



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, July 20, 2025

Sixth Sunday after Pentecost

10 am



ar.inspirepencil.com

Weekly Services:

| | |
|------------------|------------------------------------|
| Sunday, 8:00 am | Holy Eucharist Rite I, spoken |
| Sunday, 10:00 am | Holy Eucharist Rite II, with Music |
| Sábado, 7:00 pm | La Santa Misa, en español |

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

| | |
|--|--|
| The Rev. Charles R. Cowherd , Rector (x12) | priest@saint-timothys.org |
| The Rev. Brad Rundlett , Rector Emeritus | |
| The Rev. Philene Ware Dunn , Interim Latino Supply Priest | pwardunn@cox.net |
| Ms. Ellie Singer , Seminarian | esinger@vts.edu |
| Deb Angerman , Bookkeeper (x13) | bookkeeper@saint-timothys.org |
| Julio Cuellar , Latino Service Musician | juliocuellarmusic@yahoo.com |
| Todd Grivetti , Organist/Choirmaster (x16) | music@saint-timothys.org |
| Allyson Showalter , Preschool Director (x14) | sttimothypreschool432@gmail.com |
| Debbie Stolar , Parish Administrator (x10) | office@saint-timothys.org |

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For your convenience, there are rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

Voluntary No. 8 in D Minor

John Stanley
(18th C. British)

At the tolling of the bell, all stand.

Opening Hymn (401)

The God of Abraham Praise

Leoni

Opening Acclamations (EOW 50)

Celebrant: Blessed be our God.

People: **For ever and ever. Amen.**

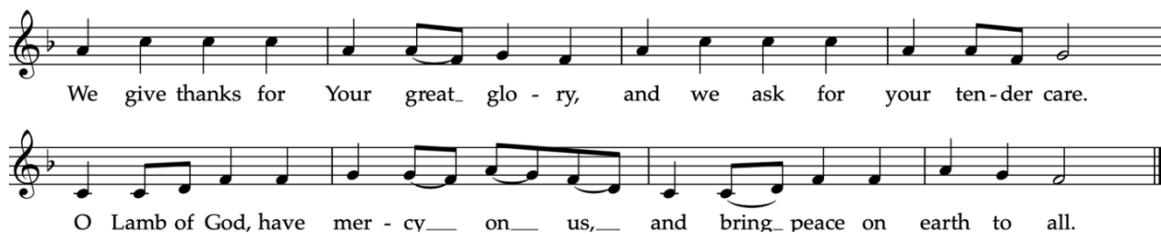
Celebrant: Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Gloria

Holy Manna





We give thanks for Your great glo - ry, and we ask for your ten - der care.

O Lamb of God, have mer - cy on us, and bring peace on earth to all.

Opening Collect (EOW 52) - Children may head downstairs after this reading.

Celebrant: God be with you.

People: And also with you.

Celebrant: Sun of Righteousness, so gloriously risen, shine in our hearts as we celebrate our redemption, that we may see your way to our eternal home, where you reign, one holy and undivided Trinity, now and for ever. **Amen.**

The Lessons

A Reading from Genesis 18:1-10a

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on-- since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 15 (Spoken responsively at the half verse.)

1 Lord, who may dwell in your tabernacle? *
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *
but he honors those who fear the Lord.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

A Reading from Colossians 10:38-42

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers-- all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him-- provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Please stand as you are able.

Holy Gospel: Luke 10:38-42

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: Glory to you, Lord Christ.

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

**People: We believe in one God,
 the Father Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father;
 Through him all things were made.**

**For us and for our salvation he came down from heaven:
 by the power of the Holy Spirit he became incarnate from the Virgin Mary,
 and was made man;
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried;
 On the third day he rose again in accordance with the Scriptures;**

he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel, or stand, as you are able.

The Prayers of the People, Form V (BCP 389)

Leader: For peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found
without fault at the day of your coming, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy
people of God, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and
that all may be one as you and the Father are one, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the
ends of the earth, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among
nations and peoples, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For those in positions of public trust, especially Donald our president, Glenn our
governor, and Keven our mayor that they may serve justice, and promote the dignity
and freedom of every person, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For this congregation of St. Timothy's, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People: Lord, have mercy.

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People: Lord, have mercy.

Leader: Blessed are you, Lord, who through your Son gave us a marvelous example of charity and the great commandment of love for one another. Send down your blessings on your servants who labor in government, who so generously devote themselves to helping others. Grant them courage when they are afraid, wisdom when they must make decisions, strength when they are weary, and compassion in all their work. In these trials and tribulations, grant them the peace that passes all understanding and allow them the patience and courage to continue to faithfully serve you and their neighbor.

People: Amen.

Silence.

Celebrant will add a concluding collect.

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

My Heart Ever Faithful
(Stephanie Batchelder, solo)

J. S. Bach

Please stand as you are able.

Presentation Hymn (380 v. 3) *Praise God, From Whom All Blessings Flow* Old 100th

Holy Communion- Eucharistic Prayer I (EOW 62)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

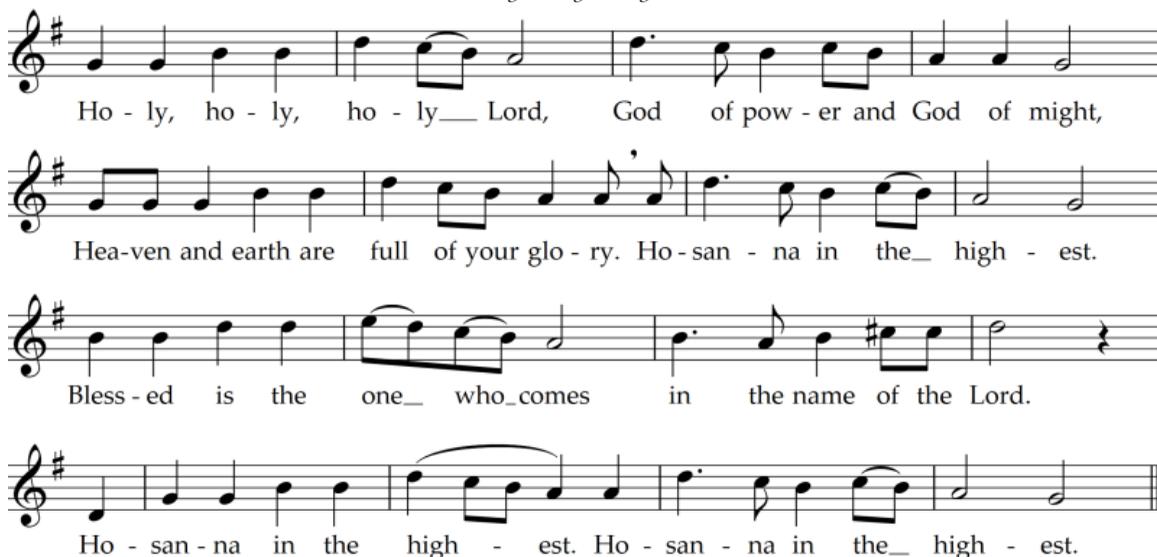
People: **It is right to give God thanks and praise.**

Celebrant: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus

Holy, Holy, Holy

Llainfair



Ho - ly, ho - ly, ho - ly_ Lord, God of pow - er and God of might,
Hea - ven and earth are full of your glo - ry. Ho - san - na in the_ high - est.
Bless - ed is the one_ who_ comes in the name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the_ high - est.

Please kneel, or stand, as you are able.

Celebrant: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All: Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Celebrant: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may

be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Timothy and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

All: Blessed are you now and for ever. AMEN.

The Lord's Prayer (BCP 364)

The bread is broken. Silence is kept.

The Fraction (WLP 877)

The Disciples Knew the Lord Jesus

Mark Sedio

Choir



The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread.

All



The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread.

Choir



The bread which we break, al - le - lu - ia, is the commu - ion of the bod - y of Christ.

All



The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread.

Choir



One bo - dy are we, al - le - lu - ia, though ma - ny we share one bread.

All



The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread. _____

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

Administration of Communion

Communion Hymn (488)

Be Thou My Vision

Slane

Please kneel, or stand, as able.

Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Closing Hymn (344)

Lord Dismiss Us with Thy Blessing

Sicilian Mariners

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: Thanks be to God.

Postlude

Old Hundredth

Fred Bock

*Flowers are given by Midori Yanagihara & Jonathan Beckett
In memory of Anna Y. Beckett and Ronald Buckenam*

Flowers are given by St. Timothy's in memory of Father Brad Rundlett

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VACATION BIBLE SCHOOL 2025 – Starts This Week!

2025 VBS starts this week at St. Tim's! Last year's journey to *Adventure Island* has given way to looking *True North* for a week of faith, fun and fellowship. We still need a few more volunteers to help out during the week. Contact [Johanna Smith](#) or [Charles+](#) with any questions or to sign up. You can also find all the information at the church's [website](#).

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Brad Rundlett, Cathey Melton (mother of Kristie Rudolph), Margaret Erickson (cousin of Geraldine Lyons), Maria Ines Hernandez Morales (aunt of Felix Hernandez)

Health: Dan Nichols, Lorna Moran, Leslie Brown, Lauren, Rick W. Linda C., Henrietta Amos, Deb Angerman (breast cancer), Sean Jorgensen, Maureen Osborn, Bob S., Jack & Porter H., Family of Margaret Erickson

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Sarah (recovering from brain surgery), Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Elizabeth Martinson, Ted Grivetti, Cecelia Kimble (Shon Beury's mother), David Caines (cancer), Philly Hoffman (kidney cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, July 20 – Summer Link Food Drive

8:00 AM Rite I Holy Eucharist – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

3:00 PM Brad Rundlett Funeral Service – Sanctuary/Livestream

Monday, July 21 – VBS Starts!!

12:15 PM Step into Recovery – AA

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, July 22

9:15 AM Staff Meeting – Conference Room

7:00 PM Vestry Meeting – Conference Room

Wednesday, July 23

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

Thursday, July 24

7:00 PM Debtors Anonymous

Friday, July 25

No Events

Saturday, July 26

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

LINK Summer Food Drive in July – Today!

The Service Ministry's Summer food drive for LINK is underway. The Ministry members will be in the Narthex to hand out cloth bags for you to fill with items for LINK. Attached to the bag will be a list of items that are in high demand. **We will also be collecting food July 27th.** Service Ministry members will be in the Narthex before and after each service. We will be glad to help unload items directly from your car if you would like assistance.

You can also pick up a bag at the church office during business hours. Items can also be dropped off anytime at the LINK basket in the hallway between the office and the Narthex. We are grateful for anything you can contribute to help with hunger in our community.

The Service Ministry thanks you for **putting your faith to work** to serve our neighbors.