



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, May 4, 2025

Third Sunday of Easter

10 am



biskindom.us

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite II, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II, with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd , Rector (x12)	priest@saint-timothys.org
The Rev. Brad Rundlett , Rector Emeritus	
The Rev. Philene Ware Dunn , Interim Latino Supply Priest	pwardunn@cox.net
Ms. Ellie Singer , Seminarian	esinger@vts.edu
Deb Angerman , Bookkeeper (x13)	bookkeeper@saint-timothys.org
Julio Cuellar , Latino Service Musician	juliocuellarmusic@yahoo.com
Todd Grivetti , Organist/Choirmaster (x16)	music@saint-timothys.org
Allyson Showalter , Preschool Director (x14)	sttimothyspreschool432@gmail.com
Debbie Stolar , Parish Administrator (x10)	office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

Pastoral Dance on "Simple Gifts"
At the tolling of the bell, all stand.

Andrew Clarke

Opening Hymn (205)

Good Christians All, Rejoice and Sing!

Gelobt sei Gott

Opening Acclamations (BCP 355)

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (S 280)

Glory to God

Robert Powell

The Collect for the Day (BCP 224) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

The Lessons

A Reading from Acts 9:1-20

Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem. Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, "Saul, Saul, why do you persecute me?" He asked, "Who are you, Lord?" The reply came, "I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do." The men who were traveling with him stood speechless because they heard the voice but saw no one. Saul got up from the ground, and though his eyes were open, he could see nothing; so they led him by the hand and brought him into Damascus. For three days he was without sight, and neither ate nor drank. Now there was a disciple in Damascus named Ananias. The Lord said to him in a vision, "Ananias." He answered, "Here I am, Lord." The Lord said to him, "Get up and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul. At this moment he is praying, and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." But Ananias answered, "Lord, I have heard from many about this man, how much evil he has done to your saints in Jerusalem; and here he has authority from the chief priests to bind all who invoke your name." But the Lord said to him, "Go, for he is an instrument whom I have chosen to bring my name before Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name." So Ananias went and entered the house. He laid his hands on Saul and said, "Brother Saul, the Lord Jesus, who appeared to you on your way here, has sent me so that you may regain your sight and be filled with the Holy Spirit." And immediately something like scales fell from his eyes, and his sight was restored. Then he got up and was baptized, and after taking some food, he regained his strength. For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, "He is the Son of God."

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 150

Jeffrey H. Rickard

Move to the next note of the chant on the underlined text.



1 I will exalt you, O Lord, because you have lifted me up *
and have not let my enemies triumph over me.

- 2 O Lord my God, I cried out to you, *
and you restored me to health.
- 3 You brought me up O Lord, from the dead; *
you restored my life as I was going down to the grave.
- 4 Sing to the Lord, you servants of his; *
give thanks for the remembrance of his holiness.
- 5 For his wrath endures but the twinkling of an eye, *
his favor for a lifetime.
- 6 Weeping may spend the night, *
but joy comes in the morning.
- 7 While I felt secure, I said, "I shall never be disturbed. *
You Lord, with your favor, made me as strong as the mountains."
- 8 Then you hid your face, *
and I was filled with fear.
- 9 I cried to you, O Lord; *
I pleaded with the Lord, saying,
- 10 "What profit is there in my blood, if I go down to the Pit? *
will the dust praise you or declare your faithfulness?"
- 11 Hear O Lord, and have mercy upon me; *
O Lord, be my helper."
- 12 You have turned my wailing into dancing; *
you have put off my sack-cloth and clothed me with joy.
- || 13 Therefore my heart sings to you without ceasing; *
O Lord my God, I will give you thanks for ever.

A Reading from Revelation 5:11-14

I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice, "Worthy is the Lamb that was slaughtered to receive power and wealth and wisdom and might and honor and glory and blessing!" Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing, "To the one seated on the throne and to the Lamb be blessing and honor and glory and might forever and ever!" And the

four living creatures said, "Amen!" And the elders fell down and worshiped.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn (417) *This is the Feast of Victory for Our God*

Festival Canticle

Please stand as you are able.

Holy Gospel: John 21:1-19

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off. When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead. When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Feed my lambs." A second time he said to him, "Simon son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Tend my sheep." He said to him the third time, "Simon son of John, do you love me?" Peter felt hurt because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But

when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go." (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, "Follow me."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel or stand as you are able.

The Prayers of the People, Form VI (BCP 392)

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean, our Presiding Bishop, and Mark, our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you

*The Celebrant concludes with a suitable Collect.
Please stand as you are able.*

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

Sing Hallelujah, Praise the Lord

Raymond Haan

Sing hallelujah, praise the Lord!
Sing with a cheerful voice;
Exalt our God with one accord,
And in His Name rejoice.
Ne'er cease to sing, O ransomed host,
Praise Father, Son and Holy Ghost,
Until in realms of endless light
Your praises shall unite.

There we to all eternity
Shall join the angelic praise
And sing in perfect harmony
to God our Savior raise;
He hath redeemed us by His blood,
And made us kings and priests to God,
For us, for us, the Lamb was slain!
Praise ye the Lord! Amen

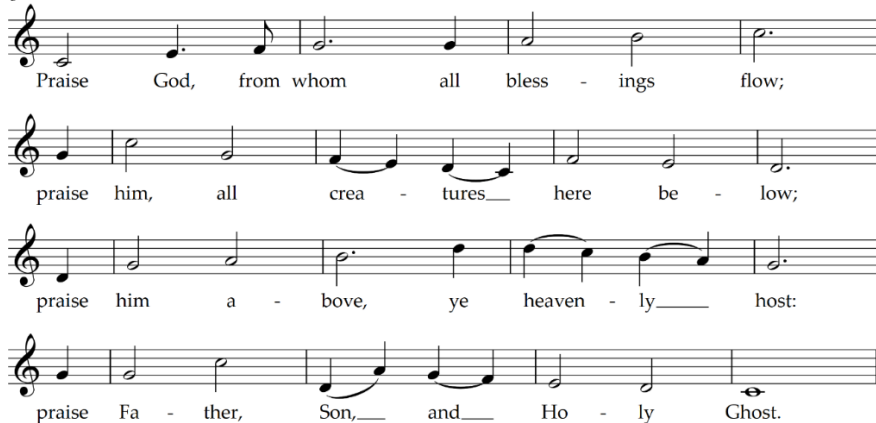
-John Swertner, 2012

Presentation Hymn

Praise God, From Whom All Blessings Flow

Truro

Please stand as you are able.



Holy Communion- Eucharistic Prayer B (BCP pg. 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voice with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus (S 129)

Holy, Holy, Holy Lord

Robert Powell

Please kneel or stand as able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that

we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem (S 156)

Christ our Passover

Gerald Near

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (306) *Come, Risen Lord, and Deign to Be Our Guest*

Sursum Corda

Please kneel or stand as able.

Postcommunion Prayer (BCP 365)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen

Blessing

Celebrant: The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Closing Hymn (182)

Christ is Alive, Let Christians Sing

Truro

Please stand as you are able.

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, alleluia.**

Postlude

Truro

Michael Bedford

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SPRING LINK FOOD DRIVE – Today!

Today, members of the Service Ministry will be in the Narthex after each service to hand out cloth bags for you to fill with items for LINK. Attached to the bag will be a list of items that are in high demand. We will collect the food the following two weekends, **May 11th & May 18th**. Service Ministry members will be collecting bags in the Narthex before and after each service. We will be glad to help unload items directly from your car if you would like assistance. You can also pick up a bag at the church office during business hours. Items can also be dropped off anytime at the LINK basket in the hallway between the office and the Narthex.

SHAWL MINISTRY 20TH ANNIVERSARY CELEBRATION- Today!

Today the Shawl Ministry will be hosting Coffee Hour to celebrate its 20 years of knitting and crocheting magical creations for our church and for our community. Treats will be served **following the 8 AM and 10 AM services**. We are offering coffee, tea, juice, pastries, deviled eggs, gluten-free coffee cake, cookies, biscotti, and scones. In addition, the Shawl Ministry will be selling some of our beautiful creations: shawls, hats, scarves, baby blankets, lap robes, and little crocheted animal toys. We hope to see you there!

ADDITIONAL EASTER FLOWER MEMORIAL

We apologize to Kimberly Cowell-Meyers and Jason Meyers for an inadvertent omission of their donation in memory of Jacqueline Meyers.

CONFIRMATION/REAFFIRMATION CLASSES

Classes for adults and older youth have begun in anticipation of our episcopal visit on **Saturday June 7, 2025 at 7 PM**. (These will also be livestreamed so don't worry if you miss one!) We already have more than 30 members of St. Timothy's interested in these sacramental rites! If you have not expressed interest or need more information, please contact Charles soon at (priest@saint-timothys.org)!

THIS WEEK at ST. TIMOTHY'S

Sunday, May 4 – Spring LINK Food Drive

- 8:00 AM Rite I Holy Eucharist – Sanctuary
- 9:00 AM Confirmation Class – Sanctuary/Livestream
- 9:15 AM Adult Choir Warm-up – Music Room
- 10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream
- 11:00 AM Generation's Ministry Meeting – Conference Rm.

Monday, May 5

- 12:15 PM Step into Recovery – AA
- 7:00 PM Hope For Today – Al Anon
- 8:30 PM Monday Night Milkshake Group – AA

Tuesday, May 6

- 9:15 AM Staff Meeting – Conference Room
- 4:00 PM DanceWorx – Narthex
- 6:30 PM Scout Troop 159 – Loft

Wednesday, May 7

- 1:00 PM Shawl Ministry - Narthex
- 4:00 PM DanceWorx – Narthex
- 7:30 PM SA Meeting

Thursday, May 8

- 7:00 PM Debtors Anonymous
- 7:00 PM Choir Rehearsal – Music Room/Sanctuary

Friday, May 9

No Events

Saturday, May 10

- 9:00 AM Altar Guild Set-Up – Sanctuary
- 7:00 PM Easter Eucharista – Sanctuary

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Jacqueline Meyers (mother of Jason Meyers), Elisabeth Hwoschinsky, Raymond Franklin, George Ellis (cousin of Dorothy Fonow), Richard Roubik (father of Lauren Franco), Maria Gonzales Rios (mother of Julio Cuellar)

Thanksgiving for the Birth: Henry James Hamm (grandson of Carolyn and Andy Hamm)

Health: Ralph Tildon, Perry, Sue Van Doren, Vance Hough, Jane (sister-in-law of Elaine H.), David A., Pete & family, Thomas Ferguson, Pedro Sanchez, Clifford Birdsinger, AC Williamson

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Elizabeth Martinson, Ted Grivetti, Will LaWalt, Cecelia Kimble (Shon Beury's mother), David Caines (cancer), Naomi & Chuck Voorhees (Parkinson's), Philly Hoffman (kidney cancer)