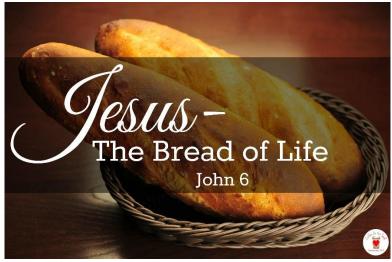


432 Van Buren Street Herndon, VA 20170 p: 703-437-3790 www.saint-timothys.org

Sunday, August 4, 2024

Eleventh Sunday after Pentecost

10 a.m.



www.pinterest.com

Weekly Services:

Sunday, 8:00 a.m. Sunday, 10:00 a.m. Holy Eucharist Rite I, spoken Holy Eucharist Rite II with Choir

(Godly Play for ages 3–8, Sunday School for ages 9-12)

Sábado, 7:00 p.m. La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

The Rev. Mario Meléndez, Associate Rector (x11)

The Rev. Brad Rundlett, Rector Emeritus

Deb Angerman, Bookkeeper (x13)

Julio Cuellar, Latino Service Musician

Todd Grivetti, Organist/Choirmaster (x16)

Allyson Showalter, Preschool Director (x14)

Debbie Stolar, Parish Administrator (x10)

priest@saint-timothys.org mario@saint-timothys.org

bookkeeper@saint-timothys.org juliocuellarmusic@yahoo.com music@saint-timothys.org sttimothyspreschool432@gmail.com office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For those with little ones, there are rocking chairs located at the back of the sanctuary and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

"Children of the Heavenly Father/
"Tis So Sweet to Trust in Jesus"
At the tolling of the bell, all stand.

arr. Becky Waters (Michele Bair, organist)

Opening Hymn (522)

Glorious Things of Thee Are Spoken

Austria

Opening Acclamation (EOW 50)

Celebrant: Blessed be the one, holy, and living God. **People:** Glory to God for ever and ever. Amen.





Opening Collect (EOW 51)

Celebrant: God be with you. **People:** And also with you.

Celebrant: Holy Wisdom, in your loving kindness you created and restored us when we were lost: inspire us with your truth, that we may love you with our whole minds and run to you with open hearts, through Christ our Savior. **Amen.**

The Lessons

A Reading from 2 Samuel 11:26-12:13a

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before

the sun." David said to Nathan, "I have sinned against the Lord."

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 48 (Read Responsively)

Miserere mei, Deus

- 1 Have mercy on me, O God, according to your loving-kindness; * in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness * and cleanse me from my sin.
- 3 For I know my transgressions, * and my sin is ever before me.
- 4 Against you only have I sinned * and done what is evil in your sight.
- 5 And so you are justified when you speak * and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, * a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, * and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, * that the body you have broken may rejoice.
- 10 Hide your face from my sins * and blot out all my iniquities.
- 11 Create in me a clean heart, O God, * and renew a right spirit within me.
- 12 Cast me not away from your presence * and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again * and sustain me with your bountiful Spirit.

A Reading from Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn (WLP 761) All Who Hunger, Gather Gladly

Holy Manna

Holy Gospel: John 6:24-35

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then,

so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant: The Gospel of the Lord. **People: Praise to you, Lord Christ.**

Sermon The Rev. Mario Meléndez

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,

the Father Almighty, maker of heaven and earth,

of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made,

of one Being with the Father;

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form VI (BCP 392)

Leader: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People: For our families, friends, and neighbors, and for those who are alone.

Leader: For this community, the nation, and the world;

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Leader: For all who are in danger, sorrow, or any kind of trouble;

People: For those who minister to the sick, the friendless, and the needy.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel, and all who seek the Truth.

Leader: For Michael, our Presiding Bishop, for Sean, our Presiding Bishop Elect, and for

Mark, our Diocesan Bishop, and all bishops and other ministers;

People: For all who serve God in his Church.

Leader: For the special needs and concerns of this congregation.

The People may add their own petitions
Leader: Hear us, Lord:

Leader: Hear us, Lord.

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

Leader: We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Leader: Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

Leader: We pray to you also for the forgiveness of our sins.

All: Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Silence.

Celebrant will add a concluding collect.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand.

The Peace (EOW 56)

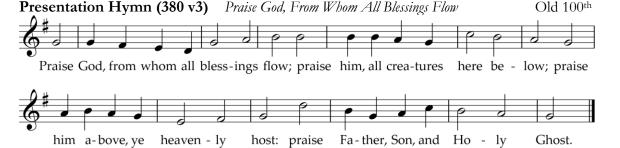
Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements Offertory Sentence The Offering

Anthem "Grace" arr. Mark Hayes (Glenn Rudolph & Joe Weeden, duet)

Please stand as able.



Holy Communion- Eucharistic Prayer I (EOW 57)

The Great Thanksgiving

Celebrant: The Lord be with you. **People:** And also with you.

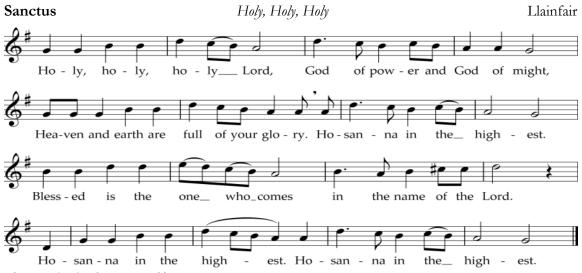
Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Please stand or kneel, as you are able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery,

sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

All: Christ has died.

Christ is risen.

Christ will come again.

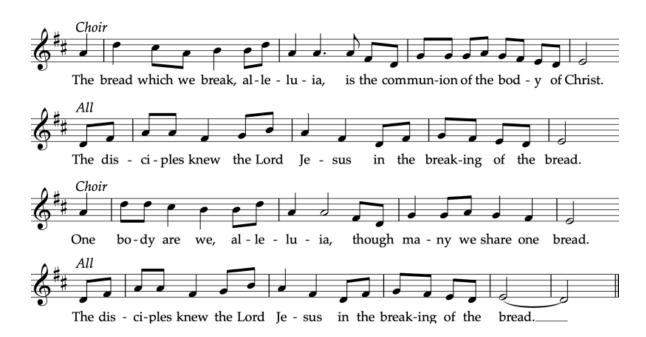
Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**.

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.





The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

Administration of Communion

Communion Hymn (335)

I Am the Bread of Life

I Am the Bread of Life

Postcommunion Prayer (EOW 70)

Celebrant:

Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

Closing Hymn (680)

Lord, You Give the Great Commission

Abbot's Leigh (alt. tune)

Dismissal (BCP 366)

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude "Trumpet Voluntary" John Travers

Flowers are given by Mary Ann Cowherd In memory of Leonard Cowherd

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PRAYER LIST:

(Please email <u>careteam@saint-timothys.org</u> with any prayer concerns.)

Repose of the Soul: Frank Vandenberg, Bonnie Bash, Julia Person Health: Carolyn Hamm, Lorna Moran, Ted Grivetti, Pete Diefendorf

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, August 4 – Link Summer Food Drive 8:00 AM Rite I Holy Eucharist – Sanctuary 9:30 AM Adult Choir Warm-up – Music Room 10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream Monday, August 5

12:15 PM Step Into Recovery AA7:00 PM Hope For Today Al Anon8:30 PM Monday Night Milkshake Group AA

Tuesday, August 6 4:00 PM DanceWorx - Narhex 7:00 PM Scouts Troop 159 Wednesday, August 7
4:00 PM DanceWorx - Narthex
7:30 PM SA Meeting
Thursday, August 8
7:00 PM Debtors Anonymous
Friday, August 9
No Events
Saturday, August 10
9:00 AM Altar Guild Set-Up —

9:00 AM Altar Guild Set-Up – Sanctuary 7:00 PM La Santa Misa – Sanctuary

LINK SUMMER FOOD DRIVE CONCLUDES THIS SUNDAY!

The Summer food drive for LINK is coming to an end. We received dozens of blue bags and the the items collected have been delivered to the food pantry and will start going out to those in need this week. It is not to late to participate as we are still collecting food. Below is a list of items that are in high demand for LINK.

WHEN DO I RETURN THE BLUE BAGS: We will be in the Narthex to collect the bags at both services this Sunday August 4th. If you need help getting the bags out of your car, we will be glad to assist. You can also drop off the bags at the LINK basket in the hallway going to Henry Hall anytime during the week.

WHAT ITEMS ARE NEEDED: Currently LINK is experiencing a shortage in household cleaning products such as dish washer pods and laundry pods. (If you buy a big container we can break down into smaller quantities). The pantry is also experiencing a shortage of sanitary pads, tampons, shampoos, soap, body wash, toothpaste and deodorant. Baby wipes and diapers are always appreciated. Thank you so much for what has been contributed so far. We asked for more cleaning products and personal items, and you have responded the shelves are definitely filling up with these items.

The Service Ministry thanks you for putting your faith to work to serve our neighbors.

CORNERSTONE BACK-TO-SCHOOL DRIVE

Last days for the Service Ministry's Cornerstones Backpack Drive for Cornerstones

This the last week to donate to Cornerstones back-to-school drive. School starts in Fairfax County on August 19th and over 2,000 backpacks are needed for 16 area schools. The Service Ministry set a goal of collecting 50 from St. Tim's! As of Monday, July 29th we are over halfway there – will we exceed our goal? Here are the details:

- Backpacks must be new and without wheels or logos (other than the manufacturer's logo)
- Backpacks are needed for all ages, grade K-12, however the greatest need is for high school students (approx.. 19" H x 10" W)
- Please place your donation in the large bin in the church office by **August 4th.**
- You may shop from home by using Cornerstones <u>Amazon wish list</u> (contact the church office or see our latest eNews announcement for the link). Items will ship directly to Cornerstones (no shipping fee). If you choose this option, please email <u>service@saint-timothys.org</u> to let us know how many you purchased so we have an accurate tally.

Questions? Write or speak to Carolyn Hamm, St. Timothy's representative to the Cornerstones Board of Directors. *Thank you for putting your faith to work*.

LITURGICAL MINISTERS TRAINING

Calling all LEMS (Lay Eucharistic Minister): Vergers, Lectors, Chalice-Bearers, Intercessors, and Ushers! A training/ refresher course will be held on **Sunday, August 18th, after the 10 am service in the Sanctuary.** If you are interested in being a part of this important ministry, please also plan on attending. Any questions, please contact Keith Sinclair (ksinclair1@msn.com).

BLESSING OF THE BACKPACKS

Please join us at our upcoming blessing of all students (and their backpacks), teachers, and those who work in education as they begin the new school year! Bring your backpack, briefcase, lunchbox... you name it... to be blessed on any of the days below! Also: please send any BACK-to-SCHOOL PHOTOS taken/posted on social media that we might share via our church communications. Please send to office@saint-timothys.org!

- * Saturday 8/17, 11:00 AM after the St. Timothy's Preschool Play Date (Preschool Playground)
- * Sábado 8/17, 7:00 PM durante la Santa Misa en español (Santuario)
- * Sunday 8/18, 8 & 10:00 AM at our Sunday Eucharists (Sanctuary)

ANNUAL SPANISH SERVICE PICNIC - Saturday August 24, 4pm

All are invited to our Annual Spanish Service Picnic to join together as a community of faith and as a family in Christ. We will have steak, hamburgers, hot-dogs (and vegetarian options) on the grill, as well as games for the young ones. The Spanish service will follow Outdoor Chapel. Wear light and comfortable clothing.

ALTAR GUILD VOLUNTEERS

St. Timothy's Altar Guild plays an important role in the Worship Ministry. Our mission is to ensure that the Sanctuary is in order, beautiful, clean and prepared for worship on a weekly basis and for special services. This team-based ministry is an easy way to support your church and only requires a few hours of your time on the week you are scheduled to serve (approximately every three weeks). Service opportunities can be flexible to meet your busy schedule or special interests (flowers, care of linens, Sunday only) and training is provided. Please consider helping the Altar Guild grow. For more information, please email us at altarguild@saint-timothys.org.

ALTAR GUILD SPONSORSHIPS

Are you looking for a way to honor a special occasion like a birthday or anniversary or to remember a departed loved one? Consider sponsoring Altar Flowers! Simply sign up for the Sunday you would like to sponsor using the sign-up sheet posted outside of the church offices. After signing up, simply use a Flower Envelope and drop your donation in the offering on a Sunday or mail it to the church office. Be sure to note Flower Donation on the memo line if giving by check. Suggested donation is \$65.

SHRINE MONT 2024 RETREAT

St. Timothy's is headed to Shrine Mont for our retreat weekend on September 13th-15th, 2024. This is a wonderful opportunity to rest, recharge, and renew with your parish family. You can reserve your spot by emailing Rob Huizar, Trip Coordinator, at Registration will end on August 25th.

Please indicate in your e-mail the following: names and number of attendees; ages for children 17 and under; if you prefer single or double occupancy; any dietary or mobility restrictions; and contact information (phone number and e-mail address). Forms are available for those without e-mail access.

Below are the rates for the weekend (for adults 18+ years old): Double Occupancy - \$190, Single Occupancy - \$245. All children 17 years old and younger are FREE! These rates include 2 nights of lodging, 6 meals (2 each of breakfast, lunch, and dinner) & use of Shrine Mont facilities. Day passes are also available for \$32. Scholarships are also available.

ST. TIMOTHY'S COFFEE HOUR SIGN UP

We have had a wonderful year so far of Coffee Hour with fellowship and fun in Henry Hall after the 10 am service! We plan to continue this practice but need volunteers to assist with set up, clean-up and bringing light refreshments. If you are interested in helping, please contact the church office at office@saint-timothys.org or sign up via the spreadsheet link in the weekly eNews Coffee Hour announcement.

WELCOME HOME WEEKEND- SAT. & SUNDAY AUGUST 24th- 25th

All are invited back from the beach and the mountains, and everywhere in between, to regather together as One St. Timothy's for the program year. In addition to our 3 usual services, below are some of the offerings we will have over the course of the weekend to Welcome Home everyone from their travels. Be sure to attend to participate in the below events and hear some exciting announcements about what's coming up ahead at St. Timothy's

SATURDAY AUGUST 24th 2024 4:00 pm (Outdoor Chapel and Picnic Area)

All are invited to our Annual Latino Family Day Picnic to join together as a community of faith and as a family in Christ. We will have steak, hamburgers, hot-dogs (and vegetarian options) on the grill, as well as games for the young ones. The Spanish service will follow in the Outdoor Chapel. Wear light and comfortable clothing.

SUNDAY AUGUST 25th, 2024 11:00 am (Henry Hall)

All are invited to an Ice Cream Social dessert extravaganza in Henry Hall following the 10:00 am service on Sunday. Thanks to Generations Ministry, we will have an opportunity to enjoy some tasty treats and catch up with friends old and new.

