



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, May 17, 2026

Seventh Sunday of Easter

8 & 10 am



Weekly Services:

Sunday, 8:00 am Holy Eucharist Rite II, spoken
Sunday, 10:00 am Holy Eucharist Rite II, with Choir
 (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd , Rector (x12)	priest@saint-timothys.org
The Rev. Philene Ware Dunn , Interim Spanish Supply Priest	pwardunn@cox.net
Deb Angerman , Bookkeeper (x13)	bookkeeper@saint-timothys.org
Julio Cuellar , Spanish Service Musician	juliocuellarmusic@yahoo.com
Todd Grivetti , Organist/Choirmaster (x16)	music@saint-timothys.org
Allison McMullin , Incoming Pre-School Director	PSDirector@saint-timothys.org
Allyson Showalter , Outgoing Pre-School Director (x14)	sttimothyspreschool432@gmail.com
Parish Administrator (checked daily)	office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (alternate)

Terry Dominiak (alternate)

John McGrath (2028)

Matt Schumann (2027)

Jr. Warden – Wanda Rixon (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

Trustees

Tom McLenigan

†Keith Sinclair

Deke Smith

HOLY EUCHARIST

The Word of God

Prelude

Lullaby on "Hyfrydol"

Benjamin Culli

At the tolling of the bell, all stand.

Opening Hymn (460)

Alleluia! Sing to Jesus

Hyfrydol

Opening Acclamations (BCP 355)

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (S 280) ~ 8 am spoken / 10 am sung *Glory to God*

Robert Powell

**Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
We worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
You take away the sin of the world; have mercy on us;
You are seated at the right hand of the Father; receive our prayer.
For you alone are the Holy One, you alone are the Lord,
You alone are the Most High, Jesus Christ,
With the Holy Spirit, in the glory of God the Father. Amen.**

The Collect for the Day (BCP 226) – *At 10 am children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

Please be seated.

The Lessons

A Reading from Isaiah 45: 1-7

Thus says the Lord to his anointed, to Cyrus,
whose right hand I have grasped
to subdue nations before him
and to strip kings of their robes,
to open doors before him—
and the gates shall not be closed:
I will go before you
and level the mountains;
I will break in pieces the doors of bronze
and cut through the bars of iron;
I will give you the treasures of darkness
and riches hidden in secret places,
so that you may know that it is I, the Lord,
the God of Israel, who call you by your name.
For the sake of my servant Jacob

8 The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, *
at the presence of God, the God of Israel.

9 You sent a gracious rain, O God, upon your inheritance; *
you refreshed the land when it was weary.

10 Your people found their home in it; *
in your goodness O God, you have made provision for the poor.

33 Sing to God, O kingdoms of the earth; *
sing praises to the Lord.

34 He rides in the heavens, the ancient heavens; *
he sends forth his voice, his mighty voice.

35 Ascribe power to God; *
his majesty is over Israel; his strength is in the skies.

36 How wonderful is God in his holy places! *
the God of Israel giving strength and power to his people! Blessed be God!

A Reading from 1 Peter 4:12-14; 5:6-11

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn (483)

The Head That Once Was Crowned with Thorns

St. Magnus

Holy Gospel: John 17:1-11

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

Jesus looked up to heaven and said, “Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

“I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon

The Rev. Stephen Shepherd

Please stand as you are able.

The Nicene Creed (BCP 358)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**
**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel or stand as you are able.

The Prayers of the People

Leader: With joy and gladness, let us pray to the Lord.

Leader: For the Church throughout the world,

People: that it may be a sign of new life to the weary, the lost and the oppressed, we pray to the Lord.

Leader: For all bishops, priests and deacons,

People: that they may guide us in following the teaching of the Prince of Peace, we pray to the Lord.

Leader: For the nations of the world and those who lead them,

People: that they may treat one another and all their citizens with dignity and respect, we pray to the Lord.

Leader: For the peace of the world, and an end to war and the crimes of war,

People: that those who use violence and those who condone it may have a change of heart, mind, and soul, we pray to the Lord.

Leader: For the sick, the disabled, and all who suffer physical or mental pain,

People: that our hands may help to ease their suffering and give them Easter hope, we pray to the Lord.

Leader: For those who have died, and those who mourn their death,
People: **that they may know the comfort and peace of your Risen Light, we pray to the Lord.**

Leader: For this community and the Town of Herndon,
People: **that we may grow in our commitment to preserve this good Earth and to live in harmony with it, we pray to the Lord**

Celebrant: Father, mindful of the victory of our Risen Lord, may we grow in our ability to live his Gospel with renewed conviction and heartfelt trust in you. We ask this in the name of the Father, Son and Holy Spirit. **Amen.**

Please stand as you are able.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

"Draw Us in the Spirit's Tether"

Harold Friedell

Draw us in the Spirit's tether,
For when humbly in Thy name,
Two or three are met together
Thou are in the midst of them;
Alleluia! Alleluia!
Touch we now Thy garment's hem

As the brethren used to gather
In the name of Christ to sup,
Then with thanks to God the Father
Break the bread and bless the cup,
Alleluia! Alleluia!
So knit Thou our friendship up.

All our meals and all our living
Make as sacraments of Thee,
That by caring, helping, giving
We may true disciples be.
Alleluia! Alleluia!
We will serve Thee faithfully.

-Percy Dearmer, 1931

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Truro

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

Holy Communion- Eucharistic Prayer B (BCP pg. 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (S 129)

Holy, Holy, Holy Lord

Robert Powell

8 am spoken / 10 am sung

People: Holy, holy, holy Lord,

**God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Please kneel or stand as able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THIS WEEK at ST. TIMOTHY'S

Sunday, May 17

8:00 AM Rite II Holy Eucharist – Sanctuary
9:00 Sunday Adult Forum – Henry Hall/ Livestream
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream
11:30 AM Coffee Hour- Henry Hall

Monday, May 18

12:15 PM Step into Recovery – AA
7:00 PM Hope For Today – Al Anon
8:30 PM Monday Night Milkshake Group – AA

Tuesday, May 19

No Events Scheduled

Wednesday, May 20

10:00 AM Hablamos Español - Conference Room
4:00 PM DanceWorx – Narthex
7:30 PM Finance Committee Meeting - Zoom

Thursday, May 21

9:30 AM Pre-School Graduation
7:00 PM Choir Rehearsal – Music Rm./Sanctuary

Friday, May 22

No Events Scheduled

Saturday, May 23

8:00 AM MOST (Men of St. Timothy's)
Breakfast - Offsite
9:00 AM Altar Guild Set-Up – Sanctuary
7:00 PM La Santa Misa – Sanctuary

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Ted Grivetti (Todd's father)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinostraza (stroke), John Freeman, Marion Essig, David Manser, Terry Jones, Leslie Brown (broken shoulder), Woody Moore (skin cancer), Geoff Bloomfield (upcoming surgery),

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's)

ALTAR FLOWER DONATIONS:

Are you looking for a way to honor a special occasion like a birthday or anniversary or to remember a departed loved one? Consider sponsoring Altar Flowers! Simply sign up for the Sunday you would like to sponsor using the sign-up sheet posted outside of the church offices (located against the outer glass between the offices and Henry Hall.) After signing up, use a Flower Envelope and drop your donation in the offering on a Sunday or mail it to the church office. Be sure to note Flower Donation on the memo line if giving by check. **We have lots of openings for the Summer and we would like to encourage people to donate. Suggested donation is \$65.**