



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday June 29, 2025

Third Sunday after Pentecost

10 am



shizashanien.blogspot.com

Weekly Services:

Sunday, 8:00 am Holy Eucharist Rite I, spoken
Sunday, 10:00 am Holy Eucharist Rite II, with Music
Sábado, 7:00 pm La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12) priest@saint-timothys.org
The Rev. Brad Rundlett, Rector Emeritus
The Rev. Philene Ware Dunn, Interim Latino Supply Priest pwardunn@cox.net
Ms. Ellie Singer, Seminarian esinger@vts.edu
Deb Angerman, Bookkeeper (x13) bookkeeper@saint-timothys.org
Julio Cuellar, Latino Service Musician juliocuellarmusic@yahoo.com
Todd Grivetti, Organist/Choirmaster (x16) music@saint-timothys.org
Allyson Showalter, Preschool Director (x14) sttimothypreschool432@gmail.com
Debbie Stolar, Parish Administrator (x10) office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For your convenience, there are rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

Versets on "Aurelia"

Randolph Currie

At the tolling of the bell, all stand.

Opening Hymn (525)

The Church's One Foundation

Aurelia

Opening Acclamations (EOW 50)

Celebrant: Blessed be our God.

People: **For ever and ever. Amen.**

Kyrie (S 96)

Lord, Have Mercy

Schubert/Proulx

Opening Collect (EOW 51)

Celebrant: God be with you.

People: **And also with you.**

Celebrant: Christ our true and only Light: receive our morning prayers, and illumine the secrets of our hearts with your healing goodness, that no evil desires may possess us who are made new in the light of your heavenly grace. **Amen.**

The Lessons

A Reading from 1 Kings 19:15-16, 19-21

The Lord said to Elijah, "Go, return on your way to the wilderness of Damascus; when you

arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place." So he set out from there, and found Elisha son of Shaphat, who was plowing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. He left the oxen, ran after Elijah, and said, "Let me kiss my father and my mother, and then I will follow you." Then Elijah said to him, "Go back again; for what have I done to you?" He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

Psalm 16 (Spoken responsively at the half verse.)

- 1 Protect me, O God, for I take refuge in you; *
**I have said to the Lord, "You are my Lord,
my good above all other."**
- 2 All my delight is upon the godly that are in the land, *
upon those who are noble among the people.
- 3 But those who run after other gods *
shall have their troubles multiplied.
- 4 Their libations of blood I will not offer, *
nor take the names of their gods upon my lips.
- 5 O Lord, you are my portion and my cup; *
it is you who uphold my lot.
- 6 My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage.
- 7 I will bless the Lord who gives me counsel; *
my heart teaches me, night after night.
- 8 I have set the Lord always before me; *
because he is at my right hand I shall not fall.
- 9 My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.

10 For you will not abandon me to the grave, *
nor let your holy one see the Pit.

11 You will show me the path of life; *
**in your presence there is fullness of joy,
and in your right hand are pleasures for evermore.**

A Reading from Galatians 5:1, 13-25

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another. Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn (550)

Jesus Calls Us; O'er the Tumult

Restoration

Holy Gospel: Luke 9:51-62

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: Glory to you, Lord Christ.

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to

another village. As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: **We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.**

Please kneel, or stand, as you are able.

The Prayers of the People, Form V (BCP 389)

Leader: For peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For those in positions of public trust, especially Donald our president, Glenn our governor, and Keven our mayor that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For this congregation of St. Timothy’s, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People: Lord, have mercy.

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People: Lord, have mercy.

Blessed are you, Lord, who through your Son gave us a marvelous example of charity and the great commandment of love for one another. Send down your blessings on your servants who labor in government, who so generously devote themselves to helping others. Grant them courage when they are afraid, wisdom when they must make decisions, strength when they are weary, and compassion in all their work. In these trials and tribulations, grant them the peace that passes all understanding and allow them the patience and courage to continue to faithfully serve you in their neighbor. **Amen.**

Silence.

Celebrant will add a concluding collect.

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

Order My Steps
(Anne Vandenberg, solo)

arr. Leonora Hardy

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Duke Street



Praise God, from whom all blessings flow;
praise him, all creatures here be low;
praise him above, ye heavenly host:
praise Father, Son and Holy Ghost.

Holy Communion- Eucharistic Prayer I (EOW 62)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus (S 130)

Holy, Holy, Holy Lord

Schubert/Proulx

Please kneel, or stand, as you are able.

Celebrant: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Celebrant: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Timothy and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

All: Blessed are you now and for ever. AMEN.

The Fraction (S 164)

Jesus, Lamb of God

Schubert/Proulx

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

Administration of Communion

Communion Hymn
(LEVAS 136)

I Have Decided to Follow Jesus

Assam

1. I have de - cid - ed _____ to fol - low Je - sus, _____ I have de - cid - ed _____
2. Though no one join me, _____ still I will fol - low, _____ Though no one join me, _____
3. The world be - hind me, _____ the cross be - fore me, _____ The world be - hind me, _____

_____ to fol - low Je - sus, _____ I have de - cid - ed _____ to fol - low
_____ still I will fol - low, _____ Though no one join me, _____ still I will
_____ the cross be - fore me, _____ The world be - hind me, _____ the cross be -

Je - sus, _____
fol - low, _____ No turn - ing back, _____ no turn - ing back!
fore me, _____

Please kneel, or stand, as able.

Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Closing Hymn

Lord, Whose Love Through Humble Service

Beach Spring



1. Lord, whose love through hum-ble ser - vice bore the weight of hu-man need,
2. Still your chil - dren wan-der home-less; still the hun - gry cry for bread;
3. As we wor - ship, grant us vi - sion, till your love's re - veal-ing light
4. Called by wor - ship to your ser - vice, forth in your dear name we go,
who u - pon the cross, for - sa - ken, of - fered mer - cy's per - fect deed,
still the cap - tives long for free - dom; still in grief we mourn our dead.
in its height and depth and great - ness, dawns up - on our quick-ened sight,
to the child, the youth, the a - ged, love in liv - ing deeds to show;
we, your ser - vants, bring the wor - ship not of voice a - lone, but heart,
as, O Lord, your deep com - pas - sion healed the sick and freed the soul,
mak - ing known the needs and bur - dens your com - pas - sion bids us bear,
hope and health, good - will and com - fort, coun - sel, aid, and peace we give,
con - se - crat - ing to your pur - pose ev - 'ry gift that you im - part.
use the love your Spir - it kin - dles still to save and make us whole.
stir - ring us to tire-less striv - ing, your a - bun - dant life to share.
that your ser - vants, Lord, in free - dom may your mer - cy know and live.

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, alleluia.**

Postlude

Prelude & Fugue in B-flat

Johann S. Bach

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FRAUD/SCAM PREVENTION PRESENTATION – July 13th

The Generations Ministry is pleased to host a talk by Jay LaWalt who will share his expert advice on ways to spot "bogus" internet organizations who barrage us with their scams, frauds, phishing and phony solicitations. Jay will help us understand how to protect ourselves and our finances from fraudsters who target innocent, trusting people. He will also educate us on seemingly legitimate new scams that are currently flooding the internet. Join us after Coffee Hour in the Sanctuary for this invaluable presentation. We will provide childcare in Henry Hall. Please use the sign up sheet on the events board in the Narthex.

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Thomas Lynch

Health: Anne Fulwiler (friend of Ted Mankin), Susan Sudimak (sister of Ted Mankin), Elizabeth, Thomas Ferguson, Dan Nichols, Lorna Moran, Leslie Brown, Lauren, Rick W. Linda C., Henrietta Amos

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Elizabeth Martinson, Ted Grivetti, Will LaWalt, Cecelia Kimble (Shon Beury's mother), David Caines (cancer), Philly Hoffman (kidney cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, June 29

8:00 AM Rite I Holy Eucharist – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

Monday, June 30

12:15 PM Step into Recovery – AA

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, July 1

9:15 AM Staff Meeting – Conference Room

4:00 PM DanceWorx – Narthex

Wednesday, July 2

1:00 PM Shawl Ministry – Narthex

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

Thursday, July 3

7:00 PM Debtors Anonymous

Friday, July 4 – Church Office Closed

No Events

Saturday, July 5

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

SHRINE MONT SAVE THE DATE 2025 RETREAT

St. Timothy's is headed to Shrine Mont for our retreat weekend on **September 12th -14th, 2025**. This is a wonderful opportunity to rest, recharge, and renew with your parish family. You can register by:

- Completing the online registration form available in the weekly eNews
- Completing a paper registration form in the Narthex and returning to the Church Office
- E-mailing Rob Huizar, Trip Coordinator, at RetreatCoordinator@saint-timothys.org.

If you e-mail Rob, include the following: names and number of attendees; ages for children 17 and under; if you prefer single or double occupancy; any dietary or mobility restrictions; and contact information (phone number and e-mail address). Registration will end on August 24th. Below are the rates for the weekend (for adults 18+ years old): Double Occupancy - \$194, Single Occupancy - \$254. All children 17 years old and younger are FREE! These rates include 2 nights of lodging, 6 meals (2 each of breakfast, lunch, and dinner) & use of Shrine Mont facilities. Day passes are also available for \$32. Scholarships are also available. **Registration ends August 24th.**