



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, August 16, 2026

Proper 15 (12th Sunday after Pentecost)

10 am



Weekly Services:

Sunday, 8:00 am
Sunday, 10:00 am
Sábado, 7:00 pm

Holy Eucharist Rite I, spoken
Holy Eucharist EOW, with Choir
Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwardunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)
Christine Cozza (2029)
Varun Lal (2029)
Sharon Nachman (2027)

Terry Dominiak (alternate)
John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)
Johnny Ellis (2028)
Gene Mechling (2029)
Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Morning Mood
(Rob Huizar, clarinet)

Edvard Grieg
arr. James M. Guthrie

At the tolling of the bell, all stand.

Opening Hymn 410

Praise, My Soul, the King of Heaven

Lauda Anima

Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever.**

Gloria

Glory and Praise to God

Holy Manna



Glo - ry and praise to God the Fa - ther, And to Christ, the Lamb of God.

Praise we all the Ho - ly Spir - it, Bind - ing all hu - man - i - ty.

We give thanks for Your great glo - ry, and we ask for your ten - der care.

O Lamb of God, have mer - cy on us, and bring peace on earth to all.

The Collect of the Day (EOW 52)

Celebrant: God be with you.

People: And also with you.

Celebrant: God of unchangeable power, when you fashioned the world the morning stars sang together and the host of heaven shouted for joy; open our eyes to the wonders of creation and teach us to use all things for good, to the honor of your glorious name; through Jesus Christ our Lord. **Amen.**

Please be seated.

The Lessons

A Reading from Isaiah 56:1,6-8

Thus says the Lord:

Maintain justice, and do what is right,
for soon my salvation will come,
and my deliverance be revealed.

And the foreigners who join themselves to the Lord,
to minister to him, to love the name of the Lord,
and to be his servants,
all who keep the sabbath, and do not profane it,
and hold fast my covenant--
these I will bring to my holy mountain,
and make them joyful in my house of prayer;

their burnt offerings and their sacrifices
will be accepted on my altar;
for my house shall be called a house of prayer
for all peoples.

Thus says the Lord God,
who gathers the outcasts of Israel,
I will gather others to them
besides those already gathered.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

Psalm 67 *Spoken responsively by the half-verse*

Deus misereatur

- 1 May God be merciful to us and bless us, *
show us the light of his countenance and come to us.
- 2 Let your ways be known upon earth, *
your saving health among all nations.
- 3 Let the peoples praise you, O God; *
let all the peoples praise you.
- 4 Let the nations be glad and sing for joy, *
**for you judge the peoples with equity
and guide all the nations upon earth.**
- 5 Let the peoples praise you, O God; *
let all the peoples praise you.
- 6 The earth has brought forth her increase; *
may God, our own God, give us his blessing.
- 7 May God give us his blessing, *
and may all the ends of the earth stand in awe of him.

A Reading from Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn 706

In Your Mercy

Halton Holgate

Holy Gospel: Matthew 15:21-28

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon

The Rev. Charles R. Cowherd

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;

**On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.**
**We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son;
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.**
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.

Please kneel, or stand, as you are able.

The Prayers of the People

Intercessor: For peace throughout the world

People: **and that God's justice may guide relations between nations.**

Intercessor: For the holy church of God,

People: **that it may grow spiritually united and live out the values of the Gospel in good times and in bad times.**

Intercessor: For all bishops, priests, deacons,

People: **that they worthily preach the Word and administer the Sacraments.**

Intercessor: For the nations of the world,

People: **that they may act justly in their relationship with one another**

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,

People: **that they may exercise their authority to ensure that all people are treated with due process of law.**

Intercessor: For immigrants in our own country and throughout the world,

People: **that they may know God's love through our ministry to them.**

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,

People: **that we may redouble our efforts to stand by them and seek justice for them.**

Intercessor: For the sick, their families and those who care for them,
People: **that they may know God's healing touch.**

Intercessor: For the dead, the dying and their loved ones,
People: **that they may know God's comfort and peace.**

Intercessor: For us and our community,
People: **that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

Celebrant adds a concluding collect

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Absolution (EOW 56)

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

Be Thou My Vision & Simple Gifts
(Rob Huizar, clarinet)

arr. Robert J. Powell

Please stand as you are able.

Presentation Hymn 380 (v.3) *Praise God, From Whom All Blessings Flow*

Old 100th

Holy Communion- Eucharistic Prayer 3 (EOW 62)

The Great Thanksgiving

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

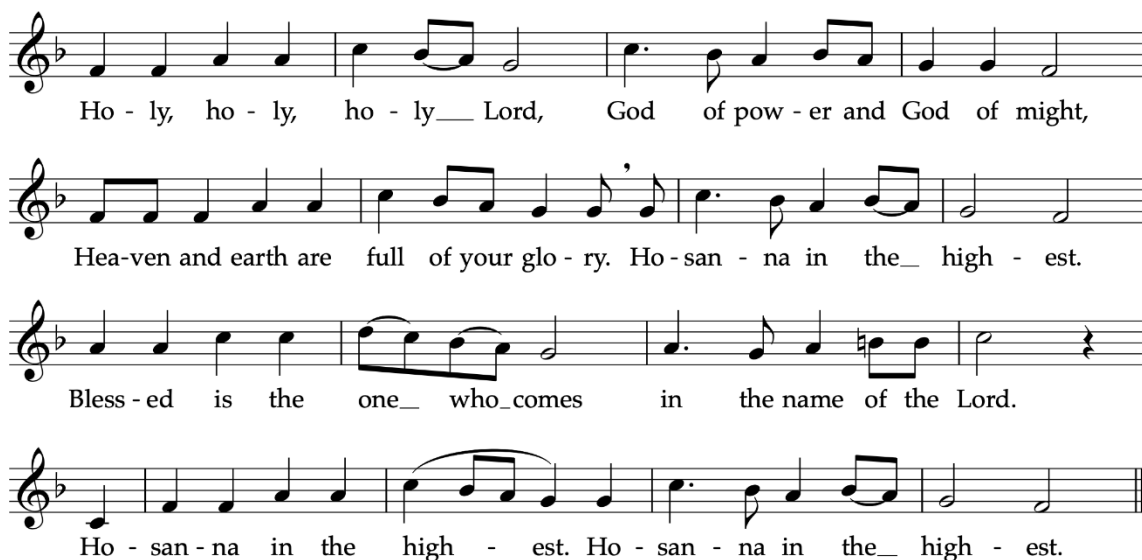
People: It is right to give our thanks and praise.

Presider: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

The Sanctus

Holy, Holy, Holy Lord

Llanfair



Ho - ly, ho - ly, ho - ly__ Lord, God of pow - er and God of might,
Hea-ven and earth are full of your glo - ry. Ho - san - na in the__ high - est.
Bless - ed is the one__ who comes in the name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the__ high - est.

Please kneel or stand as able.

Presider: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All: Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Presider: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Timothy and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People: Blessed are you now and for ever. AMEN.

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The bread is broken. Silence is kept.

Choir



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

Choir



The bread which we break, al - le - lu - ia, is the commun-ion of the bod - y of Christ.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

Choir



One bo - dy are we, al - le - lu - ia, though ma - ny we share one bread.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.____

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion**Communion Hymn 470***There's a Wideness in God's Mercy*

Beecher

*Please kneel or stand as able.***Postcommunion Prayer (EOW 70)**

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing (EOW 71)

Celebrant: Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. **Amen.**

Please stand as you are able.

Closing Hymn 539

O Zion, Haste, Thy Mission High Fulfilling

Tidings

Dismissal (BCP 366)

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Prelude & Fugue in B-flat

Johann S. Bach

Music inserts used by permission. One License A-740942

Altar Flowers given by

Andy & Carolyn Hamm with thanks for our children – Margaret, William & Christina and our grandson Henry

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Tootie Cornwell (father of Wanda Rixon)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio), Judy Cromb (cancer)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, Eleanor Day, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins), Lynn W. (abdominal cancer), Linda Phillips (cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, August 16

8:00 AM Rite I Holy Eucharist – Sanctuary
9:15 AM Choir Rehearsal – Music Room
10:00 AM EOW Holy Eucharist – Sanctuary/Livestream
11:15 AM – Haiti Ministry Meeting – C1

Monday, August 17

12:15 PM Step into Recovery – AA
7:00 PM Hope for Today – Al Anon
7:30 PM Monday Night Milkshake Group – AA

Tuesday, August 18

No Scheduled Activities

Wednesday, August 19

10:00 AM Hablamos Espanol - Conference Room
7:30 PM Finance Committee Meeting – Zoom

Thursday, August 20

No Scheduled Activities

Friday, August 21

7:00 PM Progress Group – AA

Saturday, August 22

8:00 AM MOST Breakfast – Virginia Kitchen
9:00 AM Altar Guild Set-Up – Sanctuary
10:00 AM St. Timothy's Preschool Play Date –
Playground
11:00 AM St. Timothy's Preschool Blessing of the
Backpacks – Playground
12:00 PM Social Justice Ministry Prayer Service -
Off Campus
7:00 PM La Santa Misa – Sanctuary & Henry Hall

Save the
Date for
Shrine Mont
Weekend!



Save the Date for Shrine Mont 2026 Retreat: Save the date for St. Timothy's Annual Parish Weekend at Shrine Mont, happening **September 18th – 20th**, 2026. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$198 (double occupancy) or \$258 (single occupancy). All children 17 and under will attend for FREE! There are also "Day Participant" rates. Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.

ST. TIMOTHY'S MEMORIAL GARDEN

Those buried in the Memorial Garden and the Columbarium are listed on the plaque at the back of the sanctuary and on the St. Tim's [FindAGrave Website](#).

If they are not listed there...



ST. TIM'S PARISHIONERS ARE DEVELOPING AN APP TO GUIDE FOLKS WHOSE LOVED ONES ARE BURIED ON OUR CAMPUS GROUNDS. SOME INDIVIDUALS WERE BURIED WITHOUT A MARKER. PLEASE LET US KNOW IF YOU'RE AVAILABLE TO HELP LOCATE THE SPOTS OF THOSE PARISHIONERS. CONTACT CHARLES+ AT PRIEST@SAINT-TIMOTHYS.ORG

ANNOUNCEMENT FROM THE RECTOR & VESTRY OF ST. TIMOTHY'S

Dear Parish
Family, I am
beyond excited to
announce that the
Reverend
Marycelis Otero,
currently a priest
in the Diocese of
Atlanta, has
accepted our call
to be the next
Associated Rector
at St. Tim's!!!



Please check your
email for the message
that went out earlier
this week :)



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EST. HERNDON, VA • 1868

UPCOMING EVENTS- FALL 2026

8/23/2026

WELCOME HOME SUNDAY
Blessing of the Backpacks
& Sunday Adult Forum:
"We are the Church"



8/29/2026

LATINO FAMILY PICNIC
& Bilingual Eucharist
(Saturday 3:30 pm)



9/5 + 9/6

MEET our ASSOCIATE RECTOR
Welcome Mother Marycelis+
to St. Tim's (Sat. and Sun.)



9/13/2026

MEET our NEW SEMINARIAN
Garry Sloan, VTS Class of 2028



9/18 - 9/20

ANNUAL PARISH WEEKEND:
Shrine Mont Retreat
led by the Rev. Yuri Rodriguez



10/4/2026

BLESSING of the ANIMALS
Feast of St. Francis
Chapel Grounds, 5 pm



The Feast of
ST. FRANCIS OF
ASSISI
October 4

www.saint-timothys.org

Welcome Home Sunday

Come see old friends and
meet new ones as we gather
back after Summer Break!

Be sure not to miss:

- 1) Blessing of the Backpacks (8 am and 10 am)
- 2) Return to Rite II and our Adult Choir (10 am)
- 3) Sunday Adult Forum: History of St. Tim's in 1876
(9 am and via Livestream)

AUGUST 23^{R D}, 2026



ST. TIMOTHY'S
EPISCOPAL CHURCH • 1868