



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothis.org](http://www.saint-timothis.org)

Sunday, March 22, 2026

*Fifth Sunday in Lent*

8 & 10 am



*paintingvalley.com*

### Weekly Services:

Sunday, 8:00 am	Holy Eucharist Rite I, spoken
Sunday, 10:00 am	Holy Eucharist Rite I (during Lent) with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm	La Santa Misa, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

<b>The Rev. Charles R. Cowherd</b> , Rector (x12)	priest@saint-timothis.org
<b>The Rev. Philene Ware Dunn</b> , Spanish Latino Supply Priest	pwaredunn@cox.net
<b>Ms. Ellie Singer</b> , Senior Seminarian	esinger@vts.edu
<b>Ms. Marie Esther Duvert</b> , Seminarian	mduvert@vts.edu
<b>Deb Angerman</b> , Bookkeeper (x13)	bookkeeper@saint-timothis.org
<b>Julio Cuellar</b> , Spanish Service Musician	juliocuellarmusic@yahoo.com
<b>Todd Grivetti</b> , Organist/Choirmaster (x16)	music@saint-timothis.org
<b>Allyson Showalter</b> , Preschool Director (x14)	sttimothispreschool432@gmail.com
<b>Debbie Stolar</b> , Parish Administrator (x10)	office@saint-timothis.org

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

At 10 am children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST - Rite I The Word of God

**Prelude**

*Aria*

Charles Callahan

*At the tolling of the bell, all stand.*

**Opening Hymn (516)**

*Come Down, O Love Divine*

Down Ampney

### **Opening Acclamation and Collect for Purity (BCP 323)**

Celebrant: Bless the Lord who forgiveth all our sins.

**People: His mercy endureth for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

**Kyrie (WLP 835)**

*Lord, Have Mercy*

Don Pearson

(8 am) Celebrant: Lord, have mercy upon us. (10 am sung) **Lord, have mercy.**

**People: Christ, have mercy upon us. Christ, have mercy.**

Celebrant: Lord, have mercy upon us. **Lord, have mercy.**

### **The Collect for the Day (BCP 167) – *At 10 am children may head downstairs after this reading.***

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that

which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

## **The Lessons**

### **A Reading from Ezekiel 37:1-14**

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, “Mortal, can these bones live?” I answered, “O Lord God, you know.” Then he said to me, “Prophesy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord.” So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, “Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live.” I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude. Then he said to me, “Mortal, these bones are the whole house of Israel. They say, ‘Our bones are dried up, and our hope is lost; we are cut off completely.’

Therefore prophesy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the Lord, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act,” says the Lord.

Reader:           The Word of the Lord.

People:           **Thanks be to God.**

**Psalm 130 ~ 8 am spoken / 10 am sung, both by the half verse**

James Frazier

*Move to the next note of the chant on the underlined text.*



1 Out of the depths have I called to you, O Lord; Lord, hear my voice; \*  
let your ears consider well the voice of my supplication.



2 If you Lord, were to note what is done amiss, \*  
O Lord, who could stand?

3 For there is forgiveness with you; \*  
therefore you shall be feared.

4 I wait for the Lord; my soul waits for him; \*  
in his word is my hope.

5 My soul waits for the Lord, more than watchmen for the morning, \*  
more than watchmen for the morning.

6 O Israel, wait for the Lord, \*  
for with the Lord there is mercy;

|| 7 With him there is plenteous redemption, \*  
and he shall redeem Israel from all their sins

### A Reading from Romans 8:6-11

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

### Sequence Hymn

*Spirit of God, Descend Upon My Heart*

Morecambe

### (LEVAS 119)



1. Spir - it of God, de - scend u - pon my heart; draw it from earth; through  
2. I ask no dream, no proph-et ex - sta - sies, No sud-den rend - ing  
3. Teach me to feel that thou art al-ways nigh; teach me the strug - gles  
4. Teach me to love thee as thine an-gels love. One ho - ly pas - sion

all its puls - es move; stoop to my weak - ness, might - y as thou  
of the veil of clay, no an - gel vis - i - tant, no o - p'ning  
of the soul to bear, to check the ris - ing doubt, the reb - el  
fill - ing all my frame; The kin - dling of the heav'n de - scend - ed

art, and make me love thee as I ought to love.  
skies; but take the dim - ness of my soul a - way.  
sigh; teach me the pa - tience of un - an - swered prayer.  
dove, my heart an al - tar, and thy love the flame.

**Holy Gospel: John 11:1-45**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory be to thee, O Lord.**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was. Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him." When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the

resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.” When she had said this, she went back and called her sister Mary, and told her privately, “The Teacher is here and is calling for you.” And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, “Lord, if you had been here, my brother would not have died.” When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, “Where have you laid him?” They said to him, “Lord, come and see.” Jesus began to weep. So the Jews said, “See how he loved him!” But some of them said, “Could not he who opened the eyes of the blind man have kept this man from dying?” Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, already there is a stench because he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed, you would see the glory of God?” So they took away the stone. And Jesus looked upward and said, “Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.” When he had said this, he cried with a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, “Unbind him, and let him go.” Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

Reader: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

*Please be seated.*

**Sermon**

The Reverend Charles R. Cowherd

*Please stand as you are able.*

**The Nicene Creed (BCP 326)**

People: **We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,**

the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please kneel, or stand, as you are able.*

### **The Prayers of the People (BCP 328)**

Leader: O God, in this Lenten Season and always, you are our God; eagerly we seek you, as in a barren and dry land where there is no water. Guide us with your mighty hand and outstretched arm.

Leader: Jesus Christ, Son of God,

People: **Guide us in wisdom.**

**Guide us in truth.**

**Guide us in love.**

Leader: We pray for your church throughout the world, for the Anglican Communion, for The Episcopal Church and for St. Timothy's.

People: **With Christ as the rock beneath our feet and our citizenship assured in heaven, help us who bear your name to live with integrity, bringing forth fruit**

**to nourish this hungry world.**

Leader: We pray for this nation and for all the nations of your world.

**People: Wherever we are living in righteousness, strengthen us; wherever we have lost our way, guide us and make us repentant that we may find the way we should go.**

Leader: We pray for your world that is fractured by greed and fear, and by privilege and discrimination.

**People Through your Christ make us one with yourself, not counting our trespasses, but grafting us to your gospel of reconciliation that we, your image bearers, might be transformed into the righteousness of God.**

Leader: We pray for this town of Herndon and all who have made this their home;

**People: Create in us a spirit of true community where we, like you, would seek one another's safety and nurture, as a hen who gathers her brood under the shadow of her wing.**

Leader: We pray for our family, friends and neighbors who are laboring beneath burdens too heavy to bear: for refugees and immigrants, for those without homes or adequate employment, for respectable households concealing domestic violence or addiction; for those unjustly detained and for all the oppressed.

**People: Merciful God, join our eyes, our hearts and our hands to yours, that together we may provide them a way out and give them strength to endure.**

Leader: We pray for all those who have asked us to pray:  
For whom else shall we pray?

*(Pause- the People add their own prayers either silently or aloud)*

**People: Forge for them a way through the wilderness; be for them a river in the desert.**

Leader: We pray for those who have died,

**People: May everything that has passed away be gathered into Christ's new creation, that all may see your goodness in the land of the living.**

Celebrant: Gracious God, our refuge and stronghold, the God in whom we put our trust; guide your people through our Lenten wilderness, have mercy on us and answer us as we call, though Christ the Lord of all, who is generous to everyone who calls upon him. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
We acknowledge and bewail our manifold sins  
and wickedness,  
which we from time to time most grievously have committed,  
by thought, word, and deed, against thy divine Majesty,  
provoking most justly thy wrath and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us,  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;  
through Jesus Christ, our Lord. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world.  
*(1 John 2:1-2)*

*Please stand as you are able.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

## Welcome & Announcements

### Offertory Prayer

Celebrant: If thou bring thy gift to the altar, and there rememberest that thy brother hath aught against thee, leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

*~Matthew 5:23,24*

### The Offering

#### Choral Anthem

#### *Hymn of Promise*

Natalie Sleeth

In the bulb there is a flower;  
In the seed, an apple tree;  
In cocoons, a hidden promise:  
Butterflies will soon be free!  
In the cold and snow of winter  
There's a spring that waits to be,  
Unrevealed until its season,  
Something God alone can see.

There's a song in every silence,  
Seeking word and melody;  
There's a dawn in every darkness,  
Bringing hope to you and me.  
From the past will come the future;  
What it holds, a mystery  
Unrevealed until its season,  
Something God alone can see.

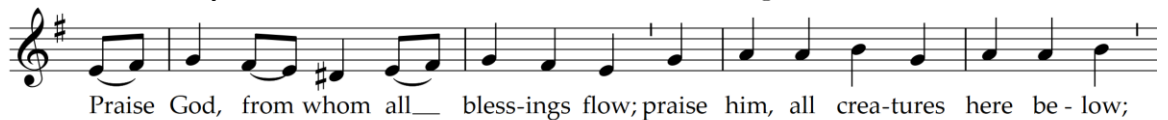
In our end is our beginning;  
In our time, infinity;  
In our doubt there is believing;  
In our life, eternity,  
In our death, a resurrection;  
At the last, a victory,  
Unrevealed until its season,  
Something God alone can see.

*Please stand as you are able.*

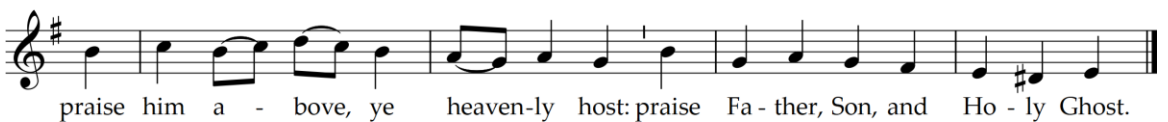
#### Presentation Hymn

#### *Praise God, From Whom All Blessings Flow*

Erhalt uns, Herr



Praise God, from whom all\_ bless-ings flow; praise him, all crea-tures here be - low;



praise him a - bove, ye heaven-ly host: praise Fa - ther, Son, and Ho - ly Ghost.

## The Holy Communion

### The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Sanctus ~ 8 am spoken / 10 am sung**      *Holy, Holy, Holy Lord*      Land of Rest  
**(WLP 858)**

**People: Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.  
Hosanna in the highest.**

*Please kneel, or stand, as you are able.*

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts

which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The bread is broken. Silence is kept.*

**Fraction Anthem (S 169)**

*My Flesh is Food Indeed*

Ray W. Urwin

(8am) Celebrant: Christ our Passover is sacrificed for us; (10 am sung response):

**People: Therefore, let us keep the feast.**

**My flesh is food indeed,  
And my blood is drink indeed,  
Says the Lord.**

## The Administration of Communion

**Communion Hymn (335)**

*I Am the Bread of Life*

I Am the Bread of Life

*Please kneel, or stand, as you are able.*

**Postcommunion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting**

kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### The Blessing

Celebrant: Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

### Closing Hymn (567)

*Thine Arm, O Lord, in Days of Old*

St. Matthew

*Please stand as you are able.*

### Dismissal (BCP 340)

Celebrant: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

### Postlude

*Prelude & Fugue in A Minor*

Johann S. Bach

*Music inserts used by permission. One License A-740942*

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Andrew Mechling (brother of Gene Mechling), Dora Berthe Ebobisse (mother of Eugene Nkomba), Sincere Allah (friend of Jennifer Boysko), Arnie Goldman (friend of Ron Boggio)

**Health:** Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinoestroza (stroke), John Freeman, Marion Essig, Jill Winterrath (stroke), Robert Ray, Vera Rideout, William Savage, Richard Williams (lung cancer), David Manser, Linda H.

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid & sudden hearing loss), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Maria Fernandez

## THIS WEEK at ST. TIMOTHY'S

### Sunday, March 22

- 8:00 AM Rite I Holy Eucharist – Sanctuary
- 9:00 AM Sunday Adult Forum – Sanctuary/Livestream
- 9:15 AM Adult Choir Warm-up – Music Room
- 10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

### Monday, March 23

- 12:15 PM Step into Recovery – AA
- 7:00 PM Hope For Today – Al Anon
- 8:30 PM Monday Night Milkshake Group – AA

### Tuesday, March 24

- 9:30 AM Staff Meeting – Conference Room
- 7:00 PM Vestry Meeting – Conference Room

### Wednesday, March 25

- 12:15 PM Healing Eucharist Service – Sanctuary
- 4:00 PM DanceWorx – Narthex

### Thursday, March 26

- 7:00 PM Choir Rehearsal – Music Rm./Sanctuary
- 7:00 PM Freedom from Debt

### Friday, March 27

No Events

### Saturday, March 28

- 9:00 AM Altar Guild Set-Up – Sanctuary
- 7:00 PM La Santa Misa – Sanctuary

### Vestry

**Sr. Warden** – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (alternate)

Terry Dominiak (alternate)

John McGrath (2028)

Matt Schumann (2027)

**Jr. Warden** – Wanda Rixon (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

### Trustees

Tom McLenigan

†Keith Sinclair

Deke Smith

## SUNDAY ADULT FORUM: Today!

Join us in person in **Henry Hall** or by **Livestream at 9 am** for the last Sunday of our 5-week series, “The Psychology and Spirituality of St. Paul, led by parishioner Ron Boggio. Unlike Jesus, whom we know through the Gospel writers, Paul’s letters allow us to examine his development of Christian thought in his own words. This provides unique insight into his psychology, spirituality, and theology.

## LENTEN HEALING EUCHARISTS – 12:15 pm

Please join us in the Sanctuary, February 25th – April 1st for the Wednesday Healing Eucharists. In this semiquincentennial (250<sup>th</sup>) year of our nation’s founding, we will celebrate the feast day of a different “American” saint.



## Easter Flowers Dedications

Would you like to donate for an Easter Flower to be displayed in our sanctuary? If you wish, you may dedicate the flower to a friend or loved one.

Please contact the church by phone or at [office@saint-timothys.org](mailto:office@saint-timothys.org) by March 23rd with your special dedication. Mark your check, Easter Flowers. Please note, that in deference to those with allergies, there will not be Easter lilies in the sanctuary. Flowers/plants may be picked up in the Narthex after the April 12th service.

## Decorate the Church

The Altar Guild will be decorating the Sanctuary for Easter services on April 4th at 9 AM until completed. The Altar Guild welcomes anyone who wishes to help and enjoy some fellowship. Don't have time but still want to help? Please consider making a donation for Easter flowers. For more information contact [altarguild@saint-timothys.org](mailto:altarguild@saint-timothys.org).



## Service Ministry Lenten Outreach 2026

This year, St. Timothy's Lenten Outreach is partnering up with "**She Believes in Me**", a non-profit started in 2018 and based in Herndon. For the next two Sundays, you will hear from the leaders of the mission, and the mothers as well as the families, that have assisted the organization.

Please plan to join us **March 29th, at 11:30 am, in Henry Hall** to help assemble 50 Easter baskets for children in need in our community. We will also be looking for donations of the treats and toys to fill the baskets. Please consider signing up to assemble the baskets. There is a sign up sheet in Henry Hall. For questions please email [service@saint-timothys.org](mailto:service@saint-timothys.org).

Once again, thanks to St. Timothy's for *putting your faith to work* to serve our neighbors.



## Easter Egg Stuffing Party.


Join us on **March 29th** after the **10 am service, in Henry Hall** to stuff the plastic eggs with candies for the upcoming Easter Egg Hunt on **April 5th**.

We are looking for donations of bags of candy for this event. You may bring them with you that day or drop them off at the church during office hours or Sunday morning.

**Questions: Contact the church office at [office@saint-timothys.org](mailto:office@saint-timothys.org).**



# EASTER EGG HUNT

 **APRIL 5TH**

St. Timothy's will have a Easter Egg Hunt immediately after the 10 am service on Easter Sunday. All children 12 and under are invited to participate. Please bring a basket (or other container) and meet at the Narthex. If you have any questions or would like to volunteer, especially our teens, please email the church office at [office@saint-timothys.org](mailto:office@saint-timothys.org).

 [www.saint-timothys.org](http://www.saint-timothys.org)



SEMIQUINCENTENNIAL  
LECTURE #2



As the United States celebrates its 250<sup>th</sup> birthday this year, Charles+ will offer a series of talks throughout the year that take a look at the intersection between faith and our nation's history. The second will take place on Sunday March 29th, 2026 in Henry Hall at 9 AM, also available via livestream

MAUNDY  
THURSDAY  
SOUP SUPPER

Please join us for a quiet and contemplative supper hosted by The Generations Ministry on Maundy Thursday, **April 2 at 6 pm.**

In **Henry Hall**, will share a simple meal of international origin, comprised of meatless soup, fresh bread, cheeses, olives and wine. After supper we will proceed to the Sanctuary for the Maundy Thursday service.

The ministry is looking for volunteers to make soups, along with a short description of its background and the recipe details.

There is a sign up sheet in Henry Hall for those who can attend and help out with soups. If you have any questions, please email [generations@saint-timothys.org](mailto:generations@saint-timothys.org).



**H O L Y**

**JOIN US FOR CHURCH SERVICES**  
IN PERSON OR LIVESTREAM

**3.29.26 | 4.1.26 | 4.2.26 | 4.3.26 | 4.5.26**

Palm Sunday 8 & 10 AM	Healing Eucharist 12:15 PM	Maundy Thursday 7:00 PM	Good Friday 7:00 PM	Easter Sunday 8 & 10 AM
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**W E E K**