



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, August 2, 2026

VACATION BIBLE SCHOOL SUNDAY

10 am



Weekly Services:

Sunday, 8:00 am

Holy Eucharist Rite I, spoken

Sunday, 10:00 am

Holy Eucharist EOW, with Choir

Sábado, 7:00 pm

Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwaredunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Pre-School Director (x14)

PSDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary, or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)
Christine Cozza (2029)
Varun Lal (2029)
Sharon Nachman (2027)

Terry Dominiak (alternate)
John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)
Johnny Ellis (2028)
Gene Mechling (2029)
Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Liebster Jesu

Johann S. Bach

(Blessed Jesus, at thy word we are gathered to hear thee)

At the tolling of the bell, all stand.

Opening Hymn 400 (v 1,4,5,7)

All Creatures of Our God and King

Lasst uns erfreuen

Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever.**

Gloria

Glory and Praise to God

Holy Manna



Glo - ry and praise to God the Fa - ther, And to Christ, the Lamb of God.

Praise we all the Ho - ly Spir - it, Bind - ing all hu - man - i - ty.

We give thanks for Your great glo - ry, and we ask for your ten - der care.

O Lamb of God, have mer - cy on us, and bring peace on earth to all.

The Collect of the Day (EOW 52)

Celebrant: God be with you.

People: And also with you.

Celebrant: Jesus, the true bread that comes down from heaven: leaven us with your Holy Spirit, that the world may know the abundance of life in your new creation. **Amen.**

Please be seated.

The Lessons

A Reading from Deuteronomy 33:13-16a,26-27a

And of Joseph he said,

“Blessed by the Lord be his land,
with the choice gifts of heaven above
and of the deep that lies beneath,
with the choice fruits of the sun
and the rich yield of the months,
with the finest produce of the ancient mountains
and the abundance of the everlasting hills,
with the choice gifts of the earth and its fullness
and the favor of the one who dwells in the bush.

There is none like God, O Jeshurun,

who rides through the heavens to your help,
majestic through the clouds.
The Eternal God is a dwelling place,
from underneath are his everlasting arms.
Reader: Hear what the Spirit is saying to God's people.
People: **Thanks be to God.**

Psalms 139:1-11, 22-23 (Read responsively by half-verse)

- 1 LORD, you have searched me out and known me; *
**you know my sitting down and my rising up;
you discern my thoughts from afar.**
- 2 You trace my journeys and my resting-places *
and are acquainted with all my ways.
- 3 Indeed, there is not a word on my lips, *
but you, O LORD, know it altogether.
- 4 You press upon me behind and before *
and lay your hand upon me.
- 5 Such knowledge is too wonderful for me; *
it is so high that I cannot attain to it.
- 6 Where can I go then from your Spirit? *
where can I flee from your presence?
- 7 If I climb up to heaven, you are there; *
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning *
and dwell in the uttermost parts of the sea,
- 9 Even there your hand will lead me *
and your right hand hold me fast.
- 10 If I say, "Surely the darkness will cover me, *
and the light around me turn to night,"
- 11 Darkness is not dark to you;
the night is as bright as the day; *
darkness and light to you are both alike.
- 22 Search me out, O God, and know my heart; *
try me and know my restless thoughts.

23 Look well whether there be any wickedness in me *
and lead me in the way that is everlasting.

A Reading from Romans 9:1-5

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn 405

All Things Bright and Beautiful

Merry Oak

Holy Gospel: Matthew 14:13-21

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon

Vacation Bible School Video

The Nicene Creed (BCP 326)

People: We believe in one God,

the Father Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father;
 Through him all things were made.
 For us and for our salvation he came down from heaven:
 by the power of the Holy Spirit he became incarnate from the Virgin
 Mary, and was made man;
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried;
 On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son;
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead, and the life of the world to come.
 Amen.

Please kneel, or stand, as you are able.

The Prayers of the People

Intercessor: For peace throughout the world
 People: and that God's justice may guide relations between nations.

Intercessor: For the holy church of God,
 People: that it may grow spiritually united and live out the values of the Gospel in
 good times and in bad times.

Intercessor: For all bishops, priests, deacons,
People: **that they worthily preach the Word and administer the Sacraments.**

Intercessor: For the nations of the world,
People: **that they may act justly in their relationship with one another**

Intercessor: For all who hold executive, legislative or judicial power in our nation, state and community,
People: **that they may exercise their authority to ensure that all people are treated with due process of law.**

Intercessor: For immigrants in our own country and throughout the world,
People: **that they may know God's love through our ministry to them.**

Intercessor: For the poor, for refugees, for the oppressed, for those who have lost health care, for victims of war and for the unemployed,
People: **that we may redouble our efforts to stand by them and seek justice for them.**

Intercessor: For the sick, their families and those who care for them,
People: **that they may know God's healing touch.**

Intercessor: For the dead, the dying and their loved ones,
People: **that they may know God's comfort and peace.**

Intercessor: For us and our community,
People: **that united in love with St. Timothy and all the saints, we may grow in loving acceptance of all God's creation.**

Celebrant adds a concluding collect

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Absolution (EOW 56)

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

How Deep the Father's Love for Us
(Johanna & Evelyn Smith, duet)

Stuart Townend/
arr. Larry Shackley

Please stand as you are able.

Presentation Hymn 380 (v.3) *Praise God, From Whom All Blessings Flow*

Old 100th

Holy Communion- Eucharistic Prayer 3 (EOW 62)

The Great Thanksgiving

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

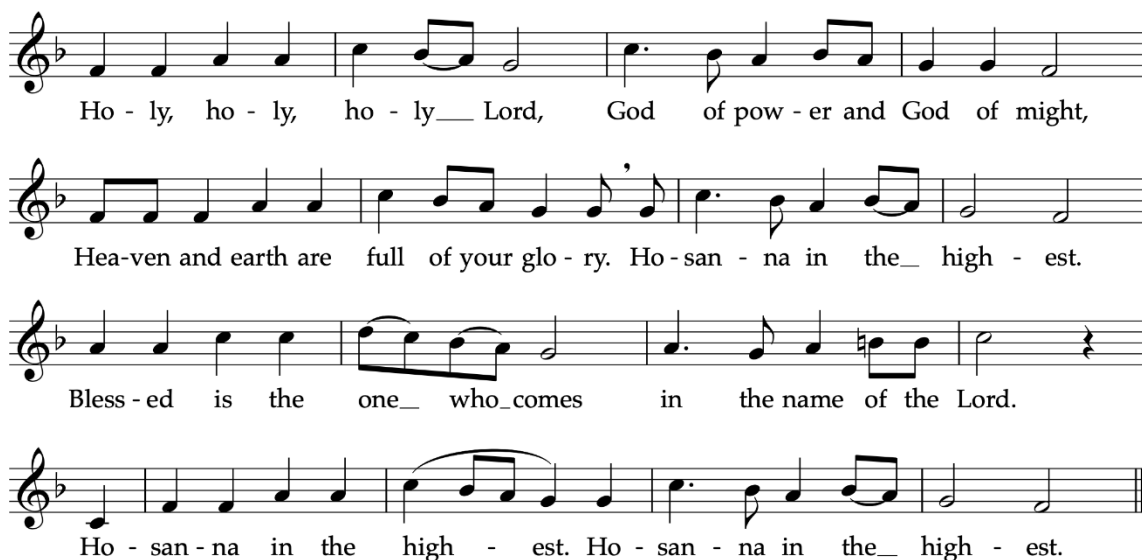
People: It is right to give our thanks and praise.

Presider: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

The Sanctus

Holy, Holy, Holy Lord

Llanfair



Ho - ly, ho - ly, ho - ly__ Lord, God of pow - er and God of might,
Hea-ven and earth are full of your glo - ry. Ho - san - na in the__ high - est.
Bless - ed is the one__ who comes in the name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the__ high - est.

Please kneel or stand as able.

Presider: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All: Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Presider: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be

a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Timothy and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People: Blessed are you now and for ever. AMEN.

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The bread is broken. Silence is kept.

The Fraction WLP 877

The Disciples Knew the Lord Jesus

Mark Sedio



The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn 304 *I Come with Joy to Meet my Lord* Land of Rest

Please kneel or stand as able.

Postcommunion Prayer (EOW 70)

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing (EOW 71)

Celebrant: Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. **Amen.**

Please stand as you are able.

Closing Hymn 490 *I Want to Walk as a Child of the Light* Houston

Dismissal (BCP 366)

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God.

Postlude

Rigaudon

André Campra
(French, 1660-1744)

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*Altar Flowers given by
Annie Katz in Memory of Marvella & Robert Foley*

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Laura Cochran, Sipreana Fernandez (aunt of Maria Fernandez), Tootie Cornwell (father of Wanda Rixon)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio), Judy Crompton (cancer)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, Eleanor Day, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilborough (friend of Belinda Collins), Lynn W. (abdominal cancer), Linda Phillips (cancer)

THIS WEEK at ST. TIMOTHY'S

Sunday, August 2- VBS Sunday

8:00 AM Rite I Holy Eucharist – Sanctuary
9:15 AM Choir Rehearsal – Music Room
10:00 AM EOW Holy Eucharist – Sanctuary/Livestream
11:00 AM Women of St. Timothy's Meeting – C1

Monday, August 3

12:15 PM Step into Recovery – AA
7:00 PM Hope for Today – Al Anon
7:30 PM Monday Night Milkshake Group – AA

Tuesday, August 4

7:00 PM Spanish Class – Henry Hall

Wednesday, August 5

10:00 AM Hablamos Español - Conference Room
10:00 AM Red Cross Blood Drive - Henry Hall
4:00 PM DanceWorx - Narthex
6:30 PM Worship Committee Meeting - Zoom

Thursday, August 6

No Scheduled Activities

Friday, August 7

7:00 PM Progress Group – AA

Saturday, August 8

9:00 AM Altar Guild Set-Up – Sanctuary
12:00 PM Social Justice Ministry Prayer Service -
Off Campus
7:00 PM La Santa Misa –
Sanctuary & Henry Hall & Kitchen

Sunday August 9th, 2026 8 and 10 am

St. Timothy's will host a special guest from the Diocese next weekend. The Reverend Deacon Frederico Garza, Archdeacon for the Diocese of Virginia, will preach at both Sunday services and **lead a Sunday Adult Forum in between**. He will speak on Vocation, Discipleship and what it means to be a Deacon in the Episcopal Church. Deacon Garza, named Archdeacon by Bishop Mark Stevenson in 2024, works at the nonprofit *Food For The Poor*, and has been a deacon in the Diocese since 2012.



Save the Date for Shrine Mont Weekend!



Save the Date for Shrine Mont 2026 Retreat: Save the date for St. Timothy's Annual Parish Weekend at Shrine Mont, happening **September 18th – 20th** . 2026. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$198 (double occupancy) or \$258 (single occupancy). All children 17 and under will attend for FREE! There are also "Day Participant" rates. Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org .

ST. TIMOTHY'S MEMORIAL GARDEN

Those buried in the Memorial Garden and the Columbarium are listed on the plaque at the back of the sanctuary and on the St. Tim's [FindAGrave Website](#).

If they are not listed there...



ST. TIM'S PARISHIONERS ARE DEVELOPING AN APP TO GUIDE FOLKS WHOSE LOVED ONES ARE BURIED ON OUR CAMPUS GROUNDS. SOME INDIVIDUALS WERE BURIED WITHOUT A MARKER. PLEASE LET US KNOW IF YOU'RE AVAILABLE TO HELP LOCATE THE SPOTS OF THOSE PARISHIONERS. CONTACT CHARLES+ AT PRIEST@SAINT-TIMOTHYS.ORG

Women of St. Timothy's
Join us Sunday
August 2nd

To help plan upcoming events
Including

Coffee and Chat
Saturday Sept. 12th
Yard Sale

Shredding Event
Collecting donations
For an Animal Shelter

The Calendar
Bring your ideas

11:15am in the conference room

ANNOUNCEMENT FROM THE RECTOR & VESTRY OF ST. TIMOTHY'S

Dear Parish
Family, I am
beyond excited to
announce that the
Reverend
Marycelis Otero,
currently a priest
in the Diocese of
Atlanta, has
accepted our call
to be the next
Associated Rector
at St. Tim's!!!



Please check your
email for the message
that went out earlier
this week :)