



ST. TIMOTHY'S EPISCOPAL

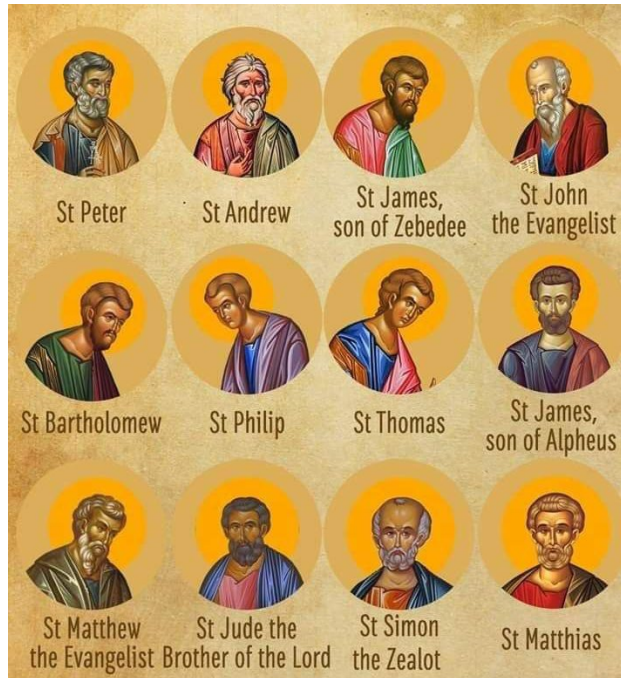
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, June 14, 2026

Proper 6 (3rd Sunday after Pentecost)

8 am



Weekly Services:

Sunday, 8:00 am
Sunday, 10:00 am
Sábado, 7:00 pm

Holy Eucharist Rite I, spoken
Holy Eucharist EOW, with Choir
Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwardunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Jr. Warden – Wanda Rixon (2028)

Christine Cozza (2029)

Terry Dominiak (alternate)

Johnny Ellis (2028)

Varun Lal (2029)

John McGrath (2028)

Gene Mechling (2029)

Sharon Nachman (2027)

Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST- Rite I

The Word of God

At the tolling of the bell, all stand.

Opening (BCP 323-324)

Celebrant: Blessed be God, Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Celebrant: Lord, have mercy upon us.
People: Christ, have mercy upon us.
Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 178)

Celebrant: The Lord be with you.
People: And with thy spirit.
Celebrant: Keep, O Lord, we beseech thee, thy household the Church in thy steadfast faith and love, that by the help of thy grace we may proclaim thy truth with boldness, and minister thy justice with compassion; for the sake of our Savior Jesus Christ, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

A Reading from Exodus 19:2-8a

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, “Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles’ wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.” So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: “Everything that the Lord has spoken we will do.”

Reader: The Word of the Lord
People: Thanks be to God.

Psalm 100 *Read by the half verse*

- 1 Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
- 2 Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

4 For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

A Reading from Romans 5:1-8

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Reader: The Word of the Lord

People: Thanks be to God.

Holy Gospel: Matthew 9:35-10:8

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory be to thee, O Lord.

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest." Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Sermon

The Rev. Charles R. Cowherd

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.

Prayers of the People

The congregation may stand or kneel

Intercessor: For peace throughout the world

People: and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,

People: that it may grow spiritually united and live out the values of the Gospel in
good times and in bad times.

Intercessor: For all bishops, priests, deacons,
People: **that they worthily preach the Word and administer the Sacraments.**

Intercessor: For the nations of the world,
People: **that they may act justly in their relationship with one another.**

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,
People: **that they may exercise their authority to ensure that all people are treated with due process of law.**

Intercessor: For immigrants in our own country and throughout the world,
People: **that they may know God's love through our ministry to them.**

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,
People: **that we may redouble our efforts to stand by them and seek justice for them.**

Intercessor: For the sick, their families and those who care for them,
People: **that they may know God's healing touch.**

Intercessor: For the dead, the dying and their loved ones,
People: **that they may know God's comfort and peace.**

Intercessor: For us and our community,
People: **that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

Celebrant adds a concluding collect

Confession of Sin (BCP 330-331)

Celebrant: Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

People: **Almighty God,
Father of our Lord Jesus Christ,
maker of all things, judge of all men:**

We acknowledge and bewail our manifold sins
and wickedness,
which we from time to time most grievously have committed,
by thought, word, and deed, against thy divine Majesty,
provoking most justly thy wrath and indignation against us.
We do earnestly repent,
and are heartily sorry for these our misdoings;
the remembrance of them is grievous unto us,
the burden of them is intolerable.
Have mercy upon us,
have mercy upon us, most merciful Father;
for thy Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may ever hereafter
serve and please thee in newness of life,
to the honor and glory of thy Name;
through Jesus Christ our Lord. Amen.

The Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: **And with thy spirit.**

Welcome & Announcements

Offertory Sentence

The Offering

The Holy Communion

The Great Thanksgiving (Prayer I, BCP 333)

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

All: **Holy, holy, holy, Lord God of Hosts:**
 Heaven and earth are full of thy glory.
 Glory be to thee, O Lord Most High.

Please kneel, or stand, as you are able.

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his, disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus

Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia**

Celebrant: O Lamb of God, that takest away the sins of the world,

People: **Have mercy upon us.**

Celebrant: O Lamb of God, that takest away the sins of the world,

People: **Have mercy upon us.**

Celebrant: O Lamb of God, that takest away the sins of the world,

People: **Grant us thy peace.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing

Celebrant: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.
Amen.

Please stand as you are able

Dismissal (BCP 340)

Celebrant: Alleluia. Alleluia. Go in peace to love and serve the Lord.
People: Thanks be to God. Alleluia. Alleluia.

*Altar Flowers given by
Elaine Horsfield in Memory of her Son Andrew Horsfield*

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Rest of the Soul: [Ted Grivetti](#) (Todd's father), [Gwen Betor](#) (co-founder of The Closet)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinostroza (stroke), John Freeman, David Manser, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Charlotte Budnick (broken leg), Barbara Williamson (mother of Paige)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connolly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins)

THIS WEEK at ST. TIMOTHY'S

Sunday, June 14

8:00 AM Rite I Holy Eucharist – Sanctuary
9:00 AM Choir Rehearsal – Music Room
10:00 AM EOW Holy Eucharist – Sanctuary/Livestream
11:30 AM Vacation Bible School Planning Meeting – C1

Monday, June 15 -

12:15 PM Step into Recovery – AA
7:00 PM Hope for Today – Al Anon
8:30 PM Monday Night Milkshake Group – AA

Tuesday, June 16

No Events Scheduled

Wednesday, June 17

10:00 AM Hablamos Espanol - Conference Room
4:00 PM DanceWorx - Narthex
7:30 PM Finance Committee Meeting - Zoom

Thursday, June 18

2:00 PM Warden's Meeting - ZOOM

Friday, June 19

8:45 AM Youth Group Trip to King's Dominion
7:00 PM Progress Group – AA

Saturday, June 20

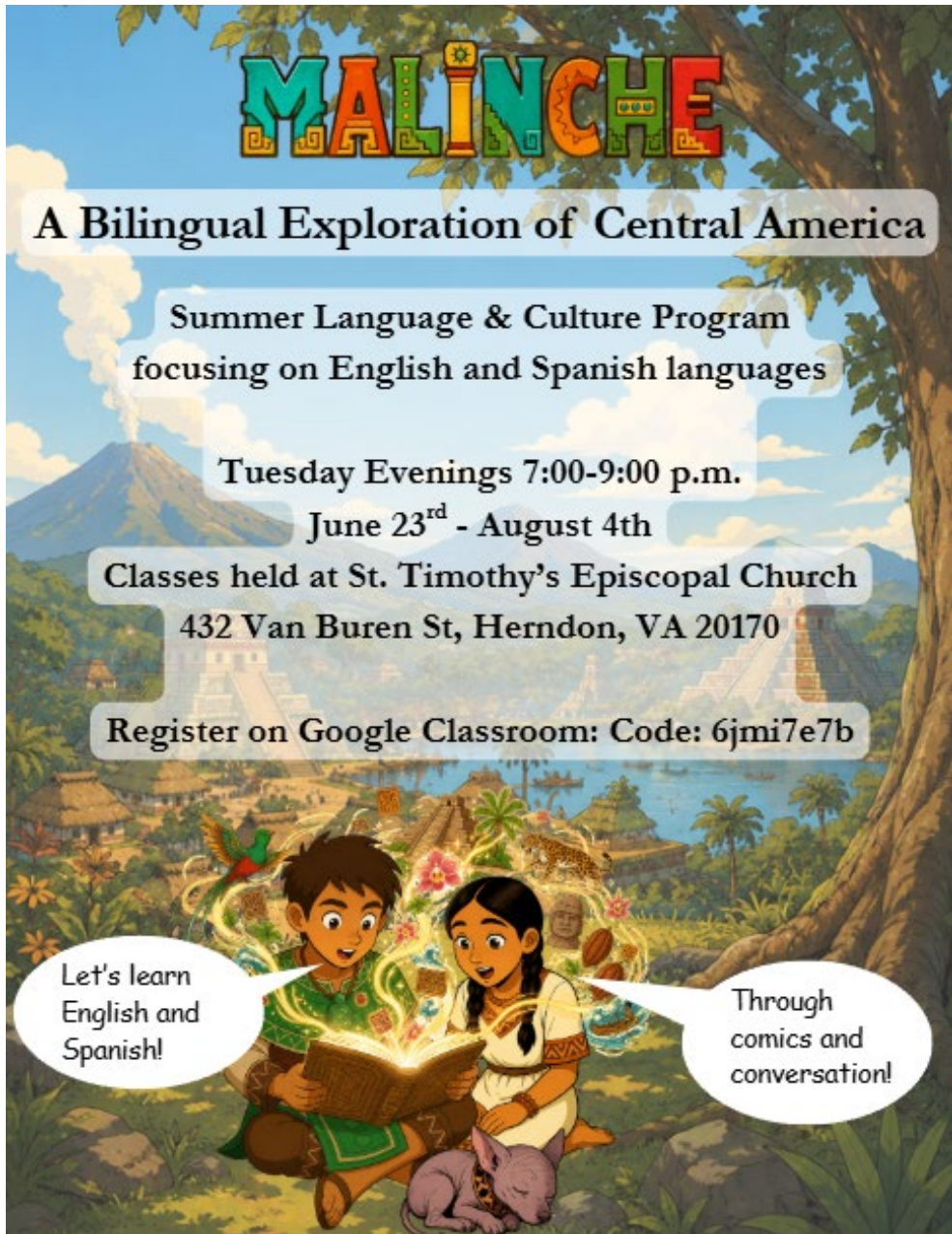
9:00 AM Altar Guild Set-Up – Sanctuary
7:00 PM La Santa Misa – Sanctuary & Henry Hall & Kitchen

CHURCH GOVERNANCE UPDATES:

First, we bid a fond farewell to the Schumann family today as they get ready to depart for overseas. In accordance with St. Timothy's By-Laws (Article II, Section V, parts a+b), Matt Schumann has resigned from the Vestry, effective May 17, 2026. Sharon Nachman, as alternate, has stepped into Matt's one year term. Sharon will be eligible for election to a full (three year) vestry term in 2027.

Second, in response to St. Timothy's Episcopal Church's petition to name a new trustee, Betsy Bosworth has been named by virtue of a Court Order in the Circuit Court of Fairfax County. The death of Keith Sinclair last year created this vacancy and the Vestry voted to name Betsy to that position earlier this year. Betsy joins Tom McLenigan and Deke Smith in that role.

New Bilingual Spanish Class!
Contact Tim Allen timothy.lee.allen85@gmail.com



MALINCHE

A Bilingual Exploration of Central America

Summer Language & Culture Program
focusing on English and Spanish languages

Tuesday Evenings 7:00-9:00 p.m.
June 23rd - August 4th

Classes held at St. Timothy's Episcopal Church
432 Van Buren St, Herndon, VA 20170

Register on Google Classroom: Code: 6jmi7e7b

Let's learn English and Spanish!

Through comics and conversation!

Happy Pride Month

YOU ARE GOD'S BELOVED!



The Episcopal Diocese of Virginia will be marching alongside with the Diocese of Washington at the **2026 Capital Pride Parade on June 20th**. St. Tim's will be participating with the diocese. The diocesan group will be meeting up at St. Luke's Church (1514 15th Street NW, close to Logan Circle) at 1:30 pm, before heading to the parade line-up. The parade starts at 3 pm and will be about a 2-mile walk. St. Tim's can meet as a group in Herndon or Reston and take the metro downtown. The diocese will provide more information as we get closer to the date.

If you are interested in participating, please contact Rob Huizar (wardens@saint-timothys.org).

Save the Date for Shrine Mont Weekend!

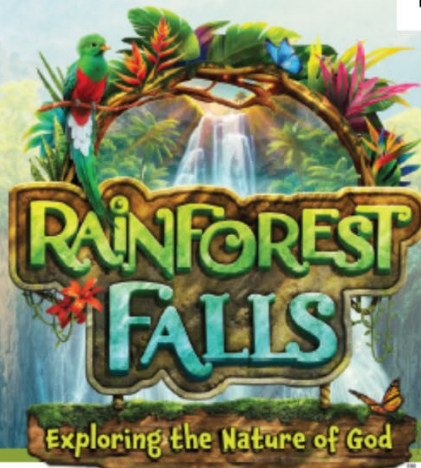


Save the Date for Shrine Mont 2026 Retreat: Save the date for St. Timothy's Annual Parish Weekend at Shrine Mont, happening **September 18th – 20th**, 2026. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$198 (double occupancy) or \$258 (single occupancy). All children 17 and under will attend for FREE! There are also "Day Participant" rates. Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.

Tree-mendous adventure awaits!

Our 2026 Vacation Bible School is next month:
July 27 - Friday July 31. VBS will be open to
ages 4 to rising 5th grades and run from 9am to
12pm. (Cost: \$50 per child w/ scholarships
available). In a change from last year, the
afternoons (12pm to 4pm) will be run by trusted
teenagers (\$100 per child).

Scan the **QR code** to
Register your camper OR as
an teen/ adult volunteer.



St. Timothy's Episcopal Church

LAY EUCCHARISTIC MINISTERS NEEDED



St. Timothy's is looking for more LEMs to volunteer at the altar during services. No prior experience is required.

LEMs assist roughly once every 4-5 weeks and participate in readings, prayers, and serving communion.

Volunteers will receive training prior to serving.



If you're interested or have questions, please reach out to Danny Wechtenhiser at mrvnnk9@verizon.net and/or Kristie Rudolph at kristie.g.rudolph@gmail.com.