



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, January 18, 2026

Second Sunday after the Epiphany

8 am



ar.inspiredpencil

Weekly Services

Sunday, 8:00 am Holy Eucharist Rite I, spoken
Sunday, 10:00 am Holy Eucharist Rite II with Choir
 (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12) priest@saint-timothys.org
The Rev. Philene Ware Dunn, Interim Latino Supply Priest pwaredunn@cox.net
Ms. Ellie Singer, Senior Seminarian esinger@vts.edu
Ms. Marie Esther Duvert, Seminarian mduvert@vts.edu
Deb Angerman, Bookkeeper (x13) bookkeeper@saint-timothys.org
Julio Cuellar, Latino Service Musician juliocuellarmusic@yahoo.com
Todd Grivetti, Organist/Choirmaster (x16) music@saint-timothys.org
Allyson Showalter, Preschool Director (x14) sttimothyspreschool432@gmail.com
Debbie Stolar, Parish Administrator (x10) office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For those with little ones, there are rocking chairs located at the back of the sanctuary and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by pacing your arms across your chest.

Vestry

Sr. Warden – Rick Wilson (2027)

Jr. Warden – Rob Huizar (2027)

Johnny Ellis (2028)

Varun Lal (alternate)

Vilma Lemus (2026)

Emily Litz (2026)

John McGrath (2028)

Wanda Rixon (2028)

Matt Schumann (2027)

Midori Yanagihara (2026)

Trustees

Tom McLenigan

†Keith Sinclair

Deke Smith

HOLY EUCHARIST- RITE I

At the tolling of the bell, please stand.

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God, Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Gloria (BCP 324)

All: **Glory be to God on high,
and on earth peace, good will towards men.
We praise thee, we bless thee,
we worship thee,
we glorify thee,**

we give thee thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.

Thou that takest away the sins of the world,
receive our prayer.

Thou that sittest at the right hand of God the Father,
have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.

The Collect for the Day (BCP 163)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that thy people, illumined by thy Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshiped, and obeyed to the ends of the earth; through the same Jesus Christ our Lord, who with thee and the Holy Spirit liveth and reigneth, one God, now and for ever. **Amen.**

The Lessons

A Reading from Isaiah Isaiah 49:1-7

Listen to me, O coastlands, pay attention, you peoples from far away! The Lord called me before I was born, while I was in my mother's womb he named me. He made my mouth like a sharp sword, in the shadow of his hand he hid me; he made me a polished arrow, in his quiver he hid me away. And he said to me, "You are my servant, Israel, in whom I will be glorified." But I said, "I have labored in vain, I have spent my strength for nothing and vanity; yet surely my cause is with the Lord, and my reward with my God." And now the Lord says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honored in the sight of the Lord, and my God has become my strength--he says, "It is too light a thing that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth." Thus says the Lord, the Redeemer of Israel and his Holy One, to one deeply despised, abhorred by

the nations, the slave of rulers, “Kings shall see and stand up, princes, and they shall prostrate themselves, because of the Lord, who is faithful, the Holy One of Israel, who has chosen you.”

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 40:1-12 (Read responsively)

1 I waited patiently upon the Lord; *

he stooped to me and heard my cry.

2 He lifted me out of the desolate pit, out of the mire and clay; *

he set my feet upon a high cliff and made my footing sure.

3 He put a new song in my mouth, a song of praise to our God; *

many shall see and stand in awe, and put their trust in the Lord.

4 Happy are they who trust in the Lord! *

they do not resort to evil spirits or turn to false gods.

5 Great things are they that you have done, O Lord my God!

how great your wonders and your plans for us! *

there is none who can be compared with you.

6 Oh that I could make them known and tell them! *

but they are more than I can count.

7 In sacrifice and offering you take no pleasure *

(you have given me ears to hear you);

8 Burnt-offering and sin-offering you have not required, *

and so I said, "Behold, I come.

9 In the roll of the book it is written concerning me: *

'I love to do your will O my God; your law is deep in my heart.'"

10 I proclaimed righteousness in the great congregation; *

behold I did not restrain my lips; and that O Lord, you know.

11 Your righteousness have I not hidden in my heart;

I have spoken of your faithfulness and your deliverance; *

I have not concealed your love and faithfulness from the great congregation.

12 You are the Lord; do not withhold your compassion from me; *

let your love and your faithfulness keep me safe for ever.

A Reading from 1 Corinthians 1:1-9

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes, To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours: Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand.

Holy Gospel: John 1:29-42

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory be to thee, O Lord.

John saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." And John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God." The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter).

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Please be seated.

Sermon

The Reverend Charles R. Cowherd

Please stand.

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People

Leader: Let us pray for the whole state of Christ's Church and the world.

Leader: For peace throughout the world,
People: that God's justice may guide relations between countries around the world.

Leader: For the holy church of God,
People: that it may grow spiritually, living out the values of the Gospel in good times and in bad times.

Leader: For all bishops, priests, and deacons,
People: that they may worthily preach the Word and administer the Sacraments.

Leader: For all who hold executive, legislative or judicial office in our nation, state and community.
People: that they may exercise their authority to ensure that all people are treated with due process of law.

Leader: For immigrants in our own country and throughout the world,
People: that they may know God's love through our ministry to them.

Leader: For the poor, for refugees, for those who have lost health care and for the unemployed,
People: that we may redouble our efforts to stand by them and seek justice for them.

Leader: For the sick, their families and those who care for them,
People: that they may know God's healing touch.

Leader: For the dead, the dying and their loved ones,
People: that they may know God's comfort and peace.

Leader: For us and our community,
People: that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.

Leader: Send down your blessings on your servants who labor in government, who so generously devote themselves to helping others. Grant them courage when they are afraid, wisdom when they must make decisions, strength when they are weary, and compassion in all their work. In these trials, grant them the peace that passes all understanding and allow them the patience and courage to faithfully serve you in their neighbor.

People: Amen.

Celebrant: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

People: Amen.

Silence.

Confession of Sin (BCP 331)

Celebrant: Let us humbly confess our sins unto Almighty God:

People: **Most merciful God,**
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.

Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

Please stand

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: **And with thy spirit.**

Welcome & Announcements

The Offering

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them unto Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 341)

All: **Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is He that cometh in the name of the Lord.
Hosanna in the highest.**

Stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and

Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast. Alleluia.

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant: May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find the Lord. **Amen.**

Please stand.

Dismissal (BCP 340)

Celebrant: Alleluia, alleluia. Go in peace to love and serve the Lord.

People: **Thanks be to God. Alleluia, alleluia.**

PRAYER LIST

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Andy Keithly, John Hammond, Joseph Sieh (brother of Kathryn), Nancy Litwak

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Dan Nichols (cancer), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Wendy Liberator, Leslie Brown (broken clavicle), Weldon Showalter, Sr. (father of Jim Showalter), John Carswell, Belinda Collins (back surgery), Walter Hinostroza, Sarah Daly (mother of Sarah Daly)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid & sudden hearing loss), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy and Arnie Goldman (friends of Ron Boggio), MaryAnn Garrahan, Eleanor Day, Vicki Beeman (cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, January 18 – LINK Food Drive

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Adult Choir Warm-up – Sanctuary

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

Monday, January 19

11:00 AM Martin Luther King, Jr. Day of Service

12:15 PM Step into Recovery – AA

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, January 20

9:30 AM Staff Meeting – Conference Room

Wednesday, January 21

4:00 PM DanceWorx – Narthex

7:00 PM Finance Committee Meeting – Zoom

Thursday, January 22

7:00 PM Choir Rehearsal – Music Rm./Sanctuary

7:00 PM Freedom from Debt

Friday, January 23

No Events

Saturday, January 24 – LINK Food Drive

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

ST. TIMOTHY'S PRE-SCHOOL 2026 - 2027 REGISTRATION

January 12: Registration begins for currently enrolled families

January 20: Registration begins for church members and alumni families

January 26: Registration begins for new families

Contact sttimothypreschool432@gmail.com or 703-437-4767 for more information.

LINK FOOD DRIVE – Continues Today!

For the next two Sunday's, members of the Service Ministry will be in the Narthex after each service to hand out cloth bags for you to fill with items for LINK. Attached to the bag will be a list of items that are in high demand. **We will collect the bags this weekend and January 24th/25th.** The Service Ministry thanks you for *putting your faith to work* to serve our neighbors.

MARTIN LUTHER KING JR, NATIONAL DAY OF SERVICE

The third Monday in January is a federal holiday recognizing the birthday of Dr. Martin Luther King, Jr. This day is designated as a National Day of Service to encourage all Americans to volunteer in honor of the life and legacy of Dr. King. If you have not already planned something for January 19th, please join the Service Ministry in putting together snack bags for adults in the Embry Rucker Shelter. We will meet in Henry Hall at 11:00 to assemble the bags, followed by a pizza lunch. Please consider *putting your faith to work* by helping with this wonderful opportunity to serve others in our community outside our parish walls. Please contact service@saint-timothys.org with any questions.

2026 VESTRY ELECTIONS AND ANNUAL MEETING

Vestry Elections

On Saturday and Sunday, January 24-25, St. Timothy's will hold elections for Vestry members at all three of our weekend services. Voting by absentee ballot will be permitted provided a Qualified Voting Member presents the ballot in person to the Parish Administrator or a Warden at least two days prior to the election. Anyone who is 16 years of age or older and is a communicant in good standing may cast a vote.

Vestry members, the governing body of the church, serve a three-year term, and this year we will elect three new members to fill the expiring terms of Vilma Lemus, Emily Litz, Midori Yanagihara.

We will also elect an alternate(s).

The candidates running for the positions are Christine Cozza, Terry Dominiak, Varun Lal, Gene Mechling, and Sharon Nachman. Their pictures and bios are in this week's eNews.

Annual Parish Meeting

On January 25, 2026, after the 10 am service in Henry Hall, come hear, discuss, and participate in various topics including the Vestry elections, Church Ministries reports, and the 2026 budget. Lunch will be served.

If you are able to assist with setup, cleanup, or serving at the luncheon, please email hospitality@saint-timothys.org.