



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, June 21, 2026

Proper 7 (4th Sunday After Pentecost)

8 am

Holy Baptism

DEARLY beloved, ye have brought *this Child* here to be baptized; ye have prayed that our Lord Jesus Christ would vouchsafe to receive *him*, to release *him* from sin, to sanctify *him* with the Holy Ghost, to give *him* the kingdom of heaven, and everlasting life.

Dost thou, therefore, in the name of this Child, renounce the devil and all his works, the vain pomp and glory of the world, with all covetous desires of the same, and the sinful desires of the flesh, so that thou wilt not follow, nor be led by them?

Answer. I renounce them all; and, by God's help, will endeavour not to follow, nor be led by them.

Minister. Dost thou believe all the Articles of the Christian Faith, as contained in the Apostles' Creed?

Answer. I do.

Book of Common Prayer 1928 pgs. 276-7

Minister. Wilt thou be baptized in this Faith?

Answer. That is my desire.

Minister. Wilt thou then obediently keep God's holy will and commandments, and walk in the same all the days of thy life?

Answer. I will, by God's help.

Minister. Having now, in the name of this Child, made these promises, wilt thou also on thy part take heed that this Child learn the Creed, the Lord's Prayer, and the Ten Commandments, and all other things which a Christian ought to know and believe to *his* soul's health?

Answer. I will, by God's help.

Minister. Wilt thou take heed that this Child, so soon as sufficiently instructed, be brought to the Bishop to be confirmed by him?

Answer. I will, God being my helper.

Weekly Services:

Sunday, 8:00 am

Holy Eucharist Rite I, spoken

Sunday, 10:00 am

Holy Eucharist Rite II, with Choir

Sábado, 7:00 pm

Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwaredunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellar@music@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Incoming Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Jr. Warden – Wanda Rixon (2028)

Christine Cozza (2029)

Terry Dominiak (alternate)

Johnny Ellis (2028)

Varun Lal (2029)

John McGrath (2028)

Gene Mechling (2029)

Sharon Nachman (2027)

Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST with Renewal of Baptismal Vows **The Word of God**

At the tolling of the bell, all stand.

Opening Acclamations (BCP 299)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Celebrant: There is one Body and one Spirit;

People: **There is one hope in God's call to us;**

Celebrant: One Lord, one Faith, one Baptism;

People: **One God and Father of all.**

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 175)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

The Lessons

A Reading from Jeremiah 20:7-13

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, "Violence and destruction!" For the word of the Lord has become for me a reproach and derision all day long. If I say, "I will not mention him, or speak any more in his name," then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: "Terror is all around! Denounce him! Let us denounce him!" All my close friends are watching for me to stumble. "Perhaps he can be enticed, and we can prevail against him, and take our revenge on him." But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonor will never be forgotten.

O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 69: 8-11, 18-20 ~ spoken by the half verse

8 Surely, for your sake have I suffered reproach, *

and shame has covered my face.

9 I have become a stranger to my own kindred, *

an alien to my mother's children.

10 Zeal for your house has eaten me up; *
the scorn of those who scorn you has fallen upon me.
 11 I humbled myself with fasting, *
but that was turned to my reproach.
 18 Answer me, O Lord, for your love is kind; *
in your great compassion, turn to me.'
 19 "Hide not your face from your servant; *
be swift and answer me, for I am in distress.
 20 Draw near to me and redeem me; *
because of my enemies deliver me.

A Reading from Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Holy Gospel: Matthew 10:24-39

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory be to thee, O Lord.

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! "So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the

soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth;

I have not come to bring peace, but a sword.

For I have come to set a man against his father,

and a daughter against her mother,

and a daughter-in-law against her mother-in-law;

and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Please be seated.

Sermon

The Rev. Charles Cowherd

Please stand as you are able.

The Renewal of Baptismal Vows (BCP 292)

Celebrant: On this day, we remember that we are buried with Christ by Baptism into his death, and raised with him to newness of life. I invite you, therefore, to renew the solemn promises and vows of Holy Baptism, by which we renounced Satan and all his works, and promised to serve God faithfully in his holy Catholic Church.

Celebrant: Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

People: I do.

Celebrant: Do you believe in God the Father?

**People: I believe in God, the Father almighty,
creator of heaven and earth.**

Celebrant: Do you believe in Jesus Christ, the Son of God?

People: I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended to the dead.
 On the third day he rose again.
 He ascended into heaven,
 and is seated at the right hand of the Father.
 He will come again to judge the living and the dead.

Celebrant: Do you believe in God the Holy Spirit?

People: **I believe in the Holy Spirit,**
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and the life everlasting.

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: **I will, with God's help.**

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: **I will, with God's help.**

Celebrant: Will you proclaim by word and example the Good News of God in Christ?

People: **I will, with God's help.**

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: **I will, with God's help.**

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: **I will, with God's help.**

Celebrant: May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. **Amen.**

Prayers for the Candidate (BCP 305)

Celebrant: Let us now pray for Margot who is to receive the Sacrament of new birth.

Leader: Deliver her, O Lord, from the way of sin and death.

People: **Lord, hear our prayer.**

Leader: Open her hearts to your grace and truth.
People: Lord, hear our prayer.
 Leader: Fill her with your holy and life-giving Spirit.
People: Lord, hear our prayer.
 Leader: Keep her in the faith and communion of your holy Church.
People: Lord, hear our prayer
 Leader: Teach her to love others in the power of the Spirit.
People: Lord, hear our prayer.
 Leader: Send her into the world in witness to your love.
People: Lord, hear our prayer.
 Leader: Bring her to the fullness of your peace and glory.
People: Lord, hear our prayer.

Celebrant: Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. **Amen.**

Please stand as you are able.

The Peace

Celebrant: The peace of the Lord be always with you.
People: And with thy spirit.

Welcome & Announcements

Offertory Sentence

The Offering

The Holy Communion

The Great Thanksgiving (Prayer I, BCP 333)

Celebrant: The Lord be with you.
People: And with thy spirit.
 Celebrant: Lift up your hearts.
People: We lift them unto the Lord.
 Celebrant: Let us give thanks unto our Lord God.
People: It is meet and right so to do.
 Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in Jesus Christ our Lord thou hast received us as thy sons and daughters, made us citizens of thy kingdom, and given us the Holy Spirit to guide us into all truth. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.**

Please kneel, or stand, as you are able.

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his, disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

Blessing

Celebrant: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.

Amen.

Please stand as you are able as the ministers depart.

Dismissal (BCP 340)

Celebrant: Alleluia. Alleluia. Go in peace to love and serve the Lord.

People: Thanks be to God. Alleluia. Alleluia.

*Altar Flowers given by
Belinda Collins in Memory of Dorothy & Anthony Collins*

THIS WEEK at ST. TIMOTHY'S

Sunday, June 21

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Choir Rehearsal – Music Room

10:00 AM EOW Holy Eucharist –
Sanctuary/Livestream

11:15 AM Haiti Ministry Meeting – C1

Monday, June 22

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – AI Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, June 23

7:00 PM Spanish Class – C1

7:00 PM Vestry Meeting - Zoom

Wednesday, June 24

4:00 PM DanceWorx - Narthex

Thursday, June 25

No Events Scheduled

Friday, June 26

7:00 PM Progress Group – AA

Saturday, June 27

8:00 AM MOST Breakfast -VA Kitchen

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary & Henry Hall &
Kitchen

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinostroza (stroke), John Freeman, David Manser, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Charlotte Budnick (broken leg), Barbara Williamson (mother of Paige)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's), Molly Reed, Craig Bilsborough (friend of Belinda Collins)

REGISTER FOR SHRINE MONT 2026 RETREAT!

SEPTEMBER 18-20, 2026

Adults 18+

- \$198 (double occupancy)
- \$258 (single occupancy)

Children 17 and under: **FREE!**



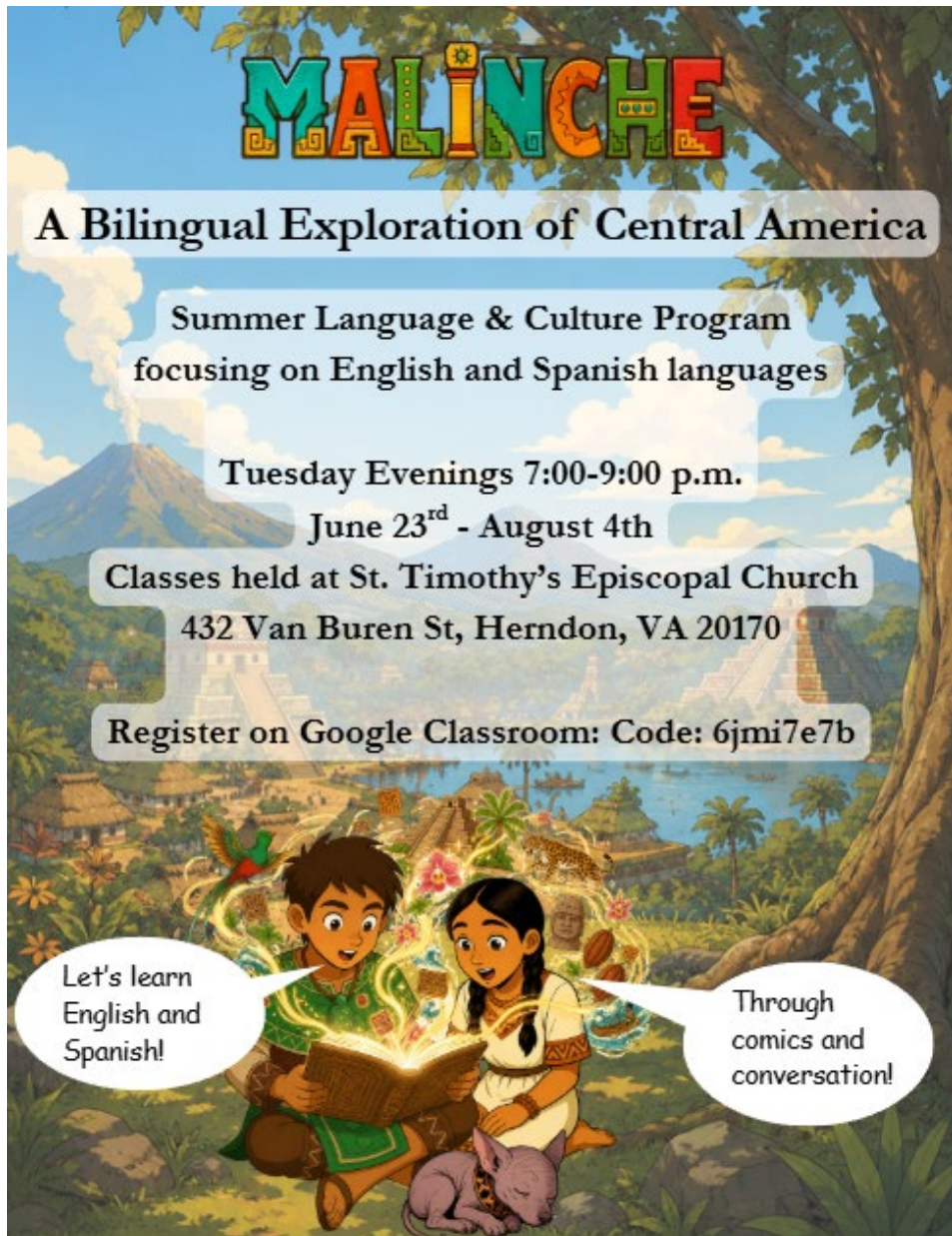
To register:

- Scan the QR Code.
- Use paper form in the Narthex.
- E-mail Rob Huizar (e-mail below)



To register, help with the retreat, or if you have any questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.

New Bilingual Spanish Class!
Contact Tim Allen timothy.lee.allen85@gmail.com



MALINCHE

A Bilingual Exploration of Central America

Summer Language & Culture Program
focusing on English and Spanish languages

Tuesday Evenings 7:00-9:00 p.m.
June 23rd - August 4th

Classes held at St. Timothy's Episcopal Church
432 Van Buren St, Herndon, VA 20170

Register on Google Classroom: Code: 6jmi7e7b

Let's learn
English and
Spanish!

Through
comics and
conversation!