



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, June 21, 2026

Proper 7 (4th Sunday after Pentecost)

10 am

Holy Baptism

DEARLY beloved, ye have brought *this Child* here to be baptized; ye have prayed that our Lord Jesus Christ would vouchsafe to receive *him*, to release *him* from sin, to sanctify *him* with the Holy Ghost, to give *him* the kingdom of heaven, and everlasting life.

Dost thou, therefore, in the name of this Child, renounce the devil and all his works, the vain pomp and glory of the world, with all covetous desires of the same, and the sinful desires of the flesh, so that thou wilt not follow, nor be led by them?

Answer. I renounce them all; and, by God's help, will endeavour not to follow, nor be led by them.

Minister. Dost thou believe all the Articles of the Christian Faith, as contained in the Apostles' Creed?

Answer. I do.

Book of Common Prayer 1928 pgs. 276-7

Minister. Wilt thou be baptized in this Faith?

Answer. That is my desire.

Minister. Wilt thou then obediently keep God's holy will and commandments, and walk in the same all the days of thy life?

Answer. I will, by God's help.

Minister. Having now, in the name of this Child, made these promises, wilt thou also on thy part take heed that this Child learn the Creed, the Lord's Prayer, and the Ten Commandments, and all other things which a Christian ought to know and believe to *his* soul's health?

Answer. I will, by God's help.

Minister. Wilt thou take heed that this Child, so soon as sufficiently instructed, be brought to the Bishop to be confirmed by him?

Answer. I will, God being my helper.

Weekly Services:

Sunday, 8:00 am

Holy Eucharist Rite I, spoken

Sunday, 10:00 am

Holy Eucharist Rite II, with Choir

Sábado, 7:00 pm

Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwardunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)
Christine Cozza (2029)
Varun Lal (2029)
Sharon Nachman (2027)

Terry Dominiak (alternate)
John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)
Johnny Ellis (2028)
Gene Mechling (2029)
Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Stand Up, Stand Up for Jesus

arr. John Behnke

At the tolling of the bell, all stand.

Opening Hymn 524

I Love Thy Kingdom, Lord

St. Thomas (Williams)

Opening Acclamations (BCP 299)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Celebrant: There is one Body and one Spirit;

People: **There is one hope in God's call to us;**

Celebrant: One Lord, one Faith, one Baptism;

People: **One God and Father of all.**

The Collect of the Day - (EOW 51)

Celebrant: God be with you.

People: And also with you.

Celebrant: Christ our true and only Light: receive our morning prayers, and illumine the secrets of our hearts with your healing goodness, that no evil desires may possess us who are made new in the light of your heavenly grace. **Amen.**

Please be seated.

The Lessons**A Reading from Jeremiah 20:7-13**

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, "Violence and destruction!" For the word of the Lord has become for me a reproach and derision all day long. If I say, "I will not mention him, or speak any more in his name," then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: "Terror is all around! Denounce him! Let us denounce him!" All my close friends are watching for me to stumble. "Perhaps he can be enticed, and we can prevail against him, and take our revenge on him." But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonor will never be forgotten. O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalms 69: 8-11, 18-20 ~ spoken responsively by the half verse

8 Surely, for your sake have I suffered reproach, *

and shame has covered my face.

9 I have become a stranger to my own kindred, *

an alien to my mother's children.

10 Zeal for your house has eaten me up; *

the scorn of those who scorn you has fallen upon me.

11 I humbled myself with fasting, *

but that was turned to my reproach.

18 Answer me, O Lord, for your love is kind; *

in your great compassion, turn to me.'

19 "Hide not your face from your servant; *

be swift and answer me, for I am in distress.

20 Draw near to me and redeem me; *

because of my enemies deliver me.

A Reading from Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn 178

Alleluia, Alleluia! Give Thanks to the Risen Lord

Alleluia No. 1

Holy Gospel: Matthew 10:24-39

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows

sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth;

I have not come to bring peace, but a sword.

For I have come to set a man against his father,

and a daughter against her mother,

and a daughter-in-law against her mother-in-law;

and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Rev. Charles R. Cowherd

Baptism

Presentation and Examination of the Candidate (BCP 301)

Celebrant: The Candidate for Holy Baptism will now be presented.

Sponsors: I present Margot Vivian Ritchey to receive the Sacrament of Baptism.

Celebrant: Do you desire to be baptized?

Candidate: I do.

When the candidate has been presented the Celebrant asks the parents and godparents

Celebrant: Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?

Sponsors: I will, with God's help.

Celebrant: Will you by your prayers and witness help this child to grow into the full stature of Christ?

Sponsors: I will, with God's help.

Celebrant: Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Answer: I renounce them.

Celebrant: Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Answer: I renounce them.

Celebrant: Do you renounce all sinful desires that draw you from the love of God?

Answer: I renounce them.

Celebrant: Do you turn to Jesus Christ and accept him as your Savior?

Answer: I do.

Celebrant: Do you put your whole trust in his grace and love?

Sponsors: I do.

Celebrant: Do you promise to follow and obey him as your Lord.

Sponsors: I do.

After the candidate has been presented, the Celebrant addresses the congregation, saying

Celebrant: Will you who witness these vows do all in your power to support this person in his life in Christ?

People: We will.

Celebrant: Let us join with she who is committing herself to Christ and renew our own baptismal covenant.

Please stand as you are able.

The Baptismal Covenant (BCP 304)

Celebrant: Do you believe in God the Father?

People: I believe in God, the Father almighty, creator of heaven and earth.

Celebrant: Do you believe in Jesus Christ, the Son of God?

People: I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Celebrant: Do you believe in God the Holy Spirit?

People: **I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: **I will, with God's help.**

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: **I will, with God's help.**

Celebrant: Will you proclaim by word and example the Good News of God in Christ?

People: **I will, with God's help.**

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: **I will, with God's help.**

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: **I will, with God's help.**

Prayers for the Candidate (BCP 305)

Celebrant: Let us now pray for Margot who is to receive the Sacrament of new birth.

Leader: Deliver her, O Lord, from the way of sin and death.

People: **Lord, hear our prayer.**

Leader: Open her hearts to your grace and truth.

People: **Lord, hear our prayer.**

Leader: Fill her with your holy and life-giving Spirit.

People: **Lord, hear our prayer.**

Leader: Keep her in the faith and communion of your holy Church.

People: **Lord, hear our prayer.**

Leader: Teach her to love others in the power of the Spirit.

People: **Lord, hear our prayer.**

Leader: Send her into the world in witness to your love.

People: Lord, hear our prayer.

Leader: Bring her to the fullness of your peace and glory.

People: Lord, hear our prayer.

Celebrant: Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. **Amen.**

Please be seated.

Thanksgiving over the Water (BCP 306)

Celebrant: The Lord be with you

People: And also with you.

Celebrant: Let us give thanks to the Lord our God

People: It is right to give him thanks and praise.

Celebrant: We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. **Amen.**

The Baptism (BCP 307)

Celebrant: Margot, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Margot, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. **Amen.**

The choir sings: *The congregation responds:*

The Light of Christ. Thanks be to God.

Celebrant: Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your servant the forgiveness of sin, and have raised her to the new life of grace. Sustain her, O Lord, in your Holy Spirit. Give her an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**

Celebrant: Let us welcome the newly baptized.

All: We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

We Know That Christ is Raised and Dies No More
(Jen Corra Ritchey, soloist)

John B. Geyer/
Charles V. Stanford

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Duke Street

Praise God, from whom all blessings flow;
praise him, all creatures here be low;
praise him above, ye heavenly host:
praise Father, Son and Holy Ghost.

Holy Communion

The Great Thanksgiving (EOW 57)

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. Because in Jesus Christ our Lord you have received us as your sons and daughters, made us citizens of your kingdom, and given us the Holy Spirit to guide us into all truth. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing,

The Sanctus S 130

Holy, Holy, Holy Lord

Schubert/Proulx

Please kneel or stand as able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All: Christ has died.

Christ is risen.

Christ will come again.

Celebrant: Remembering his death and resurrection, we now present to you from your creation

this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The bread is broken. Silence is kept.

The Fraction S 164

Jesus, Lamb of God

Schubert/Proulx

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn WLP 757

Will You Come and Follow Me

Iona

Please kneel or stand as able.

Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Please stand as you are able.

Closing Hymn 537
Dismissal (BCP 366)

Christ for the World We Sing

Moscow

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, alleluia.**

Postlude

Al'Offertorio

Domenico Zipoli

Music inserts used by permission. One License A-740942

Altar Flowers given by

Belinda Collins in Memory of Dorothy & Anthony Collins

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinostroza (stroke), John Freeman, David Manser, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Charlotte Budnick (broken leg), Barbara Williamson (mother of Paige)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins)

THIS WEEK at ST. TIMOTHY'S

Sunday, June 21

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Choir Rehearsal – Music Room

10:00 AM EOW Holy Eucharist – Sanctuary/Livestream

11:15 AM Haiti Ministry Meeting – C1

Monday, June 22

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, June 23

7:00 PM – Spanish Class – C1

7:00 PM - Vestry Meeting - Zoom

Wednesday, June 24

4:00 PM DanceWorx - Narthex

Thursday, June 25

No Events Scheduled

Friday, June 26

7:00 PM Progress Group – AA

Saturday, June 27

8:00 AM MOST Breakfast -VA Kitchen

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary & Henry Hall & Kitchen

REGISTER FOR SHRINE MONT 2026 RETREAT!

SEPTEMBER 18-20, 2026

Adults 18+

- \$198 (double occupancy)
- \$258 (single occupancy)

Children 17 and under: **FREE!**



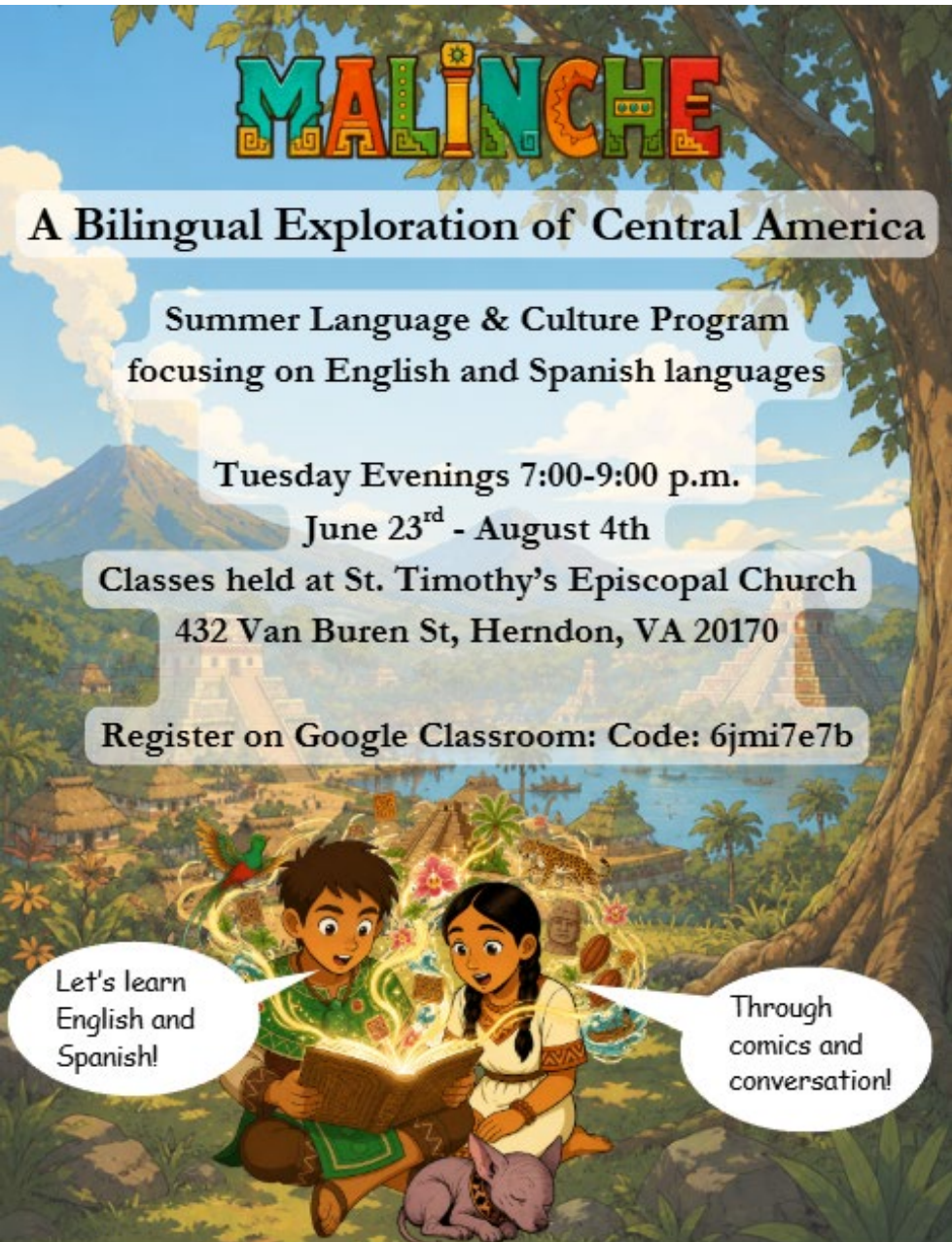
To register:

- Scan the QR Code.
- Use paper form in the Narthex.
- E-mail Rob Huizar (e-mail below)



To register, help with the retreat, or if you have any questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.

New Bilingual Spanish Class!
Contact Tim Allen timothy.lee.allen85@gmail.com



MALINCHE

A Bilingual Exploration of Central America

Summer Language & Culture Program
focusing on English and Spanish languages

Tuesday Evenings 7:00-9:00 p.m.
June 23rd - August 4th

Classes held at St. Timothy's Episcopal Church
432 Van Buren St, Herndon, VA 20170

Register on Google Classroom: Code: 6jmi7e7b

Let's learn
English and
Spanish!

Through
comics and
conversation!

Tree-mendous adventure awaits!

Our 2026 Vacation Bible School is next month:
July 27 - Friday July 31. VBS will be open to
ages 4 to rising 5th grades and run from 9am to
12pm. (Cost: \$50 per child w/ scholarships
available). In a change from last year, the
afternoons (12pm to 4pm) will be run by trusted
teenagers (\$100 per child).

Scan the **QR code** to
Register your camper OR as
an teen/ adult volunteer.



St. Timothy's Episcopal Church

LAY EUCCHARISTIC MINISTERS NEEDED



St. Timothy's is looking for more LEMs to volunteer at the altar during services. No prior experience is required.

LEMs assist roughly once every 4-5 weeks and participate in readings, prayers, and serving communion.

Volunteers will receive training prior to serving.



If you're interested or have questions, please reach out to Danny Wechtenhiser at mrvnnk9@verizon.net and/or Kristie Rudolph at kristie.g.rudolph@gmail.com.