



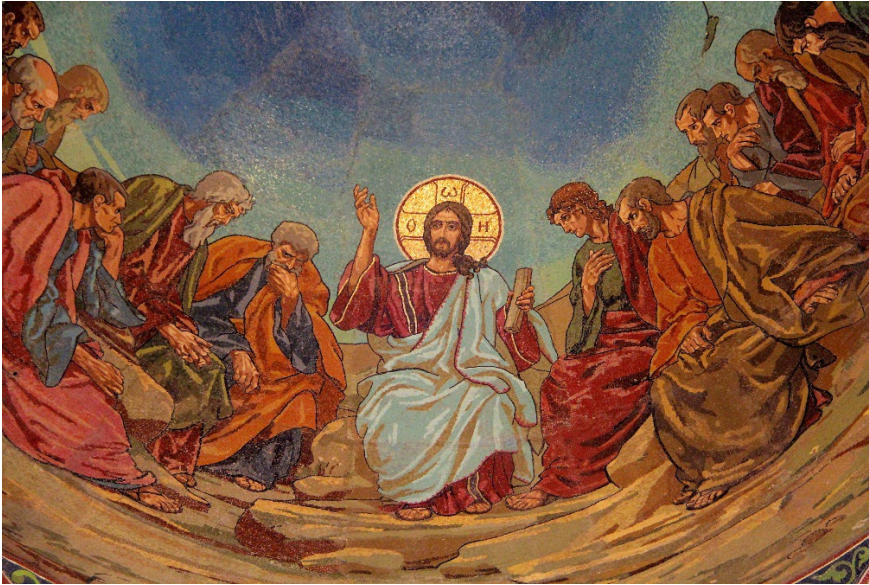
ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, July 12, 2026

Proper 10 (7th Sunday after Pentecost)

10 am



Weekly Services:

Sunday, 8:00 am
Sunday, 10:00 am
Sábado, 7:00 pm

Holy Eucharist Rite I, spoken
Holy Eucharist EOW, with Choir
Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwaredunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)
Christine Cozza (2029)
Varun Lal (2029)
Sharon Nachman (2027)

Terry Dominiak (alternate)
John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)
Johnny Ellis (2028)
Gene Mechling (2029)
Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Flute Solo

Thomas Arne

At the tolling of the bell, all stand.

Opening Hymn (377)

All People That on Earth Do Dwell

Old 100th

Opening Acclamations (EOW 50)

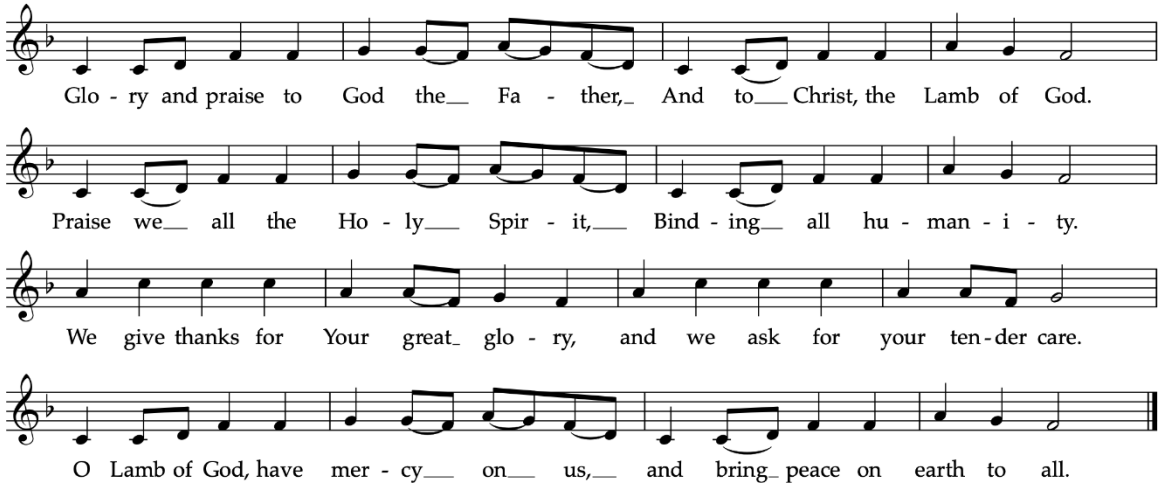
Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever.**

Gloria

Glory and Praise to God

Holy Manna



Glo - ry and praise to God the Fa - ther, And to Christ, the Lamb of God.

Praise we all the Ho - ly Spir - it, Bind - ing all hu - man - i - ty.

We give thanks for Your great glo - ry, and we ask for your ten - der care.

O Lamb of God, have mer - cy on us, and bring peace on earth to all.

The Collect of the Day (EOW 52) *Children may head to Godly Play after this reading*

Celebrant: God be with you.

People: **And also with you.**

Celebrant: Jesus, the true bread that comes down from heaven: leaven us with your Holy Spirit, that the world may know the abundance of life in your new creation. **Amen.**

Please be seated.

The Lessons

A Reading from Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,
making it bring forth and sprout,
giving seed to the sower and bread to the eater,
so shall my word be that goes out from my mouth;
it shall not return to me empty,
but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.
For you shall go out in joy,
and be led back in peace;
the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;
and it shall be to the LORD for a memorial,
for an everlasting sign that shall not be cut off.

Reader: Here what the Spirit is saying to God's people.

People: **Thanks be to God.**

Psalm 65:9-14 *Spoken responsively by the half verse*

9 You visit the earth and water it abundantly;
you make it very plenteous; *
the river of God is full of water.

10 You prepare the grain, *
for so you provide for the earth.

11 You drench the furrows and smooth out the ridges; *
with heavy rain you soften the ground and bless its increase.

12 You crown the year with your goodness, *
and your paths overflow with plenty.

13 May the fields of the wilderness be rich for grazing, *
and the hills be clothed with joy.

14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with grain; *
let them shout for joy and sing.

A Reading from Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn 440

Blessed Jesus, At Thy Word

Liebster Jesu

Holy Gospel: Matthew 13:1-9,18-23

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon

The Very Rev. Katherine Ragsdale

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.

Please kneel, or stand, as you are able.

The Prayers of the People

Intercessor: For peace throughout the world

People: and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,

People: that it may grow spiritually united and live out the values of the Gospel in good times and in bad times.

Intercessor: For all bishops, priests, deacons,
People: that they worthily preach the Word and administer the Sacraments.

Intercessor: For the nations of the world,
People: that they may act justly in their relationship with one another

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,
People: that they may exercise their authority to ensure that all people are treated with due process of law.

Intercessor: For immigrants in our own country and throughout the world,
People: that they may know God's love through our ministry to them.

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,
People: that we may redouble our efforts to stand by them and seek justice for them.

Intercessor: For the sick, their families and those who care for them,
People: that they may know God's healing touch.

Intercessor: For the dead, the dying and their loved ones,
People: that they may know God's comfort and peace.

Intercessor: For us and our community,
People: that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.

Celebrant adds a concluding collect

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution (EOW 56)

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

Micah 6: 6-8
(Joe Weeden, soloist)

John Ness Beck

Please stand as you are able.

Presentation Hymn 380 (v.3)

Praise God, From Whom All Blessings Flow

Old 100th

Holy Communion- Eucharistic Prayer 3 (EOW 62)

The Great Thanksgiving

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

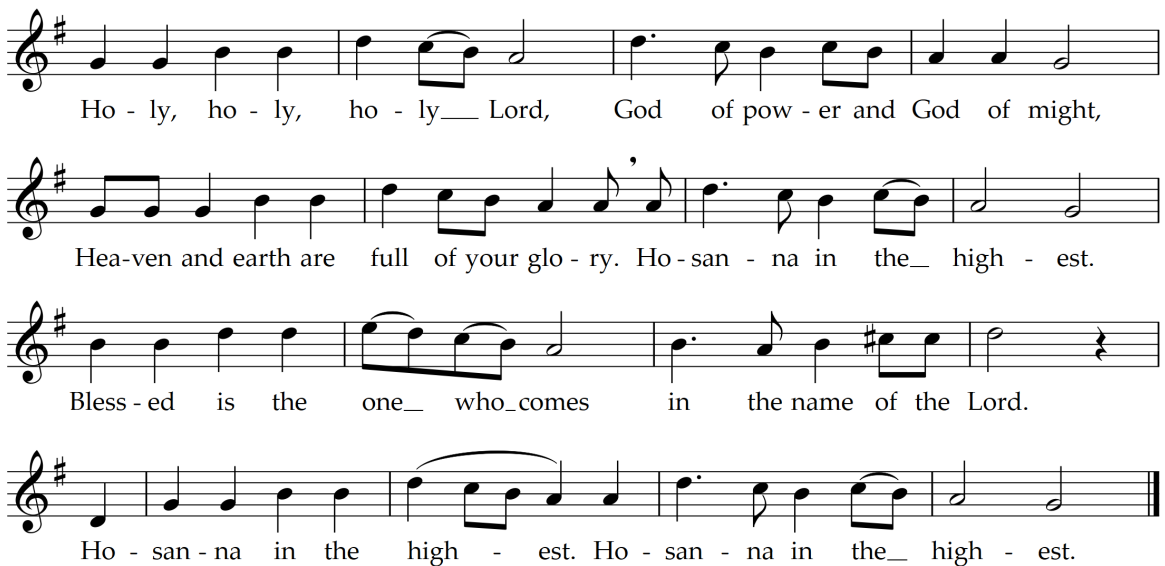
Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

The Sanctus

Holy, Holy, Holy Lord



Please kneel or stand as able.

Presider: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Presider: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Timothy and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you

our God and Creator in voices of unending praise.

Presider and People: **Blessed are you now and for ever. AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The bread is broken. Silence is kept.

The Fraction (WLP 877)

The Disciples Knew the Lord Jesus

Mark Sedio



The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

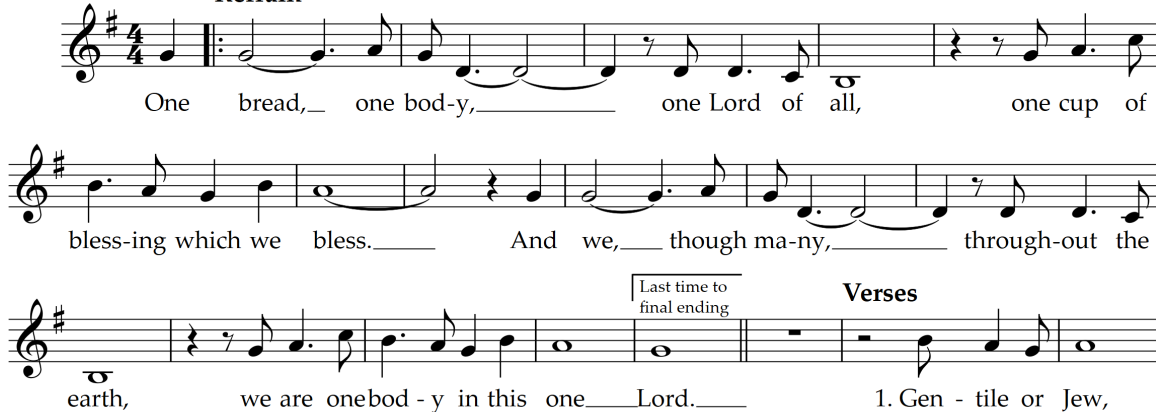
Administration of Communion

Communion Hymn (LEVAS 151)

One Bread, One Body

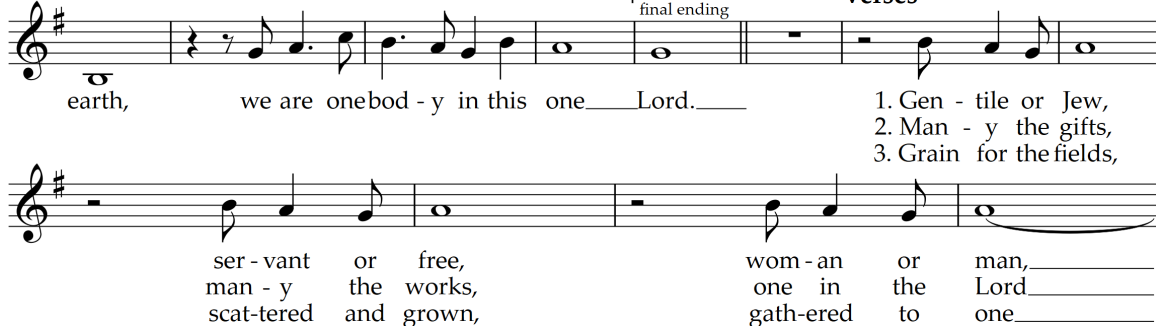
John B. Foley

Refrain

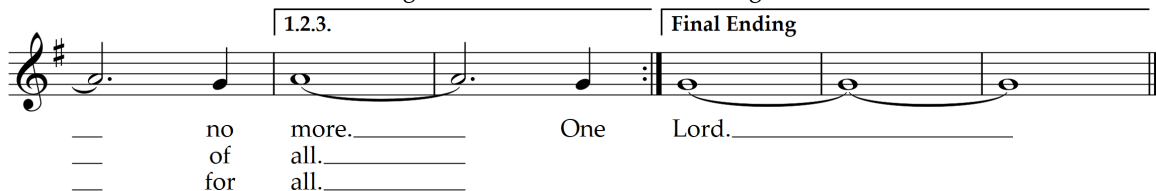


One bread, one bod-y, one Lord of all, one cup of
bless-ing which we bless. And we, though ma-ny, through-out the
earth, we are onebod - y in this one Lord.

Verses



1. Gen - tile or Jew,
2. Man - y the gifts,
3. Grain for the fields,
ser - vant or free, wom - an or man,
man - y the works, one in the Lord
scat-tered and grown, gath-ered to one



1.2.3. Final Ending
no more. One Lord.
of all.
for all.

Please kneel or stand as able.

Postcommunion Prayer (EOW 70)

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing (EOW 71)

Celebrant: Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. Amen.

Please stand as you are able.

Closing Hymn (530)

Spread, O Spread, Thou Mighty Word

Gott sei Dank

Dismissal (BCP 366)

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God.

Postlude

Trumpet Intrada

John Dixon

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Altar Flowers given by

Jonathan & Midori In Thanksgiving for Family

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins), Lynn W. (abdominal cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, July 12

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Choir Rehearsal – Music Room

10:00 AM EOW Holy Eucharist – Sanctuary/Livestream

Monday, July 13

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – Al Anon

7:30 PM Monday Night Milkshake Group – AA

7:30 PM Service Ministry Meeting - Conference Room

Tuesday, July 14

7:00 PM Spanish Class –Henry Hall

Wednesday, July 15

10:00 AM Hablamos Espanol - Conference Room

4:00 PM DanceWorx - Narthex

Thursday, July 16- No Scheduled Events

Friday, July 17

7:00 PM Progress Group – AA

Saturday, July 18

9:00 AM Altar Guild Set-Up – Sanctuary

**12:00 PM Social Justice Ministry Prayer Service-
Off Campus**

7:00 PM La Santa Misa –

Sanctuary & Henry Hall & Kitchen

Tree-mendous adventure awaits!

Our 2026 Vacation Bible School is next month:
July 27 - Friday July 31. VBS will be open to
ages 4 to rising 5th grades and run from 9am to
12pm. (Cost: \$50 per child w/ scholarships
available). In a change from last year, the
afternoons (12pm to 4pm) will be run by trusted
teenagers (\$100 per child).

Scan the **QR code** to
Register your camper OR as
an teen/ adult volunteer.





- Help students start off the year right by participating in the Service Ministry's back-to-school drive! This year we will be collecting backpacks suitable for high school students (the most in demand). Stores like Costco, BJ's, Target and Walmart usually have these items in good supply. Items may be brought to the church on Sunday's or during weekday office hours and will be delivered to Cornerstones in late July. Here's what we need and when:
- Fifty brand new backpacks (without wheels) measuring 17-19" in height.
- Bring your backpacks to St. Timothy's on Sundays starting July 5th and concluding July 26th. You may also drop off during St. Tim's office hours. We will have a large bin in the Narthex for collection.
- If you have an Amazon Prime account Amazon account, you may also purchase backpacks online and have them shipped directly to St. Tim's @ 432 VanBuren Street, Herndon, VA 20170. Here is an example of a backpack suitable for a high school student: <https://a.co/d/0fVdgL6P>
- If it's easier, we will be happy to shop for you using the church's tax-free Amazon account. Simply make out a check to St. Timothy's with Service Ministry on the memo line and place it in the offering plate or bring it to the church office. You may also donate through the church's secure credit card portal at the following link: Service Ministry Fund
- The Service Ministry appreciates the good people of St. Timothy's who put their faith to work for those in need in our community! Questions? Write to service@saint-timothys.org or speak with a member of the Service Ministry.



703-437-3790



www.saint-timothys.org



Preschool Registration



As you know, St. Timothy's Episcopal Church is home to a thriving preschool that is celebrating its **52nd anniversary** this year. For more than half a century, St. Timothy's Pre-School has welcomed young children and their families, making it one of only a few preschools in Fairfax County that have served the community continuously for over 50 years. That is a remarkable legacy, and one we can all be proud of.

This year also marks an exciting new chapter as we welcome our new Director, Allison McMullin, who is eager to build on the strong foundation established over the past five decades.

The Pre-School recently wrapped up a fun-filled Summer Camp. Our campers "traveled" the world, learning about different countries before diving under the sea to explore ocean life. The halls were filled with colorful flags, snorkels, seashells, laughter, and plenty of imagination!

St. Timothy's Pre School continues to offer a developmentally appropriate, play-based program. We are blessed with an **exceptional teaching staff**, remarkably low staff turnover, and **loyal families** who help create a caring community that is truly an **extension of our church**.

Like many preschools throughout our region, however, **enrollment has declined** in recent years. This isn't unique to St. Timothy's—it's a challenge facing early childhood programs across Northern Virginia. It also means that every new family matters, and we all have a role to play in helping our preschool thrive for the next 50 years.



Here's how you can help:

Spread the word. We still have openings for the fall, and personal recommendations are the number one way families choose a preschool. If you know a family with young children, please tell them about St. Timothy's Pre-School. You can also post a flyer at a local business, display a yard sign for a few weeks, or share information in your neighborhood Facebook group, HOA newsletter, or community email list. Just contact the Pre-School office and they will help.

Support our Scholarship Fund. Your gift helps ensure that families experiencing financial hardship can still provide their children with the caring, high-quality early education that St. Tim's offers. Every contribution, large or small, helps strengthen both our preschool and our church's ministry to the community.

Come to a special service on Sunday July 19th to meet our new director, talk with the Board, and celebrate our Pre-School!

Thank you for helping St. Timothy's Pre-School continue its tradition of welcoming, nurturing, and educating young children. Together, we can ensure that this extraordinary ministry continues to flourish for generations to come.

The Reverend Charles Cowherd, Chairperson of St. Timothy's Pre-School Board
Ms. Allison McMullin, Pre-School Director

PSdirector@saint-timothys.org

703-437-4767

<https://www.sttimothypreschool.com/>



Summer Hymn Sing Returns July 26th!

What's your favorite hymn? Find it and be ready to call it out - we are having a hymn sing! On Sunday, July 26, in place of the sermon at the 8:00 and 10:00 services, we are going to sing St. Timothy's favorite hymns. Try to stump the organist with a request from our blue hymnal (1982) or the green supplement (Wonder, Love, and Praise).

Have your choice ready - any season, any theme, any time! If you found your request is in our blue hymnal or green supplement, you've already done your homework and there's nothing more you need to do. If you have a hymn you're dying to sing that's not in our Episcopal repertoire, please email Todd at music@saint-timothys.org and he will make it happen.