



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, June 22, 2025

*Second Sunday after Pentecost*

8 am



stockadobe.com

**Weekly Services:**

|                  |                                   |
|------------------|-----------------------------------|
| Sunday, 8:00 am  | Holy Eucharist Rite I, spoken     |
| Sunday, 10:00 am | Holy Eucharist Rite II with Choir |
| Sábado, 7:00 pm  | La Santa Misa, en español         |

**Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For your convenience, there are rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

|  |  |
|--|--|
| <b>The Rev. Charles R. Cowherd</b> , Rector (x12)                | <a href="mailto:priest@saint-timothys.org">priest@saint-timothys.org</a>             |
| <b>The Rev. Brad Rundlett</b> , Rector Emeritus                  |  |
| <b>The Rev. Philene Ware Dunn</b> , Interim Latino Supply Priest | <a href="mailto:pwardunn@cox.net">pwardunn@cox.net</a>                               |
| <b>Ms. Ellie Singer</b> , Seminarian                             | <a href="mailto:esinger@vts.edu">esinger@vts.edu</a>                                 |
| <b>Deb Angerman</b> , Bookkeeper (x13)                           | <a href="mailto:bookkeeper@saint-timothys.org">bookkeeper@saint-timothys.org</a>     |
| <b>Julio Cuellar</b> , Latino Service Musician                   | <a href="mailto:juliocuellarmusic@yahoo.com">juliocuellarmusic@yahoo.com</a>         |
| <b>Todd Grivetti</b> , Organist/Choirmaster (x16)                | <a href="mailto:music@saint-timothys.org">music@saint-timothys.org</a>               |
| <b>Allyson Showalter</b> , Preschool Director (x14)              | <a href="mailto:sttimothypreschool432@gmail.com">sttimothypreschool432@gmail.com</a> |
| <b>Debbie Stolar</b> , Parish Administrator (x10)                | <a href="mailto:office@saint-timothys.org">office@saint-timothys.org</a>             |

### Vestry

|  |                          |                                       |
|--|--------------------------|---------------------------------------|
| <b>Sr. Warden</b> – Rick Wilson (2027) |                          | <b>Jr. Warden</b> – Rob Huizar (2027) |
| Johnny Ellis (2028)                    | Varun Lal (alternate)    | Wilma Lemus (2026)                    |
| Emily Litz (2026)                      | John McGrath (2028)      | Wanda Rixon (2028)                    |
| Matt Schumann (2027)                   | Midori Yanagihara (2026) |                                       |

### Trustees

|               |                |            |
|---------------|----------------|------------|
| Tom McLenigan | Keith Sinclair | Deke Smith |
|---------------|----------------|------------|

*Flowers are given by Belinda Collins  
In memory of Dorothy & Anthony Collins*

# HOLY EUCHARIST- RITE I

*At the tolling of the bell, please stand.*

## Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

## Trisagion (BCP 324)

Celebrant: Holy God,  
Holy Mighty,  
Holy Immortal One,

**People: Have mercy upon us.**

## The Collect for the Day (BCP 178)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O Lord, we beseech thee, make us to have a perpetual fear and love of thy holy Name, for thou never failest to help and govern those whom thou hast set upon the sure foundation of thy loving-kindness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Isaiah 65:1-9

I was ready to be sought out by those who did not ask, to be found by those who did not seek me. I said, "Here I am, here I am," to a nation that did not call on my name. I held out my hands all day long to a rebellious people, who walk in a way that is not good, following their own devices; a people who provoke me to my face continually, sacrificing in gardens and offering incense on bricks; who sit inside tombs, and spend the night in secret places; who eat swine's flesh, with broth of abominable things in their vessels; who say, "Keep to yourself, do not come near me, for I am too holy for you." These are a smoke in my nostrils, a fire that burns all day long. See, it is written

before me: I will not keep silent, but I will repay; I will indeed repay into their laps their iniquities and their ancestors' iniquities together, says the Lord; because they offered incense on the mountains and reviled me on the hills, I will measure into their laps full payment for their actions. Thus says the Lord: As the wine is found in the cluster, and they say, "Do not destroy it, for there is a blessing in it," so I will do for my servants' sake, and not destroy them all. I will bring forth descendants from Jacob, and from Judah inheritors of my mountains; my chosen shall inherit it, and my servants shall settle there.

Reader: The Word of the Lord.

People: **Thanks be to God.**

**Psalms 22:18-27 (Spoken responsively at the half verse.)**

18 Be not far away, O Lord; \*

**you are my strength; hasten to help me.**

19 Save me from the sword, \*

**my life from the power of the dog.**

20 Save me from the lion's mouth, \*

**my wretched body from the horns of wild bulls.**

21 I will declare your Name to my brethren; \*

**in the midst of the congregation I will praise you.**

22 Praise the Lord, you that fear him; \*

**stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.**

23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his face from them; \*

**but when they cry to him he hears them.**

24 My praise is of him in the great assembly; \*

**I will perform my vows in the presence of those who worship him.**

25 The poor shall eat and be satisfied,  
and those who seek the Lord shall praise him: \*

**"May your heart live for ever!"**

26 All the ends of the earth shall remember and turn to the Lord, \*

**and all the families of the nations shall bow before him.**

27 For kingship belongs to the Lord; \*

**he rules over the nations.**

### **A Reading from Galatians 3:23-29**

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Reader: The Word of the Lord.

**People: Thanks be to God.**

*Please stand as you are able.*

### **Holy Gospel: Luke 8:26-39**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

**People: Glory be to thee, O Lord.**

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" -- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, Lord Christ.**

*Please stand as you are able.*

**The Nicene Creed (BCP 326)**

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please kneel, or stand, as you are able.*

**The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty,

beseeking thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald our president, Glenn our governor, and Keven our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Blessed are you, Lord, who through your Son gave us a marvelous example of charity and the great commandment of love for one another. Send down your blessings on your servants who labor in government, who so generously devote themselves to helping others. Grant them courage when they are afraid, wisdom when they must make decisions, strength when they are weary, and compassion in all their work. In these trials and tribulations, grant them the peace that passes all understanding and allow them the patience and courage to continue to faithfully serve you in their neighbor. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

People: **Most merciful God,  
we confess that we have sinned against thee**

in thought, word, and deed,  
by what we have done,  
by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy way,  
to the glory of thy Name. Amen.

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
*(Matthew 11:28)*

*Please stand as you are able.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

### **Welcome & Announcements**

### **The Offering**

*Please stand as you are able.*

## **The Holy Communion**

### **The Great Thanksgiving (Prayer I, BCP 333)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 334)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Please kneel, or stand, as you are able.*

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast.

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God.

### **Administration of Communion**

*Please kneel, or stand, as you are able.*

### **Post-Communion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## Blessing

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*Please stand as you are able.*

## Dismissal (BCP 339)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Chuck Voorhees, Thomas Lynch

**Health:** Anne Fulwiler (friend of Ted Mankin), Susan Sudimak (sister of Ted Mankin), Elizabeth, Thomas Ferguson, Dan Nichols, Lorna Moran, Leslie Brown

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Elizabeth Martinson, Ted Grivetti, Will LaWalt, Cecelia Kimble (Shon Beury's mother), David Caines (cancer), Philly Hoffman (kidney cancer)

## THIS WEEK at ST. TIMOTHY'S

### Sunday, June 22

8:00 AM Rite I Holy Eucharist – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

### Monday, June 23

12:15 PM Step into Recovery – AA

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

### Tuesday, June 24

9:15 AM Staff Meeting – Conference Room

4:00 PM DanceWorx – Narthex

6:30 PM Scout Troop 159 – Loft

7:00 PM Vestry Meeting - Zoom

### Wednesday, June 25

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

### Thursday, June 26

7:00 PM Debtors Anonymous

### Friday, June 27

No Events

### Saturday, June 28

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

JULY 13TH

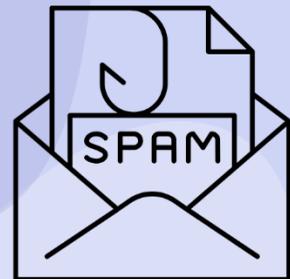
**FRAUD/SCAM  
PREVENTION PRESENTATION**



**On July 13, 2025, following the 10 am service,**

the Generations Ministry will host a presentation by our valued congregant, Jay LaWalt, focused on scams, fraudulent telephone and e-mail solicitations, and fraudulent mail. The presentation will last approximately 90 minutes, in the Sanctuary, and will be preceded by a short coffee hour.

**A sign-up sheet will be in the Narthex so we can have an anticipated head-count.**



**NOTE: THERE WILL BE COFFEE AVAILABLE AND CHILD CARE FOR YOUTH AND INFANTS IN HENRY HALL.**