troop 159

Wednesday, August 14

6:30 PM Worship Committee Meeting - Zoom

7:30 PM SA Meeting

Thursday, August 15

7:00 PM Debtors Anonymous

Friday, August 16

No Events

Saturday, August 17

9:00 AM Altar Guild Set-Up – Sanctuary

11:00 AM Blessing of the Backpacks - playground

7:00 PM La Santa Misa - Sanctuary

# LITURGICAL MINISTERS TRAINING

Calling all LEMS (Lay Eucharistic Minister): Vergers, Lectors, Chalice-Bearers, Intercessors, and Ushers! A training/ refresher course will be held on **Sunday, August 18th, after the 10 am service in the Sanctuary.** If you are interested in being a part of this important ministry, please also plan on attending. Any questions, please contact Keith Sinclair (ksinclair1@msn.com).

#### **BLESSING OF THE BACKPACKS**

Please join us at our upcoming blessing of all students (and their backpacks), teachers, and those who work in education as they begin the new school year! Bring your backpack, briefcase, lunchbox... you name it... to be blessed on any of the days below! Also: please send any BACK-to-SCHOOL PHOTOS taken/posted on social media that we might share via our church communications. Please send to <a href="mailto:office@saint-timothys.org">office@saint-timothys.org</a>!

- \* Saturday 8/17, 11:00 AM after the St. Timothy's Preschool Play Date (Preschool Playground)
- \* Sábado 8/17, 7:00 PM durante la Santa Misa en español (Santuario)
- \* Sunday 8/18, 8 & 10:00 AM at our Sunday Eucharists (Sanctuary)

# THANK YOU ST. TIMOTHY'S, BACKPACK DONATION GOAL MET!

We asked and you delivered! Thank you for the generous donation of 50 backpacks to the Service Ministry's for Cornerstones back-to-school drive. Think of all the children that will be starting school soon, with a lovely new backpack to help them on their way. You put your faith to work by helping others in our community. Questions? Would you like to learn more about volunteering in our community? Write or speak to Carolyn Hamm, St. Timothy's representative on the Cornerstones Board of Directors, <a href="mailto:service@saint-timothys.org">service@saint-timothys.org</a>.

#### SUMMER LINK FOOD DRIVE A BIG SUCCESS!

The Service Ministry would like to thank St. Timothy's for their overwhelming support for the summer LINK food drive. We are proud of how thoughtful and generous St. Timothy's was during this drive. The amount of food donated once again far exceeded our expectations. We had over 50 bags filled with items. We particularly asked for personal items (i.e. toothpaste, deodorant, shampoo, diapers) as well as cleaning items (i.e. laundry and dishwasher pods, paper towels, Clorox wipes). It is heartwarming to see the shelves filled with those items in high demand.

It is never too late to drop off a filled bag at the LINK wicker basket located in the hallway going from the front door into the Narthex. St. Timothy's continues to demonstrate generosity in serving those in our community who need assistance. The Service Ministry thanks you for putting your faith to work to serve our neighbors.

# **ALTAR GUILD VOLUNTEERS**

St. Timothy's Altar Guild plays an important role in the Worship Ministry. Our mission is to ensure that the Sanctuary is in order, beautiful, clean and prepared for worship on a weekly basis and for special services. This team-based ministry is an easy way to support your church and only requires a few hours of your time on the week you are scheduled to serve (approximately every three weeks). Service opportunities can be flexible to meet your busy schedule or special interests (flowers, care of linens, Sunday only) and training is provided. Please consider helping the Altar Guild grow. For more information, please email us at <a href="mailto:altarguild@saint-timothys.org">altarguild@saint-timothys.org</a>.

#### **ALTAR GUILD SPONSORSHIPS**

Are you looking for a way to honor a special occasion like a birthday or anniversary or to remember a departed loved one? Consider sponsoring Altar Flowers! Simply sign up for the Sunday you would like to sponsor using the sign-up sheet posted outside of the church offices. After signing up, simply use a Flower Envelope and drop your donation in the offering on a Sunday or mail it to the church office. Be sure to note Flower Donation on the memo line if giving by check. Suggested donation is \$65.

#### ST. TIMOTHY'S COFFEE HOUR SIGN UP

We have had a wonderful year so far of Coffee Hour with fellowship and fun in Henry Hall after the 10 am service! We plan to continue this practice but need volunteers to assist with set up, clean-up and bringing light refreshments. If you are interested in helping, please contact the church office at office@saint-timothys.org or sign up via the spreadsheet link in the weekly eNews Coffee Hour announcement.

# WELCOME HOME WEEKEND - SAT. & SUNDAY AUGUST 24th - 25th

All are invited back from the beach and the mountains, and everywhere in between, to regather together as One St. Timothy's for the program year. In addition to our 3 usual services, we will have the below offerings over the course of the weekend to Welcome Home everyone from their travels. Be sure to attend to participate in the below events and hear some exciting announcements about what's coming up ahead at St. Timothy's

# SATURDAY AUGUST 24th, 2024 4:00 pm (Outdoor Chapel and Picnic Area)

All are invited to our Annual Latino Family Day Picnic to join together as a community of faith and as a family in Christ. We will have steak, hamburgers, hot-dogs (and vegetarian options) on the grill, as well as games for the young ones. The Spanish service will follow in the Outdoor Chapel. Wear light and comfortable clothing.

# SUNDAY AUGUST 25th, 2024 11:00 am (Henry Hall)

All are invited to an Ice Cream Social dessert extravaganza in Henry Hall following the 10:00 am service on Sunday. Thanks to Generations Ministry, we will have an opportunity to enjoy some tasty treats and catch up with friends old and new.

#### FAITH FORMATION for ALL AGES - resumes AUGUST 25th

Sunday Adult Forums (in the Sanctuary during the 9 am hour, also livestreamed)

We begin with our 3<sup>rd</sup> Annual three-part series, taking its name from the famous church song: "I

am the Church, You are the Church..."

Sunday August 25th: "We are the Church." We will begin with a look at the history of Shrine Mont Camps. Charles Cowherd will present on "The Integration of Shrine Mont Camps"—a look at how our Diocesan camps struggled to racially integrate during the 1950s and 1960s. Based off of archival research, 1<sup>st</sup> person interviews, the presentation is set to be published (in print form) in *Anglican and Episcopal History*, the historical journal of the Episcopal Church, this coming Fall.

**Sunday September 8th: "You are the Church."** Our Ecumenical Round Table will again feature different members of our congregation sharing how they landed at St. Timothy's Episcopal Church. This year, we have invited our members who grew up on the continent of Africa to share their faith journey from their home country and church to Herndon!

**Sunday September 29th: "I am the Church."** In this final session, our Associate Rector, the Reverend Mario Melendez, will share with us the story of his spiritual journey. Come to learn more about how Mario's life has been a witness and testimony of his faith!

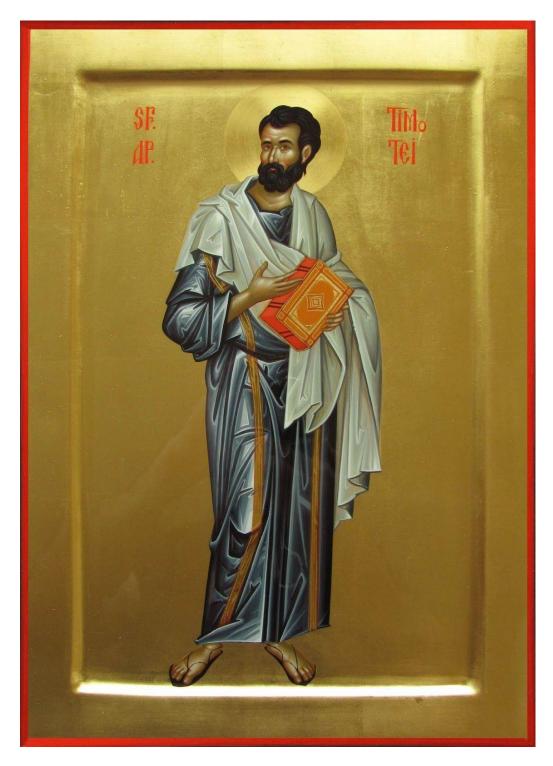
# **Sunday School**

During the 10 AM Sunday Service, children and youth from 4th grade and up will gather first in the sanctuary, but then be shepherded by teachers out to meet at the outdoor chapel, weather permitting, where our kids will have time to gather, learn a bible story, and play on our beautiful church grounds. We will rejoin worship before communion. In case of inclement weather, we will gather in Henry Hall.

# **Godly Play**

Finally, our children (age 3-3<sup>rd</sup> grade) will continue to attend Godly Play during the 10 AM Sunday Service. This Montessori-based curriculum uses hands-on storytelling and wondering to introduce children to Bible stories and church traditions. Children who attend Godly Play head downstairs after the reading of the Collect and then rejoin their parents in the Sanctuary during the Peace prior to Eucharist.

Look for more information in the coming weeks or check out the "Formation Flyer" that you can pick up in the Narthex or see in the eNews.



# NEED HELP? ¿NECESITAS AYUDA?

SCAN THE QR CODE AT THE BOTTOM
FOR INFORMATION ABOUT
HELP/ASSISTANCE FROM
CORNERSTONES

ESCANEE EL CÓDIGO QR EN LA
PARTE INFERIOR PARA OBTENER
INFORMACIÓN SOBRE
AYUDA/ASISTENCIA DE
CORNERSTONES

