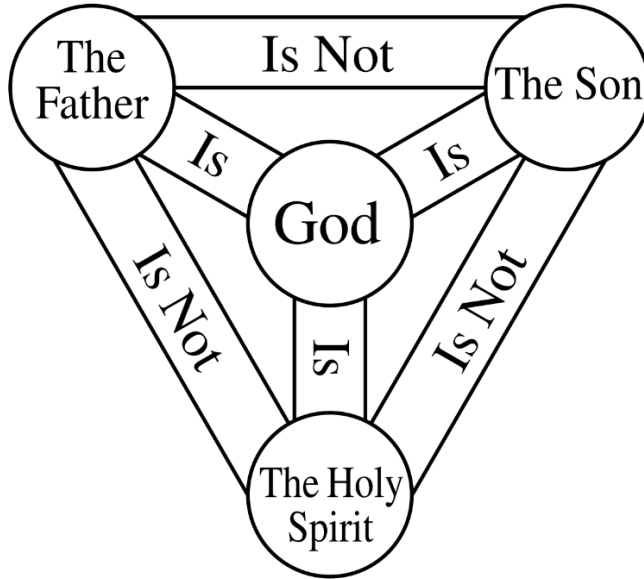




Sunday, May 31, 2026

*Trinity Sunday*

8 am



**Weekly Services:**

Sunday, 8:00 am	Holy Eucharist Rite I, spoken
Sunday, 10:00 am	Holy Eucharist Rite II, with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm	Santa Eucaristía Rito II, en español

**Staff**

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

<b>The Rev. Charles R. Cowherd</b> , Rector (x12)	priest@saint-timothys.org
<b>The Rev. Philene Ware Dunn</b> , Interim Spanish Supply Priest	pwardunn@cox.net
<b>Deb Angerman</b> , Bookkeeper (x13)	bookkeeper@saint-timothys.org
<b>Julio Cuellar</b> , Spanish Service Musician	juliocuellarmusic@yahoo.com
<b>Todd Grivetti</b> , Organist/Choirmaster (x16)	music@saint-timothys.org
<b>Allison McMullin</b> , Incoming Pre-School Director (x14)	PSDirector@saint-timothys.org
<b>Allyson Showalter</b> , Outgoing Pre-School Director (x14)	sttimothypreschool432@gmail.com
<b>Parish Administrator</b> (checked daily)	office@saint-timothys.org

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

### Vestry

**Sr. Warden** – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (2027)

**Jr. Warden** – Wanda Rixon (2028)

Terry Dominiak (alternate)

John McGrath (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

### Trustees

Tom McLenigan

†Keith Sinclair

Deke Smith

## HOLY EUCHARIST

### The Word of God

*At the tolling of the bell, all stand.*

#### **Opening (BCP 323)**

Celebrant: Alleluia. Christ is risen.

**People: The Lord is risen indeed. Alleluia.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

## **The Collect for the First Sunday after Pentecost: Trinity Sunday (BCP 176)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Almighty and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee that thou wouldest keep us steadfast in this faith and worship, and bring us at last to see thee in thy one and eternal glory, O Father; who with the Son and the Holy Spirit livest and reignest, one God, for ever and ever. **Amen.**

*Please be seated.*

## **The Lessons**

### **A Reading from Genesis 1:1-2:4a**

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, “Let there be light”; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, “Let there be a dome in the midst of the waters, and let it separate the waters from the waters.” So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, “Let the waters under the sky be gathered together into one place, and let the dry land appear.” And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, “Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.” And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature

that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.

And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, “Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.”

So God created humankind in his image,  
in the image of God he created them;  
male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 8 ~ spoken by the half verse**

1 O Lord our Governor, \*

**how exalted is your Name in all the world!**

2 Out of the mouths of infants and children \*

**your majesty is praised above the heavens.**

3 You have set up a stronghold against your adversaries, \*

**to quell the enemy and the avenger.**

- 4 When I consider your heavens, the work of your fingers, \*  
**the moon and the stars you have set in their courses,**
- 5 What is man that you should be mindful of him? \*  
**the son of man that you should seek him out?**
- 6 You have made him but little lower than the angels; \*  
**you adorn him with glory and honor;**
- 7 You give him mastery over the works of your hands; \*  
**you put all things under his feet:**
- 8 All sheep and oxen, \*  
**even the wild beasts of the field,**
- 9 The birds of the air, the fish of the sea, \*  
**and whatsoever walks in the paths of the sea.**
- 10 O Lord our Governor, \*  
**how exalted is your Name in all the world!**

### **A Reading from 2<sup>nd</sup> Corinthians 13:11-13**

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

### **Holy Gospel: Matthew 28:16-20**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory be to thee, O Lord.**

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

*Please stand as you are able.*

**The Nicene Creed (BCP 326)**

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

**Prayers of the People**

Intercessor: For peace throughout the world  
People: and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,  
**People: that it may grow spiritually united and live out the values of the Gospel in good times and in bad times.**

Intercessor: For all bishops, priests, deacons,  
**People: that they worthily preach the Word and administer the Sacraments.**

Intercessor: For the nations of the world,  
**People: that they may act justly in their relationship with one another**

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,  
**People: that they may exercise their authority to ensure that all people are treated with due process of law.**

Intercessor: For immigrants in our own country and throughout the world,  
**People: that they may know God's love through our ministry to them.**

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,  
**People: that we may redouble our efforts to stand by them and seek justice for them.**

Intercessor: For the sick, their families and those who care for them,  
**People: that they may know God's healing touch.**

Intercessor: For the dead, the dying and their loved ones,  
**People: that they may know God's comfort and peace.**

Intercessor: For us and our community,  
**People: that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

*Celebrant adds a concluding collect*

### **An Exhortation (BCP 316-317)**

Celebrant: Beloved in the Lord: Our Savior Christ, on the night before he suffered, instituted the Sacrament of his Body and Blood as a sign and pledge of his love, for the continual remembrance of the sacrifice of his death, and for a spiritual sharing in his risen life. For in these holy Mysteries we

are made one with Christ, and Christ with us; we are made one body in him, and members one of another.

Having in mind, therefore, his great love for us, and in obedience to his command, his Church renders to Almighty God our heavenly Father never-ending thanks for the creation of the world, for his continual providence over us, for his love for all mankind, and for the redemption of the world by our Savior Christ, who took upon himself our flesh, and humbled himself even to death on the cross, that he might make us the children of God by the power of the Holy Spirit, and exalt us to everlasting life. But if we are to share rightly in the celebration of those holy Mysteries, and be nourished by that spiritual Food, we must remember the dignity of that holy Sacrament. I therefore call upon you to consider how Saint Paul exhorts all persons to prepare themselves carefully before eating of that Bread and drinking of that Cup.

For, as the benefit is great, if with penitent hearts and living faith we receive the holy Sacrament, so is the danger great, if we receive it improperly, not recognizing the Lord's Body. Judge yourselves, therefore, lest you be judged by the Lord.

Examine your lives and conduct by the rule of God's commandments, that you may perceive wherein you have offended in what you have done or left undone, whether in thought, word, or deed. And acknowledge your sins before Almighty God, with full purpose of amendment of life, being ready to make restitution for all injuries and wrongs done by you to others; and also being ready to forgive those who have offended you, in order that you yourselves may be forgiven. And then, being reconciled with one another, come to the banquet of that most heavenly Food.

And if, in your preparation, you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith.

To Christ our Lord who loves us, and washed us in his own blood, and made us a kingdom of priests to serve his God and Father, to him be glory in the Church evermore. Through him let us offer continually the sacrifice of praise, which is our bounden duty and service, and, with faith in him, come boldly before the throne of grace.

## **The Peace**

**Celebrant:** The peace of the Lord be always with you.

**People:** **And with thy spirit.**

## **Welcome & Announcements**

### **Offertory Sentence**

### **The Offering**

## The Holy Communion

### The Great Thanksgiving (Prayer I, BCP 347)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. For with thy co-eternal Son and Holy Spirit, thou art one God, one Lord, in Trinity of Persons and in Unity of Substance; and we celebrate the one and equal glory of thee, O Father, and of the Son, and of the Holy Spirit. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Please kneel, or stand, as you are able.*

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his, disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread

and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood. And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All:                    Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant:            Alleluia. Christ our Passover is sacrificed for us.

**People:                Therefore let us keep the feast. Alleluia**

### **The Invitation (BCP 338)**

Celebrant:            The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

#### **Post-Communion Prayer (BCP 339)**

Celebrant:            Let us pray.

**All:                    Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness**

towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## Blessing

Celebrant: May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. Amen.

*Please stand as you are able*

## Dismissal (BCP 339)

Celebrant: Alleluia. Alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia. Alleluia.**

*Altar Flowers given by*

*Hugo Lemberg & Giovanni Tagnessi in Memory of our mother Maria Garcia*

## THIS WEEK at ST. TIMOTHY'S

### Sunday, May 31- Trinity Sunday

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Semiquincentennial #4 – Henry Hall/ Livestream

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

### Monday, June 1 -

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

### Tuesday, June 2

9:30 AM Staff Meeting- Conference Room

### Wednesday, June 3

10:00am Hablamos Español - Conf Room

10:00am Red Cross Blood Drive - Henry Hall

1:00pm Shawl Ministry - Offsite

4:00pm DanceWorx - Narthex

### Thursday, June 4

7:00 PM Choir Rehearsal – Music Rm./  
Sanctuary

### Friday, June 5

No Events Scheduled

### Saturday, June 6

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

## PRAYER LIST:

*(Please email [prayer@saint-timothys.org](mailto:prayer@saint-timothys.org) with any prayer concerns.)*

**Thanksgiving for the Birth:** Adeline Nazuna Trepagnier (granddaughter of Midori Yanagihara and Jonathan Beckett)

**Repose of the Soul:** [Ted Grivetti](#) (Todd's father), George Caldwell, Tránsito Castillo

**Health:** Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinoestroza (stroke), John Freeman, Marion Essig, David Manser, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Geoff Bloomfield (surgery),

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's), Molly Reed

## ALTAR FLOWER DONATIONS:

Are you looking for a way to honor a special occasion like a birthday or anniversary or to remember a departed loved one? Consider sponsoring Altar Flowers! Simply sign up for the Sunday you would like to sponsor using the sign-up sheet posted outside of the church offices (located against the outer glass between the offices and Henry Hall.) After signing up, use a Flower Envelope and drop your donation in the offering on a Sunday or mail it to the church office. Be sure to note Flower Donation on the memo line if giving by check. **We have lots of openings for the Summer and we would like to encourage people to donate. Suggested donation is \$65.**

## CONGRATULATIONS to ALL GRADUATES!

It's that time of year again as we celebrate all those graduating from high school, college, and elsewhere.

Please let the church office know if you have a graduate in your household and provide the following information: Graduate Name, School (/Major), Future Plans, and Picture.

Email to [office@saint-timothy.org](mailto:office@saint-timothy.org) by June 1.

