



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, July 19, 2026

Proper 11 (8th Sunday after Pentecost)

8 am



Weekly Services:

Sunday, 8:00 am
Sunday, 10:00 am
Sábado, 7:00 pm

Holy Eucharist Rite I, spoken
Holy Eucharist EOW, with Choir
Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwardunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Jr. Warden – Wanda Rixon (2028)

Christine Cozza (2029)

Terry Dominiak (alternate)

Johnny Ellis (2028)

Varun Lal (2029)

John McGrath (2028)

Gene Mechling (2029)

Sharon Nachman (2027)

Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST- Rite I **The Word of God**

At the tolling of the bell, all stand.

Opening (BCP 323-324)

Celebrant: Blessed be God, Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Gloria (BCP 324)

All: **Glory be to God on high,
and on earth peace, good will towards men.**
**We praise thee, we bless thee,
we worship thee,**

we glorify thee,
we give thee thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.

The Collect for the Day (BCP 179)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O Lord, we beseech thee mercifully to receive the prayers of thy people who call upon thee, and grant that they may both perceive and know what things they ought to do, and also, may have grace and power faithfully to fulfill the same; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

A Reading from Isaiah 44:6-8

Thus says the Lord, the King of Israel,
and his Redeemer, the Lord of hosts:
I am the first and I am the last;
besides me there is no god.
Who is like me? Let them proclaim it,
let them declare and set it forth before me.
Who has announced from of old the things to come?
Let them tell us what is yet to be.
Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?

There is no other rock; I know not one.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalms 86:11-17 *Spoken responsively by the half verse*

11 Teach me your way, O Lord,

and I will walk in your truth; *

knit my heart to you that I may fear your Name.

12 I will thank you, O Lord my God, with all my heart, *

and glorify your Name for evermore.

13 For great is your love toward me; *

you have delivered me from the nethermost Pit.

14 The arrogant rise up against me, O God,

and a band of violent men seeks my life; *

they have not set you before their eyes.

15 But you, O Lord, are gracious and full of compassion, *

slow to anger, and full of kindness and truth.

16 Turn to me and have mercy upon me; *

give your strength to your servant;

and save the child of your handmaid.

17 Show me a sign of your favor,

so that those who hate me may see it and be ashamed; *

because you, O Lord, have helped me and comforted me.

A Reading from Romans 8:12-25

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the

children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Holy Gospel: Matthew 13:24-30, 36-43

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: **Glory be to thee, O Lord.**

Jesus put before the crowd another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!"

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.

Prayers of the People

The congregation may stand or kneel

Intercessor: For peace throughout the world

People: and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,
People: **that it may grow spiritually united and live out the values of the Gospel in good times and in bad times.**

Intercessor: For all bishops, priests, deacons,
People: **that they worthily preach the Word and administer the Sacraments.**

Intercessor: For the nations of the world,
People: **that they may act justly in their relationship with one another.**

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,
People: **that they may exercise their authority to ensure that all people are treated with due process of law.**

Intercessor: For immigrants in our own country and throughout the world,
People: **that they may know God's love through our ministry to them.**

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,
People: **that we may redouble our efforts to stand by them and seek justice for them.**

Intercessor: For the sick, their families and those who care for them,
People: **that they may know God's healing touch.**

Intercessor: For the dead, the dying and their loved ones,
People: **that they may know God's comfort and peace.**

Intercessor: For us and our community,
People: **that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

Celebrant adds a concluding collect

Confession of Sin (BCP 330-331)

Celebrant: Let us humbly confess our sins to Almighty God.
People: **Most merciful God,**
we confess that we have sinned against thee

in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen. Amen.

The Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Welcome & Announcements

Offertory Sentence

The Offering

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord.

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord
Hosanna in the highest.**

Please kneel, or stand, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,

thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast. Alleluia

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing (BCP 339)

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Ghost, be upon you, and remain with you for ever. Amen.

Please stand as you are able

Dismissal (BCP 340)

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God.

*Altar Flowers given by
Charles Conberd In Thanksgiving for Michelle Gay Conberd*

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Doris Angeley Rummel (mother of Linda Cook), Vance Hough, Jr., Laura Cochran

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, MaryAnn Garrahan, Eleanor Day, Tootie Cornwell, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins), Lynn W. (abdominal cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, July 19- LINK Food Drive/ Pre-School Sunday

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Choir Rehearsal – Music Room

10:00 AM EOW Holy Eucharist – Sanctuary/Livestream

11:15 AM Haiti Ministry Meeting – C1

Monday, July 20

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – Al Anon

7:30 PM Monday Night Milkshake Group – AA

Tuesday, July 21

7:00 PM Spanish Class – Henry Hall

7:30 PM Finance Committee Meeting - Zoom

Wednesday, July 22

4:00 PM DanceWorx – Narthex

Thursday, July 23

No Scheduled Events

Friday, July 24

7:00 PM Progress Group – AA

Saturday, July 25

8:00 AM MOST Breakfast – Off Campus

9:00 AM Altar Guild Set-Up – Sanctuary

12:00 PM Social Justice Ministry Prayer Service-
Off Campus

7:00 PM La Santa Misa –

Sanctuary & Henry Hall & Kitchen

Save the Date for Shrine Mont Weekend!



Save the Date for Shrine Mont 2026 Retreat: Save the date for St. Timothy's Annual Parish Weekend at Shrine Mont, happening **September 18th – 20th**, 2026. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$198 (double occupancy) or \$258 (single occupancy). All children 17 and under will attend for FREE! There are also "Day Participant" rates. Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.



- Help students start off the year right by participating in the Service Ministry's back-to-school drive! This year we will be collecting backpacks suitable for high school students (the most in demand). Stores like Costco, BJ's, Target and Walmart usually have these items in good supply. Items may be brought to the church on Sunday's or during weekday office hours and will be delivered to Cornerstones in late July. Here's what we need and when:
- Fifty brand new backpacks (without wheels) measuring 17-19" in height.
- Bring your backpacks to St. Timothy's on Sundays starting July 5th and concluding July 26th. You may also drop off during St. Tim's office hours. We will have a large bin in the Narthex for collection.
- If you have an Amazon Prime account Amazon account, you may also purchase backpacks online and have them shipped directly to St. Tim's @ 432 VanBuren Street, Herndon, VA 20170. Here is an example of a backpack suitable for a high school student: <https://a.co/d/0fVdgL6P>
- If it's easier, we will be happy to shop for you using the church's tax-free Amazon account. Simply make out a check to St. Timothy's with Service Ministry on the memo line and place it in the offering plate or bring it to the church office. You may also donate through the church's secure credit card portal at the following link: Service Ministry Fund
- The Service Ministry appreciates the good people of St. Timothy's who put their faith to work for those in need in our community! Questions? Write to service@saint-timothys.org or speak with a member of the Service Ministry.



703-437-3790



www.saint-timothys.org

Tree-mendous adventure awaits!

Our 2026 Vacation Bible School is next month:
July 27 - Friday July 31. VBS will be open to
ages 4 to rising 5th grades and run from 9am to
12pm. (Cost: \$50 per child w/ scholarships
available). In a change from last year, the
afternoons (12pm to 4pm) will be run by trusted
teenagers (\$100 per child).

Scan the **QR code** to
Register your camper OR as
an teen/ adult volunteer.





Preschool Registration



As you know, St. Timothy's Episcopal Church is home to a thriving preschool that is celebrating its **52nd anniversary** this year. For more than half a century, St. Timothy's Pre-School has welcomed young children and their families, making it one of only a few preschools in Fairfax County that have served the community continuously for over 50 years. That is a remarkable legacy, and one we can all be proud of.

This year also marks an exciting new chapter as we welcome our new Director, Allison McMullin, who is eager to build on the strong foundation established over the past five decades.

The Pre-School recently wrapped up a fun-filled Summer Camp. Our campers "traveled" the world, learning about different countries before diving under the sea to explore ocean life. The halls were filled with colorful flags, snorkels, seashells, laughter, and plenty of imagination!

St. Timothy's Pre School continues to offer a developmentally appropriate, play-based program. We are blessed with an **exceptional teaching staff**, remarkably low staff turnover, and **loyal families** who help create a caring community that is truly an **extension of our church**.

Like many preschools throughout our region, however, **enrollment has declined** in recent years. This isn't unique to St. Timothy's—it's a challenge facing early childhood programs across Northern Virginia. It also means that every new family matters, and we all have a role to play in helping our preschool thrive for the next 50 years.



Here's how you can help:

Spread the word. We still have openings for the fall, and personal recommendations are the number one way families choose a preschool. If you know a family with young children, please tell them about St. Timothy's Pre-School. You can also post a flyer at a local business, display a yard sign for a few weeks, or share information in your neighborhood Facebook group, HOA newsletter, or community email list. Just contact the Pre-School office and they will help.

Support our Scholarship Fund. Your gift helps ensure that families experiencing financial hardship can still provide their children with the caring, high-quality early education that St. Tim's offers. Every contribution, large or small, helps strengthen both our preschool and our church's ministry to the community.

Come to a special service on Sunday July 19th to meet our new director, talk with the Board, and celebrate our Pre-School!

Thank you for helping St. Timothy's Pre-School continue its tradition of welcoming, nurturing, and educating young children. Together, we can ensure that this extraordinary ministry continues to flourish for generations to come.

The Reverend Charles Cowherd, Chairperson of St. Timothy's Pre-School Board
Ms. Allison McMullin, Pre-School Director

PSdirector@saint-timothys.org

703-437-4767

<https://www.sttimothyspreschool.com/>



Summer Hymn Sing Returns July 26th!

What's your favorite hymn? Find it and be ready to call it out - we are having a hymn sing! On Sunday, July 26, in place of the sermon at the 8:00 and 10:00 services, we are going to sing St. Timothy's favorite hymns. Try to stump the organist with a request from our blue hymnal (1982) or the green supplement (Wonder, Love, and Praise).

Have your choice ready - any season, any theme, any time! If you found your request is in our blue hymnal or green supplement, you've already done your homework and there's nothing more you need to do. If you have a hymn you're dying to sing that's not in our Episcopal repertoire, please email Todd at music@saint-timothys.org and he will make it happen.