



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, February 15, 2026

*Last Sunday after the Epiphany*

10 am



*stockadobe.com*

### Weekly Services

Sunday, 8:00 am	Holy Eucharist Rite I, spoken
Sunday, 10:00 am	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm	La Santa Misa, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

<b>The Rev. Charles R. Cowherd</b> , Rector (x12)	<a href="mailto:priest@saint-timothys.org">priest@saint-timothys.org</a>
<b>The Rev. Philene Ware Dunn</b> , Interim Latino Supply Priest	<a href="mailto:pwaredunn@cox.net">pwaredunn@cox.net</a>
<b>Ms. Ellie Singer</b> , Senior Seminarian	<a href="mailto:esinger@vts.edu">esinger@vts.edu</a>
<b>Ms. Marie Esther Duvert</b> , Seminarian	<a href="mailto:mduvert@vts.edu">mduvert@vts.edu</a>
<b>Deb Angerman</b> , Bookkeeper (x13)	<a href="mailto:bookkeeper@saint-timothys.org">bookkeeper@saint-timothys.org</a>
<b>Julio Cuellar</b> , Latino Service Musician	<a href="mailto:juliocuellarmusic@yahoo.com">juliocuellarmusic@yahoo.com</a>
<b>Todd Grivetti</b> , Organist/Choirmaster (x16)	<a href="mailto:music@saint-timothys.org">music@saint-timothys.org</a>
<b>Allyson Showalter</b> , Preschool Director (x14)	<a href="mailto:sttimothypreschool432@gmail.com">sttimothypreschool432@gmail.com</a>
<b>Debbie Stolar</b> , Parish Administrator (x10)	<a href="mailto:office@saint-timothys.org">office@saint-timothys.org</a>

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST

### The Word of God

#### Prelude

*Vivace e Maestoso*

Christian G. Tag  
(1794 – 1811)

*At the tolling of the bell, all stand.*

#### Opening Hymn (135)

*Songs of Thankfulness and Praise*

Salzburg

#### Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

#### Gloria (S 278)

*Gloria in excelsis*

William Mathias

#### Opening Collect (BCP 217) - *Children may head downstairs after this reading.*

Celebrant: O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Exodus 24:12-18

The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

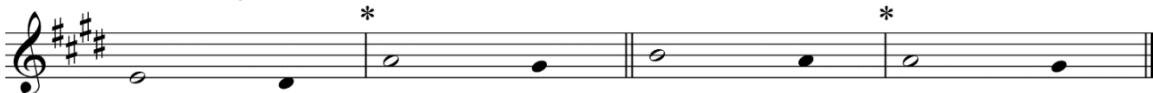
Reader: The Word of the Lord.

People: **Thanks be to God.**

### Psalm 2

Robert Knox Kennedy

*Move to the next note of the chant on the underlined text.*



1 Why are the nations in an uproar? \*

Why do the peoples mutter empty threats?

2 Why do the kings of the earth rise up in revolt, and the princes plot together, \*  
against the Lord and against his Anointed?

3 "Let us break their yoke," they say; \*  
"let us cast off their bonds from us."

4 He whose throne is in heaven is laughing; \*  
the Lord has them in derision.

5 Then he speaks to them in his wrath, \*  
and his rage fills them with terror.

6 "I myself have set my king \*  
upon my holy hill of Zion."

7 Let me announce the decree of the Lord: \*  
he said to me, "You are my Son; this day have I begotten you."



8 Ask of me, and I will give you the nations for your inheritance \*  
and the ends of the earth for your possession.

9 You shall crush them with an iron rod \*  
and shatter them like a piece of pottery."

10 And now you kings, be wise; \*  
be warned, you rulers of the earth.

11 Submit to the Lord with fear, \*  
and with trembling bow before him;

12 Lest he be angry and you perish; \*  
for his wrath is quickly kindled.

|| 13 Happy are they all \*  
who take refuge in him!

### **A Reading from 2 Peter 1:16-21**

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

**Sequence Hymn (129)**

*Christ Upon the Mountain Peak*

Mowsley

### **Holy Gospel: Matthew 17:1-9**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew..

People: **Glory be to you, Lord Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his

clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

## Sermon

Garth Wingfield

*Please stand as you are able.*

### The Nicene Creed (BCP 358)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

**who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please kneel, or stand, as you are able.*

## **The Prayers of the People**

Leader: Let us pray for the whole state of Christ's Church and the world.

Leader: For peace throughout the world,

**People: that God's justice may guide relations between countries around the world.**

Leader: For the holy church of God,

**People: that it may grow spiritually, living out the values of the Gospel in good times and in bad times.**

Leader: For all bishops, priests, and deacons,

**People: that they may worthily preach the Word and administer the Sacraments.**

Leader: For all who hold executive, legislative or judicial office in our nation, state and community.

**People: that they may exercise their authority to ensure that all people are treated with due process of law.**

Leader: For immigrants in our own country and throughout the world,

**People: that they may know God's love through our ministry to them.**

Leader: For the poor, for the oppressed, for those who have lost health care and for the unemployed,

**People: that we may redouble our efforts to stand by them and seek justice for them.**

Leader: For the sick, their families and those who care for them,

**People: that they may know God's healing touch.**

Leader: For the dead, the dying and their loved ones,

**People: that they may know God's comfort and peace.**

Leader: For us and our community,

**People: that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

Leader: Send down your blessings on your servants who labor in government, who so generously devote themselves to helping others. Grant them courage when they are afraid, wisdom when they must

make decisions, strength when they are weary, and compassion in all their work. In these trials, grant them the peace that passes all understanding and allow them the patience and courage to faithfully serve you in their neighbor.

**People:**           **Amen.**

Celebrant:       Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

**People:**           **Amen.**

*Silence.*

### **Confession of Sin (BCP 360)**

Celebrant:       Let us confess our sins against God and our neighbor.

**All:**               **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution (BCP 360)**

Celebrant:       Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Please stand as you are able.*

### **The Peace (BCP 360)**

Celebrant:       The peace of the Lord be always with you.

**People:**           **And also with you.**

### **Welcome/Announcements**

#### **Offertory Sentence**

#### **The Offering**

#### **Choral Anthem**

*Beautiful Savior*

Robert Lee

Fairest Lord Jesus, Ruler of all nature,  
O Thou of God and man the Son,  
Thee will I cherish, Thee will I honor,  
Thou, my soul's glory, joy and crown.

Fair are the meadows, fairer still the woodlands,  
Robed in the blooming garb of spring;

Jesus is fairer, Jesus is purer,  
Who makes the woeful heart to sing.

Beautiful Savior! Lord of all the nations!  
Son of God and Son of Man!

Glory and honor, praise, adoration,  
Now and forever more be Thine.

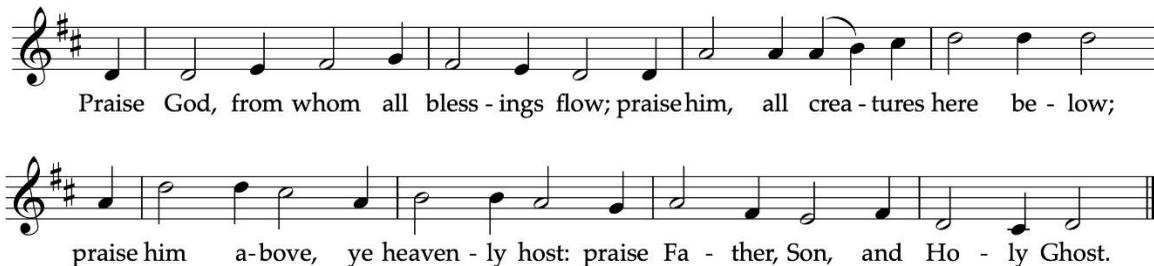
*-Münster Gesangbuch, 1677*

*Please stand as you are able.*

## Presentation Hymn

*Praise God, From Whom All Blessings Flow*

Puer nobis



Praise God, from whom all bless - ings flow; praise him, all crea - tures here be - low;  
praise him a - bove, ye heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

## Holy Communion – Eucharistic Prayer C (BCP 369)

### The Great Thanksgiving (BCP 369)

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

**People: Glory to you for ever and ever.**

Celebrant: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**People: By your will they were created and have their being**

Celebrant: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another

**People: Have mercy, Lord, for we are sinners in your sight.**

Celebrant: Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**People: By his blood, he reconciled us.**

**By his wounds, we are healed.**

Celebrant: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

## Sanctus (S 128)

*Holy, Holy, Holy Lord*

William Mathias

*Please kneel, or stand, as you are able.*

Celebrant: And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**People: We celebrate his death and resurrection, as we await the day of his coming.**

Celebrant: Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**People: Risen Lord, be known to us in the breaking of the Bread.**

Celebrant: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The bread is broken. Silence is kept.*

## The Fraction (S 165)

*Jesus, Lamb of God*

William Mathias

## The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Administration of Communion

## Communion Hymn (134)

*O Light of Light, Love Given Birth*

Jesu dulcis memoria

*Please kneel, or stand, as you are able.*

## Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

**All:** Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## Blessing

Celebrant: May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find the Lord. **Amen.**

## Closing Hymn

*Alleluia, Song of Gladness*

Lauda Anima



1. Al - le - lu - ia, song of glad - ness, voice of joy that can - not die;
2. Al - le - lu - ia thou re - sound - est, true Je - ru - sa - lem and free;
3. Al - le - lu - ia though we cher - ish and would chant for ev - er - more
4. There - fore in our hymns we pray thee, grant us, bless - ed Trin - i - ty,



1. Al - le - lu - ia is the an - them ev - er - raised by choirs on high;
2. Al - le - lu - ia, joy - ful mo - ther, all thy chil - dren sing with thee;
3. Al - le - lu - ia in our sing - ing, let us for a while give o'er,
4. At the last to keep thine Eas - ter, with thy faith - ful saints on high;



1. In the house of God a - bid - ing thus they sing e - ter - nal - ly.
2. But by Bab - y - lon's sad wa - ters mourn - ing ex - iles now are we.
3. As our Sa - vior in his fast - ing plea - sures of the world for - bore.
4. There to thee for ev - er sing - ing Al - le - lu - ia joy - ful - ly.

## Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Go in peace to love and serve the Lord.

People: **Thanks be to God. Alleluia, alleluia.**

## Postlude

*Festival Alleluia*

Dan Miller

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# PRAYER LIST

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Vicki Beerman (Belinda Collins' cousin), Celestina Johnson (Barbara Johnson's mother), Dan Nichols

**Health:** Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Belinda Collins (back surgery), Sarah Daly (mother of Sarah Daly), Walter Hinojosa (stroke), John Freeman, Marion Essig, Jill Winterrath (stroke), Robert Ray, Terry Arndt, Vera Rideout, William Savage

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid & sudden hearing loss), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy and Arnie Goldman (friends of Ron Boggio), MaryAnn Garrahan, Eleanor Day

## THIS WEEK at ST. TIMOTHY'S

### Sunday, February 15

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

11:30 AM Blessing Bags Event – Henry Hall

### Monday, February 16 – Church Office Closed

12:15 PM Step into Recovery – AA

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

### Tuesday, February 17

9:30 AM Staff Meeting – Conference Room

6:00 PM Shrove Tuesday Pancake Supper – Henry Hall

### Wednesday, February 18

12:15 PM Ash Wednesday Service - Sanctuary

4:00 PM DanceWorx – Narthex

7:00 PM Ash Wednesday Service – Sanctuary

### Thursday, February 19

7:00 PM Choir Rehearsal – Music Rm./Sanctuary

7:00 PM Freedom from Debt

### Friday, February 20

No Events

### Saturday, February 21

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

## Vestry

**Sr. Warden** – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (alternate)

Terry Dominiak (alternate)

John McGrath (2028)

Matt Schumann (2027)

**Jr. Warden** – Wanda Rixon (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

## Trustees

Tom McLenigan

†Keith Sinclair

Deke Smith

## **SUNDAY ADULT FORUM: Today!**

Join us in person in Henry Hall or by Livestream **at 9 am** for the 5-week series, “The Psychology and Spirituality of St. Paul, led by parishioner Ron Boggio. Unlike Jesus, whom we know through the Gospel writers, Paul’s letters allow us to examine his development of Christian thought in his own words. This provides unique insight into his psychology, spirituality, and theology. The series **runs through March 22<sup>nd</sup>**.

## **BLESSING BAGS – Today!**

Today, **after the 10 am service**, the Women of St Timothy's will be filling Blessing Bags to be distributed at the Cornerstones. There will be refreshments and a conversation about the women's ministry.

## **HAITI AGAPE – Today!**

We are in the middle of our three-week *Hope for Haiti Agape* to raise funds for St. Mathieu’s Episcopal School in Chapoteau Haiti. Last Sunday you heard a little about our history and how we started support to St. Mathieu’s in 2010. Today you will be hearing a message from Pr. Kesner Gracia, the Priest in Charge at St. Mathieu’s, and from the school principal. We will also explain the Partnership Program, established after the 2010 earthquake to facilitate relationships between US Episcopal organizations and schools in Haiti. On **February 22<sup>nd</sup>**, our seminarian Marie Esther Duvert, a native of Haiti, will share her story. Check in Henry Hall for video presentations from past mission trips, photos and a taste of Haitian chocolate! At any time during this fundraising effort, you may donate by check to St. Timothy’s with Haiti School Fund on the memo line, or by credit card through the St. Timothy’s website.

## **SHROVE TUESDAY AT ST. TIM’S**

Join us in **Henry Hall on February 17<sup>th</sup> from 6 - 7:30 pm** for pancakes, sausage links, pork, turkey, coffee, apple juice and more! We ask if you plan to attend, to please put your name and the number attending on the sign-up sheet in Henry Hall or by scanning the QR code in this week’s eNews.

## **ASH WEDNESDAY – February 18<sup>th</sup>**

Join us for the spoken 12:15 pm bilingual service and 7 pm bilingual service with choir. The 7 pm service will also be available by livestream.

## **LENTEN HEALING EUCHARISTS – starts February 25<sup>th</sup> at 12:15 pm**

Please join us in the Sanctuary, February 25<sup>th</sup> – April 1st for the Wednesday Healing Eucharists. Come and celebrate this liturgical season with a service of meditation and prayer.

## **ST. TIMOTHY’S PRE-SCHOOL 2026 - 2027 REGISTRATION**

Preschool registrations are now open in NOVA. Please email [sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com) or call the office if you are interested in a tour or learning more about the preschool.