



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, August 23, 2026

Proper 16 (Thirteenth Sunday after Pentecost)

10 a.m.



Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwaredunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Preschool Director (x14)

PSDDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (2027)

Terry Dominiak (alternate)

John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Praising!

Gilbert Martin

At the tolling of the bell, all stand.

Opening Hymn 401

The God of Abraham Praise

Leoni

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Opening Collect (BCP 232) - *Children may head downstairs after this reading.*

Celebrant: Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons**A Reading from Isaiah 51:1-6**

Listen to me, you that pursue righteousness,
you that seek the Lord.

Look to the rock from which you were hewn,
and to the quarry from which you were dug.

Look to Abraham your father
and to Sarah who bore you;
for he was but one when I called him,
but I blessed him and made him many.

For the Lord will comfort Zion;
he will comfort all her waste places,
and will make her wilderness like Eden,
her desert like the garden of the Lord;
joy and gladness will be found in her,
thanksgiving and the voice of song.

Listen to me, my people,
and give heed to me, my nation;
for a teaching will go out from me,
and my justice for a light to the peoples.

I will bring near my deliverance swiftly,
my salvation has gone out
and my arms will rule the peoples;
the coastlands wait for me,
and for my arm they hope.

Lift up your eyes to the heavens,
and look at the earth beneath;
for the heavens will vanish like smoke,
the earth will wear out like a garment,
and those who live on it will die like gnats;

but my salvation will be for ever,
and my deliverance will never be ended.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 138

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



1 I will give thanks to you O Lord, with my whole heart; *
before the gods I will sing your praise.

2 I will bow down toward your holy temple and praise your Name, *
because of your love and faithfulness;

3 For you have glorified your Name *
and your word above all things.

4 When I called, you answered me; *
you increased my strength within me.

5 All the kings of the earth will praise you, O Lord, *
when they have heard the words of your mouth.

6 They will sing of the ways of the Lord, *
that great is the glory of the Lord.

7 Though the Lord be high, he cares for the lowly; *
he perceives the haughty from afar.

8 Though I walk in the midst of trouble, you keep me safe; *
you stretch forth your hand against the fury of my enemies; your right hand shall save me.

|| 9 The Lord will make good his purpose for me; *
O Lord, your love endures for ever; do not abandon the works of your hands.

A Reading from Romans 12:1-8

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God-- what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn 707

Take My Life and Let it Be

Hollingside

Holy Gospel: Matthew 16:13-20

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

When Jesus came into the district of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?” And they said, “Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.” He said to them, “But who do you say that I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,

**the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

**Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.**

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy
People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry

and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.
Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.
People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

Come, Thou Fount

Jack Burnam

(If you would like to reflect on the text while you listen, it can be found in Hymn 686).

Please stand as able.

Presentation Hymn 43 v.4 *Praise God, From Whom All Blessings Flows* The Eighth Tune

Holy Communion - Eucharistic Prayer B (BCP pg. 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S 113

Holy, Holy, Holy

John Merbecke

Please stand, or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,

Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us
our trespasses, as we forgive those who trespass against us. And lead us not into temptation
but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and
ever. Amen.**

The bread is broken. Silence is kept.

Fraction Anthem WLP 876

The Disciples Knew the Lord Jesus

Jack Burnam

(The choir will sing the antiphon first, then the congregation.)

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn 587

Our Father, By Whose Name

Rhosymedre

Postcommunion Prayer (BCP 365)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn 522

Glorious Things of Thee Are Spoken

Austria

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us bless the Lord

People: **Thanks be to God. Alleluia, alleluia.**

Postlude

Festive Trumpet Tune

David German

Flowers are given by Allyson & Jim Showalter

In memory of Sarah Elizabeth Showalter & thanksgiving for Christopher & Elizabeth Showalter

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PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Tootie Cornwell (father of Wanda Rixon)

Health: Peter Hwoschinsky, Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio), Judy Cromb (cancer)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, Eleanor Day, Lang Tran, Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins), Lynn W. (abdominal cancer), Linda Phillips (cancer), Mary Judith Perez, Eve and Richard MacMaster

THIS WEEK at ST. TIMOTHY'S

Sunday, August 23- WELCOME HOME SUNDAY

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Sunday Adult Forum – Semiquincentennial Lecture
#7 (Henry Hall & Live Stream)

9:15 AM Choir Rehearsal – Music Room

10:00 AM Rite II Holy Eucharist –
Sanctuary/Livestream/Blessing of the Backpacks

Monday, August 24

12:15 PM Step into Recovery – AA

7:00 PM Hope for Today – AI Anon

7:30 PM Monday Night Milkshake Group – AA

Tuesday, August 25

7:00 PM Vestry Meeting – C1

Wednesday, August 26

4:00 PM DanceWorx - Narthex

Thursday, August 27

No Events Scheduled

Friday, August 28

7:00 PM Progress Group – AA

Saturday, August 29

9:00 AM Altar Guild Set-Up – Sanctuary

12:00 PM Social Justice Ministry Prayer
Service - Off Campus

3:30 PM Annual Latino Family Day Picnic
& Blessing of the Backpacks
– Church Grounds



PICNIC ANUAL DE VERANO SERVICIO BILINGUE



Todos están invitados a nuestro Picnic Anual de Verano y servicio bilingüe para unirnos como comunidad de fe y como familia in Cristo. Tendremos bistec, hamburguesas, hot dogs (y opciones vegetarianas) a la parrilla, así como juegos para los más pequeños. El "Misita" bilingüe se llevará a cabo después en la capilla al aire libre. Use ropa ligera y cómoda.

Sábado, Agosto 29th at 3:30 pm en el recinto de la iglesia.

ANNUAL SUMMER PICNIC BILINGUAL SERVICE

All are invited to our Annual Summer Picnic and bilingual service to join together as a community of faith and family in Christ. We will have steak, hamburgers, hot-dogs (and vegetarian options) on the grill, as well as games for the young ones. The bilingual "mini" Mass will follow at the Outdoor Chapel. Wear light and comfortable clothing.

Saturday, August 29th at 3:30 pm on the church grounds.

