



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, August 30, 2026

Proper 17 (14th Sunday after Pentecost)

10 a.m.



Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Spanish Supply Priest

pwareddunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allison McMullin, Preschool Director (x14)

PSDDirector@saint-timothys.org

Parish Administrator (checked daily)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Vestry

Sr. Warden – Rob Huizar (2027)

Christine Cozza (2029)

Varun Lal (2029)

Sharon Nachman (2027)

Terry Dominiak (alternate)

John McGrath (2028)

Jr. Warden – Wanda Rixon (2028)

Johnny Ellis (2028)

Gene Mechling (2029)

Rick Wilson (2027)

Trustees

Tom McLenigan

Deke Smith

Betsy Bosworth

HOLY EUCHARIST

The Word of God

Prelude

Allegro Vivace & Air from "Water Music"

G. F. Handel

At the tolling of the bell, all stand.

Opening Hymn 635

If Thou But Trust in God to Guide Thee

Wer nur den lieben Gott

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Opening Collect (BCP 232) - *Children may head downstairs after this reading.*

Celebrant: Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

The Lessons**A Reading from Jeremiah 15:15-21**

O Lord, you know;
remember me and visit me,
and bring down retribution for me on my persecutors.
In your forbearance do not take me away;
know that on your account I suffer insult.
Your words were found, and I ate them,
and your words became to me a joy
and the delight of my heart;
for I am called by your name,
O Lord, God of hosts.
I did not sit in the company of merry-makers,
nor did I rejoice;
under the weight of your hand I sat alone,
for you had filled me with indignation.
Why is my pain unceasing,
my wound incurable,
refusing to be healed?
Truly, you are to me like a deceitful brook,
like waters that fail.
Therefore, thus says the Lord:
If you turn back, I will take you back,
and you shall stand before me.
If you utter what is precious, and not what is worthless,
you shall serve as my mouth.
It is they who will turn to you,
not you who will turn to them.

And I will make you to this people
a fortified wall of bronze;
they will fight against you,
but they shall not prevail over you,
for I am with you
to save you and deliver you,
says the Lord.
I will deliver you out of the hand of the wicked,
and redeem you from the grasp of the ruthless.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 26:1-8

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



- 1 Give judgment for me O Lord, for I have lived with integrity; *
I have trusted in the Lord and have not faltered.
- 2 Test me O Lord, and try me; *
examine my heart and my mind.
- 3 For your love is before my eyes; *
I have walked faithfully with you.
- 4 I have not sat with the worthless, *
nor do I consort with the deceitful.
- 5 I have hated the company of evildoers; *
I will not sit down with the wicked.
- 6 I will wash my hands in innocence, O Lord, *
that I may go in procession round your altar.
- 7 Singing aloud a song of thanksgiving *
and recounting all your wonderful deeds.
- 8 Lord, I love the house in which you dwell *
and the place where your glory abides.

A Reading from Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve

the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn 576

God Is Love, and Where True Love Is

Mandatum

Holy Gospel: Matthew 16:21-28

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.” Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? “For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,

the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy
People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy
People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry

and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.
Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.
People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

By My Side from "Godspell"
Geoffrey Bloomfield & Todd Grivetti, duet
John Druitt, guitar & Joe Weeden, narrator

Peggy Gordon &
Jay Hamburger

Please stand as able.

Presentation Hymn 43 v.4 *Praise God, From Whom All Blessings Flow* The Eighth Tune

Holy Communion - Eucharistic Prayer B (BCP pg. 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S 113

Holy, Holy, Holy

John Merbecke

Please stand, or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,

Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us
our trespasses, as we forgive those who trespass against us. And lead us not into temptation
but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and
ever. Amen.**

The bread is broken. Silence is kept.

Fraction Anthem WLP 876

The Disciples Knew the Lord Jesus

Jack Burnam

(The choir will sing the antiphon first, then the congregation.)

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn LEVAS 136 *I Have Decided to Follow Jesus*

Assam

1. I have de - cid - ed to fol - low Je - sus, I have de - cid - ed
2. Though no one join me, still I will fol - low, Though no one join me,
3. The world be - hind me, the cross be - fore me, The world be - hind me,
to fol - low Je - sus, I have de - cid - ed to fol - low
still I will fol - low, Though no one join me, still I will
the cross be - fore me, The world be - hind me, the cross be -
Je - sus,
fol - low, No turn - ing back, no turn - ing back!
fore me,

Postcommunion Prayer (BCP 365)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn WLP 782

Gracious Spirit, Give your Servants

Abbot's Leigh

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us bless the Lord

People: Thanks be to God. Alleluia, alleluia.

*Flowers are given by Terry Dominiak
In memory of deceased members of the Dominiak Family
CCLI Copyright License #21359315*

PRAYER LIST:

(Please email prayer@saint-timothys.org with any prayer concerns.)

Health: Melissa Druitt (concussion/vision), Karen Nichols (cancer), Bill Nichols (heart disease), Weldon Showalter, Sr. (father of Jim Showalter), Walter Hinostrroza (stroke), John Freeman, Terry Jones, Leslie Brown, Woody Moore (skin cancer), Barbara Williamson (mother of Paige), Elaine Horsfield, Gary Capron (hospice care, friend of Ron Boggio), Judy Cromb (cancer)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (Parkinson's), Eric Benson (heart failure), Elizabeth Martinson, Cecelia Kimble (Shon Beury's mother), Philly Hoffman (kidney cancer), Maria Fernandez, Ed Patterson (brain tumor), Dick Joyce (spinal surgery), Mike Delacy, Eleanor Day, Lang Tran (father in law of Ron Boggio), Krista Warnock (Parkinson's). Molly Reed, Craig Bilsborough (friend of Belinda Collins), Lynn W. (abdominal cancer), Linda Phillips (cancer), Mary Judith Perez, Eve and Richard MacMaster

THIS WEEK at ST. TIMOTHY'S

Sunday, August 30

8:00 AM Rite I Holy Eucharist – Sanctuary
9:15 AM Choir Rehearsal – Music Room
10:00 AM Rite II Holy Eucharist –
Sanctuary/Livestream/

Monday, August 31

12:15 PM Step into Recovery – AA
7:00 PM Hope for Today – Al Anon
7:30 PM Monday Night Milkshake Group – AA

Tuesday, September 1

6:00 PM – Shrine Mont Planning Meeting - Zoom

Wednesday, September 2

8:30 AM Orientation St. Tim's
Preschool – Henry Hall
10:00 AM - Hablamos Español – C1
1:00 PM - Shawl Ministry - Narthex
2:00 PM - Staff Meeting – C1
4:00 PM - DanceWorx - Narthex

Thursday, September 3

8:30 AM Orientation St. Tim's

Friday, September 4

7:00 PM Progress Group – AA

Saturday, September 5

9:00 AM Altar Guild Set-Up – Sanctuary
12:00 PM Social Justice Ministry Prayer
Service - Off Campus
7:00 PM La Santa Misa – Sanctuary

REMINDER

Quarter 1 & Quarter 2 Statements for all those who pledged in 2026
can be picked up at the back of the Narthex.

The Summer can be a “slow” month for giving so please look at your statement
and make sure you are up to date on your pledge!

NEXT WEEKEND:

Our new
Associate Rector,
**the Reverend
Mother
Marycelis Otero**,
will be preaching
at next
weekend's
services:

→ **Sat. 9/5/2026**

7 pm en español

→ **Sun. 9/6/2026**

8 am and 10 am
(English)



**COME WELCOME
MOTHER
MARYCELIS TO
ST. TIMOTHY'S!!**

