



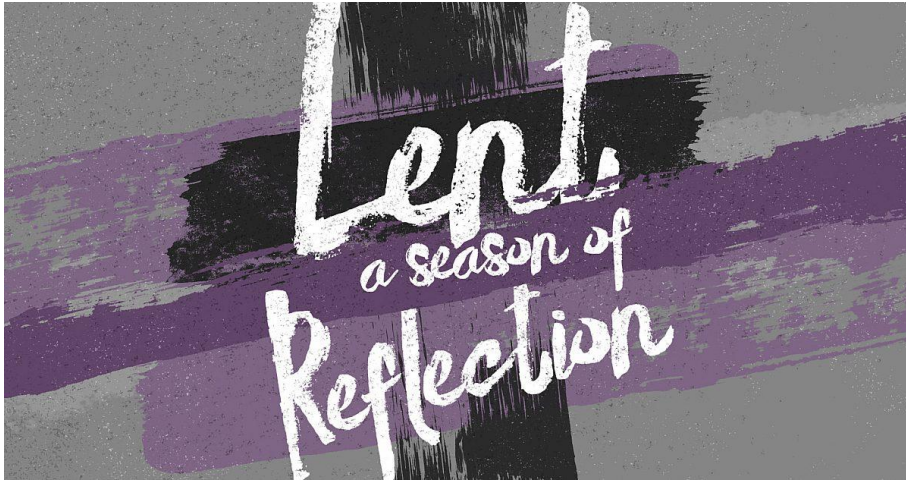
ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, April 6, 2025

Fifth Sunday in Lent

10:00 am



skitguys.com

Weekly Services:

Sunday, 8:00 am	Holy Eucharist Rite I, spoken
Sunday, 10:00 am	Holy Eucharist Rite I with Choir (during Lent) (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm	La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd , Rector (x12)	priest@saint-timothys.org
The Rev. Brad Rundlett , Rector Emeritus	
The Rev. Philene Ware Dunn , Interim Latino Supply Priest	pwardunn@cox.net
Ms. Ellie Singer , Seminarian	esinger@vts.edu
Deb Angerman , Bookkeeper (x13)	bookkeeper@saint-timothys.org
Julio Cuellar , Latino Service Musician	juliocuellarmusic@yahoo.com
Todd Grivetti , Organist/Choirmaster (x16)	music@saint-timothys.org
Allyson Showalter , Preschool Director (x14)	sttimothyspreschool432@gmail.com
Debbie Stolar , Parish Administrator (x10)	office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST **The Word of God**

Prelude

Forest Green
At the tolling of the bell, all stand.

Gayden Sikes

Opening Hymn (398)

I Sing the Almighty Power of God

Forest Green

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever. Amen.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie (WLP 835)

Lord, Have Mercy

Don Pearson

The Collect for the Day (BCP 167) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

The Lessons

A Reading from Isaiah 43:16-21

Thus says the Lord, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert. The wild animals will honor me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 126

James Frazier

Move to the next note of the chant on the underlined text.



- 1 When the Lord restored the fortunes of Zion, *
then were we like those who dream.
- 2 Then was our mouth filled with laughter, *
and our tongue with shouts of joy.
- 3 Then they said among the nations, *
"The Lord has done great things for them."
- 4 The Lord has done great things for us, *
and we are glad indeed.
- 5 Restore our fortunes, O Lord, *
like the watercourses of the Negev.
- 6 Those who sowed with tears *
will reap with songs of joy.
- || 7 Those who go out weeping, carrying the seed, *
will come again with joy, shouldering their sheaves.

A Reading from Philippians 3:4b-14

If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless. Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand.

Sequence Hymn (545)

Lo! What a Cloud of Witnesses

St. Fulbert

Please stand.

Holy Gospel: John 12:1-8

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory be to thee, O Lord.**

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

Reader: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

Please be seated.

Sermon

Ms. Ellie Singer

Please stand as you are able.

The Nicene Creed (BCP 326)

People: We believe in one God,
 the Father Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father;
 Through him all things were made.
 For us and for our salvation he came down from heaven:
 by the power of the Holy Spirit he became incarnate from the Virgin Mary,
 and was made man;
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried;
 On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son;
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Sean, Mark, Charles, Philene, and Ellie, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald our president, Glenn our governor, and Keven our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Confession of Sin (BCP 331)

Celebrant: Let us humbly confess our sins unto Almighty God:

People: **Almighty God,
Father of our Lord Jesus Christ,
maker of all things, judge of all men:
We acknowledge and bewail our manifold sins
and wickedness,
which we from time to time most grievously have committed,
by thought, word, and deed, against thy divine Majesty,
provoking most justly thy wrath and indignation against us.**

We do earnestly repent,
and are heartily sorry for these our misdoings;
the remembrance of them is grievous unto us,
the burden of them is intolerable.
Have mercy upon us,
have mercy upon us, most merciful Father;
for thy Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may ever hereafter
serve and please thee in newness of life,
to the honor and glory of thy Name;
through Jesus Christ, our Lord. Amen.

Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world.
(1 John 2:1-2)

Please stand

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

Offertory Sentence

Offertory Prayer

All: A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me. AMEN

~ Deuteronomy 26

Choral Anthem

When I Survey the Wondrous Cross

Gilbert Martin

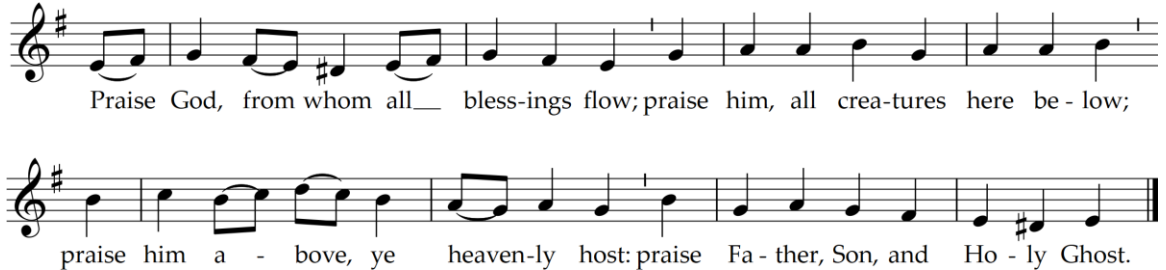
(If you would like to reflect on the text while you listen, it can be found in Hymn 474).

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Erhalt uns, Herr



Praise God, from whom all__ bless-ings flow; praise him, all crea-tures here be - low;
praise him a - bove, ye heaven-ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus (WLP 858)

Holy, Holy, Holy Lord

Land of Rest

Please stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem (S 169)

My Flesh is Food Indeed

Ray W. Urwin

The Administration of Communion

Communion Hymn (313)

Let Thy Blood in Mercy Poured

Jesus, meine Zuversicht

Please kneel or stand as able.

Postcommunion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood

of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant: Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

Closing Hymn (149)

Eternal Lord of Love

Old 124th

Please stand.

Dismissal (BCP 340)

Celebrant: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

If Thou But Trust in God to Guide Thee

J. S. Bach

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Mike Maser, Hugh Masters

Health: Ralph Tildon, Sidney Fisher, Ed Lippincott (brother of Anne V.), Emmanuel Recinos Alfaro, Bill Perry, Sue Van Doren, Vance Hough, Jane (sister-in-law of Elaine H.)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Elizabeth Martinson, Ted Grivetti, Will LaWalt, Cecelia Kimble (Shon Beury's mother), David Caines (cancer), Naomi & Chuck Voorhees (Parkinson's), Philly Hoffman (kidney cancer), Walter Lopez

SERVICE MINISTRY LENTEN OUTREACH PROJECT – Today!

We are excited to announce that this year's Lenten Outreach project is to collect lightly used sports equipment suitable for elementary, middle and high school aged children. In particular, the most desired

items we are collecting are: **Baseball bats, Baseballs, Lacrosse sticks, Pee-wee footballs, Soccer Balls, gently used Baseball gloves, and gently used Soccer shoes.** The equipment will be distributed to local sports organizations supplying families and individuals of need.

The Service Ministry will be in the Narthex collecting equipment at the 8:00 AM and 10:00 AM service today and April 13th. For questions, please email service@saint-timothys.org.

LENTEN SERIES CONTINUES – Concludes today

Join us in the Sanctuary (or view the Livestream), at 9:00 am, to hear Parishioner Ronald Boggio lead us in the last of the Lenten series entitled: “Psychology and Spirituality 3.0.” and will focus on the longstanding Christian tradition of contemplative prayer and mysticism, seeking to show how these are not reserved to a special few, but in fact a call to all Christians.

THIS WEEK at ST. TIMOTHY’S

Sunday, April 6

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Lenten Series – Sanctuary/Livestream

9:15 AM Choir Warm-up – Music Room

10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

11:00 AM Community Engagement – Conference Room

Monday, April 7

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, April 8

9:15 AM Staff Meeting – Conference Room

4:00 PM DanceWorx – Narthex

6:30 PM Scouts Troop 159 – Loft

Wednesday, April 9

12:15 PM Lent Healing Eucharist – Sanctuary

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

Thursday, April 10

7:00 PM Debtors Anonymous

7:00 PM Choir Rehearsal – Music Room/Sanctuary

Friday, April 11

2:00 PM Hugh Masters Funeral/Reception

Saturday, April 12

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

CONFIRMATION/ RECEPTION and REAFFIRMATION CLASSES

Classes are being formed in anticipation of our episcopal visit on **Saturday June 7, 2025 at 7 PM.** We already have more than 30 members of St. Timothy’s interested in these sacramental rites! If you have not expressed interest or need more information, please contact Charles soon (priest@saint-timothys.org)! Classes for adults (and older youth) **will begin on the Sunday (9 AM in the Sanctuary) after Easter (April 27th) and will be held throughout May.** These will also be livestreamed so don’t worry if you miss one! The Youth class schedule is still being determined but be on the lookout for more details in the coming weeks.

YOUTH CONFIRMATION 2025

- 1) **INTRODUCTION/ LAUNCH: Saturday April 26th, 2025, 7 pm.** We will attend the Saturday night Spanish-speaking service and gather afterwards to talk about the details and goals for the Confirmation class process.
- 2) **TRIP to the WASHINGTON NATIONAL CATHEDRAL: Sunday May 4th, 2025, 2 pm.** Gather at St. Tim's and travel to D.C, tour the Cathedral, attend Evensong and grab dinner together before returning to Herndon.
- 3) **SERVICE PROJECT: Sunday May 18th, 2025, 2 pm.** Service Project at the Old Sugarland Chapel (1450 Powell's Tavern Place Herndon, VA.) Help clean up the historic site, with ice cream after.
- 4) **FINAL MEETING: Sunday June 1st, 2025, 9am.** Join the Adult Class in person or online to answer any final questions, run through the service and get excited for the Bishop's Visit.
- 5) **KING'S DOMINION TRIP: Thursday June 19th, 2025.** We will gather **(TBD)** at St. Tim's and then head to Doswell, VA for a day of fun!

PASSION GOSPEL READERS NEEDED!

If you would like to assist with reading the Passion Gospel on Palm Sunday at either the 8:00 or 10:00 am services, please email Keith Sinclair at (ksinclair1@msn.com). Everyone is welcome to volunteer, even if they are not a lector or a LEM.

HELP DECORATE THE SANCTUARY FOR EASTER – April 19th

The Altar Guild will be decorating the Sanctuary for Easter services on April 19th at 9 am until completed. The Altar Guild welcomes anyone who wishes to help. Don't have time but still want to help? at 703-391-2950.

EASTER EGG HUNT, APRIL 20TH at 11 am

St. Timothy's will have an Easter Egg Hunt immediately after the 10 am service on Easter Sunday. All children 12 and under are invited to participate. Please bring a basket (or other container) and meet at the Narthex. Volunteers will be around to assist. If you have any questions or would like to volunteer, **please email Sarah Hobson at sarahlhobson@hotmail.com.**

EASTER FLOWERS

Would you like to donate for an Easter Flower to be displayed in our sanctuary? **If you wish, you may dedicate the flower to a friend or loved one.** Please contact the church by phone or email at office@saint-timothys.org by April 7th with your special dedication. You may also use a Flower Envelope located in the Narthex. **Mark your check, Easter Flowers.**