



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, June 28, 2026

Proper 8 (5th Sunday after Pentecost)

8 am



### Weekly Services:

Sunday, 8:00 am  
Sunday, 10:00 am  
Sábado, 7:00 pm

Holy Eucharist Rite I, spoken  
Holy Eucharist EOW, with Choir  
Santa Eucaristía Rito II, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Philene Ware Dunn**, Interim Spanish Supply Priest

[pwardunn@cox.net](mailto:pwardunn@cox.net)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Spanish Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allison McMullin**, Pre-School Director (x14)

[PSDirector@saint-timothys.org](mailto:PSDirector@saint-timothys.org)

**Parish Administrator** (checked daily)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

### Vestry

**Sr. Warden** – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (2027)

**Jr. Warden** – Wanda Rixon (2028)

Terry Dominiak (alternate)

John McGrath (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

### Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

## **HOLY EUCHARIST- Rite I**

### **The Word of God**

*At the tolling of the bell, all stand.*

### **Opening (BCP 323-324)**

Celebrant: Blessed be God, Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Celebrant: Lord, have mercy upon us.  
**People: Christ, have mercy upon us.**  
Celebrant: Lord, have mercy upon us.

### **The Collect for the Day (BCP 178-9)**

Celebrant: The Lord be with you.  
**People: And with thy spirit.**  
Celebrant: Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### **The Lessons**

#### **A Reading from Jeremiah 28:5-9**

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; and the prophet Jeremiah said, "Amen! May the Lord do so; may the Lord fulfill the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet."

Reader: The Word of the Lord

**People: Thanks be to God.**

#### **Psalm 89:1-4,15-18   *Spoken responsively by the half verse***

- 1 Your love, O Lord, for ever will I sing; \*  
**from age to age my mouth will proclaim your faithfulness.**
- 2 For I am persuaded that your love is established for ever; \*  
**you have set your faithfulness firmly in the heavens.**
- 3 "I have made a covenant with my chosen one; \*  
**I have sworn an oath to David my servant:**
- 4 "I will establish your line for ever, \*  
**and preserve your throne for all generations."**
- 15 Happy are the people who know the festal shout! \*  
**they walk, O Lord, in the light of your presence.**

16 They rejoice daily in your Name; \*  
**they are jubilant in your righteousness.**

17 For you are the glory of their strength, \*  
**and by your favor our might is exalted.**

18 Truly, the Lord is our ruler; \*  
**the Holy One of Israel is our King.**

### **A Reading from Romans 6:12-23**

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Reader: The Word of the Lord

**People: Thanks be to God.**

### **Holy Gospel: Matthew 10:40-42**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People: Glory be to thee, O Lord.**

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little

ones in the name of a disciple-- truly I tell you, none of these will lose their reward.”

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

## Sermon

The Rev. Will Lee

## The Nicene Creed (BCP 326)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin  
Mary, and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come.  
Amen.

## Prayers of the People

*The congregation may stand or kneel*

Intercessor: For peace throughout the world

**People:** and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,

**People:** that it may grow spiritually united and live out the values of the Gospel in good times and in bad times.

Intercessor: For all bishops, priests, deacons,

**People:** that they worthily preach the Word and administer the Sacraments.

Intercessor: For the nations of the world,

**People:** that they may act justly in their relationship with one another.

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,

**People:** that they may exercise their authority to ensure that all people are treated with due process of law.

Intercessor: For immigrants in our own country and throughout the world,

**People:** that they may know God's love through our ministry to them.

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,

**People:** that we may redouble our efforts to stand by them and seek justice for them.

Intercessor: For the sick, their families and those who care for them,

**People:** that they may know God's healing touch.

Intercessor: For the dead, the dying and their loved ones,

**People:** that they may know God's comfort and peace.

Intercessor: For us and our community,

**People:** that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.

*Celebrant adds a concluding collect*

## **Confession of Sin (BCP 330-331)**

**Celebrant:** Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

**People:**           **Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
We acknowledge and bewail our manifold sins  
and wickedness,  
which we from time to time most grievously have committed,  
by thought, word, and deed, against thy divine Majesty,  
provoking most justly thy wrath and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us,  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;  
through Jesus Christ our Lord. Amen.**

## **The Absolution (BCP 332)**

**Celebrant:** Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

## **The Peace (BCP 332)**

**Celebrant:** The peace of the Lord be always with you.

**People:**           **And with thy spirit.**

## Welcome & Announcements

### Offertory Sentence

### The Offering

## The Holy Communion

### The Great Thanksgiving (Prayer I, BCP 333)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Please kneel, or stand, as you are able.*

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our

Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All:                   Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

**Celebrant:**           Alleluia. Christ our Passover is sacrificed for us.

**People:**             **Therefore let us keep the feast. Alleluia**

**Celebrant:**           O Lamb of God, that takest away the sins of the world,

**People:**             **Have mercy upon us.**

**Celebrant:**           O Lamb of God, that takest away the sins of the world,

**People:**             **Have mercy upon us.**

Celebrant: O Lamb of God, that takest away the sins of the world,  
People: **Grant us thy peace.**

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

### **Post-Communion Prayer (BCP 339)**

Celebrant: Let us pray.

**All:** Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **Blessing**

Celebrant: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.  
**Amen.**

*Please stand as you are able*

### **Dismissal (BCP 340)**

Celebrant: Alleluia. Alleluia. Go in peace to love and serve the Lord.  
People: **Thanks be to God. Alleluia. Alleluia.**

*Altar Flowers given by  
Greg & Wanda Rixon in Memory of Ernie and Gina Rixon*

## PRAYER LIST:

*(Please email [prayer@saint-timothys.org](mailto:prayer@saint-timothys.org) with any prayer concerns.)*

**Repose of the Soul:** Doris Angeley Rummel (mother of Linda Cook)

**Health:** Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Giovanni Tagnesi, Weldon Showalter, Sr. (father of Jim Showalter), Sarah Daly (mother of Sarah Daly), Walter Hinostroza (stroke), John Freeman, David Manser, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Charlotte Budnick (broken leg), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio).

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins)

## THIS WEEK at ST. TIMOTHY'S

### Sunday, June 28

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:00 AM Adult Forum – Henry Hall/Livestream  
9:15 AM Choir Rehearsal – Music Room  
10:00 AM EOW Holy Eucharist – Sanctuary/Livestream

### Monday, June 29 -

12:15 PM Step into Recovery – AA  
7:00 PM Hope for Today – Al Anon  
8:30 PM Monday Night Milkshake Group – AA

### Tuesday, June 30

7:00 PM – Tim Allen Spanish Class – C1

### Wednesday, July 1

10:00 AM Hablamos Español - Conference Room  
2:00 PM Pre-School Board Meeting – C1  
4:00 PM DanceWorx - Narthex

### Thursday, July 2

No Scheduled Events

### Friday, July 3 – Office Closed

7:00 PM Progress Group – AA

### Saturday, July 4

9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM La Santa Misa –  
Sanctuary & Henry Hall & Kitchen

# Save the Date for Shrine Mont Weekend!



Save the Date for Shrine Mont 2026 Retreat: Save the date for St. Timothy's Annual Parish Weekend at Shrine Mont, happening **September 18th – 20th**, 2026. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$198 (double occupancy) or \$258 (single occupancy). All children 17 and under will attend for FREE! There are also "Day Participant" rates. Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at [RetreatCoordinator@saint-timothys.org](mailto:RetreatCoordinator@saint-timothys.org).



- Help students start off the year right by participating in the Service Ministry's back-to-school drive! This year we will be collecting backpacks suitable for high school students (the most in demand). Stores like Costco, BJ's, Target and Walmart usually have these items in good supply. Items may be brought to the church on Sunday's or during weekday office hours and will be delivered to Cornerstones in late July. Here's what we need and when:
- Fifty brand new backpacks (without wheels) measuring 17-19" in height.
- Bring your backpacks to St. Timothy's on Sundays starting July 5th and concluding July 26th. You may also drop off during St. Tim's office hours. We will have a large bin in the Narthex for collection.
- If you have an Amazon Prime account Amazon account, you may also purchase backpacks online and have them shipped directly to St. Tim's @ 432 VanBuren Street, Herndon, VA 20170. Here is an example of a backpack suitable for a high school student: <https://a.co/d/0fVdgL6P>
- If it's easier, we will be happy to shop for you using the church's tax-free Amazon account. Simply make out a check to St. Timothy's with Service Ministry on the memo line and place it in the offering plate or bring it to the church office. You may also donate through the church's secure credit card portal at the following link: Service Ministry Fund
- The Service Ministry appreciates the good people of St. Timothy's who put their faith to work for those in need in our community! Questions? Write to [service@saint-timothys.org](mailto:service@saint-timothys.org) or speak with a member of the Service Ministry.



703-437-3790



[www.saint-timothys.org](http://www.saint-timothys.org)

# Tree-mendous adventure awaits!

Our 2026 Vacation Bible School is next month:  
July 27 - Friday July 31. VBS will be open to  
ages 4 to rising 5th grades and run from 9am to  
12pm. (Cost: \$50 per child w/ scholarships  
available). In a change from last year, the  
afternoons (12pm to 4pm) will be run by trusted  
teenagers (\$100 per child).

Scan the **QR code** to  
Register your camper OR as  
an teen/ adult volunteer.



St. Timothy's Episcopal Church

# LAY EUCCHARISTIC MINISTERS NEEDED



**St. Timothy's is looking for more LEMs to volunteer at the altar during services. No prior experience is required.**

**LEMs assist roughly once every 4-5 weeks and participate in readings, prayers, and serving communion.**

**Volunteers will receive training prior to serving.**



If you're interested or have questions, please reach out to Danny Wechtenhiser at [mrvnnk9@verizon.net](mailto:mrvnnk9@verizon.net) and/or Kristie Rudolph at [kristie.g.rudolph@gmail.com](mailto:kristie.g.rudolph@gmail.com).

**SEMIQUINCENTENNIAL  
LECTURE #5**

**AMERICA**

**250**

As the United States celebrates its 250<sup>th</sup> birthday this year, Charles+ will offer a series of talks throughout the year that take a look at the intersection between faith and our nation's history. Join us Sunday June 28th, in Henry Hall at 9 AM (also online). This month: THE CIVIL WAR!



## **Summer Hymn Sing Returns July 26th!**

What's your favorite hymn? Find it and be ready to call it out - we are having a hymn sing! On Sunday, July 26, in place of the sermon at the 8:00 and 10:00 services, we are going to sing St. Timothy's favorite hymns. Try to stump the organist with a request from our blue hymnal (1982) or the green supplement (Wonder, Love, and Praise).

Have your choice ready - any season, any theme, any time! If you found your request is in our blue hymnal or green supplement, you've already done your homework and there's nothing more you need to do. If you have a hymn you're dying to sing that's not in our Episcopal repertoire, please email Todd at [music@saint-timothys.org](mailto:music@saint-timothys.org) and he will make it happen.